

SUNDAY, APRIL 28, 2024 – Palm Sunday

The Glorious Entry of our Lord Jesus Christ into Jerusalem



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's E-mail: fr.ec@stnickspgh.org

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews | ORGANIST: Brett Wells

Questions about our Parish? E-mail church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: September – May: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are streaming live from St. Nicholas Cathedral at www.stnickspgh.org and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page <https://stnickspgh.org> by clicking the Giving tab and select donate. or you may access the donation page by visiting <https://abundant.co/stnickspgh/give>

TODAY:

- ❖ If you made a reservation, please join Philoptochos for the Palm Sunday Luncheon in the Large Hall.
- ❖ Coffee Hour will be hosted by GOYA after church service in the Small Hall.

THIS WEEK AT ST. NICHOLAS:

- Monday, April 29, 2024: HOLY MONDAY - Bridegroom Service 6:30 p.m.
- Tuesday, April 30, 2024: HOLY TUESDAY - Bridegroom Service 6:30 p.m.
- Wednesday, May 1, 2024: HOLY WEDNESDAY - Holy Unction 3:00 p.m.; Bridegroom Service 6:30 p.m.
(Holy Unction offered at end of service)
- Thursday, May 2, 2024: HOLY THURSDAY - Vespertal Liturgy 9:30 a.m.; Service of the 12 Gospels 6:00 p.m.
- Friday, May 3, 2024: HOLY FRIDAY - Royal Hours 9:00 a.m.; Apokathelosis 3:00 p.m.; Lamentations 6:30 p.m.
- Saturday, May 4, 2024: HOLY SATURDAY - Vespertal Liturgy 9:30 a.m.
Midnight Office of Resurrection 11:00 p.m.
Service of the Resurrection 11:45 p.m.
- Sunday, May 5, 2024: GREAT AND HOLY PASCHA Agape Vespers 11:00 a.m.

SUNDAY, APRIL 28, 2024 – Palm Sunday

The Glorious Entry of our Lord Jesus Christ into Jerusalem

TODAY'S HYMNS AND READINGS

For the second Antiphon, the following festal variation is chanted along with the corresponding verses:

Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐπὶ πώλου ὄνου καθεσθεις, ψάλλοντάς σοι, Ἀλληλούϊα.

Save us, O Son of God, who sat on a donkey's colt. We sing to You, Alleluia.

- - -

The festal hymn of the day in first mode is chanted twice at the Small Entrance:

Τὴν κοινὴν Ἀνάστασιν πρὸ τοῦ σοῦ Πάθους πιστούμενος, ἐκ νεκρῶν ἠγείρας τὸν Λάζαρον, Χριστὲ ὁ Θεός· ὅθεν καὶ ἡμεῖς ὡς οἱ Παῖδες, τὰ τῆς νίκης σύμβολα φέροντες, σοὶ τῷ Νικητῇ τοῦ θανάτου βοῶμεν· Ὡσαννὰ ἐν τοῖς ὑψίστοις, εὐλογημένος ὁ ἐρχόμενος, ἐν ὀνόματι Κυρίου.

To confirm the general resurrection before Your Passion, You resurrected Lazarus from the dead, O Christ our God. Therefore imitating the children, carrying the symbols of victory, we cry out to You the Victor over death: "Hosanna in the highest! Blessed are You, the One, who comes in the name of the Lord."

At the Small Entrance, the Festal Entrance Hymn is chanted:

Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου. Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἐπὶ πώλου ὄνου καθεσθεις, ψάλλοντάς σοι, Ἀλληλούϊα.

Blessed is he who comes in the name of the Lord. God is the Lord, and He revealed Himself to us. Save us, O Son of God, who sat on a donkey's colt. We sing to You, Alleluia.

Following the Small Entrance, the festal hymn of the day in first mode is repeated (see above).

After this, the alternate festal hymn of the day in fourth mode is chanted:

Συνταφέντες σοι διὰ τοῦ Βαπτίσματος, Χριστὲ ὁ Θεὸς ἡμῶν, τῆς ἀθανάτου ζωῆς ἠξιώθημεν τῇ Ἀναστάσει σου, καὶ ἀνυμνοῦντες κράζομεν· Ὡσαννὰ ἐν τοῖς ὑψίστοις, εὐλογημένος ὁ ἐρχόμενος, ἐν ὀνόματι Κυρίου.

We were buried with You through Baptism, O Christ our God, and thus by Your Resurrection we have been granted immortal life, and extolling You we cry aloud, "Hosanna in the highest! Blessed are You, the One who comes in the name of the Lord."

Finally, we chant the festal kontakion of the day in plagal second mode:

Τῷ θρόνῳ ἐν οὐρανῷ, τῷ πώλῳ ἐπὶ τῆς γῆς, ἐποχοῦμενος Χριστὲ ὁ Θεός, τῶν Ἀγγέλων τὴν αἴνεσιν, καὶ τῶν Παίδων ἀνύμνησιν προσεδέξω βοῶντων σοι· Εὐλογημένος εἶ ὁ ἐρχόμενος, τὸν Ἀδὰμ ἀνακαλέσασθαι.

