

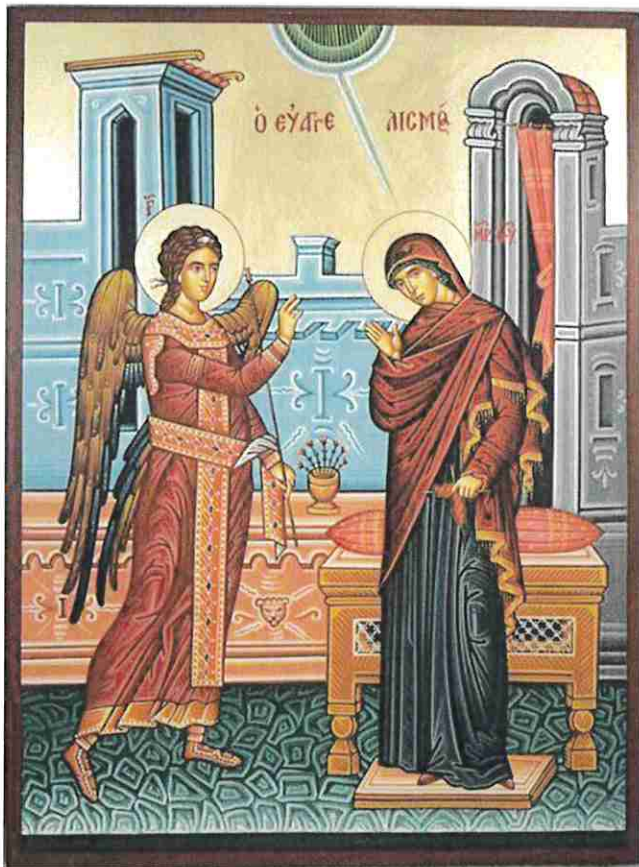


Saint Nicholas Greek Orthodox Cathedral Pittsburgh, PA

419 S. Dithridge Street, Pittsburgh, PA 15213 412-682-3866



MARCH 2024 NEWSLETTER



MARCH 25, 2024

The Feast of the Annunciation of Our Most Holy Lady, the Theotokos and Ever-Virgin Mary is celebrated on March 25 each year.

The Feast commemorates the announcement by the Archangel Gabriel to the Virgin Mary that our Lord and Savior Jesus Christ, the Son of God, would become incarnate and enter into this world through her womb.

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim **the Gospel** of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

ST. NICHOLAS GREEK ORTHODOX CATHEDRAL
419 S. Dithridge Street Pittsburgh, PA 15213
412-682-3866 (Office) 412-683-4960 (fax) church@stnickspgh.org

Reverend Father Eleftherios Constantine, Dean

+

Reverend Deacon Robert Lykos
412-736-2762
robertlykos@gmail.com

fr.ec@stnickspgh.org

Barbara Manners	Office Manager	412-682-3866
Mary Olszewski	Events Coordinator	412-628-9466
Vincent Nelson	Maintenance	412-537-4073

2023 Parish Council

Michelle Marie Kotsagrellos, *President* (412-680-1416)
 John Frentzos, *Vice President* (412-287-0275)
 James Machin, *Treasurer* (724-413-3607)
 Rob Day, *Assistant Treasurer* (917-569-8622)
 George Bellios, *Secretary* (412-897-5354),
 Vasili Copetas, *Assistant Secretary* (412-551-7677)
 Victor Bertolina (412-860-2315)
 Arthur Dordas (412-719-7796)
 Ted Hages (412-523-3571)
 Peter Krelis (412-370-2809)
 Dean Panagulias (412-596-2501)
 Van Paras (412-527-4248)
 Peter Tsudis (412-915-7006)

Service Schedule

Fall and Winter Hours (September-June):

Orthros 8:45 a.m.

Divine Liturgy 10:00 a.m.

Summer Hours (July & August):

Orthros 8:15 a.m.

Divine Liturgy 9:30 a.m.

Hall Rentals

If you are interested in renting either our small or large hall, please contact our Events Coordinator, Mary Olszewski, at 412-628-9466 or events@stnickspgh.org for more information and availability.

Metropolis	412-621-5529	www.pittsburgh.goarch.org
Archdiocese	212-570-3500	www.goarch.org

CHECK US OUT ON THE WEB

www.stnickspgh.org

www.stnickscathedralroom.com

And look for us on our Facebook page:

https://www.facebook.com/Saint-Nicholas-Greek-Orthodox-Cathedral-Pittsburgh-PA

Watch Sunday services streaming live from St Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here".

On-Line Giving donations are up and running on our web page **www.stnickspgh.org** by clicking please donate button - or you may access the donation page by using **https://abundant.co/stnickspgh/give**

ORGANIZATIONS

Church School	Michelle Kotsagrellos	412-680-1416
Greek School	Maria Stamoolis	412-963-7283
Philoctochos	Nikki Lykos	412-897-8208
GOYA Advisors	Linda Hages	412-523-7938
	Jimmy Machin	724-413-4309
Little Angels/HOPE/JOY	Nikki Lykos	412-897-8208
60 Club	Fran Hanna	412-731-0790
Garden Club	Elaine Andrianos	412-731-4334
Choir	Steve Andrews	412-561-9102
Organist	Larsen Vincent	
Chanter	Amy Hogg	amyjhogg@gmail.com
Sexton	Jimmy Machin	724-413-4309
Prosfora	Argy Darakos	412-319-7330
	Jim Hages	412-523-7937
Kolyva	Tulla Velisaris	412-889-1648
St Nicholas Dancers		
GOYA	Kelly Gary	412-741-8567
JOY	Aimee Walker	412-398-6094
Boys Basketball:	Ted Hages	412-523-3571
	Nick Strauch	724-931-0364
Girls Basketball:	Nikki Lykos	412-897-8208
	Lenna Cominos	412-370-8181

PARISH COUNCIL COMMITTEE CHAIRS

Cemetery	
Community Center & Catering	George Bellios
Finance	James Machin
Food Festival	John Frentzos
Fundraising	Vasili Copetas
Human Resources	John Frentzos
Maintenance/Security	Victor Bertolina
Religious & Greek Education/Greek Affiliations	
Social	
Stewardship, Outreach & Evangelism	
Technology	Rob Day
Youth	Ted Hages
Bylaws/Legal	Ted Hages
Beautification	Deacon Robert Lykos

FATHER'S MESSAGE

March 2024

My dear Brothers and Sisters in Christ,

The season of Great Lent is upon us. I would like to share with you some wonderful suggestions for Lent, which our Former Archbishop offered at a Lenten Retreat in 2016. Below are the first five of the ten suggestions. May this Lenten season be one that is spiritually uplifting for each of us.

Prayerfully yours,

+Fr. 

