

SUNDAY, APRIL 14, 2024 – 4<sup>th</sup> Sunday of Lent

*Saint of the Day: Our Devout Father John (Climacus), Author of The Ladder*

Fourth Mode • First Eothinon • Liturgy of St. Basil the Great



## WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT [www.stnickspgh.org](http://www.stnickspgh.org) TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's E-mail: [fr.ec@stnickspgh.org](mailto:fr.ec@stnickspgh.org)

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Brett Wells

Questions about our Parish? E-mail [church@stnickspgh.org](mailto:church@stnickspgh.org) or call 412-682-3866

***Our Sunday worship schedule: September – May: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.***

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

### Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are streaming live from St. Nicholas Cathedral at [www.stnickspgh.org](http://www.stnickspgh.org) and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page <https://stnickspgh.org> by clicking the Giving tab and select donate. or you may access the donation page by visiting <https://abundant.co/stnickspgh/give>

## TODAY:

- ❖ Trisagion Service for Demetrios Stathopoulos
- ❖ Coffee hour is hosted today by GOYA in the Small Hall.
- ❖ "Souper Sunday", sponsored by St. Nicholas Philoptochos
- ❖ JOY, HOPE and Little Angels Greek Dance practice.

## THIS WEEK AT ST. NICHOLAS:

- Monday, April 15, 2024: YAL Basketball 7:00 p.m.; St. John Chrysostom Parish Oratorical Festival
- Tuesday, April 16, 2024: Adult Greek Classes 6:30 p.m.; Parish Council Meeting 6:30 p.m.
- Wednesday, April 17, 2024: Presanctified Liturgy 6:30 p.m. and Potluck Lenten Dinner and Lecture 7:30 p.m.
- Friday, April 19, 2024: Service of the Akathist Hymn 6:30 p.m.
- Saturday, April 20, 2024: Greek School 10:00 a.m.  
Festival Baking Pasta Flora 9:00 a.m. – 4:00 p.m.
- Sunday, April 21, 2024: Trisagion Service for Demosthenes Andrews (12 years).  
WEEKEND OF SERVICE

SUNDAY, APRIL 14, 2024 – 4<sup>th</sup> Sunday of Lent

*Saint of the Day: Our Devout Father John (Climacus), Author of The Ladder*

Fourth Mode • First Eothinon • Liturgy of St. Basil the Great

## TODAY'S HYMNS AND READINGS

*The Resurrection Hymn of the week in fourth mode is chanted twice for the Small Entrance:*

**Τ**ὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριά, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

**W**hen the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, "Death has been despoiled! Christ God has risen, granting the great mercy to the world!"

*At the Small Entrance, the usual Entrance Hymn is chanted.*

*Following the Small Entrance, the Resurrection Hymn of the week in fourth mode is repeated (see above).*

*After this, the Hymn for the Saint of the day (St. John Klimakos) in plagal fourth mode is chanted:*

**Τ**αῖς τῶν δακρῶν σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῆ οἰκουμένη, λάμπων τοῖς θαύμασιν, Ἰωάννη Πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

**W**ith the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.



*We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:*

**Κ**ανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῆ ποιμνῆ σου, ἢ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῆ ταπεινώσει τὰ ὑψηλά, τῆ πτωχεῖα τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

**T**he truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.



*Finally, we chant the Kontakion of the Feast, in plagal fourth mode:*

**Τ**ῆ ὑπερμάχῳ \* στρατηγῶ τὰ νικητήρια, \* ὡς λυτρωθεῖσα \* τῶν δεινῶν, εὐχαριστήρια \* ἀναγράφω σοι ἡ Πόλις σου, Θεοτόκε· \* ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, \* ἐκ παντοίων με κινδύνων ἐλευθέρωσον \* ἵνα κράζω σοι· \* Χαῖρε, Νύμφη ἀνύμφευτε.

**M**y champion gen'ral, \* I your city now devote to you \* a feast of vic'try \* and an offering of gratitude, \* since from terrors, Theotokos, have I been ransomed, \* but because you \* have the might which is invincible, \* from all kinds of dangers free me and deliver me, \* that I may cry to you: \* Rejoice, O unwedded Bride.

