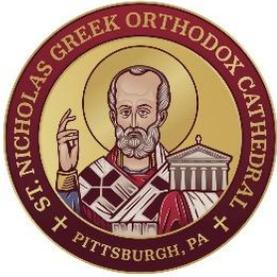


**SUNDAY, March 8, 2026 — 2nd Sunday of Lent — St. Gregory Palamas**

*Saint of the day: Theophylactos the Confessor, Bishop of Nikomedia*

**Plagal Second Mode · Sixth Eothinon · Liturgy of St. Basil the Great**



## WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT [www.stnickspgh.org](http://www.stnickspgh.org) for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's e-mail address: [fr.ec@stnickspgh.org](mailto:fr.ec@stnickspgh.org)

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews | ORGANIST: Brett Wells

Questions about our Parish? E-mail [church@stnickspgh.org](mailto:church@stnickspgh.org) or call 412-682-3866

***Our weekly Sunday worship schedule: Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m.***

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

If you cannot join us in person, you may participate in our services live at [www.stnickspgh.org](http://www.stnickspgh.org) by selecting the link "Click Here for Live Streaming."

### OUR MISSION

To proclaim the Gospel of Jesus Christ in a spirit of unity and love for all through worship, service, education, fellowship and outreach.

### OUR VISION

To be a welcoming and growing parish, striving to live the new life in Christ according to the teachings and Traditions of the Greek Orthodox Faith

To make a donation, visit our website or scan the QR code



### TODAY:

- Church School Open House
- St. John Chrysostom Oratorical Festival Education Sunday – 2<sup>nd</sup> basket to benefit the Metropolis of Pittsburgh's Peter Clyde Papadakos Memorial Oratorical Scholarship Fund
- Philoptochos & Youth Day of Service
- Coffee Hour hosted by GOYA in the Large Hall

### THIS WEEK AT ST. NICHOLAS:

- Monday, March 9: Great Compline 6:00 p.m.  
YAL Basketball 7:00 p.m.
- Tuesday, March 10: Adult Greek Classes 6:30 p.m.
- Wednesday, March 11: Presanctified Liturgy 6:00 pm; Lenten Lecture 7:30 pm
- Thursday, March 12: Catechism 6:00 pm; Pitt/CMU OCF 7:30 pm
- Fri, Sat, Sun March 13-15: Metropolis Young Adult Retreat (at Camp Nazareth)
- Friday, March 13: 3<sup>rd</sup> Salutations to the Theotokos 6:00 p.m.
- Saturday, March 14: Greek School 10:00 a.m.; *Sacrament-Baptism*; Tiropita Food Prep 9-4
- Sunday, March 15: Tiropita Food Prep after church

### New Days for our Festival this Year

We're making a slight change in our usual festival days this year. Our festival will begin on a Tuesday and end on a Sunday.

64th Annual St. Nicholas Greek Food Festival  
Tuesday, May 5 to Mother's Day, Sunday May 10

## TODAY'S HYMNS AND READINGS



*The Resurrection Hymn of the week in pl. 2<sup>nd</sup> mode is chanted twice for the Small Entrance:*

**Α**γγελικαὶ δυνάμεις ἐπὶ τὸ μνήμα σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν· καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ· ὑπήντησας τῇ Παρθένω, δωρούμενος τὴν ζωὴν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

**W**hen the angelic powers appeared at Your tomb, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary, who was seeking Your immaculate body. Unassailed by Hades, You divested it of spoils. Then You met the Virgin. You granted life. O Lord, risen from the dead, glory to You!

*At the Small Entrance, the usual Entrance Hymn is chanted.*

*Following the Small Entrance, the Resurrection Hymn of the week in plagal second mode is repeated (see above).*

*After this, we chant the Hymn for the Saint of the day (St. Gregory Palamas) in plagal fourth mode:*

**Ο**ρθοδοξίας ὁ φωστὴρ, Ἐκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἡ καλλονὴ, τῶν θεολόγων ὑπέρμαχος ἀπροσμάχητος· Γρηγόριε θαυματουργὲ Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος· ἰκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

**B**eacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

*We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:*

**Κ**ανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιίμνῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

**T**he truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

*Finally, we chant the Kontakion in plagal fourth mode:*

**Τ**ῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν, εὐχαριστήρια ἀναγράφω σοι ἡ Πόλις σου, Θεοτόκε· ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων με κινδύνων ἐλευθέρωσον ἵνα κράζω σοι· \* Χαῖρε, Νύμφη ἀνύμφευτε.