† Fr. Eleftherios Constantine

Ten Suggestions for Lent

By His Eminence Archbishop Demetrios, Formerly of America

(Part 1 of 2)

1. Meditate on the History of Salvation

Think of the Lenten period as a time of meditating on the history of salvation. Think about the creation of the universe and of Adam and Eve as the beginning of human life on earth. Think about the fall of Adam and the entrance of sin in humanity. We see in the hymnology of the liturgical book of Lent, the Triodion, constant references to the tragedy of the fall of the first human beings. For example, in the Oikos of the Matins on yesterday's Cheesefare Sunday, we read: "Adam sat and cried in those days across from the delights of Paradise; beat his hands upon his face, and said: Merciful One, have mercy on me who have fallen."

The memory of what happened through the fall of Adam and Eve continues on in us to this day. Think of the current condition of the world with its chaotic situation, confusion, violence, poverty, injustices, oppression, sickness and death, and remember it all started way back with Adam and Eve as a consequence of their sin and fall. But then contemplate the course of history and how the amazing, unimaginable, and unpredictable act of God Himself to become a human being radically changed everything. So in the course of Lent remember the history of salvation: From the fall of humankind, to the promise of redemption, the Incarnation of God as the new Adam, His

FATHER'S MESSAGE, Con't

Crucifixion, the Resurrection, the Ascension into Heaven, and the Second Coming. Take time to reflect on God's divine actions through history.

2. Review the understanding of fasting

Take fasting seriously as a very important aspect of Lent. Think of fasting not simply as an item of diet, but as something related to the fall of humankind, and at the same time as a victory through Christ. We fast for forty days in Lent before Holy Week not merely as an exercise, an asceticism, but also because there is an important Christological significance attached to fasting. We have forty-day fasting models from both the Old and New Testaments. In the Old Testament, Moses fasted for forty days on Mount Sinai before receiving the Ten Commandments (Exodus 34:28, Deut. 9:9, 9:18) and Prophet Elijah fasted for forty days on Mount Horeb (3 Kingdoms 19:8). Both of these instances are connected with an encounter with God at the end of their fasting. In the New Testament, we have the forty-day fasting in the desert by our Lord Jesus Christ (Matt. 4:1-11, Mark 1:12-13, Luke 4:1-13).

At the end of the forty-day fasting by Christ in the desert, there are the well-known "Temptations" of Christ, the first of which is related to eating: And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he [Christ] answered, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God'" (Matt. 4:3-4). Is this event in the life of Christ in any way connected to the Fall of Adam? Indeed, the Fall of Adam was caused by an eating situation, yet the victory of Christ also happened through an eating situation. While Adam said "yes" to the temptation and ate (Genesis 3:1-6), Christ said "no" to the temptation and did not eat. This is why the fasting of the forty-days during Lent is not simply a matter of abstention or an issue of diet, but is a major Christological and soteriological situation; the fall of humankind, and then the restoration through the victory of Christ. So let us take fasting seriously and prepare ourselves for a blessed encounter with God.

3. Reconsider our life of prayer

Great Lent is a special time to pray. But what is the content of our prayer? What is our praying language? For several people, their prayer is still on the same level of that when they were ten or fifteen years old; it has stayed undeveloped. Why when speaking to God are we using a poor language? What efforts are we making to improve and enhance our prayer in terms of content and expression? Looking at the Triodion, we see many examples of different types of prayer language and content. Try to pray and study the prayers that the Church has given us which are superb examples of conversing with God and try especially to prayerfully read the Psalms, the standard and universal book of prayer.

FATHER'S MESSAGE, Con't

During Lent we find an increased number of opportunities for community prayer and worship. The Church invites us each week to pray the services of the Divine Liturgy of St. Basil, the Presanctified Liturgy, the Salutations to the Theotokos, the Great Compline, and others. So try to pray more frequently this Lent and develop through constant praying a more refined language of prayer.

4. Be conscious of the gravity of sin

Sometimes we don't take sin seriously. Yet Scripture offers a very strong and unequivocal picture of the gravity of sin. The hymnology of the Triodion is replete with occurrences of the word "sin" or variations of it. Sin is a very serious issue. In the Hebrew Old Testament, there are fourteen different words to describe sin, but chiefly four: sin as a matter of human weakness, sin as a distortion or perversion, sin as a rebellion (borrowed from the political realm), and sin as an error or mistake related to ignorance.

If we believe in God becoming a human being and willingly being crucified on the Cross for the sins of the world, then we must understand the seriousness of sin. Let's reflect on how sin has control in our lives, and how it has distorted the divine image within each of us. Let us deal seriously with our sins with an understanding that they are part of the huge amount of sins and evil that led Christ to the Cross. But then remember that God has given forgiveness as the perfect antidote through the very same Cross. Forgiveness, however, is inseparably connected to repentance.

5. Make Lent a season for repentance

Along with sin, we are called to reflect upon repentance. Repentance is a very important aspect in our lives and is a dominant theme throughout the Triodion. We should not forget that Jesus Christ our Lord began His public ministry with the words, "Μετανοεῖτε· ἡγγικε γὰρ ἡ βασιλεία τῶν οὐρανῶν." "Repent [change your mind], for the kingdom of heaven is at hand" (Matt. 4:17). The whole Sermon on the Mount is a commentary on this fundamental declaration on repentance. The writings of St. Paul and the other New Testament writings are permeated by calls to repentance. Repentance is not merely a shallow or superficial act, but a radical change of mind, soul, will and mentality. It is a central issue and an essential component of the Lenten period. God is always ready to forgive, but first we must

Name _____

**ST. NICHOLAS GREEK ORTHODOX CATHEDRAL
NAMES FOR SATURDAYS OF THE SOULS 2024
(March 9th, 16th, & 23rd)**

*"Again we pray for the repose of the souls of the departed servants of God and for the forgiveness of all
their sins, both voluntary and involuntary."*

(Please note: First names only; use complete baptismal name, if known -Greek or English

Orthodox Christians

FIRST NAMES ONLY


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Others

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OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS		THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 25th		Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week MARCH 3rd		The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare MARCH 10th FAREWELL TO MEAT TODAY		The Last Judgement Epistle: 1 Corinthians 8:9-2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 17th FAREWELL TO CHEESE TODAY		Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 24th		SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 31st		ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent APRIL 7th		VENERATION OF THE HOLY CROSS HALF WAY TO PASCHA! Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent APRIL 14th		ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 21st		ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 28th GREAT WEEK BEGINS		ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY MAY 3rd		GREAT AND HOLY FRIDAY JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! MAY 5th NO FASTING!		HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

PARISH COUNCIL

Our Lenten Journey is about to begin!

This 40-day journey should be filled with the three (3) pillars of Lent: prayer, fasting, and service which will help us develop a closer relationship to God.

But before then, our parish has a few things to do...

On Saturday, March 2nd, we will be hosting the Metropolis Volleyball Tournament with participants from the tri-state area. Many volunteers are needed. If you are able to help, please contact one of the GOYA Advisors (Linda Hages or Jimmy Machin).

The next day, March 3rd, will be Church School's Open House **AND** our Winter General Assembly, where we will discuss our parish's pledge towards the New Metropolis Center.