### **Today's Epistle Reading (4<sup>th</sup> Sunday of Lent):**

The reading is from St. Paul's Letter to the Hebrews (6:13-20)

**Α**δελφοί, τῷ Ἀβραάμ ἐπαγγελιάμενος ὁ Θεός, ἐπεὶ κατ' οὐδενὸς εἶχε μείζονος ὁμόσαι, ὥμοσε καθ' ἑαυτοῦ, λέγων· ἢ μὴν εὐλογῶν εὐλογήσω σε καὶ πληθύνων πληθυνῶ σε· καὶ οὕτω μακροθυμήσας ἐπέτυχε τῆς ἐπαγγελίας. ἄνθρωποι μὲν γὰρ κατὰ τοῦ μείζονος ὁμνύουσι, καὶ πάσης αὐτοῖς ἀντιλογίας πέρας εἰς βεβαίωσιν ὁ ὄρκος· ἐν ᾧ περισσότερον βουλόμενος ὁ Θεὸς ἐπιδειξάτω τοῖς κληρονόμοις τῆς ἐπαγγελίας τὸ ἀμετάθετον τῆς βουλῆς αὐτοῦ, ἐμεσίτευσεν ὄρκῳ, ἵνα διὰ δύο πραγμάτων ἀμεταθέτων, ἐν οἷς ἀδύνατον ψεύσασθαι Θεόν, ἰσχυρὰν παράκλησιν ἔχωμεν οἱ καταφυγόντες κρατῆσαι τῆς προκειμένης ἐλπίδος· ἦν ὡς ἄγκυραν ἔχομεν τῆς ψυχῆς ἀσφαλῆ τε καὶ βεβαίαν καὶ εἰσερχομένην εἰς τὸ ἐσώτερον τοῦ καταπετάσματος, ὅπου πρόδρομος ὑπὲρ ἡμῶν εἰσηλθεν Ἰησοῦς, κατὰ τὴν τάξιν Μελχισεδέκ ἀρχιερεὺς γενόμενος εἰς τὸν αἰῶνα.

**B**rethren, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek. [RSV]

### **Today's Gospel Reading (4<sup>th</sup> Sunday of Lent):**

The reading is from the Holy Gospel according to Mark (9:17-31)

**Τ**ῷ καιρῷ ἐκείνῳ, ἄνθρωπός τις προσῆλθε τῷ Ἰησοῦ γονυπετῶν αὐτῷ καὶ λέγων· διδάσκαλε, ἤνεγκα τὸν υἱόν μου πρὸς σε, ἔχοντα πνεῦμα ἄλαλον. καὶ ὅπου ἂν αὐτὸν καταλάβῃ, ῥήσσει αὐτόν, καὶ ἀφρίζει καὶ τρίζει τοὺς ὀδόντας αὐτοῦ, καὶ ξηραίνεται· καὶ εἶπον τοῖς μαθηταῖς σου ἵνα αὐτὸ ἐκβάλωσι, καὶ οὐκ ἴσχυσαν. ὁ δὲ ἀποκριθεὶς αὐτῷ λέγει· ὦ γενεὰ ἄπιστος, ἕως πότε πρὸς ὑμᾶς ἔσομαι; ἕως πότε ἀνέξομαι ὑμῶν; φέρετε αὐτὸν πρὸς με. καὶ ἤνεγκαν αὐτόν πρὸς αὐτόν. καὶ ἰδὼν αὐτόν εὐθέως τὸ πνεῦμα ἐσπάραξεν αὐτόν, καὶ πεσὼν ἐπὶ τῆς γῆς ἐκυλίετο ἀφρίζων. καὶ ἐπηρώτησε τὸν πατέρα αὐτοῦ· πόσος χρόνος ἐστὶν ὡς τοῦτο γέγονεν αὐτῷ; ὁ δὲ εἶπε· παιδιόθεν. καὶ πολλάκις αὐτόν καὶ εἰς πῦρ ἔβαλε καὶ εἰς ὕδατα, ἵνα ἀπολέσῃ αὐτόν· ἀλλ' εἴ τι δύνασαι, βοήθησον ἡμῖν

