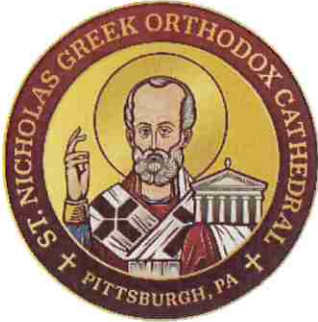


SUNDAY, APRIL 7, 2024 – 3rd Sunday of Lent

Celebration of the Day: Veneration of the Precious and Life-giving Cross

Third Mode • Eleventh Eothinon • Liturgy of St. Basil the Great



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's E-mail: fr.ec@stnickspgh.org

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Brett Wells

Questions about our Parish? E-mail church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: September – May: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are streaming live from St. Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page <https://stnickspgh.org/> by clicking the Giving tab and select donate. or you may access the donation page by visiting <https://abundant.co/stnickspgh/give>

TODAY:

- ❖ Procession of the Holy Cross.
- ❖ 2nd Tray being passed to benefit our seminary – Holy Cross Greek Orthodox School of Theology.
- ❖ Memorial Service for Barbara Garbinski, sister of Irene Ellis (40 days).
- ❖ Trisagion Service Georgia Krelis (2 years), and Athena Krelis (37 years).
- ❖ Coffee hour is hosted today by GOYA and sponsored by Irene Ellis and family in the Small Hall.
- ❖ Camp Nazareth Spaghetti Luncheon Fundraiser 12:00 noon.

THIS WEEK AT ST. NICHOLAS:

- Monday, April 8, 2024: YAL Basketball 7:00 p.m.
- Tuesday, April 9, 2024: Adult Greek Classes 6:30 p.m.; GOYA Dance Practice 7:00 p.m.
- Wednesday, April 10, 2024: Presanctified Liturgy 6:30 p.m. and Potluck Lenten Dinner and Lecture 7:30 p.m.
- Friday, April 12, 2024: 4th Salutations of the Theotokos 6:30 p.m.
- Saturday, April 13, 2024: Greek School 10:00 a.m.
Festival Baking Tiropita 9:00 a.m. – 4:00 p.m.
9th Annual Greek Language Festival and Quiz in Rocky River, OH
- Sunday, April 14, 2024: Trisagion Service for Demetrios Stathopoulos

SUNDAY, APRIL 7, 2024 – 3rd Sunday of Lent

Celebration of the Day: Veneration of the Precious and Life-giving Cross

Third Mode • Eleventh Eothinon • Liturgy of St. Basil the Great

TODAY'S HYMNS AND READINGS

The Hymn of the Day (for the Holy Cross) in first mode is chanted twice for the Small Entrance:

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

At the Small Entrance, the usual Entrance Hymn is chanted.

Following the Small Entrance, the Resurrection Hymn of the week in third mode is chanted.

Εὐφραίνεσθω τὰ οὐράνια, ἀγαλλιᾶσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy.

After this, the Hymn of the day (for the Holy Cross) in first mode is repeated (see above):

Then, the clergy chant the hymn for the memorial service in plagal fourth mode.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ Σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρόσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we chant the Kontakion of the Feast, in plagal fourth mode:

Τῆ ὑπερμάχῳ * στρατηγῶ τὰ νικητήρια, * ὡς λυτρωθεῖσα * τῶν δεινῶν, εὐχαριστήρια * ἀναγράφῳ σοι ἡ Πόλις σου, Θεοτόκε· * ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, * ἐκ παντοίων με κινδύνων ἐλευθέρωσον * ἵνα κράζω σοι· * Χαῖρε, Νύμφη ἀνύμφευτε.

My champion gen'ral, * I your city now devote to you * a feast of vic'try * and an offering of gratitude, * since from terrors, Theotokos, have I been ransomed, * but because you * have the might which is invincible, * from all kinds of dangers free me and deliver me, * that I may cry to you: * Rejoice, O unwedded Bride.

~ ~ ~

Instead of the Trisagion Hymn (Holy God...), the following is chanted:

Τὸν Σταυρόν σου προσκυνοῦμεν, Δέσποτα, καὶ τὴν ἀγίαν σου ἀνάστασιν δοξάζομεν.

We venerate Your Cross, O Master, and we glorify Your Holy Resurrection.