Our Food Festival is just two (2) months away, and we will be preparing some of my favorite desserts. Karidopita March 5th, Finikia March 16th, and Galatoboureko March 22nd – 24th to serve to the thousands of people who come through our doors. Hope you can volunteer some time. 1-2 hours or 1-2 pans, can lighten the load.


Please support the Vlahokerasiotiki Makaronada March 9th. Besides having a delicious meal, a portion of the proceeds will be donated to the St. Nicholas Cathedral Church Beautification Fund.

Great Lent will commence March 18th. Philoptochos will have a Lenten Meal (soup) following the 1st Salutations (March 22nd), and the Church School students will participate in the Sunday of Orthodoxy Icon Procession with their favorite icon (March 24th).

To wrap up the month, Greek School will have their annual Evangelismos/Greek Independence Day Procession, Doxology, Luncheon and Program on March 31st.

Looking forward to seeing **you** at St. Nicholas (in the **pews** or at one of these events)!

Yours in Christ,



Parish Council President

P.S. Peter Nychis has stepped down from Parish Council. I want to thank him for his many years serving on Parish Council and his work with the Cemetery.



ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

REV. FR. ELEUTHERIOS CONSTANTINE · REV. DN. ROBERT W. LYKOS

To: Members of The Greek Community of Allegheny County, PA
St. Nicholas Greek Orthodox Cathedral

From: Parish Council

Subject: General Assembly of March 3, 2024

A General Assembly will convene immediately following the Divine Liturgy on Sunday, March 3, 2024.

The agenda for the General Assembly will be as follows:

- A. Opening Prayer
- B. Election of Assembly Chairman (Secretary to be appointed by Chairman)
- C. Approval of the minutes of the previous General Assembly meeting of October 15, 2023
- D. Election of Board of Auditors (Elect no less than three (3))
- E. Father's Report & Reflections
- F. Executive Committee Report
- G. Finance Committee Report
- H. Foundation Fund Report
- I. Any Other Committee Reports
- J. Old Business
- K. New Business
 - 1. New Metropolis Center Pledge
- L. Good of the Parish
- M. Adjournment

At this meeting, the General Assembly will be asked to approve the Pledge to the New Metropolis Center. Copies of all documents and minutes of the prior General Assembly will be distributed at the meeting. The Parish Council requests your presence and support. Please make every effort to attend.

Respectfully,

Michelle Marie Kotsagrelou

Michelle Marie Kotsagrelou, President

Fr. Eleutherios Constantine

Fr. Eleutherios Constantine, Dean

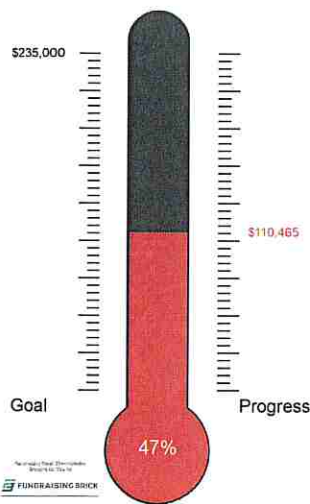
2024 STEWARDSHIP

"Well Done, Good and Faithful Servant"

Mathew 25:23

Re-dedicate yourself to God by participating in the Divine Liturgy each Sunday and offer your **TIME, Talent** and treasure.

2024 STEWARDSHIP		02/20/2024
Total Stewards		177
Total Amount Pledged		\$110,465.00
Average Pledge		\$856.32
% Parish Participation to Date		59%
2023 Stewards (GOAL)		300
% of Total Budget to Date		47%
2023 Budget (GOAL)		\$ 235,000.00
Total Giving to Date		\$57,019.30
As of:		12/31/2023
Income: Pledges, Basket Collection and Food Festival	\$1,027,609.00	
Expenses: Salaries, Utilities, Maintenance, Commitments, etc.	\$1,017,935.00	
	\$ 9,674.00	



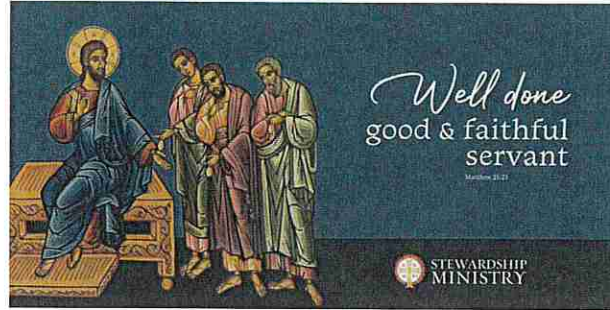
Many of you have been contributing, but

PLEASE complete a Stewardship Card.