σπλαγχνισθεῖς ἐφ' ἡμᾶς. ὁ δὲ Ἰησοῦς εἶπεν αὐτῷ τὸ εἰ δύνασαι πιστεῦσαι, πάντα δυνατὰ τῷ πιστεῦντι. καὶ εὐθέως κράξας ὁ πατήρ τοῦ παιδίου μετὰ δακρῶν ἔλεγε· πιστεύω, κύριε· βοήθει μου τῇ ἀπιστίᾳ. ἰδὼν δὲ ὁ Ἰησοῦς ὅτι ἐπισυντρέχει ὄχλος, ἐπετίμησε τῷ πνεύματι τῷ ἀκαθάρτῳ λέγων αὐτῷ· τὸ πνεῦμα τὸ ἄλαλον καὶ κωφόν, ἐγὼ σοι ἐπιτάσσω, ἔξελθε ἐξ αὐτοῦ καὶ μηκέτι εἰσέλθῃς εἰς αὐτόν. καὶ κράξαν καὶ πολλὰ σπαράξαν αὐτόν ἐξῆλθε, καὶ ἐγένετο ὡσεὶ νεκρός, ὥστε πολλοὺς λέγειν ὅτι ἀπέθανεν. ὁ δὲ Ἰησοῦς κρατήσας αὐτόν τῆς χειρὸς ἤγειρεν αὐτόν, καὶ ἀνέστη. Καὶ εἰσελθόντα αὐτόν εἰς οἶκον οἱ μαθηταὶ αὐτοῦ ἐπηρώτων αὐτόν κατ' ἰδίαν, ὅτι ἡμεῖς οὐκ ἠδυνήθημεν ἐκβαλεῖν αὐτό. καὶ εἶπεν αὐτοῖς· τοῦτο τὸ γένος ἐν οὐδενὶ δύναται ἔξελεῖν εἰ μὴ ἐν προσευχῇ καὶ νηστείᾳ. Καὶ ἐκεῖθεν ἔξελθόντες παρεπορεύοντο διὰ τῆς Γαλιλαίας, καὶ οὐκ ἠθέλεν ἵνα τις γνῶ· ἐδίδασκε γὰρ τοὺς μαθητὰς αὐτοῦ καὶ ἔλεγεν αὐτοῖς ὅτι ὁ υἱὸς τοῦ ἀνθρώπου παραδίδοται εἰς χεῖρας ἀνθρώπων, καὶ ἀποκτενοῦσιν αὐτόν, καὶ ἀποκτανθεὶς τῇ τρίτῃ ἡμέρᾳ ἀναστήσεται.

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise." [RSV]

~ ~ ~

*The hymn of the Theotokos for the Liturgy of St. Basil is chanted (Instead of "It is truly right..."):*

Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις, Ἀγγέλων τὸ σύστημα, καὶ ἀνθρώπων τὸ γένος, ἡγιασμένε ναέ, καὶ Παράδεισε λογικέ, παρθενικὸν καύχημα· ἐξ ἧς Θεὸς ἐσαρκώθη, καὶ παιδίον γέγονεν, ὁ πρὸ αἰώνων ὑπάρχων Θεὸς ἡμῶν. Τὴν γὰρ σὴν μήτραν, θρόνον ἐποίησε, καὶ τὴν σὴν γαστέρα, πλατυτέραν οὐρανῶν ἀπειργάσατο. Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις· δόξα σοι.

In you, O Lady full of grace, all creation rejoices, the hosts of Angels and the human race. O consecrated temple and allegorical Paradise, virgins boast of you. For God became incarnate from you, yes, our eternally existing God became a child from you. He made a throne of your womb, and He made your body wider than the heavens. In you, O Lady full of grace, all creation rejoices. Glory to you!



## 2024 Stewardship Pledge Cards are in the Narthex

*(Just ask a member of Parish Council)*



Visit our website to fill out a Stewardship Card for 2024 or to make a donation  
<https://stnicksphg>.



<u>2024</u>	<u>STEWARDSHIP</u>
Total Stewards	212 (GOAL 300)
Total Pledged	\$ 122,426.00 GOAL (\$235,000.00)
Avg. Pledge	\$832.83

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## **YOUTH SAFETY WORKERS**

Who is considered a Youth Safety Worker?