In heaven upon the throne, on earth upon the colt, * You were carried, O Christ our God; * and the praise of the Angels, and the hymns of the children, You received as they cried to You, * "Blessed are You, the One, who is coming to call Adam back again."

Today's Epistle Reading (*Palm Sunday*):

The reading is from St. Paul's Letter to the Philippians (4:4-9)

Αδελφοί, χαίρετε ἐν Κυρίῳ πάντοτε· πάλιν ἐρῶ, χαίρετε. τὸ ἐπιεικὲς ὑμῶν γνωσθήτω πᾶσιν ἀνθρώποις. ὁ Κύριος ἐγγύς. μηδὲν μεριμνᾶτε, ἀλλ' ἐν παντὶ τῇ προσευχῇ καὶ τῇ δεήσει μετὰ εὐχαριστίας τὰ αἰτήματα ὑμῶν γνωρίζεσθω πρὸς τὸν Θεόν. καὶ ἡ εἰρήνη τοῦ Θεοῦ ἡ ὑπερέχουσα πάντα νοῦν φρουρήσει τὰς καρδίας ὑμῶν καὶ τὰ νοήματα ὑμῶν ἐν Χριστῷ Ἰησοῦ. Τὸ λοιπόν, ἀδελφοί, ὅσα ἐστὶν ἀληθῆ, ὅσα σεμνά, ὅσα δίκαια, ὅσα ἀγνά, ὅσα προσφιλή, ὅσα εὐφημα, εἴ τις ἀρετὴ καὶ εἴ τις ἔπαινος, ταῦτα λογίζεσθε· ἅ καὶ ἐμάθετε καὶ παρελάβετε καὶ ἠκούσατε καὶ εἶδετε ἐν ἐμοί, ταῦτα πράσσετε· καὶ ὁ Θεὸς τῆς εἰρήνης ἔσται μεθ' ὑμῶν.

Brethren, rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me, do; and the God of peace will be with you. [RSV]

Today's Gospel Reading (*Palm Sunday*):

The reading is from the Holy Gospel according to John (12:1-18)

Πρὸ ἕξ ἡμερῶν τοῦ πάσχα ἦλθεν ὁ Ἰησοῦς εἰς Βηθανίαν, ὅπου ἦν Λάζαρος ὁ τεθνηκώς, ὃν ἤγειρεν ἐκ νεκρῶν. ἐποίησαν οὖν αὐτῷ δεῖπνον ἐκεῖ, καὶ ἡ Μάρθα διεκόνει· ὁ δὲ Λάζαρος εἰς ἦν τῶν ἀνακειμένων σὺν αὐτῷ. ἡ οὖν Μαρία, λαβοῦσα λίτρον μύρου νάρδου πιστικῆς πολυτίμου, ἤλειψε τοὺς πόδας τοῦ Ἰησοῦ καὶ ἐξέμαξε ταῖς θριξίν αὐτῆς τοὺς πόδας αὐτοῦ· ἡ δὲ οἰκία ἐπληρώθη ἐκ τῆς ὀσμῆς τοῦ μύρου. λέγει οὖν εἰς ἐκ τῶν μαθητῶν αὐτοῦ, Ἰούδας Σίμωνος Ἰσκαριώτης, ὁ μέλλων αὐτὸν παραδιδόναι· διατί τοῦτο τὸ μύρον οὐκ ἐπράθη τριακοσίων δηναρίων καὶ ἐδόθη πτωχοῖς; εἶπε δὲ τοῦτο οὐχ ὅτι περὶ τῶν πτωχῶν ἔμελεν αὐτῷ, ἀλλ' ὅτι κλέπτῃς ἦν, καὶ τὸ γλωσσόκομον εἶχε καὶ τὰ βαλλόμενα ἐβάσταζεν. εἶπεν οὖν ὁ Ἰησοῦς· ἄφες αὐτήν, εἰς τὴν ἡμέραν τοῦ ἐνταφιασμοῦ μου τετήρηκεν αὐτό. τοὺς πτωχοὺς γὰρ πάντοτε ἔχετε μεθ' ἑαυτῶν, ἐμὲ δὲ οὐ πάντοτε ἔχετε. Ἔγνω οὖν ὄχλος πολὺς ἐκ τῶν Ἰουδαίων ὅτι ἐκεῖ ἐστὶ, καὶ ἦλθον οὐ διὰ τὸν Ἰησοῦν μόνον, ἀλλ' ἵνα καὶ τὸν Λάζαρον ἴδωσιν ὃν ἤγειρεν ἐκ νεκρῶν. ἐβουλεύσαντο δὲ οἱ ἀρχιερεῖς ἵνα καὶ τὸν Λάζαρον ἀποκτείνωσιν, ὅτι πολλοὶ δι' αὐτὸν ὑπήγον τῶν Ἰουδαίων καὶ ἐπίστευον εἰς τὸν Ἰησοῦν. Τῇ ἐπαύριον ὄχλος πολὺς ὁ ἐλθὼν εἰς τὴν ἑορτήν, ἀκούσαντες ὅτι ἔρχεται Ἰησοῦς εἰς Ἱεροσόλυμα, ἔλαβον τὰ βαῖα τῶν φοινίκων καὶ ἐξῆλθον εἰς ὑπάντησιν αὐτῷ, καὶ ἔκραζον· ὡσαννά, εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου, ὁ βασιλεὺς τοῦ Ἰσραήλ. εὐρῶν δὲ ὁ Ἰησοῦς ὀνάριον ἐκάθισεν ἐπ' αὐτό, καθὼς ἐστὶ γεγραμμένον· μὴ φοβοῦ, θύγατερ Σιών· ἰδοὺ ὁ βασιλεὺς σου ἔρχεται καθήμενος ἐπὶ πῶλον ὄνου. Ταῦτα δὲ οὐκ ἔγνωσαν οἱ μαθηταὶ αὐτοῦ τὸ πρῶτον, ἀλλ' ὅτε ἐδοξάσθη ὁ Ἰησοῦς, τότε ἐμνήσθησαν ὅτι ταῦτα ἦν ἐπ' αὐτῷ γεγραμμένα, καὶ ταῦτα ἐποίησαν αὐτῷ. Ἐμαρτύρει οὖν ὁ ὄχλος ὁ ὢν μετ' αὐτοῦ ὅτε τὸν Λάζαρον ἐφώνησεν ἐκ τοῦ μνημείου καὶ ἤγειρεν αὐτὸν ἐκ νεκρῶν. διὰ τοῦτο καὶ ὑπήντησεν αὐτῷ ὁ ὄχλος, ὅτι ἠκούσαν τοῦτο αὐτὸν πεποιηκέναι τὸ σημεῖον.