Our website may be used to fill out a Stewardship Card and make a payment

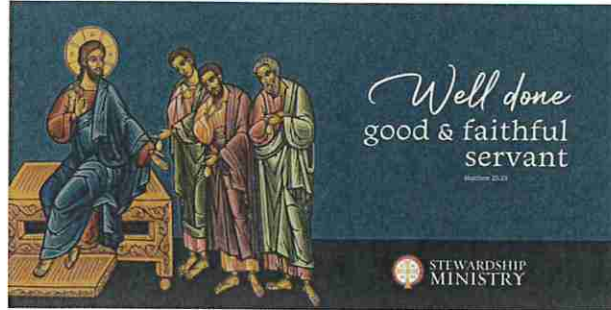
<https://www.stnickspgh.org>

2024 STEWARDSHIP



Fr. Eleftherios & Presvytera Elizabeth Constantine	Dr. & Mrs. Demetrius Ellis	Ms. Karen Malobicky
Dn. & Mrs. Robert Lykos	Mrs. Elaine Ellis	Mrs. Thalia Mandros
James & Electra Agras	Dr. & Mrs. Mike Epitropoulos	Mrs. Eugenia Manganas
Mr. & Mrs. Emanuel Amorgianos	Mrs. Penelope Falck	Mrs. Barbara Manners
Mr. Anthony Andrews	Mrs. Alice Flocos	Ms. Electra Markopoulos
Mr. Steven Andrews	Mr. & Mrs. Ronald Frank	Mr. Gregory Markopoulos
Mrs. Elaine Andrianos	Mr. & Mrs. John Frenzoz	Mrs. Helen Mastros
Mr. & Mrs. Theodore Andrianos	Mrs. Alice Gary	Mr. & Mrs. Nicholas Mastros
Mr. & Mrs. Eugene Andriotis	Gialamas Parlour Family	Mr. & Mrs. John McCann
Mr. George Anthon	Mrs. Frances Gialamas	Drs. Thomas & Dana McClure
Mr. & Mrs. Nick Antonuccio	Mrs. Alexandra Gregory	Mr. & Mrs. Thomas McGuire
Mr. & Mrs. Spilios Argiropoulos	Mr. & Mrs. Michael Gregory	Ms.. Patricia McKee
Mr. & Mrs. Van Backeris	Mr. & Mrs. James Hages	Mrs. Maria Menas
Mr. & Mrs. Nick Balouris	Dr. & Mrs. Dean Hanna	Mr. William Michaels
Mr. & Mrs. Simon Barber	Mrs. Frances Hanna	Mrs. Venetia Moreno
Ms. Maria Bardakos	Mrs. Rania Harris	Mr. Paul L. Moses
Ms. Bethany Barefoot & Petros Neofotistos	Mr. & Mrs. Charles Hogg	Ms. Maryanne Napiecek
Mr. & Mrs. Eric Baughman	Mr. Nick Kakavis	Ms. Mary Olszewski
Ms. Sophia Bender	Mr. & Mrs. Steven Kalabokes	Ms. Alexandra Panagis
Mr. & Mrs. Victor Bertolina	Ms Christine Kanakis	Mr. Constantine Panagulis
Mrs. Rebecca Bertos	Dr. Diane Karnavas & Mr. Bart Bodkin	Ms. Catherine E. Pandeladis
Dr. & Mrs. Paul Blastos	Mr. & Mrs. Foster Kartsothis	Mr. & Mrs. John N. Panos
Mrs. Mary Brahos	Dr. & Mrs. John Karvounides	Mr. & Mrs. Dean Pantages
Ms. Krista Bullard	Mrs. Georgia Katsafanas	Mr. & Mrs. Xenophon Papanikolaou
Mr. & Mrs. Terry Carlisano	Mr. Lee Katsafanas	Mr. John C. Paras
Mrs. Dee Chronis	Mr. Andron Kavouras	Mrs. Katherine Paras
Mr. Greg Cominos	Mr. & Mrs. Christopher Kefalos	Mr. Van Paras
Mr. & Mrs. Spencer Cominos	Mr. & Mrs. Steven Kefalos	Mrs. Constance Paras -Jennings
Mrs. Marion Constantinides-Bennett	Ms. Elaine Keim	Mr. & Mrs. Dean Paul
Mr. Phillip Contacos	Mr. & Mrs. Nicholas Kleissas	Mr. & Mrs. Jacob Persinger
Mrs. Eleni Contis	Mr. George Koromvokis	Mrs. Stamatia Peters
Ms. Jamie Contis	Mrs. Estair Kotsagrelas	Mr. & Mrs. John Peterson
Mr. & Mrs. Nick Contis	Ms. Michelle Marie Kotsagrelas	Mr. & Mrs. John Petrolis
Mrs. Sandra Contis	Mr. & Mrs. William Kozy	Ms. Constance Petros
Mr. Charles G. Copetas	Ms. Christine Krelis	Mrs. Vera Poland
Mr. George Copetas	Mr. & Mrs. Georgis Krinis	Mrs. Helene Powers
Mrs. Helen G. Copetas	Mr. & Mrs. John Kristian	Mr. & Mrs. Eugene Rakoczy
Mrs. Helen M. Copetas	Mr. James S. Kukunas	Mr. Anastasios Raptis
Mrs. Maria Copetas	Mr. & Mrs. James T. Kukunas	Mrs. Kristina Rigoopoulos & Mr. William Guttman
Mrs. Theodora Copetas	Dr. & Mrs. Steve Kukunas	Mr. A. Robert Shott
Mr. & Mrs. William Copetas	Dr. & Mrs. James Kyros	Mr. George Sockos
Mr. & Mrs. George Darakos	Mr. & Mrs. Louis Langas	Mr. & Mrs. James Stamatelos
Mr. & Mrs. Taki Darakos	Ms. Constantina Lardas	Mr. & Mrs. Constantine Stamoolis
Ms. Bridgette Daugherty	Mr. & Mrs. Emmanuel Lardas	Mrs. Toulia Stathopoulos
Mrs. Denise Daugherty	Mrs. Kalliope Lardas	Mrs. Stella Stratigos
Dr. & Mrs. K.C. Davides	Mr. & Mrs. Kleanthis Lardas	Mr. Demetri Strauch
Mr. & Mrs. Robin Day	Mr. & Mrs. Nicholas D. Lardas	Mr. & Mrs. Pat Strauch
Mr. & Mrs. Petros Delivorias	Mr. & Mrs. Peter Leventopoulos	Mr. & Mrs. Robert Swisher
Mrs. Christine DeMatteo	Mr. & Mrs. Stephen Lipecky	Mrs. Katia Sycara & Mr. Michael Lewis
Mrs. Christine Dickos	Mrs. Janet Lykos	Ms. Evangeline Theodoridis
Mr. Art Dordas	Mr. & Mrs. James D. Machin	Mr. & Mrs. Stephen Thomas
Mr. & Mrs. Nikolas Doris	Dr. Nicoletta Machin & Dr. Suman Yadam	Mrs. Chrisoula Torlidas
Mr. & Mrs. Sotirios Doris		Mr. Peter Tsoukalas
Mr. & Mrs. Randy Eberhardt		Mr. & Mrs. Andreas Tsourekis

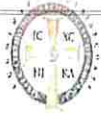
2024 STEWARDSHIP, Con't



Mr. Sotirios Tsourekis
Mr. & Mrs. Peter Tsudis
Mrs. Panagiota Vasilakis
Mrs. Stella Vassilaros
Mrs. Angela Vergos
Mr. & Mrs. Chris Vergos
Mr. John Vitsas
Mrs. Helen Waskoskie
Mr. & Mrs. David Williard
Dr. & Mrs. Leo Yannopoulos
Mr. & Mrs. Peter Yannopoulos
Dr. Katerina Zavaras
Mr. & Mrs. Demetri Zervoudis
Mrs. Sophia Zozos



2024 STEWARDSHIP, Con't



Saint Nicholas Greek Orthodox Cathedral
Pittsburgh, PA

2024 ST. NICHOLAS GREEK ORTHODOX CATHEDRAL CONFIDENTIAL FAMILY STEWARDSHIP CARD

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

(Alternate address if applicable) _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email _____

PLEASE provide pertinent information on reverse side about your family members-THANK YOU!

TREASURE- Total Gift for 2024 \$ _____ Contribution Frequency: ☐ Weekly ☐ Monthly ☐ Quarterly ☐ Annually

☐ Please send Stewardship Envelopes ☐ I don't use envelopes

Statement delivery: ☐ US Mail ☐ Email



Saint Nicholas Greek Orthodox Cathedral
Pittsburgh, PA

TALENT- Please check the items below that you or a family member has some expertise or interest. Place initials of the specific family member after each item checked.

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> Greek Language School _____ | <input type="checkbox"/> Church School _____ | <input type="checkbox"/> Office/Newsletter _____ | <input type="checkbox"/> Church Choir _____ |
| <input type="checkbox"/> Visitation of Elderly _____ | <input type="checkbox"/> Outreach Ministry _____ | <input type="checkbox"/> Website Mgmt. _____ | <input type="checkbox"/> Cooking/Festival _____ |
| <input type="checkbox"/> Youth Ministry _____ | <input type="checkbox"/> Gardening _____ | <input type="checkbox"/> Construction/Mechanical/Plumbing | |
| <input type="checkbox"/> Philoptochos _____ | <input type="checkbox"/> Other _____ | | |

TIME- St. Nicholas Cathedral is grateful for our many volunteers. Thank you!

