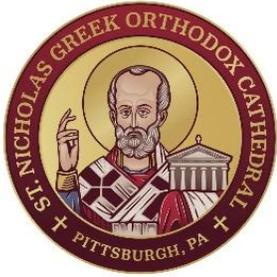


**SUNDAY, February 1, 2026 – Sunday of the Publican and the Pharisee**

*Saint of the day: the Holy Martyr Tryphon*

**First Mode · First Eothinon**



## WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT [www.stnickspgh.org](http://www.stnickspgh.org) for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's e-mail address: [fr.ec@stnickspgh.org](mailto:fr.ec@stnickspgh.org)

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews | ORGANIST: Brett Wells

Questions about our Parish? E-mail [church@stnickspgh.org](mailto:church@stnickspgh.org) or call 412-682-3866

***Our weekly Sunday worship schedule: Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m.***

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

If you cannot join us in person, you may participate in our services live at [www.stnickspgh.org/](http://www.stnickspgh.org/) by selecting the link "Click Here for Live Streaming."

### OUR MISSION

To proclaim the Gospel of Jesus Christ in a spirit of unity and love for all through worship, service, education, fellowship and outreach.

### OUR VISION

To be a welcoming and growing parish, striving to live the new life in Christ according to the teachings and Traditions of the Greek Orthodox Faith

To make a donation, visit our website or scan the QR code



## TODAY:

- Triodion Begins today
- Memorial Services for Greek School, Charles T. Tumazos (54 yrs), Antonia Svolou (40 days).
- Trisagion Service for Andrew Sotos (1 year) & Magdalini Theodorakis Hnarakis (44 years), Panagiotis (Pete G.) Pappas (40 years) and Evyenia Pappas (14 years)
- Coffee Hour hosted by Greek School and sponsored by the Pappas & Tumazos families in the Large Hall
- Greek School Celebration of the Three Hierarchs & Greek Letters and Greek School Bake Sale
- PC Affirmation

## THIS WEEK AT ST. NICHOLAS:

- Monday, February 2: *Feast of the Presentation of the Lord at Ypapanti in East PGH, Orthros 8:45 a.m., Liturgy 10:00 a.m.*
- Tuesday, February 3: Food Festival Prep Koulourakia; Adult Greek Classes 6:30 p.m.
- Wednesday, February 4: YAL Volleyball 7:00 p.m.
- Thursday, February 5: Pitt/CMU OCF 7:30 p.m.
- Friday, February 6: *Feast of St. Photios at Holy Trinity in Ambridge, Orthros 9:00 a.m., Liturgy 10:00 a.m.*
- Saturday, February 7: Greek School 10:00 a.m.; Vlahokerasiotiki Makaronada 6:00 p.m.
- Sunday, February 8: Happy Birthday USA Celebration, Oratorical Education Sunday

## TODAY'S HYMNS AND READINGS



*The Resurrection Hymn of the week in first mode is chanted twice for the Small Entrance:*

**Τ**οῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε Φιλάνθρωπε.

**The stone having been sealed by the Pharisees and chief priests, and Your all-immaculate body being guarded by soldiers, You rose on the third day, O Lord and Savior, granting life unto the world. Then the powers of the heavens cried out to You, O Giver of Life, and shouted, "Glory to Your resurrection, O Christ! Glory to Your eternal rule! Glory to Your plan for saving us, only benevolent God!"**

*At the Small Entrance, the usual Entrance Hymn is chanted.*

*Following the Small Entrance, the Resurrection Hymn of the week in first mode is repeated (see above).*

*We then chant the hymn for the Forefeast of the Presentation in first mode.*

**Οὐράνιος χορός, οὐρανίων ἀψίδων, προκύψας ἐπὶ γῆς, καὶ φερόμενον βλέπων, ὡς βρέφος ὑπομάζιον, πρὸς ναὸν τὸν πρωτότοκον, πάσης κτίσεως, ὑπὸ Μητρὸς ἀπειράνδρου, προεόρτιον, νῦν σὺν ἡμῖν μελωδοῦσι, φρικτῶς ἐξιστάμενοι.**

**The choir of heaven's hosts, from the vaults of the heavens, bends forward to the earth and beholds as an infant the first-born of all creation being carried in the embrace of His holy virgin Mother unto the Temple. And with us they sign today a fore-festal anthem, in awe and astonishment.**

*After this, we chant the hymn for the saint of the day (St. Tryphon) in fourth mode.*

**Ὁ Μάρτυς σου Κύριε, ἐν τῇ ἀθλήσει αὐτοῦ, τὸ στέφος ἐκομίσατο τῆς ἀφθαρσίας, ἐκ σοῦ τοῦ Θεοῦ ἡμῶν· ἔχων γὰρ τὴν ἰσχύν σου, τοὺς τυράννους καθεῖλεν· ἔθραυσε καὶ δαιμόνων, τὰ ἀνίσχυρα θρόαση. Αὐτοῦ ταῖς ἰκεσίαις, Χριστέ ὁ Θεός, σῶσον τὰς ψυχὰς ἡμῶν.**