Six days before the Passover, Jesus came to Bethany, where Lazarus was, whom Jesus had raised from the dead. There they made him a supper; Martha served, and Lazarus was one of those at table with him. Mary took a pound of costly ointment of pure nard and anointed the feet of Jesus and wiped his feet with her hair; and the house was filled with the fragrance of the ointment. But Judas Iscariot, Simon's son,

one of his disciples (he who was to betray him), said, "Why was this ointment not sold for three hundred denarii and given to the poor?" This he said, not that he cared for the poor but because he was a thief, and as he had the money box he used to take what was put into it. Jesus said, "Let her alone, let her keep it for the day of my burial. The poor you always have with you, but you do not always have me." When the great crowd of the Jews learned that he was there, they came, not only on account of Jesus but also to see Lazarus, whom he had raised from the dead. So the chief priests planned to put Lazarus also to death, because on account of him many of the Jews were going away and believing in Jesus. The next day a great crowd who had come to the feast heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, crying, "Hosanna! Blessed is he who comes in the name of the Lord, even the King of Israel!" And Jesus found a young donkey and sat upon it; as it is written, "Fear not, daughter of Zion; behold, your king is coming, sitting on a donkey's colt!" His disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of him and had been done to him. The crowd that had been with him when he called Lazarus out of the tomb and raised him from the dead bore witness. The reason why the crowd went to meet him was that they heard he had done this sign. [RSV]

Instead of "It is truly right..." the Ninth Ode of the feast is chanted:

Θεὸς Κύριος, καὶ ἐπέφανεν ἡμῖν· συστήσασθε ἑορτήν, καὶ ἀγαλλόμενοι, δεῦτε μεγαλύνωμεν Χριστόν, μετὰ βλαῖων καὶ κλάδων, ὕμνοις κραυγάζοντες· Εὐλογημένος ὁ ἐρχόμενος, ἐν ὀνόματι Κυρίου, Σωτῆρος ἡμῶν.

God is the Lord, and He appeared to us. * O Christians, appoint a feast, and with exultant joy * come and let us magnify the Christ, * waving our palm-leaves and branches, crying aloud in hymns: * "Blessed is the One who comes * in the name of the Lord our Savior."

The Festal Communion hymn is chanted today, instead of the usual "Praise the Lord...":

Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου. Ἀλληλούϊα.

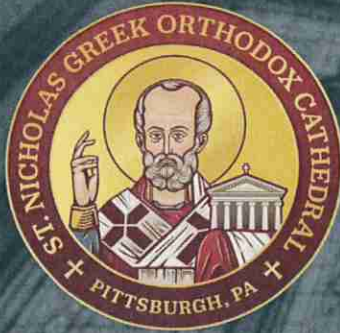
Blessed is he who comes in the name of the Lord. Alleluia.

Instead of "We have seen the true light..." the festal hymn of the day is chanted.

Τὴν κοινήν Ἀνάστασιν ...

To confirm the general resurrection ...