Name & relationship i.e., self, spouse, child, etc. Date of birth Marital Status Occupation OR school/grade

Philoptochos Celebrates "Go Red Sunday"

On Sunday, February 4th, our Philoptochos Chapter joined with the National Philoptochos to celebrate "Go Red Sunday" in support of Heart Health Month. We committed to donate \$10 to the American Heart Association for every person wearing red in church that day. Thanks to the 70 people wearing something red, we made a donation of \$700 to the American Heart Association!



Philoptochos General Meeting Sunday, March 17th



We will have our next General meeting open to all members on Sunday, March 17th after church. This will be a brief meeting (20-30 minutes) to bring our members up to speed on what is happening within our Chapter and to solicit new ideas and suggestions from all of you. Please save the date and plan to join us after church!

Join Us for The 97th Annual
Vlahokerasiotiki Makaronada

Saturday, March 9th

St. Nicholas Greek Orthodox Cathedral

*Dinner followed by Open Greek Night**
Featuring The Filarakia

Doors Open at 6:00 p.m. • Dinner Served at 7:00 p.m.
Live Music Begins at 8:30 p.m.

Adults - \$40.00 • College Students - \$30.00
Children 12 and under - \$15.00 • Children 3 and under - Free

*No Cover Charge for Greek Night

*A portion of the proceeds will be donated to the
St. Nicholas Cathedral church beautification fund!*

For dinner reservations, please contact Nikki Lykos by March 2nd
phone: 412-897-8208 e-mail: nvlykos@gmail.com

Name: _____ PHONE: _____

_____ Adults _____ Children 12 and under _____ Children 3 and under

Make checks payable to Manthytrea Educational Society and mail to:

Nikki Velisaris Lykos
1512 La Salle Avenue
Pittsburgh, PA 15216

St. Nicholas Church School



The St. Nicholas Church School teachers, staff and students want to wish our GOYANs (and Church School students) Good Luck at their upcoming **GOYA Volleyball Tournament** March 2, 2024, (that we are hosting).

St. Nicholas Greek Orthodox Cathedral's Church School Open House will be **Sunday, March 3, 2024**, where parents and grandparents attend Church School to see firsthand what their children are learning.

Sunday, March 24, 2024, the Church School students will participate in the **Sunday of Orthodoxy Icon Procession** with their favorite icon!

Church School students in grades 7th–12th can learn more about their faith and participate in the **St. Nicholas Oratorical Festival** that will be held in **March 2024**. For more information, please contact Chairman Eve Elsen at 412-580-9415 or eve.m.elsen@gmail.com.

I appreciate the support from all of you and thanks for sharing your children with us every Sunday!

Yours in Christ,
Miss Michelle

St. Nicholas Greek Orthodox Cathedral
Church School Open House
Sunday, March 3, 2024



Join your Child or Grandchild for
Church Worship, Holy Communion & Church School!



Church School Students:
Please bring an icon
Sunday, March 24, 2024
for the
Sunday of Orthodoxy
Icon Procession

St. Nicholas Church School, Con't

St. Nicholas Oratorical Festival

March 2024



**For more information,
please contact Chairman Eve Elsen
at
412-580-9415 or eve.m.elsen@gmail.com**

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

**All Clergymen (Bishops/Priests/Deacons, both Active & Retired)
Pastoral Assistants & Youth Directors**

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.

Even... Parents who occasionally help-out, but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, edarakos@aol.com, 412-944-4961.

Dance Group Costumes **Donations Needed**

The St. Nicholas Dancers (7th grade and up) are in need of additional costumes and replacement pieces. Our current costumes date back to 2013 and our needs have grown. We have contacted the costume manufacturer in Greece and will be placing an order soon. Our festival is quickly approaching, and we find ourselves in need. The current cost of a girl's costume is \$310, and a boy's costume is \$180.

We are currently collecting donations toward this project. Thank you to those who have already donated. **Please make checks payable to St. Nicholas Cathedral with St. Nicholas Dancers in the memo line. If you are mailing your check to the church, please write Attn: St. Nicholas Dancers on the envelope.**

For further information, please contact Linda Hages: 412-523-7938.

GREEK SCHOOL

On **Sunday, March 31**, will be the celebration of St. Nicholas Cathedral's Annual Evangelismos (Annunciation) and Greek Independence Day Program and Luncheon. Let's celebrate together this beautiful double holiday ---**Evangelismos** the start of our Salvation and **Greece's Independence** from 400 years of slavery. Make a reservation and support our school which is one of the longest, continuously running Greek Schools in the country. There will be a Procession, a Doxology, a Lenten Luncheon, followed by a wonderful program by the children. Support our school. This is our biggest fundraiser.

With the start of Great Lent, students prepare to read prayers to Panaghia and Christ at the beautiful Salutation Services to our Most Holy Theotokos. Some current students as well as alumni will be reading or chanting prayers in Biblical Greek. The first Salutation Service will take place on **Friday, March 22**. Try to attend these inspiring services which are held on the first five Fridays of Great Lent.

Some Greek School students are also preparing to take Ellinomatheas Exams in May and will need to register by March 20th. These exams will take place in mid-May at St. Nicholas Cathedral, which is the Testing Center for our Metropolis. Students who are successful with B Level Ellinomatheas and take it in their junior year are to receive a "Seal of Biliterary" on their high school diploma.

The **Greek Orthodox Metropolis of Pittsburgh's 9th Annual Greek Language Festival and Quiz Bowl** will take place at St. Demetrios Church in Rocky River this year on Saturday, April 13, 2024. We are hoping to have a musical representation, a team for the Quiz Bowl, as well as, artwork on exhibit.

Καλή Μεγάλη Σαρακοστή!!

**Celebrate the Evangelismos and
Greek Independence Day**

with

St. Nicholas Cathedral Greek School

Sunday, March 31, 2024

Luncheon-immediately after Doxology in church



luncheon reservations, by Mar. 22

**Call/Text Maria Stamoolis at 412-874-4422 or E-mail
mstamoolis@verizon.net**

Shrimp Luncheon – adults \$15 / children 13 and under \$10

**Then stay and celebrate with the children-- POEMS! SONGS!
PLAY! Dancing!**

GREEK SCHOOL, Con't

The Department of Greek Education for
the Greek Orthodox Metropolis of Pittsburgh presents

THE NINTH ANNUAL GREEK LANGUAGE FESTIVAL AND QUIZ BOWL

Saturday, April 13, 2024
St. Demetrios Church, Rocky River, OH
11am - 3pm

1. Quiz Bowl on Greek Revolution of 1821 and Burning of Smyrna

Teams of three (3) students will compete in two levels. Eligible contestants are those currently or previously enrolled in Greek Language Studies. All the material needed to study for the Quiz Bowl is available to download at <https://www.dropbox.com/scl/fo/3yx04h3bdlll5c2lfyk4m/h?dl=0&rlkey=d45th09aivd712t40ynqvo6c2> Each team creates its own name. A large trophy cup will be placed at the winning team's church. Individual awards will also be given.