**M**y champion gen'ral, I your city now devote to you a feast of vic'try and an offering of gratitude, since from terrors, Theotokos, have I been ransomed, but because you have the might which is invincible, from all kinds of dangers free me and deliver me, that I may cry to you: Rejoice, O unwedded Bride.

**Today's Epistle Reading (2<sup>nd</sup> Sunday of Lent):**

The reading is from St. Paul's Letter to the Hebrews (1:10-14; 2:1-3)

**Κ**ατ' ἀρχὰς σὺ, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σου εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτούς, καὶ ἀλλαγῆσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσι. πρὸς τίνα δὲ τῶν ἀγγέλων εἰρηκέ ποτε· κάθου ἐκ δεξιῶν μου ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; οὐχὶ πάντες

εἰσὶ λειτουργικὰ πνεύματα εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσι, μὴ ποτε παραρρωῶμεν. εἰ γὰρ ὁ δι' ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοή ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; ἥτις ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ Κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.

**“In the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same, and your years will never end.”** But to what angel has he ever said, **“Sit at my right hand until I make your enemies a footstool for your feet”?** Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him. [RSV]

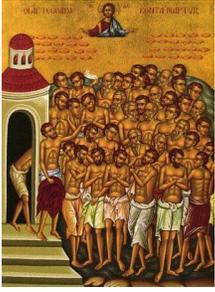
### **Today's Gospel Reading (2<sup>nd</sup> Sunday of Lent):**

The reading is from the Holy Gospel according to Mark (2:1–12)

**Τῷ καιρῷ ἐκείνῳ, εἰσηλθε ὁ Ἰησοῦς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ ἠκούσθη ὅτι εἰς οἶκόν ἐστι καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσει αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, ἐφ' ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνταί σοι αἱ ἁμαρτίαι σου. ἦσαν δὲ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὗτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἁμαρτίας εἰ μὴ εἷς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστὶν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σου αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας — λέγει τῷ παραλυτικῷ· σοὶ λέγω, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ ὑπάγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἶδομεν.**

**At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, “My son, your sins are forgiven.”** Now some of the scribes were sitting there, questioning in their hearts, **“Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?”** And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, **“Why do you question thus in your hearts? Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins”** – he said to the paralytic – **“I say to you, rise, take up your pallet and go home.”** And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, **“We never saw anything like this!”** [RSV]

# SAINTS ALIVE



## March 8<sup>th</sup>

- Theophylact the Confessor, Bishop of Nicomedia
- Hermas the Apostle of the 70

## March 9<sup>th</sup>

- **The Holy Forty Martyrs of Sebaste**
- Caesarios the Righteous

## March 10<sup>th</sup>

- Quadratus the Martyr & his Companions
- Anastasia of Alexandria

## March 11<sup>th</sup>

- Sophronius, Patriarch of Jerusalem
- Theodora the Righteous

## March 12<sup>th</sup>

- Theophanes the Confessor
- Symeon the New Theologian

## March 13<sup>th</sup>

- Removal of the relics of Nicephorus, Patriarch of Constantinople
- Pouplios the Martyr, Bishop of Athens

## March 14<sup>th</sup>

- Benedict the Righteous of Nursia
- Euschemon the Confessor, Bishop of Lampasakos

## Food Festival Prep

We needed to change our March cooking schedule. Please note the changes and spread the word.

We will NOT be cooking this coming Monday and Tuesday, March 9 and 10, as originally scheduled.

Instead, we will be cooking the following Saturday, March 14,( 9am to 4pm) and Sunday, March 15, after church with Tiropita. Join us as we tackle pans of this Classic, well-known delicacy. Experienced or not, everyone is welcomed.