Holy Week 2024

JOIN US THIS HOLY WEEK AS WE JOURNEY TO PASCHA

Saturday of Lazarus	Palm Sunday	Holy Monday	Holy Tuesday	Holy Wednesday
April 27	April 28	April 29	April 30	May 1
Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. <i>Youth Retreat and Palm Folding</i>	Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Bridegroom Service 6:30 p.m.	Bridegroom Service 6:30 p.m.	Bridegroom Service (Hymn of Kassiani) 6:30 p.m.	Holy Unction 3:00 p.m. Bridegroom Service 6:30 p.m. <i>(Holy Unction offered at end of service)</i>

Holy Thursday	Holy Friday	Holy Saturday	PASCHA
May 2	May 3	May 4	May 5
Vesperal Liturgy 9:30 a.m. Service of the 12 Gospels 6:00 p.m.	Royal Hours 9:00 a.m. Apokathelosis 3:00 p.m. Lamentations 6:30 p.m.	Vesperal Liturgy 9:30 a.m. Midnight Office (Pannychis) 11:00 p.m. Service of the Resurrection 11:45 p.m.	Agape Vespers 11:00 a.m.

Good Friday Luminary Memorials



Remember your loved ones with Luminaries
on Good Friday, May 3, 2024.

To include your loved one,
please fill out the form below.

Luminaries will have names included on the bags and
will be displayed on the steps of the church on
Good Friday Evening, as we walk with the
“Epitaphio” around the church.
Names will also be published.

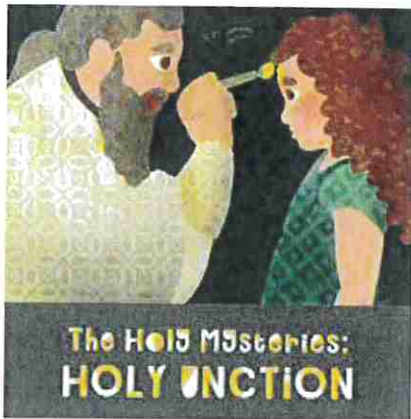
Please fill out the form below and give to one of the Parish Council mem-
bers or mail to the Parish Office. Donations of \$10.00 per Luminary to be
paid to St. Nicholas Cathedral by Monday, April 29th.

Names to be commemorated:

Paid By	
Check #	
Amount	
Date Rec'd	

CALL FOR READERS!

Readers are needed for Services as we celebrate Holy Week and Pascha. There are services each night and the opportunity to read at the Services is open to all. Our parish needs special commitments from readers to participate at the services below.



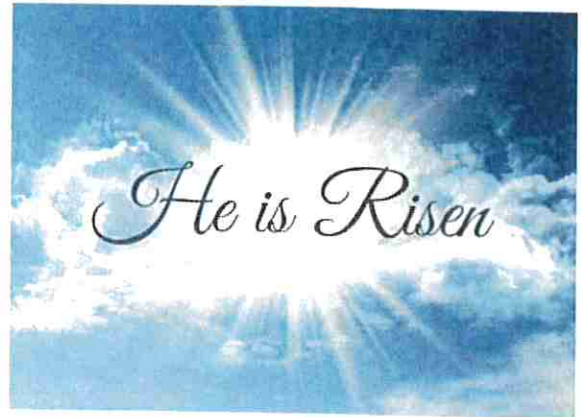
Holy Wednesday

Service of Holy Unction

Wednesday, May 1, 2024

at 3:00 p.m.

The seven (7) Epistle Readings at the Holy Unction Service are read in English. If you or someone you know is interested in offering one of these readings, please contact Michelle Kotsagrellos.



Great & Holy Pascha

Agape Vespers

Sunday, May 5, 2024

at 11:00 a.m.

During this brief service, the Gospel is proclaimed in as many languages as possible. If you or someone you know can read in any foreign language, please contact Michelle Kotsagrellos or Fr. Eleftherios to sign up.

Anastasi

CELEBRATION

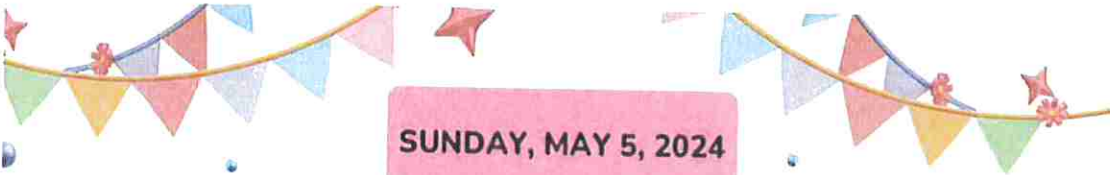


Please join Philoptochos for a Paschal meal
as we celebrate the Resurrection of our Lord

**Following Anastasi Services
The Cathedral Room**


**Free-Will Offering
is being accepted by Philoptochos to offset expenses**

For more information, call St. Nicholas Cathedral 412-682-3866



SUNDAY, MAY 5, 2024

Easter
EGG HUNT



If you wish to help, please bring one dozen pre-filled plastic eggs on Sunday and drop them off in the Narthex before Church.