**Your Martyr, O Lord, was worthily awarded by You the crown of incorruption, in that he contested for You our immortal God. Since he possessed Your power, he defeated the tyrants, dashing the demons' powerless displays of defiance. O Christ God, at his fervent entreaties, save our souls.**

*Then, the clergy chant the hymn for the memorial service in plagal fourth mode.*

**Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ Σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.**

**Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.**

*We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:*

**Κανόνα πίστεως καὶ εἰκόνα πρᾶότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιίμνῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.**

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

*Finally, we chant the Kontakion for the Forefeast of the Presentation, in fourth mode:*

**Ως** ἀγκάλας σήμερον, πιστοί καρδίας, ἐφαπλουῦντες δέξασθε, καθαρωτάτῳ λογισμῷ, ἐπιδημοῦντα τὸ Κύριον, προεορτίους αἰνέσεις προσάδοντες.

With our hearts instead of arms today, believers, with most pure and righteous thoughts let us receive in our embrace the Lord and Master who comes to us, and let us offer our fore-festal hymns of praise.

### **Today's Epistle Reading (For St. Tryphon):**

The reading is from Paul's Letter to the Romans (8:28 – 39)

**Α**δελφοί, οἶδαμεν δὲ ὅτι τοῖς ἀγαπῶσι τὸν Θεὸν πάντα συνεργεῖ εἰς ἀγαθόν, τοῖς κατὰ πρόθεσιν κλητοῖς οὖσιν· ὅτι οὓς προέγνω, καὶ προώρισε συμμόρφους τῆς εἰκόνος τοῦ υἱοῦ αὐτοῦ, εἰς τὸ εἶναι αὐτὸν πρωτότοκον ἐν πολλοῖς ἀδελφοῖς· οὓς δὲ προώρισε, τούτους καὶ ἐκάλεσε, καὶ οὓς ἐκάλεσε, τούτους καὶ ἐδικαίωσεν, οὓς δὲ ἐδικαίωσε, τούτους καὶ ἐδόξασε. Τί οὖν ἐροῦμεν πρὸς ταῦτα; εἰ ὁ Θεὸς ὑπὲρ ἡμῶν, τίς καθ' ἡμῶν; ὅς γε τοῦ ἰδίου υἱοῦ οὐκ ἐφείσατο, ἀλλ' ὑπὲρ ἡμῶν πάντων παρέδωκεν αὐτόν, πῶς οὐχὶ καὶ σὺν αὐτῷ τὰ πάντα ἡμῖν χαρίζεται; τίς ἐγκαλέσει κατὰ ἐκλεκτῶν Θεοῦ; Θεὸς ὁ δικαίων· τίς ὁ κατακρίνων; Χριστὸς ὁ ἀποθανών, μᾶλλον δὲ καὶ ἐγερθεὶς, ὃς καὶ ἐστὶν ἐν δεξιᾷ τοῦ Θεοῦ, ὃς καὶ ἐντυγχάνει ὑπὲρ ἡμῶν. τίς ἡμᾶς χωρίσει ἀπὸ τῆς ἀγάπης τοῦ Χριστοῦ; θλίψις ἢ στενοχωρία ἢ διωγμὸς ἢ λιμὸς ἢ γυμνότης ἢ κίνδυνος ἢ μάχαιρα; καθὼς γέγραπται ὅτι ἕνεκά σου θανατούμεθα ὅλην τὴν ἡμέραν· ἐλογίσθημεν ὡς πρόβατα σφαγῆς. ἀλλ' ἐν τούτοις πᾶσιν ὑπερνικῶμεν διὰ τοῦ ἀγαπήσαντος ἡμᾶς. πέπεισμαι γὰρ ὅτι οὔτε θάνατος οὔτε ζωὴ οὔτε ἄγγελοι οὔτε ἀρχαὶ οὔτε δυνάμεις οὔτε ἐνεστῶτα οὔτε μέλλοντα οὔτε ὑψώματα οὔτε βάθος οὔτε τίς κτίσις ἑτέρα δυνήσεται ἡμᾶς χωρίσαι ἀπὸ τῆς ἀγάπης τοῦ Θεοῦ τῆς ἐν Χριστῷ Ἰησοῦ τῷ Κυρίῳ ἡμῶν.