We will finish off the month, Friday, Saturday and Sunday after church, March 27, 28 and 29, with Galatoboureko.

Our festival is not too far away. Festival dates are Tuesday, May 5, to Sunday, May 10.

**Tiropita, Saturday, and Sunday March 14, 15**  
**Galatoboureko, Friday and Saturday, March 27, 28, and 29**  
**Kourambiethes, Saturday, April 18**  
**Diples, Monday, April 27**  
**Karidopita, TBD**



## From the Church School Desk:

**TODAY is the St. Nicholas Greek Orthodox Cathedral's Church School Open House**, where parents and grandparents attend Church School to see firsthand what their children are learning.

**Oratorical Education Sunday is TODAY!** Previous St. Nicholas Cathedral Oratorical Festival participants will pass a special tray to benefit the Metropolis of Pittsburgh's Peter Clyde Papadakos Memorial Oratorical Scholarship Fund. Proceeds from the tray will be used to award cash scholarships to the top two (2) finalists in each Division (Junior and Senior) at the Metropolis Festival Saturday, May 2, 2026, at the Presentation of Christ (Ypapanti) Greek Orthodox Church (East Pittsburgh, PA).

'Our' children are very busy with school and extracurricular activities and could easily find reasonable excuses not to spend any time researching, writing and speaking about their faith, but please save the date (Church School students in grades 7th–12th) for the **St. Nicholas Oratorical Festival** to be held **April 2026**. For more information, please contact Chairman Eve Elsen at 412-580-9415 or [eve.m.elsen@gmail.com](mailto:eve.m.elsen@gmail.com).

I appreciate the support from all of you and thanks for sharing your children with us every Sunday!

Yours in Christ,

*Miss Michelle*

St. Nicholas Greek Orthodox Cathedral's  
Church School

*Open*  
**HOUSE**  
**TODAY**



Join your Child or Grandchild for  
Church Worship, Holy Communion  
&  
Church School!

St. Nicholas Greek Orthodox Cathedral

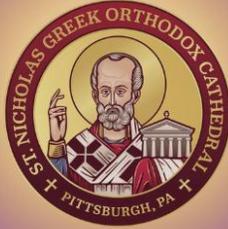
**ORATORICAL  
FESTIVAL**

 **APRIL 2026**

**CONTACT**

**Eve Elsen**  
EVE.M.ELSEN@GMAIL.COM  
412-580-9415





# 2026 LENTEN LECTURE SERIES

**"CREATING SPACE  
FOR GOD:  
SILENCE, REPENTANCE,  
AND WATCHFULNESS"**

WEDNESDAYS  
FOLLOWING  
PRESANCTIFIED LITURGY

COME AND BRING A  
LENTEN POTLUCK MEAL  
TO ENJOY

**PRESANCTIFIED LITURGY**

🕒 6:00 P.M.

**POTLUCK MEAL AND  
LENTEN LECTURE**

🕒 7:30 P.M.

[WWW.STNICKSPGH.ORG](http://WWW.STNICKSPGH.ORG)

## SPEAKERS

**FEBRUARY 25**



**"IF I'D-A LISTENED WHAT  
MOMMA SAID:"  
ON PARENTS, PROVERBS,  
AND THE PRODIGAL**

**JOEL BRADY**

*PH.D.,  
PROFESSOR OF ORTHODOX  
CHRISTIANITY AT THE  
UNIVERSITY OF PITTSBURGH*

**MARCH 4**

**NO PRESANCTIFIED LITURGY**

*METROPOLIS CLERGY  
LENTEN RETREAT*

**MARCH 11**



**CAN SILENCE BE  
ACHIEVED IN TODAY'S  
NOISY WORLD?**

**FR. TOM CONSTANTINE**

*M.DIV.,  
INTERIM PROISTAMENOS AT  
ST. GEORGE CHURCH IN NEW CASTLE, PA*

**MARCH 18**



**THE COURAGE TO  
SLOW DOWN**

**ALYSSA KYRITSIS**

*M.DIV.,  
DIRECTOR OF Y2AM FOR THE  
METROPOLIS OF PITTSBURGH*

**MARCH 25**

**NO PRESANCTIFIED LITURGY**

*FEAST OF THE ANNUNCIATION  
(AND GREEK INDEPENDENCE DAY)*

# OUR JOURNEY TO PASCHA! 2026

Created by Fr. Jonathan Bannon (ACROD)