**All Clergymen (Bishops/Priests/Deacons, both Active & Retired)**

**Pastoral Assistants & Youth Directors**

**People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.**

**Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.**

**Even... Parents who occasionally help-out but are alone with other people's children.**

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

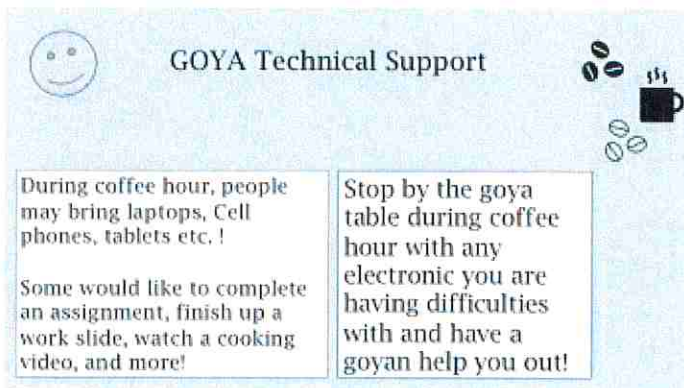
Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

**Dance Group Costumes**  
**Donations Needed**

The St. Nicholas Dancers (7th grade and up) are in need of additional costumes and replacement pieces. Our current costumes date back to 2013 and our needs have grown. We have contacted the costume manufacturer in Greece and will be placing an order soon. Our festival is quickly approaching, and we find ourselves in need. The current cost of a girl's costume is \$310, and a boy's costume is \$180.

We are currently collecting donations toward this project. Thank you to those who have already donated. **Please make checks payable to St. Nicholas Cathedral with St. Nicholas Dancers in the memo line. If you are mailing your check to the church, please write Attn: St. Nicholas Dancers on the envelope.**

For further information, please contact Linda Hages: 412-523-7938.



**GOYA Technical Support**

During coffee hour, people may bring laptops, Cell phones, tablets etc. !

Some would like to complete an assignment, finish up a work slide, watch a cooking video, and more!

Stop by the goya table during coffee hour with any electronic you are having difficulties with and have a goyan help you out!

Thank you to John Peterson for his landscaping work and helping to beautify our Cathedral grounds.

Our prayers and best wishes to Dr. Katerina Zavaras who is moving to Greece.



**From the Church School Desk!**

**Upcoming dates to remember:**

Youth Retreat, Communion Breakfast and  
Palm Making

Saturday, April 27, 2024

(Following the Divine Liturgy)

Easter Egg Hunt

Sunday, May 5, 2024

(Following the Agape Service)

Church School Graduation

Sunday, May 19, 2024

Yours in Christ

*Miss Michelle*

THE GAPA SCHOLARSHIP APPLICATIONS ARE IN THE NARTHEX FOR GRADUATING SENIORS.

# **“Souper Sunday”**

**APRIL 14**

**Quart of lenten soup**

**\$10**

Sponsored by:  
St. Nicholas Philoptochos



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## **AHEPA NEWS**

AHEPA Day has been organized for May 19, 2024 this year. We Ahepans and Daughters of Penelope will attend church on Sunday May 19, 2024 to show appreciation for those past members.



# ST. NICHOLAS ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

**MONDAY, APRIL 15, 2024**

FOR MORE INFORMATION,  
PLEASE CONTACT  
CHAIRPERSON EVE ELSEN  
AT 412-580-9415  
OR  
EVE.M.ELSEN@GMAIL.COM



ST. NICHOLAS  
GREEK ORTHODOX  
CATHEDRAL  
PITTSBURGH, PA

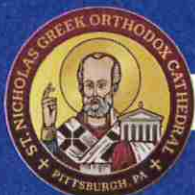
## 2024 LENTEN LECTURE SERIES

PRESANCTIFIED LITURGY

🕒 6:30 P.M.

LENTEN POTLUCK MEAL  
AND LECTURE

🕒 7:30 P.M.



[WWW.STNICKSPGH.ORG](http://WWW.STNICKSPGH.ORG)