**B**rethren, we know that in everything God works for good with those who love him, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the first-born among many brethren. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified. What then shall we say to this? If God is for us, who is against us? He who did not spare his own Son but gave him up for us all, will he not also give us all things with him? Who shall bring any charge against God's elect? It is God who justifies; who is to condemn? Is it Christ Jesus, who died, yes, who was raised from the dead, who is at the right hand of God, who indeed intercedes for us? Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, "For your sake we are being killed all the day long; we are regarded as sheep to be slaughtered." No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. [RSV]

**Today's Gospel Reading (Sixteenth Sunday of Luke – Publican & Pharisee):**

The reading is from the Holy Gospel according to Luke (18:10 – 14)

**Εἶπεν ὁ Κύριος τὴν παραβολὴν ταύτην· ἄνθρωποι δύο ἀνέβησαν εἰς τὸ ἱερόν προσεύξασθαι, ὁ εἷς Φαρισαῖος καὶ ὁ ἕτερος τελώνης. ὁ Φαρισαῖος σταθεὶς πρὸς ἑαυτὸν ταῦτα προσήχετο· ὁ Θεός, εὐχαριστῶ σοι ὅτι οὐκ εἰμι ὡσπερ οἱ λοιποὶ τῶν ἀνθρώπων, ἄρπαγες, ἄδικοι, μοιχοί, ἢ καὶ ὡς οὗτος ὁ τελώνης· νηστεύω δις τοῦ σαββάτου, ἀποδεκατῶ πάντα ὅσα κτῶμαι. καὶ ὁ τελώνης μακρόθεν ἕστως οὐκ ἤθελεν οὐδὲ τοὺς ὀφθαλμοὺς εἰς τὸν οὐρανὸν ἐπάραι, ἀλλ' ἔτυπεν εἰς τὸ στήθος αὐτοῦ λέγων· ὁ Θεός, ἰλάσθητί μοι τῷ ἁμαρτωλῷ. λέγω ὑμῖν, κατέβη οὗτος δεδικαιωμένος εἰς τὸν οἶκον αὐτοῦ ἢ γὰρ ἐκεῖνος· ὅτι πᾶς ὁ ὑψῶν ἑαυτὸν ταπεινωθήσεται, ὁ δὲ ταπεινῶν ἑαυτὸν ὑψωθήσεται.**

**The Lord said this parable,** “Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, ‘God, I thank you that I am not like other men, extortioners, unjust, adulterers, or even like this tax collector. I fast twice a week, I give tithes of all that I get.’ But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, ‘God, be merciful to me a sinner!’ I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted.” [RSV]



# OUR JOURNEY TO PASCHA! 2026

Created by Fr. Jonathan Bannon (ACROD)

## SUNDAYS

## THEMES / GOSPEL READING

## HOW TO PARTICIPATE:

Fast - Free Week  
**FEBRUARY 1st**



*TRIODION WEEKS*  
**Publican and the Pharisee**  
Epistle: 2 Timothy 3:10-15  
Gospel: Luke 18:10-14

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Normal Fast Week  
**FEBRUARY 8th**



**The Prodigal Son Returns!**  
Epistle: 1 Corinthians 6:12-20  
Gospel: Luke 15:11-32

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Meatfare  
**FEBRUARY 15th**  
FAREWELL TO MEAT TODAY



**The Last Judgement**  
Epistle: 1 Corinthians 8:8-9:2  
Gospel: Matthew 25:31-46

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

Cheesefare  
**FEBRUARY 22nd**  
FAREWELL TO CHEESE TODAY



**Adam and Eve are cast from Paradise!**  
*FORGIVENESS SUNDAY*  
Epistle: Romans 13:11-14:4  
Gospel: Matthew 6:14-21

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent  
**MARCH 1st**



*GREAT LENT BEGINS WITH FORGIVENESS VESPERS*  
**SUNDAY of ORTHODOXY**  
Epistle: Hebrews 11:24-26, 32-12:2  
Gospel: John 1:43-51

Bring an icon to church for a procession.

2nd Sunday of Lent  
**MARCH 8th**



**ST GREGORY PALAMAS**  
Epistle: Hebrews 1:10-2:3  
Gospel: Mark 2:1-12

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent  
**MARCH 15th**



**VENERATION OF THE HOLY CROSS**  
*HALF WAY TO PASCHA!*  
Epistle: Hebrews 4:14-5:6  
Gospel: Mark 8:34-9:1

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent  
**MARCH 22nd**



**ST JOHN of the LADDER**  
Epistle: Hebrews 6:13-20  
Gospel: Mark 9:17-31

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent  
**MARCH 29th**



**ST MARY of EGYPT**  
Epistle: Hebrews 9:11-14  
Gospel: Mark 10:32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!  
**APRIL 5th**  
GREAT WEEK BEGINS



*GREAT AND HOLY WEEK*  
**ENTRY OF OUR LORD INTO JERUSALEM**  
Epistle: Philippians 4:4-9  
Gospel: John 12:1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY  
**APRIL 10th**



**GREAT AND HOLY FRIDAY**  
*JESUS DIES ON THE CROSS*  
CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!  
**APRIL 12th**  
NO FASTING!



*BRIGHT WEEK*  
**HOLY PASCHA! (CHRIST IS RISEN!)**  
Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!