- a. Intermediate Level: 4th, 5th, 6th grade American School
- b. Advanced Level: 6th - 12th grade American School (note that 6th grade students have the option of teaming up in either level)

2. For students who are **musically talented** we encourage you to perform either solo or with others an original Greek song or Greek instrumental selection or a selection from an existing Greek composer. This is open for all grades, K - 12th grade American School.

3. For students **who love to act** we encourage you to perform an original Greek skit or one from an existing writer. This is open for all grades, K - 12th grade American School.

4. For students **who love art** we encourage you to submit your artwork for the Art Exhibit with the title in Greek on Greek Revolution of 1821 and Burning of Smyrna. This is open for all grades, K - 12th grade American School.

In addition, there will also be various booths, food, and fun for all.

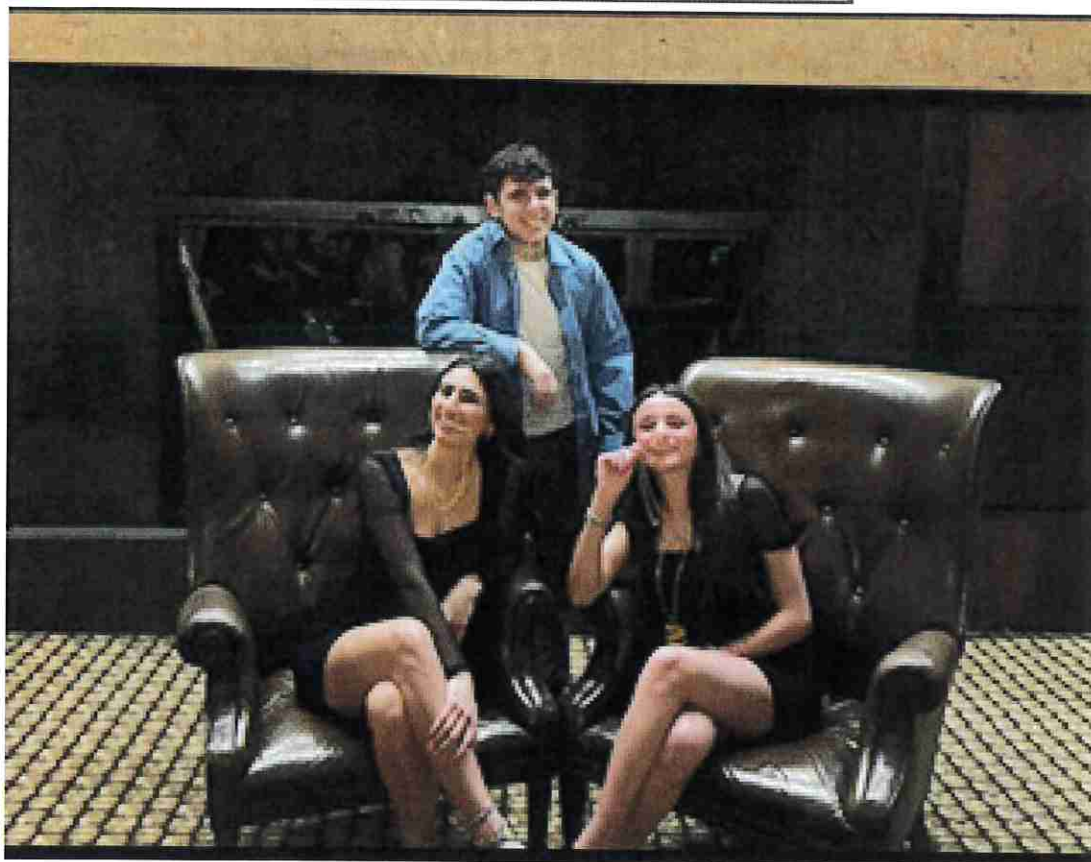
Registration forms available at the Metropolis website, facebook, and <https://www.dropbox.com/scl/fo/3yx04h3bdlll5c2lfyk4m/h?dl=0&rlkey=d45th09aivd712t40ynqvo6c2>

Registration deadline is March 30, 2024

Questions contact Maria Stamoolis: mstamoolis@verizon.net

Welcome back to the Goya page! During the month of February, our goya has attended the third and final tournament of this basketball season. Congratulations to our seniors; Kalliope Kristian, Alexis Hammerling, and Nasi Edgos who will be greatly missed! Thank you guys for providing such a positive impact on our goya. With that being said, our senior girls won 1st place! Our junior girls won 4 trophies in just three tournaments: three Junior 1st place awards, and 1 third place trophy in the senior division! Huge congratulations to them. Our boys are getting much better. Thank you to all the coaches, chaperones, and advisors for such a successful basketball season! Also, we would like thank Fr. Eleftherios for his continued support and dedication to our youth.

Next up on our agenda we will be hosting the annual indoor volleyball tournament in our gym on March 3rd. Wish us luck in our attempt in winning back to back Championships. Dance practices are starting and it looks like we will be having practices every Sunday.







FOOD FESTIVAL

Festival Cooking Schedule

Food Festival Cooking Update As we enter the month of March, we are almost at the halfway mark of our preparations...6 down and 7 more to go. A heartfelt shoutout goes to those of you who have helped us come this far. Without you, we wouldn't have the vast amount of homemade food items we need to serve the thousands of guests who attend our festival. Now in its 62nd year, our reputation supersedes us. We are known for the traditional, authentic, high quality of our food.

Your support is greatly appreciated. If you have not already done so, please consider giving some of your time to help for the remaining items. We welcome all, with or without experience. Join us in the St. Nick's Kitchen! St. Nicholas thanks you!

A special Thank You goes to our February Food Chairs, Tina Argiropoulos Hammerling (Baklava) and Alea Mavrogeorgis (Pastitsio).

March

Karidopita	Tuesday, March 5, 9:00 am to 4:00pm
Finikia	Saturday, March 16, 9:00 am to 4:00pm
Galatouboureko	Friday and Saturday, , March 22 & 23, 9:00 am to 4:00pm Sunday, March 24, after Church to 4:00pm

April

Kourambiethes	Saturday, April 6, 9:00 am to 4:00pm
Tiropita	Saturday, April 13, 9:00am to 4:00pm Sunday, April 14, after Church to 4:00pm
Pasta Flora*	Saturday, April 20, 9:00 – 4:00 pm

Diples*	Wednesday, April 24, 9:00 – 4:00pm
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*Please note the new dates for Pasta Flora and Diples.