~ ~ ~

Today's Epistle Reading (3rd Sunday of Lent):

The reading is from St. Paul's Letter to the Hebrews (4:14-16; 5:1-6)

Ἀδελφοί, ἔχοντες ἀρχιερέα μέγαν διεληλυθότα τοὺς οὐρανοὺς, Ἰησοῦν τὸν υἱὸν τοῦ Θεοῦ, κρατῶμεν τῆς ὁμολογίας. οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθῆσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα χωρὶς ἁμαρτίας. προσερχώμεθα οὖν μετὰ παρηγορίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον καὶ χάριν εὐρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεὺς ἐξ ἀνθρώπων λαμβανόμενος ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν Θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν, μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσι καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περὶκεῖται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτω καὶ περὶ ἑαυτοῦ προσφέρειν ὑπὲρ ἁμαρτιῶν. καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ Θεοῦ, καθάπερ καὶ Ἀαρῶν. οὕτω καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασε γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν· υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε· καθὼς καὶ ἐν ἑτέρῳ λέγει· σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest for ever, after the order of Melchizedek." [RSV]

Today's Gospel Reading (3rd Sunday of Lent):

The reading is from the Holy Gospel according to Mark (8:34–38; 9:1)

Εἶπεν ὁ Κύριος· Ὅστις θέλει ὀπίσω μου ἀκολουθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθεῖτω μοι. ὃς γὰρ ἂν θέλη τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἔνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἂν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἂν ἐπαισχυνθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἀμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

The Lord said: “If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel’s will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels.” And he said to them, “Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power.” [RSV]

~ ~ ~

The hymn of the Theotokos for the Liturgy of St. Basil is chanted (Instead of “It is truly right...”):

Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις, Ἀγγέλων τὸ σύστημα, καὶ ἀνθρώπων τὸ γένος, ἡγιασμένε ναέ, καὶ Παράδεισε λογικέ, παρθενικὸν καύχημα· ἐξ ἧς Θεὸς ἐσαρκώθη, καὶ παιδίον γέγονεν, ὁ πρὸ αἰώνων ὑπάρχων Θεὸς ἡμῶν. Τὴν γὰρ σὴν μήτραν, θρόνον ἐποίησε, καὶ τὴν σὴν γαστέρα, πλατυτέραν οὐρανῶν ἀπειργάσατο. Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις· δόξα σοι.

In you, O Lady full of grace, all creation rejoices, the hosts of Angels and the human race. O consecrated temple and allegorical Paradise, virgins boast of you. For God became incarnate from you, yes, our eternally existing God became a child from you. He made a throne of your womb, and He made your body wider than the heavens. In you, O Lady full of grace, all creation rejoices. Glory to you!

~ ~ ~

The Communion hymn of the day is chanted today, instead of the usual “Praise the Lord...”:

Ἐσημειώθη ἐφ’ ἡμᾶς τὸ φῶς τοῦ προσώπου σου, Κύριε. Ἀλληλουῖα.

O Lord, the light of Your face was stamped upon us. Alleluia.

After Communion, instead of “We have seen the true light...” the Hymn for the Holy Cross is chanted:

Σῶσον, Κύριε, τὸν λαόν σου...

Save, O Lord, Your people...



GREEK ORTHODOX ARCHDIOCESE OF AMERICA
ARCHEPISCOPAL & SYNODICAL ENCYCLICAL

Prot. No. 79/2024

**Archepiscopal & Synodical Encyclical
for the Sunday of the Veneration of the Holy Cross**

April 7, 2024

Unto the Most Reverend and Right Reverend Hierarchs, Pious Priests and Deacons, Monks and Nuns, Presidents and Members of the Parish Councils, Honorable Archons of the Ecumenical Patriarchate, Members of Leadership 100, Day and Afternoon Schools, Philoptochos Societies, Youth, Greek Orthodox Organizations, and entirety of the Christ-loving Plenitude of the Sacred Archdiocese of America:

Καὶ τὰ φύλλα τοῦ Ἐύλου εἰς θεραπείαν τῶν ἐθνῶν. (Ἀποκάλυψις 22:2)
And the leaves of the Tree were for the healing of the Nations. (Revelation 22:2)

Beloved sisters and brothers in Christ,

In the midway point of the Holy Lent, we arrive at the oasis of the Sunday of the Veneration of the Holy Cross. Now the Tree of the Cross overshadows us with its healing leaves and fruits, and the flowers with which we adorn It in the Divine Service reflect Its lively glory. The Cross, once an instrument of suffering and death, has become the Tree of Eternal Life, and we are invited to share in Its mission of redemption and salvation. It is because of this mission that the Holy Eparchial Synod has decided to that an Encyclical should be issued every year for Feast of the Veneration of the Holy Cross of our Lord Jesus Christ.