## SUNDAYS

## THEMES / GOSPEL READING

## HOW TO PARTICIPATE:

Fast - Free Week  
**FEBRUARY 1st**



*TRIODION WEEKS*  
**Publican and the Pharisee**

Epistle: 2 Timothy 3:10-15  
Gospel: Luke 18:10-14

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Normal Fast Week  
**FEBRUARY 8th**



**The Prodigal Son Returns!**

Epistle: 1 Corinthians 6:12-20  
Gospel: Luke 15:11-32

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Meatfare  
**FEBRUARY 15th**  
FAREWELL TO MEAT TODAY



**The Last Judgement**

Epistle: 1 Corinthians 8:8-9:2  
Gospel: Matthew 25:31-46

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

Cheesefare  
**FEBRUARY 22nd**  
FAREWELL TO CHEESE TODAY



**Adam and Eve are cast from Paradise!**  
*FORGIVENESS SUNDAY*

Epistle: Romans 13:11-14:4  
Gospel: Matthew 6:14-21

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent  
**MARCH 1st**



*GREAT LENT BEGINS WITH FORGIVENESS VESPERS*  
**SUNDAY of ORTHODOXY**

Epistle: Hebrews 11:24-26, 32-12:2  
Gospel: John 1:43-51

Bring an icon to church for a procession.

2nd Sunday of Lent  
**MARCH 8th**



**ST GREGORY PALAMAS**

Epistle: Hebrews 1:10-2:3  
Gospel: Mark 2:1-12

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent  
**MARCH 15th**



**VENERATION OF THE HOLY CROSS**  
*HALF WAY TO PASCHA!*

Epistle: Hebrews 4:14-5:6  
Gospel: Mark 8:34-9:1

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent  
**MARCH 22nd**



**ST JOHN of the LADDER**

Epistle: Hebrews 6:13-20  
Gospel: Mark 9:17-31

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent  
**MARCH 29th**



**ST MARY of EGYPT**

Epistle: Hebrews 9:11-14  
Gospel: Mark 10:32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!  
**APRIL 5th**  
GREAT WEEK BEGINS



*GREAT AND HOLY WEEK*  
**ENTRY OF OUR LORD INTO JERUSALEM**

Epistle: Philippians 4:4-9  
Gospel: John 12:1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY  
**APRIL 10th**



**GREAT AND HOLY FRIDAY**

*JESUS DIES ON THE CROSS*  
CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!  
**APRIL 12th**  
NO FASTING!



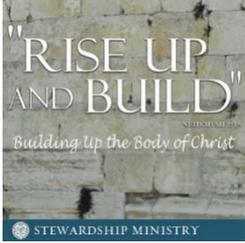
*BRIGHT WEEK*  
**HOLY PASCHA! (CHRIST IS RISEN!)**

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

**GREEK SCHOOL**

**Keep open March 22, 2026**, to join us in the celebration of the Feast Day of Evangelismos and Greek Independence. On that day a Doxology, a luncheon, followed with an annual program presented by the Greek School.



We build up the Body of Christ by offering our time, talents, and treasures with love and joy.

Visit our website to fill out a Stewardship Card or to donate at [www.stnickspgh.org](http://www.stnickspgh.org).

<b>2026</b>	<b>STEWARDSHIP</b>
<b>Total Stewards</b>	<b>97 (GOAL 300)</b>
<b>Total Pledged</b>	<b>\$101,056.00</b> <b>GOAL (\$255,000.00)</b>
<b>Avg. Pledge</b>	<b>\$</b>

**Stewardship 2026:** Thank you to our new and returning Saint Nicholas Stewards! For those who have not filled out a card, please do so as our church depends on stewardship for ongoing ministries as well as maintaining our beautiful Cathedral.  
  