ALL PARISHIONERS are welcome to join the fun for coffee, juice, and donuts!

Following the Agape Service

Questions: Call Michelle Kotsagrelou (412) 680-1416

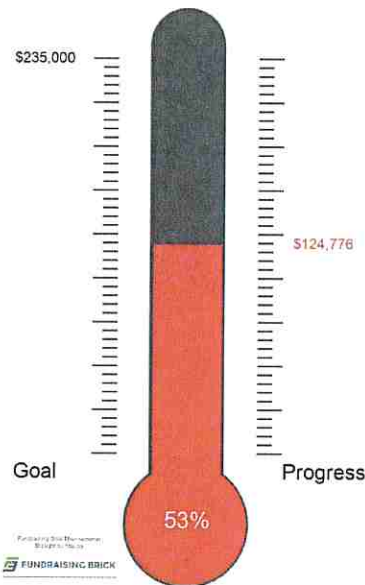


2024 Stewardship Pledge Cards are in the Narthex

(Just ask a member of Parish Council)



Visit our website to fill out a Stewardship Card for 2024 or to make a donation
<https://stnicksphg>.



<u>2024</u>	<u>STEWARDSHIP</u>
Total Stewards	215 (GOAL 300)
Total Pledged	\$ 124,776.00 GOAL (\$235,000.00)
Avg. Pledge	\$831.84

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)

Pastoral Assistants & Youth Directors

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.

Even... Parents who occasionally help-out but are alone with other people's children.

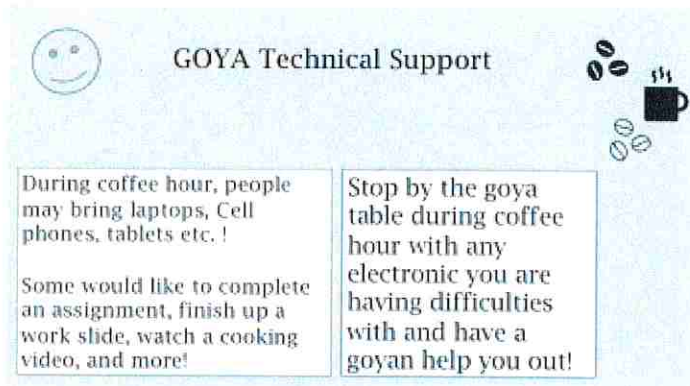
Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

AHEPA NEWS

AHEPA Day has been organized for May 19, 2024 this year. We Ahepans and Daughters of Penelope will attend church on Sunday May 19, 2024 to show appreciation for those past members.



GOYA Technical Support

During coffee hour, people may bring laptops, Cell phones, tablets etc.!

Some would like to complete an assignment, finish up a work slide, watch a cooking video, and more!

Stop by the goya table during coffee hour with any electronic you are having difficulties with and have a goyan help you out!

Food Festival Preparations

DONE! With the Grace of God, we've successfully completed all 13 items for our festival!

A HUGE THANK YOU goes to ALL who came to help make Diples this past Wednesday. Special thanks to Nikki Lykos, Dae Machin and Argy Darakos who came in at 6 o'clock in the morning to begin the dough and guide us through the process.

Looking forward to a meaningful Holy Week. Kali Anastasi!

Please consider how you might help the week of the festival. It takes a village.

FOOD FESTIVAL DATES

SUNDAY, MAY 12 – SATURDAY, MAY 18, 2024



From the Church School Desk!

Congratulations to our St. Nicholas St. John Chrysostom Oratorical Festival participants (and finalists) who took the time out of their busy schedule to research and write about their faith.

Sophia Hogg and Yanna Mavrogeorgis (Senior Division) and **Zoe Darakos and Kingston (Panagiotis) Stamoolis** (Junior Division) represented our parish at the Metropolis Level at St. John the Forerunner (Youngtown, OH) on Saturday, April 20, 2024. Congratulations Sophia, Yanna, Zoe and **Kingston (who placed second on the Metropolis Level)**, we are proud of you! In the upcoming weeks, all seven (7) participants will be presenting their speeches to the Congregation.

Upcoming dates to remember:

Easter Egg Hunt
Sunday, May 5, 2024
(Following the Agape Service)

Church School Graduation
Sunday, May 19, 2024

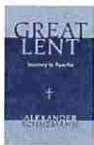
Yours in Christ
Miss Michelle

The St. John Chrysostom Bookstore would like to thank Constance Camarinos Winkler for generously donating 10 copies of her book, "The Red Eggs". Proceeds for the sale of her books will go towards furthering the bookstore ministry.

In addition, the St. John Chrysostom Bookstore would like Vince Nelson Maintenance Supervisor for giving the bookstore a beautiful fresh coat of paint to get it ready for Pascha and the Festival.

St. John Chrysostom Bookstore

Featuring books, cards, and gifts for Great Lent and Pascha.