## WEDNESDAY, APRIL 17

**"THE PARISH:  
BUILDING,  
COMMUNITY AND  
MINISTRIES"**



**FR. RADU BORDEIANU**

DUQUESNE UNIVERSITY  
PROFESSOR OF THEOLOGY AND  
DIRECTOR OF GRADUATE STUDIES



St. John Chrysostom Bookstore

**WE'RE OPEN!**

**Stop in after Divine Liturgy.**

**Now featuring  
books, cards, and gifts  
for Great Lent, Pascha,  
and Mother's Day.**



## **Food Festival Preparations**

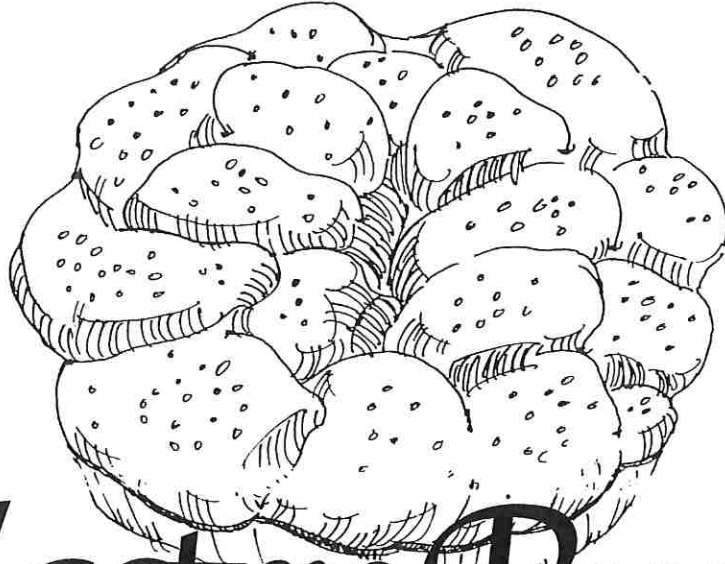
We are busy this weekend with Tiropita, finishing up today after church. Stop in to see how we're doing. Lend a hand if you can. Thank you, Lenna Cominos and Keli Frentzos for chairing. You are on a roll.

After this, only two items remain! Join us next Saturday, April 20, 9 to 4, for Pasta Flora. The more the merrier. All help is appreciated. And, of course, thank you to all of you who have pitched in so far! We wouldn't be where we are without you!

<b>Tiropita</b>	<b>Saturday, April 13, 9:00am to 4:00pm</b> <b>Sunday, April 14, after Church to 4:00pm</b>
<b>Pasta Flora</b>	<b>Saturday, April 20, 9:00 – 4:00 pm</b>
<b>Diples</b>	<b>Wednesday, April 24, 9:00 – 4:00pm</b>

### **FOOD FESTIVAL DATES**

**SUNDAY, MAY 12 – SATURDAY, MAY 18, 2024**



# Easter Bread

ST. NICHOLAS CATHEDRAL PHILOPTOCHOS IS TAKING ORDERS  
FOR OUR DELICIOUS GREEK EASTER BREAD.

**\$12 per loaf**

ORDERS MUST BE PLACED BY SUNDAY, APRIL 21

BREAD WILL BE AVAILABLE FOR PICK-UP ON SUNDAY, APRIL 28

## ----- ORDER FORM -----

Complete the order form below and mail along WITH A CHECK made payable to:

*St. Nicholas Philoptochos/Easter Bread, St. Nicholas Greek Orthodox Cathedral, 419 S. Dithridge St., Pittsburgh, PA 15213*

Name \_\_\_\_\_

Telephone \_\_\_\_\_ Number of Loaves \_\_\_\_\_

with Sesame Seeds

without Sesame Seeds

ORDERS CAN BE PLACED BY CALLING (412) 682-3866 OR BY FAX: (412) 683-4960

*Thank you for your support.*

*All Proceeds Benefit the Ongoing Charitable Activities of our Philoptochos.*





**ATTENTION:**  
**ALL CHURCH SCHOOL STUDENTS**  
**Youth Retreat**  
**COMMUNION BREAKFAST & PALM MAKING**

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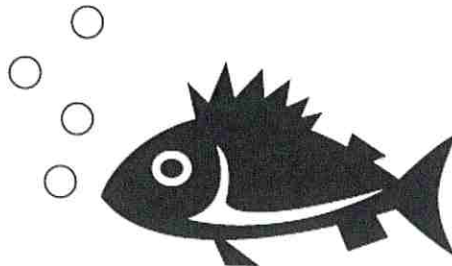
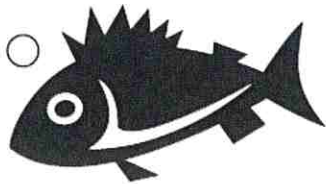
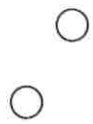
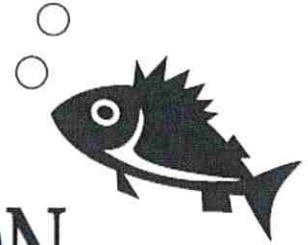