Cards are available in the Narthex and online at <http://www.stnickspgh.org>.

**SIXTY CLUB NEWS**

Come one come all for this end of the summer special fun trip to New York City, August 18th, 19th, & 20th. The price for double occupancy is \$989 per person; single occupancy is \$1289 and triple occupancy is \$959 per person. This includes all taxes and gratuities, a Broadway show, a visit to the St. Nicholas Shrine and much more.

For more information, please contact  
Alice Lardas Gary  
412-249-8612

**KEEP KIDS SAFE**

**ARCHDIOCESE POLICIES**



## Are You a Youth Worker?

**All Clergy, Altar Helpers, Sunday School or Greek School Teachers, Folk Dance Instructors, Oratorical Festival Chairs, GOYA Advisors, Basketball Coaches, Chaperones, JOY Advisors, etc! Parish Council Members too.**

**If so, you must register or log-in to your account each year.**

**[youthsafetyplatform.goarch.org](https://youthsafetyplatform.goarch.org)**

**Questions? Email: [youthsafety@goarch.org](mailto:youthsafety@goarch.org)**



**Note: PA Law has additional requirements. For more info, search Keep Kids Safe PA on the internet.**

### PHILOPTOCHOS NEWS

Philoptochos is trying to put together a list of individuals who are willing and able to help the area college students (Pitt, CMU, Carlow, Chatham, Duquesne, RMU, CCAC, Penn State (Pittsburgh), Point Park, and LaRoche) during their stay here in Pittsburgh. A list of drivers, doctors, dentists, pharmacists, etc. is being compiled so they will have someone to call. Your assistance will be greatly appreciated. The goal is to have this list complete by the end of the year for distribution in January (next semester'). For more information, contact Michelle Kotsagrelas at 412-680-1416.

#### Homewood Cemetery

St. Nicholas Greek Orthodox Cathedral Greek Section

There are currently 21 graves available for purchase.

Cost per grave:

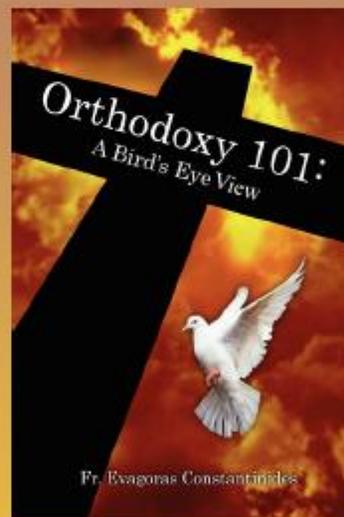
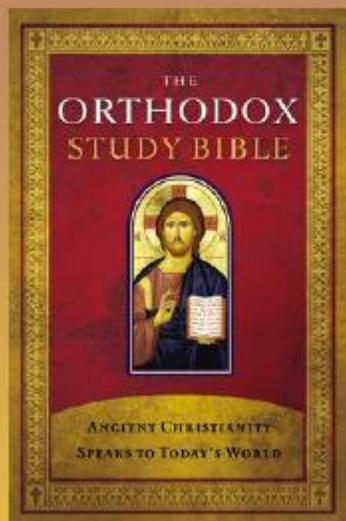
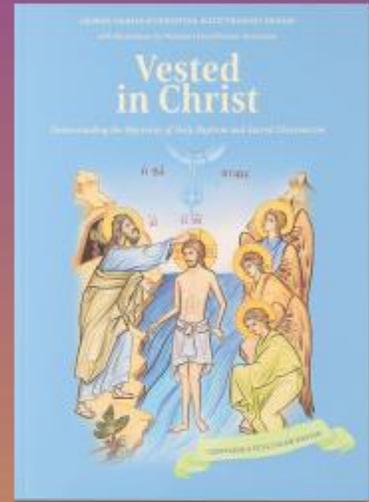
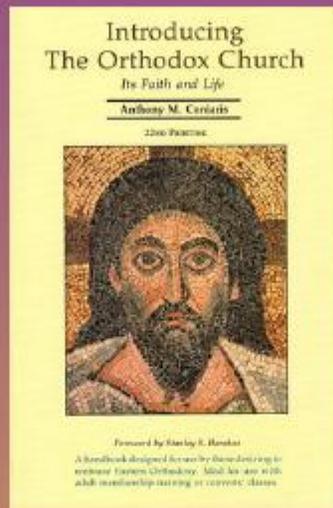
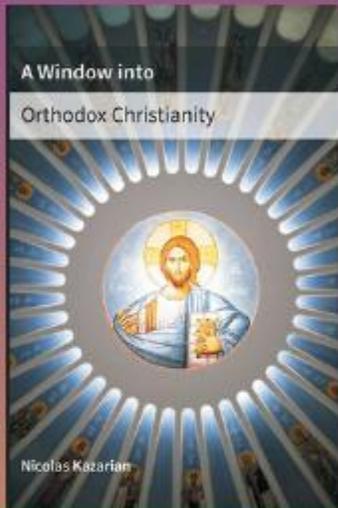
\$2,800.00 per grave for a member of St. Nicholas.