Books



Children's Books



Icons



Cookbooks



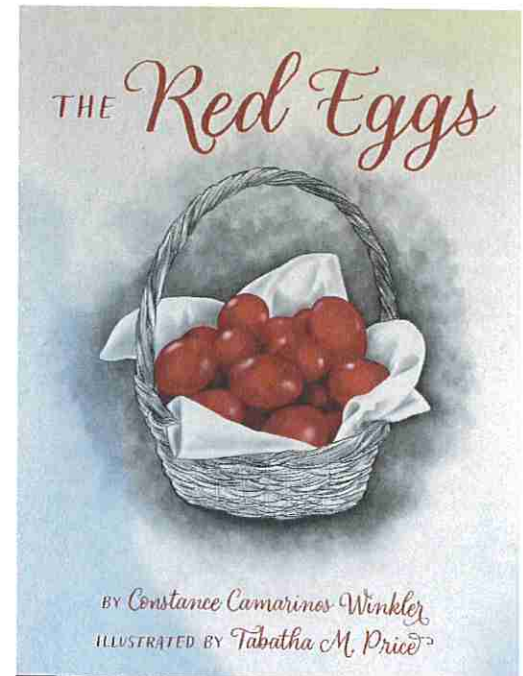
Greeting Cards



Coloring Books



Red Egg Dye



THE GAPA SCHOLARSHIP APPLICATIONS ARE IN THE NARTHEX FOR GRADUATING SENIORS.

Camp Fundraiser:

The spaghetti luncheon was a success!! I want to thank everyone for their support by participating in the luncheon and/or offering donations throughout the year. We have a little over \$5600 raised for this fundraising year and are able to provide \$250 discount to each of our St. Nicholas children attending camp Nazareth.

THANK YOU to our special cooks Yianni Frentzos and Vasili Copetas. Thank you goyans for your help serving and to everyone who helped bring this event together; Lisa Kristian, Carrie Velisaris, Pam Bertos, and Keli Frentzos

We are still accepting donations. Checks payable to St. Nicholas Cathedral (memo area: "camp fund").

The background of the entire page is a photograph of a Greek island, likely Santorini, featuring white-washed buildings with iconic blue domes. The scene is set against a sunset sky with warm orange and yellow tones, and the dark blue sea is visible in the distance. The text is overlaid on this image.

Save the Date!

**For our St. Nicholas
Greek Food Festival**

**Sunday May 12th -
Saturday May 18th**

Celebrating
MOTHER'S DAY

St. Nicholas Philoptochos believes in honoring the women in our lives. Honor your wife, mother, grandmother, godmother, sister, aunt or special friend with a gift to Philoptochos. Your donation will enable us to continue our work of charitable giving to individuals and families in need, area food banks, shelters for the homeless, social service agencies and countless research efforts in the battle against cancer and other catastrophic diseases.

Join us this Mother's Day by honoring someone you love with a gift to Philoptochos.

Make checks payable and send to: St. Nicholas Philoptochos, 419 S. Dithridge St. Pittsburgh, PA 15213, Memo: Mother's Day
DEADLINE TO SUBMIT NAMES FOR INCLUSION IN BULLETIN – WEDNESDAY, MAY 8, 2024

Enclosed is my gift of \$ _____
(minimum gift of \$5.00 per name please — all donations are tax deductible)

Your Name: _____

Honorees will receive a special Mother's Day acknowledgement card.

The amount of your gift will not be disclosed.

Please accept this gift in **honor** of:

Name: _____

Name: _____

Address: _____

Address: _____

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*List any additional names and addresses on the back of this flyer and indicate whether donation is in Honor or in Memory.
Please print clearly.*



VOLUME 8 NO. 1 ISSUE: 64

MAY 2024

A Good Word - Λόγον Αγαθόν

NEWSLETTER OF THE GREEK ORTHODOX
METROPOLIS OF PITTSBURGH



2024 Clergy Family Retreat



His Eminence Metropolitan Savas cordially invites you to celebrate the dedicated volunteers of our Holy and God-protected Metropolis of Pittsburgh at the

10TH ST. PHOTIOS AWARDS BANQUET

MAY 18 2024 · 4:00 PM

**DOUBLETREE BY HILTON
PITTSBURGH-CRANBERRY**
910 Sheraton Drive, Mars, PA 16046

Tickets: \$95/adult, \$25/child (under 12)
Reservation & Sponsorship
Deadline: April 28

Mail reservations/sponsorships to:
St. Photios Awards Banquet
Greek Orthodox Metropolis of Pittsburgh
5201 Ellsworth Ave, Pittsburgh, PA 15232
Please make checks payable to:
'Greek Orthodox Metropolis of Pittsburgh'

FOR ONLINE RESERVATION & SPONSORSHIP:
pittsburgh.goarch.org/st-photios-awards-banquet

Banquet Co-Chairpersons:
Archdeacon Ryan: 412 621 5529 | rgzkowski@pittsburgh.goarch.org
Marianne Stearns: 412 600 2159 | mstearns@nauticom.net