The Lord calls each and every one of us to pick up our own cross and follow Him, to walk the path of self-sacrificial love that led Him to Golgotha and to the Garden Tomb. This invitation is for every Christian, whether we have fully understand that call or not. Those who aspire to the Holy Priesthood through the laying on of hands often tell of hearing a distinct calling, which is named a "vocation." They feel they are being summoned to serve Christ and His Church as clergy, and so they work with their local



priest and Hierarch, and find their way to our beloved Hellenic College and Holy Cross School of Theology, to pursue studies that lead to ordination. We should all encourage this noble and indeed sacred pursuit, and fill Hellenic College and Holy Cross with candidates to serve the future generations of our Church in America.

In this season of the Great Lent, when our fasting is to be augmented by almsgiving, let us all strive to dedicate an offering to our beloved Theological School, and give tangible, financial support those who are answering the call of the Lord in their very specific mission. Those who choose to take up the cross of service in the Holy Priesthood – whether they are called to be Deacons, Presbyters, or Hierarchs – are called to a lifelong sacrifice of their will, and they surely merit our support and our appreciation.

Therefore, let us answer the call of the Lord today as best as we are able, and enter into the oasis of the Veneration of the Holy Cross. There, we will find refreshment and healing from the Tree of Eternal Life, and find the strength to continue our Lenten journey to the Great and Holy Pascha.

With paternal love in Christ,

†ELPIDOPHOROS

Archbishop of America

Methodios Metropolitan of Boston

Alexios Metropolitan of Atlanta

Nicholas Metropolitan of Detroit

Savas Metropolitan of Pittsburgh

Gerasimos Metropolitan of San Francisco

Apostolos Metropolitan of New Jersey

Nathanael Metropolitan of Chicago



Make giving easy by enrolling in the HCHC Advocate monthly donor program!

We are facing unprecedented challenges today. Our society is rapidly changing and increasingly secular. We need a strong Orthodox school of higher learning to prepare leaders to meet the evolving needs of our faithful.



90% of priests serving Greek Orthodox parishes in America are HCHC graduates.

By supporting HCHC, you are supporting our mission of educating and equipping those who strengthen Orthodox communities and transform lives — now and forever!

It only takes a few minutes to become an Advocate and your monthly donation can be automatically withdrawn from your bank or credit card account.

Donations can be given at any level and updating your payment information is quick and easy if changes ever need to be made. HCHC has been providing exemplary clergy and lay leaders to communities across America and throughout the world for over 85 years with the support of our generous donors!

Hellenic College Holy Cross
 Greek Orthodox School of Theology
 50 Goddard Avenue, Brookline, MA 02445
 617-731-3500
 www.hchc.edu

MONTHLY GIVING AMOUNTS							
ANNUAL BENEFITS	\$10-19	\$20-49	\$50-99	\$100-249	\$250-499	\$500-999	\$1,000+
Advocate Honor Roll listing (electronic)	+	+	+	+	+	+	+
Advocate lapel pin		+	+	+	+	+	+
Invitation to HCHC events in your area			+	+	+	+	+
Christmas ornament				+	+	+	+
Invitation to on campus events					+	+	+
2 tickets to President's Luncheon						+	+
Advocate plaque							+

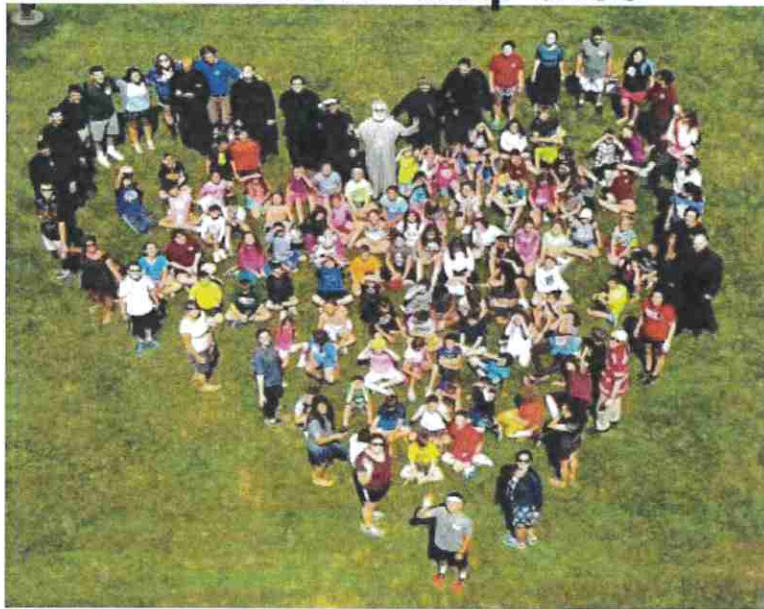
Sign up for Advocate recurring payment by visiting <https://www.hchc.edu/give/advocate/>