\$3,300.00 per grave for non-member.

Contact the Church Office at 412-682-3866 for further information.

# Explore the Ancient Faith

Books for those curious about Orthodoxy as well as those who would like to dig deeper into their faith.



Available at the St. John Chrysostom Bookstore  
Open Sundays after the Divine Liturgy

✉ [bookstore@stnickpgh.org](mailto:bookstore@stnickpgh.org)

Metropolis of Pittsburgh Camp



**MARCH 27-29, 2026**

# GOYA SPRING RETREAT



Camper Registration opens on Monday, February 16<sup>th</sup> at 7 PM EST!

**QUESTIONS?** [camp@pittsburgh.goarch.org](mailto:camp@pittsburgh.goarch.org)

*For questions, contact our Camping Ministries Coordinator, Sophia Milinkovic.*

## 2026 Summer Camp Dates

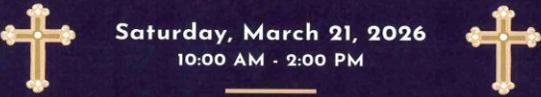
WEEK 1 (2ND-4TH GRADE): JUNE 21ST-27TH  
 WEEK 2 (5TH-7TH GRADE): JUNE 28TH-JULY 4TH  
 WEEK 3 (7TH-9TH GRADE): JULY 5TH-JULY 11TH  
 WEEK 4 (10TH-12TH GRADE): JULY 12TH-JULY 18TH

CAMPERS WILL ATTEND THE WEEK OF THE GRADE LEVEL THEY ARE COMPLETING IN THE 2025-2026 SCHOOL YEAR. REGISTRATION WILL OPEN SPRING 2026. FOR MORE INFORMATION: [Y2AM.PITTSBURGH.GOARCH.ORG/SUMMERCAMP](http://Y2AM.PITTSBURGH.GOARCH.ORG/SUMMERCAMP)



CENTRAL REGION

# HOPE & JOY LENTEN MINI RETREAT



**Saturday, March 21, 2026**  
 10:00 AM - 2:00 PM

**DORMITION OF THE THEOTOKOS GREEK ORTHODOX CHURCH**  
 12 WASHINGTON AVE,  
 OAKMONT, PA 15139

Participants will enjoy learning about Holy Week through iconography. Lessons include crafts, service projects, and more! Lunch will be provided.

*\$10 per participant*

## REGISTER TODAY!

[tinyurl.com/MiniLentCentral26](http://tinyurl.com/MiniLentCentral26)

Questions? Contact Fr. Michael Gavrilos [fmg@dormitionpgh.org](mailto:fmg@dormitionpgh.org)

Celebrate the Evangelismos and Greek Independence Day  
 with  
[St. Nicholas Cathedral Greek School](http://St.NicholasCathedralGreekSchool)  
 Sunday, March 22, 2026  
 Luncheon-immediately after Doxology in church



*για Πίστη και Πατρίδα - for Faith and Country*

luncheon reservations, by Mar. 15  
 Call/Text Maria Stamoollis at 412-874-4422 or E-mail [mstamoollis@verizon.net](mailto:mstamoollis@verizon.net)

Shrimp Luncheon – adults \$15 / children 13 and under \$10

Then stay and celebrate with the children-- POEMS! SONGS! PLAY! Dancing!