**GREEK ORTHODOX ARCHDIOCESE OF AMERICA  
ARCHEPISCOPAL ENCYCLICAL**

Prot. No. 22/2026

**Archepiscopal Encyclical on the Feast of the Three Hierarchs and the Day of Greek Letters**

January 30, 2026

Unto the Most Reverend and Right Reverend Hierarchs, Pious Priests and Deacons, the Monks and Nuns, Presidents and Members of Parish Councils, Honorable Archons of the Ecumenical Patriarchate, Members of Leadership 100, the Day and Afternoon Schools, Philoptochos Societies, the Youth, Greek Orthodox Organizations, and the entirety of the Christ-named Plenitude of the Sacred Archdiocese of America:

*The unexamined life is not worth living.  
(Socrates, Apology: 38a5-6)*

Beloved brethren in Christ,

On this Day when we celebrate the Three Holy Hierarchs — Saints Basil the Great, Gregory the Theologian and John Chrysostom — we also mark the Day of Greek Letters, a special observance of our appreciation for Hellenic learning, literature, philosophy, and the myriad implications and effects of Greek Civilization upon our world throughout the last five thousand years (and beyond!). The great Theologians of our Church recognized in the Ancient Greek Philosophers a kindred spirit. Because centuries before the Birth of our Savior Jesus Christ — and without contact with the Hebrew Prophets of old — those Philosophers were committed to the search for Truth and to investigating the nature of reality. Thus, they were considered as “Christians before Christ,” and even given iconographic representation in many of our most famous monasteries (e.g., Vatopedi on Mount Athos).

Of course, the most famous of all these Philosophers is Socrates, whose wisdom and wit was bequeathed like an inestimable treasure to humanity by his devoted student, Plato. Among his many maxims is the quote we commenced with: "The unexamined life is not worth living." This renowned phrase encapsulates a fundamental truth that is approachable both from the point of view of reason and that of faith. Looking deeply into ourselves, into our hearts and minds to probe our motivations, our intentions and our values, is a spiritual practice that can enhance our lives in every way. The Fathers of the Church recognized these philosophical teachings as being not only applicable to the Christian way of life, but completely consistent with it, and therefore commended them to the Faithful. They used the taxonomies and nomenclature of Greek Philosophy and Language to express the profound truths of the Orthodox Christian Faith. Thus, they examined every aspect of human existence and found the most worthy and valuable qualities by which to live.

Therefore, beloved brothers and sisters, let us honor this day and celebrate the marvelous synthesis of Faith and Reason represented by the Three Holy Hierarchs, and by the magnificent legacy of Greece to the world. Let us commit to living examined lives, filled with the spiritual blessings that come from such a conscious endeavor, an exercise that reflects the very best of our Faith and our Culture.

With paternal blessings in Christ,



† ELPIDOPHOROS  
Archbishop of America

## GREEK SCHOOL

### Trisagion on Sunday, February 1, 2026

Greek School is holding a Trisagion in memory of His Eminence Metropolitan Maximos (2020), Rev. Fr. Sarantos Serviou (2023), Very Rev. Polycarp Romeas (2023), Fr. Michael Sfanos (2004), Archdeacon Euripides Christulides (2023), Archon Peter Clyde Papadakos (2022), Paraskevi Mavrogeorgis(1997), Vasilis Krinis(1997), Rudolph Athanasios Agraphiotis (1952), Vasiliki Bellios (2015), Harry Constandy (1961), Helen Hampers (2014), George Hazinas(2013), Ismene Kephalyiannis(2013), John Sevilles(2002), George Thomas(1998), Angelo Tsourekis (2001).

### St. Nicholas Greek School's Celebration of the Three Hierarchs and Greek Letters on Sunday, February 1, 2026

There will be a Trisagion for those who had been instrumental with St. Nicholas Greek School's establishment, continuance, teaching, or scholarships. We will also hold an Artoclasia for the health of our students, their families, faculty, and our community. Recognition will be given to those who succeeded with proficiency testing, followed by a small presentation with chanting of the hymn "Phos Hilaron" chanted by all the children and alumni, dedicated in memory to Archon Peter Clyde Papadakos. This ancient hymn which was also stated by St. Basil the Great as an established hymn is chanted during Vesper Services. After Services, the Annual Greek School Bake Sale will take place during Coffee Hour with an exhibit of projects done by the children to commemorate The Three Hierarchs and Greek Letters.

**Keep open March 22, 2026**, to join us in the celebration of the Feast Day of Evangelismos and Greek Independence. On that day a Doxology, a luncheon, followed with an annual program presented by the Greek School.

**February 9 is International Greek Language Day.** This is celebrated worldwide. **SPEAK GREEK!!**

St. Nicholas Greek Orthodox Cathedral

# ORATORICAL FESTIVAL



MARCH/APRIL 2026

CONTACT

**Eve Elsen**

EVE.M.ELSEN@GMAIL.COM

412-580-9415





## "YOUR OWN OF YOUR OWN, WE OFFER TO YOU..."

We offer back to God that which He has given us.