FOOD FESTIVAL DATES
SUNDAY, MAY 12 – SATURDAY, MAY 18, 2024

FOOD FESTIVAL, Con't

The food prepping is well underway, and the ad book committee is ramping things up for this year's campaign. Through this communication, we would like to open the opportunity for all members of our parish to help us with this church fundraiser.

We understand that everyone has a lot on their plate, and we don't want to add too much more. However, we would like to enlist our parishioners to help us sell more ads. Let's use the friends and family approach and either contact them directly about an ad or introduce one of us and we can follow up. This can be a friend's business, a brothers-in-law's law firm, your neighbor's restaurant....whatever it is, we would welcome new advertisers.

If you have ideas, thoughts, or questions, please contact one of the ad book committee members, so we can assist you. If by chance you would like to join our small humble fun committee, we welcome volunteers of course.

Thank you for helping us,

Elaine Andrianos, Alisa Balouris, Simon Barber, Lenna Cominos,

St. Nicholas Ad Book Committee

St. Nicholas Greek Food Festival

February 2024

Dear Friends,

St. Nicholas Greek Orthodox Cathedral will be hosting our 62nd annual Greek Food Festival from **May 12 thru May 18**. We truly enjoy bringing this weeklong event to our community year after year.

We would like to give you the opportunity to be part of our festival by advertising in our **2024 Food Festival Ad Book**. This is a great way to advertise your business to the thousands of people who come to enjoy our great Greek food, music and hospitality, while at the same time, supporting our church's fundraising efforts. The money raised through our ad book benefits the St. Nicholas Cathedral Building Fund and since St. Nicholas is a 501(C)3 that makes your contribution tax deductible.

Below you will find this year's advertising prices and which are also outlined on the ad contract:

Ad Size	Cost
Full Page Premium* (inside covers and center pages)	\$850
Full Page/ 4.5w x 7.5h	\$700
Half Page/ 4.5w x 3.75h	\$400
Quarter Page/ 4.5w x 1.875h	\$250
Patron/ listing (family names or in memory of someone)	\$50

**There are 4 premium pages available and are on a first come first serve basis.*

Please consider placing an ad by completing the attached ad contract with your contact information, payment type, and ad size selection. Completed contracts and ads can be sent via e-mail to foodfestadbook@stnickspgh.org, or mail to:

St. Nicholas Cathedral
c/o Greek Food Festival Ad Book Committee
419 South Dithridge Street
Pittsburgh, PA 15213

A few things to note:

- DEADLINE FOR ALL ADS is April 15, 2024
- For all ads, please use high resolution **JPEG** files.
- If you would like to use an ad previously placed in the ad book, please indicate on the ad contract
- All ads are in color

For additional information or if you have any questions, please call Lenna Cominos at (412) 370-8181, or send an e-mail to foodfestadbook@stnickspgh.org.

Best regards,

Elaine Andrianos, Alisa Balouris, Simon Barber, Lenna Cominos
St. Nicholas Ad Book Committee

St. Nicholas Greek Orthodox Cathedral

2024 GREEK FOOD FESTIVAL ADVERTISING CONTRACT



Name _____

Business _____

Address _____

Phone/ Cell _____

Email _____

AD DEADLINE APRIL 15, 2024

Ad Size	Color
Full page Premium (inside covers and center fold) 4.5w X 7.5H	\$850
Full Page/ 4.5w x 7.5h	\$700
Half Page/ 4.5w x 3.75h	\$400
Quarter Page/ 4.5w x 1.8750h	\$250
Patron/listing*	\$50

**Patron listing is for name(s) or in memory of someone*

For repeat customers, please indicate below if you would like to use the same ad as last year.

☐ Use same ad as previous year

Please make check payable and mail to St. Nicholas Cathedral. ☐ Check enclosed ☐ Bill me

Authorized Signature _____ Date _____

Please print or attach ad copy, or email ad file in a high-resolution JPEG format to: foodfestadbook@stnickspgh.org

Date Received

Check Number:

Receipt Number:

419 S. Dithridge St. Pittsburgh, PA 15213 • Phone: 412-412-682-3866 • Fax: 412-683-4960

St. Photios Awards Banquet

His Eminence
Metropolitan Savas
cordially invites you to
celebrate the dedicated
volunteers of our Holy and
God-protected
Metropolis of Pittsburgh



METROPOLIS OF
PITTSBURGH

MAY 18 2024 • 4:00 PM

**DOUBLETREE BY HILTON
PITTSBURGH-CRANBERRY**

910 Sheraton Drive, Mars, PA 16046

Online reservation:

tinyurl.com/stphotiosawardsreg

\$95/adult, \$25/child (under 12)

Reservation & Sponsorship

Deadline: April 28

No Refunds available after May 4
or mail reservations to:

St. Photios Awards Banquet

Greek Orthodox Metropolis of Pittsburgh
5201 Ellsworth Ave, Pittsburgh, PA 15232

Please make checks payable to:

'Greek Orthodox Metropolis of Pittsburgh'

Banquet Co-Chairpersons:

Archdeacon Ryan:

412 621 5529

rgzikowski@pittsburgh.goarch.org

Marianne Stearns:

412 600 2159

mstearns@nauticom.net



**NET PROCEEDS TO BENEFIT
THE METROPOLITAN'S BENEVOLENCE FUND**

pittsburgh.goarch.org | 412 621 5529

contact: lhenry@pittsburgh.goarch.org

10th ST. PHOTIOS AWARDS BANQUET



St. Photios Awards, Con't

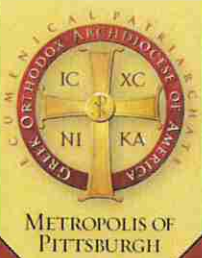
SAINT NICHOLAS GREEK ORTHODOX CATHEDRAL 2024 METROPOLIS OF PITTSBURGH ST. PHOTIOS AWARD NOMINATION FORM

Nominations for St. Photios Awards for 2024 have been officially opened by the Metropolis. The awards recognize two lay members of each parish for their faithful and selfless efforts and hard work on behalf of their Church. Please note that the Awards Banquet will take place this year on **Saturday, May 18** (*the last day of our Food Festival*). All members of our community are invited and encouraged to submit nominations. **The deadline to submit names for our Cathedral is March 17.**

Please write the names of up to two nominees who have distinguished themselves over time through dedicated and hard-working service to our community as volunteers, along with two sentences about why you are nominating them:

1)

2)



VOLUME 7 NO. 11 ISSUE: 62

MARCH 2024

A Good Word - Λόγον Αγαθόν

NEWSLETTER OF THE GREEK ORTHODOX METROPOLIS OF PITTSBURGH



Central Region
Kimisis Tis Theotokou, Alliquipa, PA



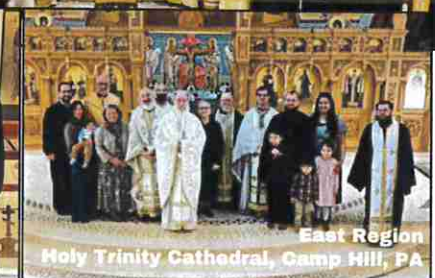
Northwest Region
Holy Trinity, Canton, OH



The Metropolis clergy came together at their respective regional parishes to celebrate the Feast of St. Photios the Great, Patron of the Metropolis on February 6th.