# MARCH 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8</p> <p><b>2<sup>nd</sup> Sunday of Lent</b>  <b>Sunday of St. Gregory Palamas</b>  Orthros  8:15 a.m.  Divine Liturgy  9:30 a.m.</p> <p><b>WEEKEND OF SERVICE</b></p>	<p>9</p> <p><b>Great Compline</b>  6:00 p.m.</p> <p><b>YAL Basketball</b>  7:00 p.m.</p>	<p>10</p> <p><b>Adult Greek Classes</b>  6:30 p.m.</p>	<p>11</p> <p><b>Presanctified Liturgy</b>  6:00 p.m.  <b>Potluck Dinner and Lenten Lecture</b>  7:30 p.m.</p>	<p>12</p> <p><b>Catechism Class</b>  6:00 p.m.</p> <p><b>Pitt/CMU OCF</b>  7:30 p.m.</p>	<p>13</p> <p><b>3<sup>rd</sup> Salutations to the Theotokos</b>  6:00 p.m.</p>	<p>14</p> <p><b>Greek School</b>  10:00 a.m.</p> <p><i>Sacrament: Baptism</i></p>
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <b>Festival Prep and Cooking: Galaktobourekó</b>  March 9 – 11 </div>		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <b>Metropolis Young Adult Spring Retreat</b>  March 13-15 (at Camp Nazareth) </div>				
<p>15</p> <p><b>3<sup>rd</sup> Sunday of Lent</b>  <b>Sunday of the Holy Cross</b>  Orthros  8:15 a.m.  Divine Liturgy  9:30 a.m.</p>	<p>16</p> <p><b>Great Compline</b>  6:00 p.m.</p> <p><b>YAL Basketball</b>  7:00 p.m.</p>	<p>17</p> <p><b>Adult Greek Classes</b>  6:30 p.m.</p>	<p>18</p> <p><b>Presanctified Liturgy</b>  6:00 p.m.  <b>Potluck Dinner and Lenten Lecture</b>  7:30 p.m.</p>	<p>19</p> <p><b>Catechism Class</b>  6:00 p.m.</p> <p><b>Pitt/CMU OCF</b>  7:30 p.m.</p>	<p>20</p> <p><b>4<sup>th</sup> Salutations to the Theotokos</b>  6:00 p.m.</p>	<p>21</p> <p><b>Greek School</b>  10:00 a.m.</p> <p><b>Central Region HOPE and JOY Lenten Mini Retreat at Dormition Church in Oakmont</b></p>
<p>22</p> <p><b>4<sup>th</sup> Sunday of Lent</b>  <b>Sunday of St. John Climacus</b>  Orthros  8:15 a.m.  Divine Liturgy  9:30 a.m.</p>	<p>23</p> <p><b>Great Compline</b>  6:00 p.m.</p> <p><b>YAL Basketball</b>  7:00 p.m.</p>	<p>24</p> <p><b>Adult Greek Classes</b>  6:30 p.m.</p> <p><i>Vespers for Annunciation at Annunciation Church in White Oak, PA</i></p>	<p>25</p> <p><b>Annunciation of the Theotokos and Greek Independence Day</b>  Orthros  8:30 a.m.  Divine Liturgy  9:30 a.m.  <i>Followed by Doxology</i></p>	<p>26</p> <p><b>Catechism Class</b>  6:00 p.m.</p> <p><b>Pitt/CMU OCF</b>  7:30 p.m.</p>	<p>27</p> <p><b>Akathist Hymn</b>  6:00 p.m.</p> <p><i>Reception hosted by Parish Council</i></p>	<p>28</p> <p><b>Greek School</b>  10:00 a.m.</p>
		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <b>Festival Prep and Cooking – Tiropita</b> </div>		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <b>Metropolis GOYA Spring Retreat</b>  March 27-29 (at Camp Nazareth) </div>		