Be sure to select "recurring payment" next to your chosen donation amount to allow for automatic monthly transactions. Alternately, you may fill out the form to the right and return it to HCHC Advocates for processing.

CAMP NAZARETH SPAGHETTI LUNCHEON

TODAY

Give a little--Help a lot!



Spaghetti Luncheon

Sunday, April 7th, 2024

Adults \$15 Children under 12 \$10

TAKE OUT OR DINE IN

Dine in menu includes pasta, salad desserts and coffee

Take out includes salad and pasta only

Call for info or reservations

Keli 412-337-1297

Lisa 412-600-1240

Carrie 412-680-0210

Consider making a donation if you cannot attend

All proceeds go to offset costs for

St Nicholas' children to attend CAMP NAZARETH!

ST. NICHOLAS
GREEK ORTHODOX
CATHEDRAL
PITTSBURGH, PA

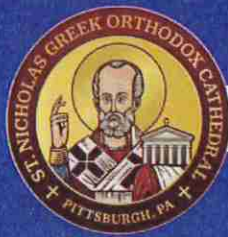
2024 LENTEN LECTURE SERIES

PRESANCTIFIED LITURGY

🕒 6:30 P.M.

LENTEN POTLUCK MEAL
AND LECTURE

🕒 7:30 P.M.



WWW.STNICKSPGH.ORG

WEDNESDAY,
APRIL 10

“ILLUMINATING
THE SACRED:
SYMBOLS IN THE
ORTHODOX
TRADITION”



VASIE-LEIGH ANDRIOTIS

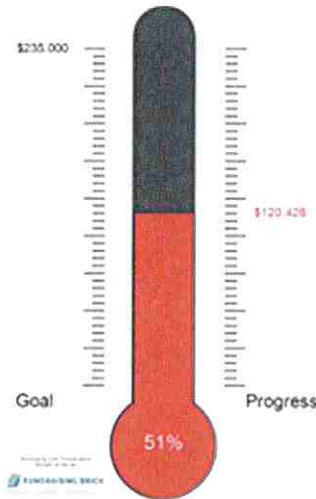
M.DIV.,
FORMER YOUTH DIRECTOR OF THE
METROPOLIS OF PITTSBURGH

2024 Stewardship Pledge Cards are in the Narthex

(Just ask a member of Parish Council)



Visit our website to fill out a Stewardship Card for 2024 or to make a donation
<https://stnickspgh>.



<u>2024</u>	<u>STEWARDSHIP</u>
Total Stewards	209 (GOAL 300)
Total Pledged	\$ 120,426.00 (GOAL (\$235,000.00))
Avg. Pledge	\$824.84

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)

Pastoral Assistants & Youth Directors

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.

Even... Parents who occasionally help-out but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Dance Group Costumes
Donations Needed

The St. Nicholas Dancers (7th grade and up) are in need of additional costumes and replacement pieces. Our current costumes date back to 2013 and our needs have grown. We have contacted the costume manufacturer in Greece and will be placing an order soon. Our festival is quickly approaching, and we find ourselves in need. The current cost of a girl's costume is \$310, and a boy's costume is \$180.

We are currently collecting donations toward this project. Thank you to those who have already donated. **Please make checks payable to St. Nicholas Cathedral with St. Nicholas Dancers in the memo line. If you are mailing your check to the church, please write Attn: St. Nicholas Dancers on the envelope.**

For further information, please contact Linda Hages: 412-523-7938.



From the Church School Desk!

Upcoming dates to remember:

Youth Retreat, Communion Breakfast and
Palm Making

Saturday, April 27, 2024
(Following the Divine Liturgy)

Easter Egg Hunt
Sunday, May 5, 2024
(Following the Agape Service)

Church School Graduation
Sunday, May 19, 2024

Yours in Christ
Miss Michelle

GOYA Technical Support

During coffee hour, people may bring laptops, Cell phones, tablets etc. !	Stop by the goya table during coffee hour with any electronic you are having difficulties with and have a goyan help you out!
Some would like to complete an assignment, finish up a work slide, watch a cooking video, and more!	