**SATURDAY, APRIL 27, 2024**  
**(Following the Divine Liturgy in the Small Hall)**

Please join Philoptochos  
on Sunday, April 28  
for our

# PALM SUNDAY FAMILY LUNCHEON

(Immediately after church services)



**\$20 adults • \$10 children (12 and under)**

**Reservations Required. Deadline Monday, April 22**

*For reservations call or text Michelle Kotsagrelis (412-680-1416) OR  
fill out the reservation form below and mail it along with a check made payable to St. Nicholas Philoptochos.*



Name \_\_\_\_\_

Phone Number \_\_\_\_\_

**Reservations:**

\_\_\_\_\_ Adults x \$20 = \_\_\_\_\_

\_\_\_\_\_ Children x \$10 = \_\_\_\_\_

Total Amount Enclosed \$ \_\_\_\_\_



# Good Friday Luminary Memorials



Remember your loved ones with Luminaries  
on Good Friday, May 3, 2024.

To include your loved one,  
please fill out the form below.

Luminaries will have names included on the bags and  
will be displayed on the steps of the church on  
Good Friday Evening, as we walk with the  
“Epitaphio” around the church.  
Names will also be published.

Please fill out the form below and give to one of the Parish Council mem-  
bers or mail to the Parish Office. Donations of \$10.00 per Luminary to be  
paid to St. Nicholas Cathedral by Monday, April 29th.

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**Names to be commemorated:**

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Paid By	
Check #	
Amount	
Date Rec'd	





*Celebrating*  
**MOTHER'S DAY**

St. Nicholas Philoptochos believes in honoring the women in our lives. Honor your wife, mother, grandmother, godmother, sister, aunt or special friend with a gift to Philoptochos. Your donation will enable us to continue our work of charitable giving to individuals and families in need, area food banks, shelters for the homeless, social service agencies and countless research efforts in the battle against cancer and other catastrophic diseases.

Join us this Mother's Day by honoring someone you love with a gift to Philoptochos.

*Make checks payable and send to: St. Nicholas Philoptochos, 419 S. Dithridge St. Pittsburgh, PA 15213, Memo: Mother's Day*  
**DEADLINE TO SUBMIT NAMES FOR INCLUSION IN BULLETIN – WEDNESDAY, MAY 8, 2024**

Enclosed is my gift of \$ \_\_\_\_\_  
(minimum gift of \$5.00 per name please — all donations are tax deductible)

Your Name: \_\_\_\_\_

Honorees will receive a special Mother's Day acknowledgement card.  
The amount of your gift will not be disclosed.

Please accept this gift in **honor** of:

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please accept this gift in **memory** of:

1. \_\_\_\_\_

4. \_\_\_\_\_

2. \_\_\_\_\_

5. \_\_\_\_\_

3. \_\_\_\_\_

6. \_\_\_\_\_

*List any additional names and addresses on the back of this flyer and indicate whether donation is in Honor or in Memory.  
Please print clearly.*

# *Anastasi*

## CELEBRATION



Please join Philoptochos for a Paschal meal  
as we celebrate the Resurrection of our Lord

Following Anastasi Services  
The Cathedral Room

**Free-Will Offering**  
**is being accepted by Philoptochos to offset expenses**

For more information, call St. Nicholas Cathedral 412-682-3866

# OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

## SUNDAYS

## THEMES / GOSPEL READING

## HOW TO PARTICIPATE:

Fast - Free Week  
**FEBRUARY 25th**



*TRIODION WEEKS*  
**Publican and the Pharisee**  
Epistle: 2 Timothy 3:10-15  
Gospel: Luke 18:10-14

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Normal Fast Week  
**MARCH 3rd**



**The Prodigal Son Returns!**  
Epistle: 1 Corinthians 6:12-20  
Gospel: Luke 15:11-32

Schedule a Confession. Every morning say, "Today I will be humble."  
Use up/freeze meats this week.

Meatfare  
**MARCH 10th**  
FAREWELL TO MEAT TODAY



**The Last Judgement**  
Epistle: 1 Corinthians 8:8-9:2  
Gospel: Matthew 25:31-46

Pray facing East this week.  
Christ is returning from the East and we wait for Him!  
Use up/freeze dairy this week.