Visit our website to fill out a Stewardship Card or to donate at <https://stnickspgh.org>.



2025	STEWARDSHIP
Total Stewards	301 (GOAL 300)
Total Pledged	\$ 168,223.00 GOAL (\$255,000.00)
Avg. Pledge	\$ 966.80

**Stewardship 2026:** Thank you to our new and returning Saint Nicholas Stewards! For those who have not filled out a card, please do so as our church depends on stewardship for ongoing ministries as well as maintaining our beautiful Cathedral.

Cards are available in the Narthex and online at <http://www.stnickspgh.org>.



## From the Church School Desk:

The St. Nicholas Church School teachers and students want to wish our GOYANs (and Church School students) Good Luck at the GOYA Basketball Tournament at Sts. Constantine & Helen Cathedral (Cleveland Heights, OH) this weekend!

The Metropolis of Pittsburgh's Oratorical Education Sunday will be next Sunday, February 8, 2026. Previous St. Nicholas Cathedral Oratorical Festival participants will pass a special tray to benefit the Metropolis of Pittsburgh's Peter Clyde Papadakos Memorial Oratorical Scholarship Fund. Proceeds from the tray will be used to award cash scholarships to the top two (2) finalists in each Division (Junior and Senior) at the Metropolis Festival Saturday, May 2, 2026, at the New Metropolis Center (Washington, PA).

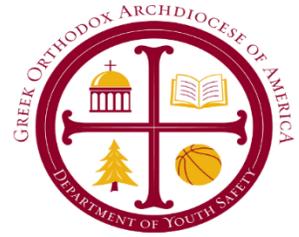
'Our' children are very busy with school and extracurricular activities and could easily find reasonable excuses not to spend any time researching, writing and speaking about their faith, but please save the date (Church School students in grades 7th–12th) for the St. Nicholas Oratorical Festival to be held March/April 2026. For more information, please contact Chairman Eve Elsen at 412-580-9415 or [eve.m.elsen@gmail.com](mailto:eve.m.elsen@gmail.com).

I appreciate the support from all of you and thanks for sharing your children with us every Sunday!

Yours in Christ,  
Miss Michelle

**KEEP KIDS SAFE**

**ARCHDIOCESE POLICIES**



## Are You a Youth Worker?



**All Clergy, Altar Helpers, Sunday School or Greek School Teachers, Folk Dance Instructors, Oratorical Festival Chairs, GOYA Advisors, Basketball Coaches, Chaperones, JOY Advisors, etc! Parish Council Members too.**

**If so, you must register or log-in to your account each year.**

**[youthsafetyplatform.goarch.org](https://youthsafetyplatform.goarch.org)**

**Questions? Email: [youthsafety@goarch.org](mailto:youthsafety@goarch.org)**



**Note: PA Law has additional requirements. For more info, search Keep Kids Safe PA on the internet.**

### PHILOPTOCHOS NEWS

Philoptochos is trying to put together a list of individuals who are willing and able to help the area college students (Pitt, CMU, Carlow, Chatham, Duquesne, RMU, CCAC, Penn State (Pittsburgh), Point Park, and LaRoche) during their stay here in Pittsburgh. A list of drivers, doctors, dentists, pharmacists, etc. is being compiled so they will have someone to call. Your assistance will be greatly appreciated. The goal is to have this list complete by the end of the year for distribution in January (next semester'). For more information, contact Michelle Kotsagrelis at 412-680-1416.

#### Homewood Cemetery

St. Nicholas Greek Orthodox Cathedral Greek Section

There are currently 21 graves available for purchase.

Cost per grave:

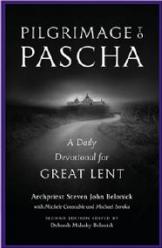
\$2,800.00 per grave for a member of St. Nicholas.

\$3,300.00 per grave for non-member.

Contact the Church Office at 412-682-3866 for further information.

**Prepare for Great Lent**

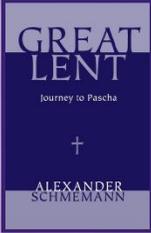
Books available at  
St. John Chrysostom Bookstore



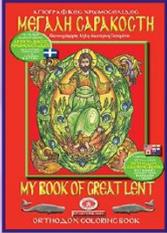
**PILGRIMAGE to PASCHA**  
A Daily Devotional for GREAT LENT  
Archbishop Sava Jovanovic  
with Bishop Chrysostom of Pittsburgh



Tending the Garden of Our Hearts  
Daily Lenten Meditations for Families  
ELIZA KELLISTON  
CHRISTINA WENZEL