No Refunds available after May 4

NET PROCEEDS TO BENEFIT THE METROPOLITAN'S BENEVOLENCE FUND

pittsburgh.goarch.org | 412 621 5529 contact: info@pittsburgh.goarch.org



10th ST. PHOTIOS AWARDS BANQUET

SCAN THE QR CODE to make reservations



This year's Clergy Family Lenten Retreat was again hosted by Antiochian Village, Ligonier PA from March 26-28, 2024. This year's theme was "A brother helped is like a small city", focusing on deepening our relationships with each other, with Christ and with God. Our guest speaker was Rev. Dr. Nicholas Louh who provided much discussion and food for thought.

Our take-away from the retreat and Fr. Nick: Spend fifteen minutes a day with God: five minute each in prayer, scripture reading, and silence.

Question who or what is ruling your life? Is Christ the King of our lives?

Have active conversation with Christ. Listen to Christ in our prayers and ask Him what He wants us to do, and what He wants us to stop doing.

Be grateful. Keep a gratitude journal documenting daily what you are grateful for.

In conclusion, the retreat offered a wonderful opportunity for the clergy and their families to recharge, reconnect, and reflect.

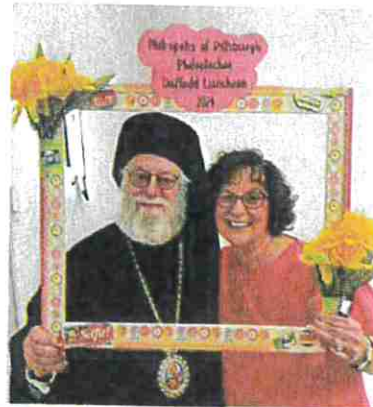
2024 Daffodil Luncheon

Metropolis Philoptochos President: Joyce Spanakis

The 2024 Daffodil Luncheon was held on April 6th at the Marriott Pittsburgh Airport. The women of the Holy Trinity Ambridge Philoptochos, led by president and luncheon chair, Paula Yakoumas, did an outstanding job hosting the beautiful event.

The Marriott Grand Ballroom was filled with approximately 150 smiling, embracing, excited Philoptochos members and guests from across the Metropolis. We were honored to have His Eminence Metropolitan Savas join us. The guest speaker for the day was Lacie Spagnolo, author of the book, *You Were Born to Do This- Now Push*. Lacie's husband, Jim, son, Jimmy and daughter, Lily were also guests at the event.

Following a delicious Lenten meal, guests heard inspiring remarks from Luncheon Chair, Paula Yakoumas, Metropolis Philoptochos President, Joyce Spanakis, Lacie Spagnolo and His Eminence Metropolitan Savas. In her presentation, Lacie shared the inspiration for her book and the miraculous events that strengthened her and her family through their courageous struggle with Jimmy's






alignant brain tumor diagnosis at 4 months of age. Her smile was contagious, and her story of faith, hope and resilience kept guests wanting to hear more. Coincidentally, Lacie's book became available on Amazon the day of the luncheon. On behalf of the Metropolis Philoptochos, President Joyce Spanakis presented Lacie with a marble icon of the *magia Kardiotissa*, as well as the plan to purchase 25 of Lacie's books to be placed in care packages for families of patients at the Children's Hospital of Pittsburgh. Monies raised from this year's event will be divided 2/3 to the Metropolis of Pittsburgh Emergency Fund (for humanitarian Aid) and 1/3 to the Seminarians Our Future Fund.

SUPPORT HIS EMINENCE AND OUR METROPOLIS MINISTRIES

It costs approximately \$1,000 per day to operate our Metropolis – including Metropolitan Savas's Archpastoral visitations, preparations for summer camp and GOYA retreats, our vital registry, and more. Please consider sponsoring a day in the life of the Metropolis:

Greek Orthodox Metropolis of Pittsburgh, 5201 Ellsworth Avenue, Pittsburgh, PA 15232
 412 621 5529 (Main) 412-465-0460 (Camp) 412 621 8543 (Youth)
 pittsburgh.goarch.org info@pittsburgh.goarch.org

THE 2024 PITTSBURGH SUMMER GREEK FESTIVALS GUIDE

It's a great tradition, and it's here again: 35 days of Greek Festivals in the Pittsburgh region, so plan well and you can eat Greek all summer! Post this schedule on your refrigerator and share copies with others. We look forward to seeing you!

LOCATION

DATES

- St. Nicholas (Pittsburgh/Oakland)May 12-18
- All Saints (Canonsburg)..... June 3-7
- Holy Cross (Pittsburgh/Mt. Lebanon) June 11-14
- Kimisis Tis Theotokou (Aliquippa) June 13-15
- Holy Dormition (Oakmont) June 28-30
- St. Spyridon (Monessen)July 12
- Holy Trinity (Ambridge)July 16-20
- Presentation of Christ/Ypapanti (East Pgh.)July 18-20
- Holy Trinity (Pittsburgh/North Hills) August 29-September 1

SEE BELOW FOR FESTIVAL HOURS & HOST PARISH WEB SITES. CHECK FOR UPDATES.