Cheesefare  
**MARCH 17th**  
FAREWELL TO CHEESE TODAY



**Adam and Eve are cast from Paradise!**  
*FORGIVENESS SUNDAY*  
Epistle: Romans 13:11-14:4  
Gospel: Matthew 6:14-21

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent  
**MARCH 24th**



*GREAT LENT BEGINS WITH FORGIVENESS VESPERS*  
**SUNDAY of ORTHODOXY**  
Epistle: Hebrews 11:24-26, 32-12:2  
Gospel: John 1:43-51

Bring an icon to church for a procession.

2nd Sunday of Lent  
**MARCH 31st**



**ST GREGORY PALAMAS**  
Epistle: Hebrews 1:10-2:3  
Gospel: Mark 2:1-12

Bring a prayer rope to be blessed today!  
Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent  
**APRIL 7th**



**VENERATION OF THE HOLY CROSS**  
*HALF WAY TO PASCHA!*  
Epistle: Hebrews 4:14-5:6  
Gospel: Mark 8:34-9:1

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent  
**APRIL 14th**



**ST JOHN of the LADDER**  
Epistle: Hebrews 6:13-20  
Gospel: Mark 9:17-31

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent  
**APRIL 21st**



**ST MARY of EGYPT**  
Epistle: Hebrews 9:11-14  
Gospel: Mark 10:32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!  
**APRIL 28th**  
GREAT WEEK BEGINS



*GREAT AND HOLY WEEK*  
**ENTRY OF OUR LORD INTO JERUSALEM**  
Epistle: Philippians 4:4-9  
Gospel: John 12:1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY  
**MAY 3rd**



**GREAT AND HOLY FRIDAY**  
*JESUS DIES ON THE CROSS*  
CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!  
**MAY 5th**  
NO FASTING!



*BRIGHT WEEK*  
**HOLY PASCHA! (CHRIST IS RISEN!)**  
Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!



# THE 2024 PITTSBURGH SUMMER GREEK FESTIVALS GUIDE

*It's a great tradition, and it's here again: 35 days of Greek Festivals in the Pittsburgh region, so plan well and you can eat Greek all summer! Post this schedule on your refrigerator and share copies with others. We look forward to seeing you!*

## LOCATION

## DATES

- St. Nicholas (Pittsburgh/Oakland) .....May 12-18
- All Saints (Canonsburg) ..... June 3-7
- Holy Cross (Pittsburgh/Mt. Lebanon) ..... June 11-14
- Kimisis Tis Theotokou (Aliquippa) ..... June 13-15
- Holy Dormition (Oakmont) ..... June 28-30
- St. Spyridon (Monessen) .....July 12
- Holy Trinity (Ambridge) .....July 16-20
- Presentation of Christ/Ypapanti (East Pgh.) .....July 18-20
- Holy Trinity (Pittsburgh/North Hills) ..... August 29-September 1

SEE BELOW FOR FESTIVAL HOURS & HOST PARISH WEB SITES. CHECK FOR UPDATES.

## THE 2024 PITTSBURGH SUMMER GREEK FESTIVALS: ALL THE DETAILS

Don't cook tonight...go Greek! Please pass copies on to your friends! Greek food is always enjoyed best with good company!