**GREAT LENT**  
Journey to Pascha  
ALEXANDER SCHMEMMANN

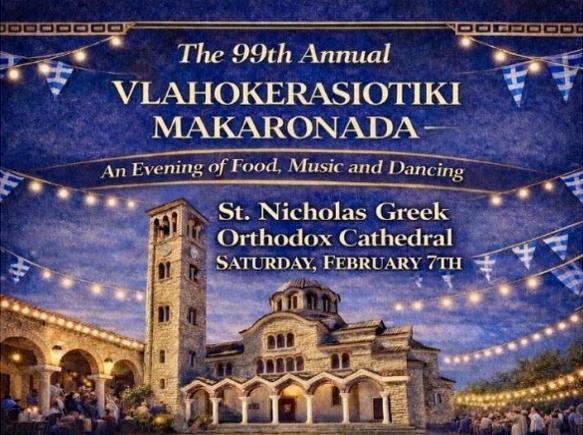


ΜΕΓΑΛΗ ΣΑΒΑΚΟΧΗ  
MY BOOK OF GREAT LENT  
ORTHODOX COLORING BOOK

Open Sundays after the Divine Liturgy  
bookstore@stnickspgh.org

*The 99th Annual*  
**VLAHOKERASIOTIKI MAKARONADA**  
*An Evening of Food, Music and Dancing*

**St. Nicholas Greek Orthodox Cathedral**  
SATURDAY, FEBRUARY 7TH



**DOORS OPEN at 6 PM**  
Hors d'Oeuvres & Cocktails

**DINNER Served at 7 PM**  
Our Famous Vlahokerasiotiki Makaronada

**LIVE MUSIC at 8:30 PM**  
Featuring *STIGMA*  
*Open Greek Night - Dance, Sing & Celebrate!*

**ADMISSION**

Adults: \$40  
Kids 12 & Under: \$15  
Kids 3 & Under: FREE

For dinner reservations, please contact Nikki Lykos by February 1st  
412-897-8208 · nvlykos@gmail.com

## Food Festival Prep

Once again, we're rollin', rollin', rollin', this time though with a twist with Koulourakia. Join us this coming Tuesday, February 3, 9 am to 4 pm, Saint Nick's kitchen. As always, all help is welcome. No experience needed! Many will be willing to share the way they roll out their Koulouraki!

- Koulourakia, Tuesday, February 3**
- Pasta Flora, Tuesday, February 10**
- Finikia, Saturday, February 28**
- Galatouboureko, Monday, Tuesday, Wednesday, March 9, 10 and 11**
- Tiropita, Friday and Saturday, March 27 and 28**
- Kourambiethes, Saturday, April 18**
- Diples, Monday, April 27**
- Karidopita, TBD**

Metropolis of Pittsburgh Camp



**MARCH 27-29, 2026**

# GOYA SPRING RETREAT



Camper Registration opens on Monday, February 16<sup>th</sup> at 7 PM EST!

**QUESTIONS?** [camp@pittsburgh.goarch.org](mailto:camp@pittsburgh.goarch.org)

For questions, contact our Camping Ministries Coordinator, Sophia Milinkovic.

## 2026 Summer Camp Dates

WEEK 1 (2ND-4TH GRADE): JUNE 21ST-27TH  
 WEEK 2 (5TH-7TH GRADE): JUNE 28TH-JULY 4TH  
 WEEK 3 (7TH-9TH GRADE): JULY 5TH-JULY 11TH  
 WEEK 4 (10TH-12TH GRADE): JULY 12TH-JULY 18TH

CAMPERS WILL ATTEND THE WEEK OF THE GRADE LEVEL THEY ARE COMPLETING IN THE 2025-2026 SCHOOL YEAR. REGISTRATION WILL OPEN SPRING 2026. FOR MORE INFORMATION: [YZAM.PITTSBURGH.GOARCH.ORG/SUMMERCAMP](http://YZAM.PITTSBURGH.GOARCH.ORG/SUMMERCAMP)



**Feast Day**  
 of the  
**Three Hierarchs & Greek Letters**

**TODAY**

and

**Greek School Bake Sale!!!**



On Sunday, February 1<sup>st</sup>, St. Nicholas Greek School will hold its Annual Celebration of the Three Hierarchs and Greek Letters with a Trisagion, an Artoclasia, recognition to those who successfully passed National or International proficiency exams, and a small presentation.

The Annual Greek School Bake Sale will take place during coffee hour and children's work will be on display.

Please join us and support our Greek Language Program.