THE 2024 PITTSBURGH SUMMER GREEK FESTIVALS: ALL THE DETAILS

Don't cook tonight...go Greek! Please pass copies on to your friends! Greek food is always enjoyed best with good company!

Parish	Dates	Address	Phone	Website	Hours
Saint Nicholas	May 12-18	419 S. Dithridge Street Pittsburgh (Oakland)	412-682-3866	www.StNicksPgh.org	Sun: 12p-8p; Mon-Fri: 11a-9p; Sat: 1p-9p
All Saints	June 3-7	601 West McMurray Road Canonsburg	724-745-5205	www.AllSaintsCbg.org	Mon-Fri: 11a-9p
Holy Cross	June 11-14	123 Gilkeson Road Pittsburgh (Mt. Lebanon)	412-833-3355	www.HolyCrossPgh.org	Tue-Thu: 11a-8p Fri: 11a-9p
Kimisis Tis Theotokou	June 13-15	2111 Davidson Street Aliquippa	724-375-5341	www.Theotokou.org	Thu-Sat: 11a-8p
Holy Dormition	June 28-30	12 Washington Avenue Oakmont	412-828-4144	www.DormitionPgh.org	Fri-Sun: 12p-11p Dinner until 9pm
Saint Spyridon	July 12	1207 Grand Boulevard Monessen	724-684-5411	stspyridon.pa.goarch.org	Fri: 11a-9p
Holy Trinity (Ambridge)	July 16-20	2930 Beaver Road Ambridge	724-266-5336	www.htgoc.org	Tue-Sat: 11:30a-8:30p
Ypapanti (Presentation of Christ)	July 18-20	1672 Electric Avenue East Pittsburgh	412-824-9188	www.ypapanti.net	Thu-Sat: 11a-9p
Holy Trinity (Pittsburgh)	August 29- September 1	985 Providence Boulevard Pittsburgh (across from Passavant Hospital)	412-366-8700	www.HolyTrinityPgh.org	Thu-Sun: 11a-9p

Thank you for enjoying our great Greek food and visiting our churches. Want to also help these communities feed, minister to and provide health care for the hungry and needy of the Hill District and the Pittsburgh area? Support the Neighbor Resilience Project by visiting neighborhoodresilience.org, a philanthropic ministry united in faith and joined by a desire to provide action-oriented and sustainable solutions for poverty-and-trauma-affected communities in the Pittsburgh area.

This free guide is provided as a public service of Holy Trinity Greek Orthodox Church (Pittsburgh). Online at HolyTrinityPgh.org/pittsburgh-greek-festivals-guide.

MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 PALM SUNDAY Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Palm Sunday Luncheon Bridegroom Service 6:30 p.m.	29 HOLY MONDAY Bridegroom Service 6:30 p.m.	30 HOLY TUESDAY Bridegroom Service 6:30 p.m.	MAY 1 HOLY WEDNESDAY Holy Unction 3:00 p.m. “Bridegroom” Service 6:30 p.m. <i>Holy Unction offered at end of service</i>	2 HOLY THURSDAY Vesperal Liturgy 9:30 a.m. Service of the 12 Gospels 6:00 p.m.	3 HOLY FRIDAY Royal Hours 9:00 a.m. Apokathelosis 3:00 p.m. Lamentations 6:30 p.m.	4 HOLY SATURDAY Vesperal Liturgy 9:30 a.m. Midnight Office of the Resurrection 11:00 p.m. Service of the Resurrection 11:45 p.m.
5 GREAT AND HOLY PASCHA Agape Vespers 11:00 a.m.	6 Feast of St. George, the Victorious Great Martyr <i>Orthros & Liturgy @ St. George Antiochian Cathedral 10:00 a.m.</i>	7 Adult Greek Classes 6:30 p.m. GOYA Dance Practice 7:00 p.m.	8	9	10	11 Greek School 10:00 a.m.
12 Thomas Sunday Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	13	14	15	16	17	18 <i>Metropolis of Pittsburgh St. Photios Award Banquet</i>
ST. NICHOLAS GREEK FOOD FESTIVAL MAY 12 – 18, 2024						
19 Sunday of the Myrrh-Bearing Women Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Church School & Graduate Sunday AHEPA Sunday	20	21 Sts. Constantine and Helen, Equal-to-the Apostles Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Adult Greek Classes 6:30 p.m.	22	23	24	25 <i>No Greek School</i>
26 Sunday of the Paralytic Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	27 Memorial Day <i>Church Office Closed</i> Divine Liturgy and Trisagion at Wilkinsburg Cemetery 9:30 a.m. Trisagion at Homewood Cemetery 12:00 noon	28	29	30	31	JUNE 1 Greek School 10:00 a.m.