TITANIC ARTIFACT EXHIBITION

Wednesday, April 10 Cost: \$29.00

Bus leaves St. Nicholas 10:15, return 2:30.

Please make checks payable to St. Nicholas Sixty Club and remit to any Planning Committee members.

Price includes exhibit, bus and driver's gratuity.



**ST. NICHOLAS
ST. JOHN CHRYSOSTOM
ORATORICAL FESTIVAL**

MONDAY, APRIL 15, 2024

FOR MORE INFORMATION,
PLEASE CONTACT
CHAIRPERSON EVE ELSEN
AT 412-580-9415
OR
EVE.M.ELSEN@GMAIL.COM

The podium features a circular logo with a portrait of St. John Chrysostom and the text "ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL".

St. John Chrysostom Bookstore

WE'RE OPEN!

Stop in after Divine Liturgy.

Now featuring
books, cards, and gifts
for Great Lent, Pascha,
and Mother's Day.



Food Festival Preparations

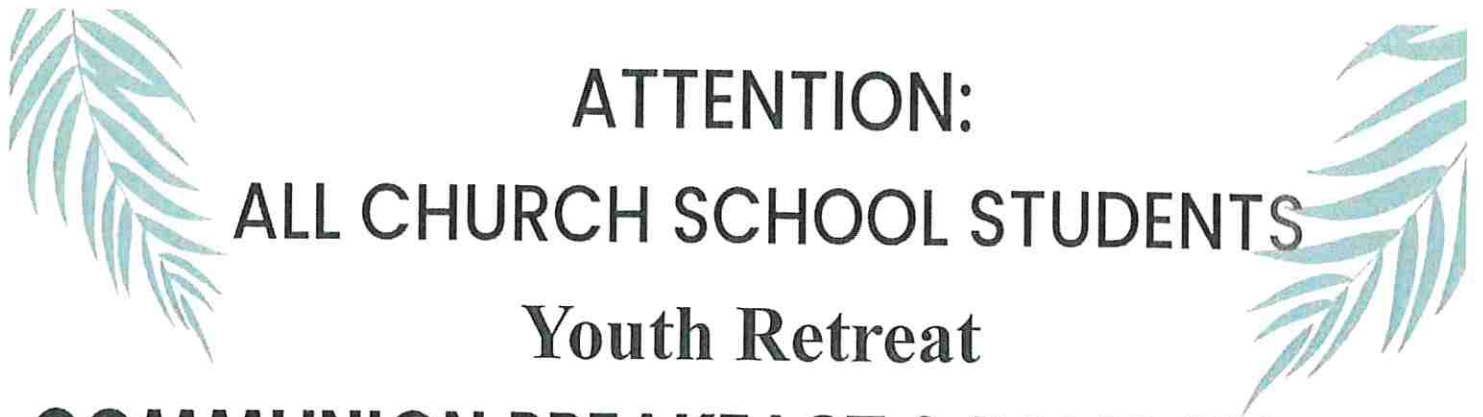
We're in the homestretch now with only three more items left. This coming Saturday and Sunday, April 13 and 14, we are making our pans of Tiropita. Thank you Lenna Cominos and Keli Frentzos for chairing. Hope to see you then!

Tiropita	Saturday, April 13, 9:00am to 4:00pm Sunday, April 14, after Church to 4:00pm
Pasta Flora	Saturday, April 20, 9:00 – 4:00 pm

Diples	Wednesday, April 24, 9:00 – 4:00pm
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FOOD FESTIVAL DATES

SUNDAY, MAY 12 – SATURDAY, MAY 18, 2024



ATTENTION:
ALL CHURCH SCHOOL STUDENTS
Youth Retreat

COMMUNION BREAKFAST & PALM MAKING



SATURDAY, APRIL 27, 2024

(Following the Divine Liturgy in the Small Hall)

OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS

THEMES / GOSPEL READING

HOW TO PARTICIPATE:

Fast - Free Week
FEBRUARY 25th



TRIODION WEEKS
Publican and the Pharisee
Epistle: 2 Timothy 3:10-15
Gospel: Luke 18:10-14