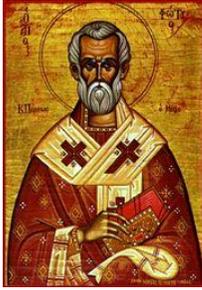
# ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL EDUCATION SUNDAY

## Sunday

FEBRUARY 8, 2026



# SAINTS ALIVE



## February 1<sup>st</sup>

- Forefeast of the Presentation of Our Lord and Savior in the Temple
- Tryphon the Martyr

## February 2<sup>nd</sup>

- The Presentation of Our Lord and Savior in the Temple

## February 3<sup>rd</sup>

- The Synaxis of the Holy and Righteous Symeon the God-Receiver and the Holy Prophetess Anna
- Stamatios, John, & Nicholas, New Martyrs of Spetses

## February 4<sup>th</sup>

- Isidore of Pelusium
- Nicholas the Confessor

## February 5<sup>th</sup>

- Agatha the Martyr
- Polyuktos, Patriarch of Constantinople

## February 6<sup>th</sup>

- **Photios the Great, Patriarch of Constantinople**
- Bucolos, Bishop of Smyrna

## February 7<sup>th</sup>

- Parthenios, Bishop of Lampsacos
- Luke of Mount Stirion

## 60 CLUB NEWS

**SUNDAY, FEBRUARY 8, 2026**

The cold weather and 14 inches of snow will not deter us from celebrating the red, white and blue.

Come prepared for this delicious all-American lunch hosted by the St. Nicholas 60 club, along with some patriotic music and fanfare. This will be the start of the country's 250 years celebration.

You won't want to miss out - see you in the lower lobby right after church.

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### Volunteers Needed

#### **Metropolis GOYA Basketball Tournament Hosted by St. Nicholas Cathedral, February 13-15, 2026**

Our St. Nicholas GOYA is looking forward to hosting the upcoming Metropolis Basketball Tournament the weekend of February 13-15, 2026. This is the last basketball tournament of the season and all the graduating seniors from all the participating parishes will be recognized on Sunday after Liturgy. We have planned a social for Friday evening after registration, a Dinner/Dance on Saturday evening and Sunday Brunch along with all the basketball games played all day Saturday. The championship games will be played Sunday after Liturgy. The Sunday Brunch is for everyone attending Liturgy.

We provide a Hospitality Room with baked good and pastries for the parents, chaperones, coaches, and advisors. Many volunteers are needed over the weekend including score keepers, clock keepers, medical support at the courts, decorators, servers, set up and clean up for all the meals.

Please consider volunteering some of your time during the weekend or baking an item for our hospitality room.

**Bakers, Servers, Decorators, General Help** - Contact Linda Hages at 412-523-7938 or Maria Coutris at 412-915-7838 to Volunteer.

**Gym Score Keepers and Clock Keepers** - Contact John Frentzos by call/text 412-287-0275 to Volunteer.

**Ad Book** - In order to help with the expenses of the tournament, there will be a Tournament Program Book. Please consider supporting our tournament by placing an advertisement or line sponsor. Please look for more information and the submission form in this Bulletin.

Thank you to all of our parishioners for your continued support of our youth programs.



## St. Nicholas GOYA

### AD BOOK

Dear Parishioners

St. Nicholas Greek Orthodox Cathedral's youth group (GOYA) is thrilled to be hosting a Metropolis Basketball Tournament at our church this year. We are hoping that you will consider placing an advertisement in our tournament book, to help support our youth. Given the escalating costs of hosting these tournaments, the Tournament Program Book contributes greatly to the essential revenue needed as part of our overall cost raising efforts.

The tournament will be held the weekend of February 13-15, 2026 and we are expecting over 500 people from across PA and OH to attend! The program book serves as a great way to advertise local businesses and recognize our GOYANS. Attached you will find our submission form, which has all of the information you need to place the ad. The deadline for advertisements is February 4th.

If you have any questions or need additional information, please feel free to contact me at (412)915-7838.

Thank you for your consideration and support!

Sincerely,

*Maria Coutris*

Maria Coutris

St. Nicholas Greek Orthodox Cathedral  
Pittsburgh, PA

GOYA METROPOLIS BASKETBALL TOURNAMENT  
FEBRUARY 13-15, 2026

# TOURNAMENT PROGRAM BOOK SUBMISSION FORM

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Please support our youth by placing an ad in the tournament book. Advertisements may include business as well as personal wishes to the groups and/or individual players.

Please check your choice below:

- Centerfold \$250.00
- Full Page (5 ½ X 8 ½) \$150.00
- Half Page (5 ½ X 4 ¼) \$100.00
- 1/4 Page (2 ¾ X 4 ¼) \$60.00
- Line sponsor (maximum of 60 characters/line) \$30.00

- One photo may be included in FULL or HALF page ads
- Additional photos are \$5.00 each
- Submission MUST BE .jpg format
- All ads are BLACK & WHITE, no color options

Ads may be submitted in hard copy or through email by FEBRUARY 4th to:

Maria Coutris  
mvcoutris@gmail.com

8551 Ivy Hill Drive #9  
Poland, OH 44514

Please make checks payable to:  
St. Nicholas GOYA (mail to address above)  
If you have questions, please call: (412)915-7838

Thank you for your continued support!

# FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p style="text-align: center;"><b>Sunday of the Publican and Pharisee</b></p> <p><i>Triodion Begins</i> Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.</p> <p><b>Greek School: Three Hierarchs Celebration</b></p>	<p>2</p> <p style="text-align: center;"><b>The Presentation of Our Lord And Savior in the Temple</b> <i>Orthros &amp; Divine Liturgy at Ypapanti in East Pittsburgh</i></p> <p><b>YAL Basketball</b> 7:00 p.m.</p>	<p>3</p>	<p>4</p> <p style="text-align: center;"><b>YAL Volleyball</b> 7:00 p.m.</p>	<p>5</p>	<p>6</p> <p style="text-align: center;"><b>Feast of St. Photios</b> <i>Orthros &amp; Divine Liturgy</i> Location: TBD</p>	<p>7</p> <p style="text-align: center;"><b>Greek School</b> 10:00 a.m.</p> <p style="text-align: center;"><b>Vlahokerasiotiki Makaronada</b> 6:00 p.m.</p>
<p>8</p> <p style="text-align: center;"><b>Sunday of the Prodigal Son</b> Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.</p>	<p>9</p> <p style="text-align: center;"><b>Bible Study</b> 6:00 p.m.</p> <p><b>YAL Basketball</b> 7:00 p.m.</p>	<p>10</p> <p style="text-align: center;"><b>Feast of St. Haralambos</b> Orthros 8:30 a.m. Divine Liturgy 9:30 a.m.</p> <p><b>Adult Greek Classes</b> 6:30 p.m.</p>	<p>11</p>	<p>12</p> <p style="text-align: center;"><b>Catechism Class</b> 6:00 p.m.</p> <p><b>Pitt/CMU OCF</b> 7:30 p.m.</p>	<p>13</p>	<p>14</p> <p style="text-align: center;"><b>Saturday of Souls</b> Orthros 8:30 a.m. Divine Liturgy 9:30 a.m.</p> <p style="text-align: center;"><b>Greek School</b> 10:00 a.m.</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px; text-align: center;">GOYA BBall Tournament at St. Nicks</div>
<p>15</p> <p style="text-align: center;"><b>Judgment Sunday (Meatfare Sunday)</b> Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.</p> <p style="text-align: center;">GOYA Basketball Tournament</p>	<p>16</p> <p style="text-align: center;"><b>Bible Study</b> 6:00 p.m.</p> <p><b>YAL Basketball</b> 7:00 p.m.</p>	<p>17</p> <p style="text-align: center;"><b>Adult Greek Classes</b> 6:30 p.m.</p>	<p>18</p> <p style="text-align: center;"><b>YAL Volleyball</b> 7:00 p.m.</p>	<p>19</p> <p style="text-align: center;"><b>Catechism Class</b> 6:00 p.m.</p> <p><b>Pitt/CMU OCF</b> 7:30 p.m.</p>	<p>20</p>	<p>21</p> <p style="text-align: center;"><b>Commemoration of the Holy Men and Women Who Excelled in Asceticism</b></p> <p style="text-align: center;"><b>2<sup>nd</sup> Saturday of Souls</b> Orthros 8:30 a.m. Divine Liturgy 9:30 a.m.</p> <p style="text-align: center;"><b>Greek School</b> 10:00 a.m.</p>
<p>22</p> <p style="text-align: center;"><b>Forgiveness Sunday (Cheesefare Sunday)</b> Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.</p> <p style="text-align: center;"><b>Forgiveness Vespers</b> 5:00 p.m.</p>	<p>23</p> <p style="text-align: center;"><b>CLEAN MONDAY</b> <b>First Day of LENT</b></p> <p style="text-align: center;"><b>Great Compline</b> 6:00 p.m.</p> <p><b>YAL Basketball</b> 7:00 p.m.</p>	<p>24</p> <p style="text-align: center;"><b>Adult Greek Classes</b> 6:30 p.m.</p>	<p>25</p> <p style="text-align: center;"><b>Presanctified Liturgy</b> 6:00 p.m.</p> <p style="text-align: center;"><b>Potluck Dinner and Lenten Lecture</b> 7:30 p.m.</p>	<p>26</p> <p style="text-align: center;"><b>Catechism Class</b> 6:00 p.m.</p> <p><b>Pitt/CMU OCF</b> 7:30 p.m.</p>	<p>27</p> <p style="text-align: center;"><b>1<sup>st</sup> Salutations to the Theotokos</b> 6:00 p.m.</p> <p style="text-align: center;"><i>Reception Hosted by Philoptochos</i></p>	<p>28</p> <p style="text-align: center;"><b>Commemoration of the Miracle of Kollyva wrought by Saint Theodore</b> <b>(3<sup>rd</sup> Saturday of Souls)</b> Orthros 8:30 a.m. Divine Liturgy 9:30 a.m.</p> <p style="text-align: center;"><b>Greek School</b> 10:00 a.m.</p>