Parish	Dates	Address	Phone	Website	Hours
Saint Nicholas	May 12-18	419 S. Dithridge Street Pittsburgh (Oakland)	412-682-3866	<a href="http://www.StNicksPgh.org">www.StNicksPgh.org</a>	Sun: 12p-8p; Mon-Fri: 11a-9p; Sat: 1p-9p
All Saints	June 3-7	601 West McMurray Road Canonsburg	724-745-5205	<a href="http://www.AllSaintsCbg.org">www.AllSaintsCbg.org</a>	Mon-Fri: 11a-9p
Holy Cross	June 11-14	123 Gilkeson Road Pittsburgh (Mt. Lebanon)	412-833-3355	<a href="http://www.HolyCrossPgh.org">www.HolyCrossPgh.org</a>	Tue-Thu: 11a-8p Fri: 11a-9p
Kimisis Tis Theotokou	June 13-15	2111 Davidson Street Aliquippa	724-375-5341	<a href="http://www.Theotokou.org">www.Theotokou.org</a>	Thu-Sat: 11a-8p
Holy Dormition	June 28-30	12 Washington Avenue Oakmont	412-828-4144	<a href="http://www.DormitionPgh.org">www.DormitionPgh.org</a>	Fri-Sun: 12p-11p Dinner until 9pm
Saint Spyridon	July 12	1207 Grand Boulevard Monessen	724-684-5411	<a href="http://stspyridon.pa.goarch.org">stspyridon.pa.goarch.org</a>	Fri: 11a-9p
Holy Trinity (Ambridge)	July 16-20	2930 Beaver Road Ambridge	724-266-5336	<a href="http://www.htgoc.org">www.htgoc.org</a>	Tue-Sat: 11:30a-8:30p
Ypapanti (Presentation of Christ)	July 18-20	1672 Electric Avenue East Pittsburgh	412-824-9188	<a href="http://www.ypapanti.net">www.ypapanti.net</a>	Thu-Sat: 11a-9p
Holy Trinity (Pittsburgh)	August 29- September 1	985 Providence Boulevard Pittsburgh (across from Passavant Hospital)	412-366-8700	<a href="http://www.HolyTrinityPgh.org">www.HolyTrinityPgh.org</a>	Thu-Sun: 11a-9p

Thank you for enjoying our great Greek food and visiting our churches. Want to also help these communities feed, minister to and provide health care for the hungry and needy of the Hill District and the Pittsburgh area? Support the Neighbor Resilience Project by visiting [neighborhoodresilience.org](http://neighborhoodresilience.org), a philanthropic ministry united in faith and joined by a desire to provide action-oriented and sustainable solutions for poverty-and-trauma-affected communities in the Pittsburgh area.

This free guide is provided as a public service of Holy Trinity Greek Orthodox Church (Pittsburgh). Online at [HolyTrinityPgh.org/pittsburgh-greek-festivals-guide](http://HolyTrinityPgh.org/pittsburgh-greek-festivals-guide).



# APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14  <b>Sunday of St. John Climacus</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.  Festival Baking – Tiropita (after Church-4p)	15  <b>St. John Chrysostom Oratorical Festival</b> <i>Time</i>  YAL Basketball 7:00 p.m.	16  <b>Adult Greek Classes</b> 6:30 p.m.  <b>Parish Council Meeting</b> 6:30 p.m.	17  <b>Presanctified Liturgy</b> 6:30 p.m.  <b>Potluck Dinner and Lenten Lecture</b> 7:30 p.m.	18	19  <b>Service of the Akathist Hymn</b> 6:30 p.m.	20  <b>Greek School</b> 10:00 a.m.  Festival Baking – Pasta Flora (9a-4p)
21  <b>Sunday of St. Mary of Egypt</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.  <b>WEEKEND OF SERVICE</b>	22  YAL Basketball 7:00 p.m.	23  <b>Adult Greek Classes</b> 6:30 p.m.	24  Festival Baking – Diples (9a-4p)  YAL Volleyball 7:00 p.m.	25  <b>Philoptochos Easter Bread Baking</b>	26	27  <b>Lazarus Saturday</b> Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.  <b>Youth Retreat and Palm Making</b> 12:00 noon
28 <b>PALM SUNDAY</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.  <i>Palm Sunday Luncheon</i>  <b>Bridegroom Service</b> 6:30 p.m.	29 <b>HOLY MONDAY</b>  <b>Bridegroom Service</b> 6:30 p.m.	30 <b>HOLY TUESDAY</b>  <b>Bridegroom Service</b> 6:30 p.m.	MAY 1 <b>HOLY WEDNESDAY</b>  <b>Holy Unction</b> 3:00 p.m.  <b>“Bridegroom” Service</b> 6:30 p.m. <i>Holy Unction offered at end of service</i>	2 <b>HOLY THURSDAY</b>  <b>Vesperal Liturgy</b> 9:30 a.m.  <b>Service of the 12 Gospels</b> 6:00 p.m.	3 <b>HOLY FRIDAY</b>  <b>Royal Hours</b> 9:00 a.m.  <b>Apokathelosis</b> 3:00 p.m.  <b>Lamentations</b> 6:30 p.m.	4 <b>HOLY SATURDAY</b>  <b>Vesperal Liturgy</b> 9:30 a.m.  <b>Midnight Office of the Resurrection</b> 11:00 p.m.  <b>Service of the Resurrection</b> 11:45 p.m.