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Normal Fast Week
MARCH 3rd



The Prodigal Son Returns!
Epistle: 1 Corinthians 6:12-20
Gospel: Luke 15:11-32

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Meatfare
MARCH 10th
FAREWELL TO MEAT TODAY



The Last Judgement
Epistle: 1 Corinthians 8:8-9:2
Gospel: Matthew 25:31-46

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

Cheesefare
MARCH 17th
FAREWELL TO CHEESE TODAY



Adam and Eve are cast from Paradise!
FORGIVENESS SUNDAY
Epistle: Romans 13:11-14:4
Gospel: Matthew 6:14-21

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent
MARCH 24th



GREAT LENT BEGINS WITH FORGIVENESS VESPERS
SUNDAY of ORTHODOXY
Epistle: Hebrews 11:24-26, 32-12:2
Gospel: John 1:43-51

Bring an icon to church for a procession.

2nd Sunday of Lent
MARCH 31st



ST GREGORY PALAMAS
Epistle: Hebrews 1:10-2:3
Gospel: Mark 2:1-12

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent
APRIL 7th



VENERATION OF THE HOLY CROSS
HALF WAY TO PASCHA!
Epistle: Hebrews 4:14-5:6
Gospel: Mark 8:34-9:1

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent
APRIL 14th



ST JOHN of the LADDER
Epistle: Hebrews 6:13-20
Gospel: Mark 9:17-31

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent
APRIL 21st



ST MARY of EGYPT
Epistle: Hebrews 9:11-14
Gospel: Mark 10:32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!
APRIL 28th
GREAT WEEK BEGINS



GREAT AND HOLY WEEK
ENTRY OF OUR LORD INTO JERUSALEM
Epistle: Philippians 4:4-9
Gospel: John 12:1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY
MAY 3rd



GREAT AND HOLY FRIDAY
JESUS DIES ON THE CROSS
CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!
MAY 5th
NO FASTING!



BRIGHT WEEK
HOLY PASCHA! (CHRIST IS RISEN!)
Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 Sunday of The Holy Cross 8:45 a.m. Divine Liturgy 10:00 a.m. Camp Nazareth Spaghetti Luncheon Fundraiser 12:00 noon	8 YAL Basketball 7:00 p.m.	9 Adult Greek Classes 6:30 p.m.	10 Presanctified Liturgy 6:30 p.m. Potluck Dinner and Lenten Lecture 7:30 p.m.	11	12 4th Salutations to the Theotokos 6:30 p.m.	13 Greek School 10:00 a.m. Festival Baking – Tiropita (9a-4p) <i>9th Annual Greek Language Festival and Quiz Bowl in Rocky River, OH</i>
14 Sunday of St. John Climacus Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Festival Baking – Tiropita (after Church-4p)	15 YAL Basketball 7:00 p.m.	16 Adult Greek Classes 6:30 p.m. Parish Council Meeting 6:30 p.m.	17 Presanctified Liturgy 6:30 p.m. Potluck Dinner and Lenten Lecture 7:30 p.m.	18	19 Service of the Akathist Hymn 6:30 p.m.	20 Greek School 10:00 a.m. Festival Baking – Pasta Flora (9a-4p)
21 Sunday of St. Mary of Egypt Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. WEEKEND OF SERVICE	22 YAL Basketball 7:00 p.m.	23 Adult Greek Classes 6:30 p.m.	24 Festival Baking – Diples (9a-4p) YAL Volleyball 7:00 p.m.	25 Philoptochos Easter Bread Baking	26	27 Lazarus Saturday Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Youth Retreat and Palm Making 12:00 noon
28 PALM SUNDAY Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. <i>Palm Sunday Luncheon</i> Bridegroom Service 6:30 p.m.	29 HOLY MONDAY Bridegroom Service 6:30 p.m.	30 HOLY TUESDAY Bridegroom Service 6:30 p.m.	MAY 1 HOLY WEDNESDAY Holy Unction 3:00 p.m. “Bridegroom” Service 6:30 p.m. <i>Holy Unction offered at end of service</i>	2 HOLY THURSDAY Vesperal Liturgy 9:30 a.m. Service of the 12 Gospels 6:00 p.m.	3 HOLY FRIDAY Royal Hours 9:00 a.m. Apokathelosis 3:00 p.m. Lamentations 6:30 p.m.	4 HOLY SATURDAY Vesperal Liturgy 9:30 a.m. Midnight Office of the Resurrection 11:00 p.m. Service of the Resurrection 11:45 p.m.