Southwest Region
St. James, Belpre, OH



East Region
Holy Trinity Cathedral, Camp Hill, PA

New Metropolis Center Construction Update

Given the winter months and the heavy rainfall, our geotechnical engineers felt that the work that was done in November to provide an improved base in the elevator pit had to be revisited as the replacement clay had been water saturated for so long and compromised. After much testing of additional clay found on the site, and the dry weather we enjoyed all last week, the clay base was removed and replaced with flowable fill concrete and dry/compactible clay with footers poured. We're all done with that with a total incremental cost of \$36,000 to the project. In the meantime, scaffolding was erected and encased with plastic over the two-story stairwell so that masons could work in that area. At the same time, footers and piers were completed for the first floor and much work was done to continue building the foundation walls on the first floor and basement which will continue, weather permitting. To learn more about, donate or pledge for the New Metropolis Center campaign please visit: pittsburgh.goarch.org/metropolis-center Thank you!

Archon Nick Lekas - New Metropolis Center Project Manager



**Donate/
Pledge
Today!**



Metropolis Regional Lenten Mini Retreats Open to all HOPE and JOY Kids (K-6th Grade)

Northwest Region: April 6, 2024 from 11 am - 4 pm

Location: Sts. Constantine and Helen Greek Orthodox Cathedral

3352 Mayfield Rd, Cleveland Heights, OH 44118

Contact: Ted Cherpas at tcherpas@stscconstantine.com

Registration Link: <http://tinyurl.com/MiniLentCLE>

Central Region: March 16, 2024 from 12 pm - 4 pm

Location: Holy Cross Greek Orthodox Church

123 Gilkeson Rd, Pittsburgh, PA 15226

Contact: Elias Diamond at ediamondhpcgh@gmail.com

Registration Link: <http://tinyurl.com/MiniLentCentral>

Eastern Region: March 30, 2024 from 10 am - 2:00 pm

Location: St. Nicholas Greek Orthodox Cathedral

1607 W. Union Blvd, Bethlehem, PA 18018

Contact: Isaac Lampart at ilampart@stnicholas.org

Registration Link: www.stnicholas.org/miniretreat

Southwestern Region: April 13, 2024 from 10 am - 1 pm

Location: St. John Greek Orthodox Church

3512 MacCorkle Ave, Charleston, WV 25304

Contact: Alyssa Kynitsis at akynitsis@pittsburgh.goarch.org

Registration Link: <http://tinyurl.com/MiniLentSW>

Participants will enjoy learning about the Tridion Period leading up to Lent. Lessons include crafts, service projects and more! Lunch will be provided.

Metropolis of Pittsburgh Camp Presents...



CAMP SUNDAY
Sunday, March 17, 2024

Calling all of those who have been part of our Camping Ministry! It is our goal to share Christ's love through this life-changing ministry of Camp by the people who love it the most... YOU! Join us to spread the word within your own parish!

Further information: y2am.pittsburgh.goarch.org/summercamp

His Eminence
Metropolitan Savas
cordially invites you to
celebrate the dedicated
volunteers of our Holy and
God-protected
Metropolis of Pittsburgh



METROPOLIS OF
PITTSBURGH

MAY 18 2024 • 4:00 PM

**DOUBLETREE BY HILTON
PITTSBURGH-CRANBERRY**

910 Sheraton Drive, Mars, PA 16046

ONLINE RESERVATION & SPONSORSHIP:

pittsburgh.goarch.org/st-photios-awards-banquet

\$95/adult, \$25/child (under 12)

Reservation & Sponsorship

Deadline: April 28

No Refunds available after May 4

or mail reservations/sponsorships to:

St. Photios Awards Banquet

Greek Orthodox Metropolis of Pittsburgh

5201 Ellsworth Ave, Pittsburgh, PA 15232

Please make checks payable to:

"Greek Orthodox Metropolis of Pittsburgh"

Banquet Co-Chairpersons:
Archdeacon Ryan:
412 621 5529
rgzikowski@pittsburgh.goarch.org
Marianne Stearns:
412 600 2159
mstearns@nautilus.net



**NET PROCEEDS TO BENEFIT
THE METROPOLITAN'S BENEFICENCE FUND**

pittsburgh.goarch.org 412 621 5529
Contact: maryk@pittsburgh.goarch.org

**10th ST.
PHOTIOS
AWARDS
BANQUET**

**St. Photios
Awards Banquet
Nominations
Due:
MARCH 31**

Metropolis of Pittsburgh Summer Camp 2024

Week 1: June 16 - 22

2nd - 4th Grade

Week 2: June 23 - 29

5th - 7th Grade

Week 3: June 30 - July 6

7th - 9th Grade

Week 4: July 7 - 13

10th - 12th Grade

Registration will open March 25, 2024!

More Information:

y2am.pittsburgh.goarch.org/summercamp



SUPPORT HIS EMINENCE AND OUR METROPOLIS MINISTRIES

It costs approximately \$1,000 per day to operate our Metropolis - including Metropolitan Savas's Archpastoral visitations, preparations for summer camp and GOYA retreats, our vital registry, and more. Please consider sponsoring a day in the life of the Metropolis:

Greek Orthodox Metropolis of Pittsburgh, 5201 Ellsworth Avenue, Pittsburgh, PA 15232

412-621-5529 (Main) 412-465-0460 (Camp) 412-621-8543 (Youth)

pittsburgh.goarch.org info@pittsburgh.goarch.org



MARCH 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 GOYA Volleyball Tournament
3 Sunday of the Prodigal Son Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Church School Open House PARISH ASSEMBLY Little Angels, HOPE & JOY Greek Dancing	4 YAL Basketball 7:00 p.m.	5 Adult Greek Classes 6:30 p.m.	6 YAL Volleyball 7:00 p.m.	7	8	9 Saturday of Souls Orthros 8:30 a.m. Liturgy 9:30 a.m. Greek School 10:00 a.m. <div>Metropolis GOYA Retreat March 8-10</div>
10 Judgment Sunday (Meatfare Sunday) Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Little Angels, HOPE & JOY Greek Dancing	11 YAL Basketball 7:00 p.m.	12 Adult Greek Classes 6:30 p.m.	13	14	15 Pan-Orthodox Regional Akathist Service "For those afflicted with cancer" at St. John the Baptist Orthodox Church in Allison Park 6:30 p.m.	16 Commemoration of the Holy Men and Women Who Have Excelled in Asceticism ("2 nd Saturday of Souls") Orthros 9:00 a.m. Liturgy 10:00 a.m. Greek School 10:00 a.m. Little Angels, HOPE & JOY Greek Dancing
17 Forgiveness Sunday (Cheesefare Sunday) Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Philoptochos General Meeting Forgiveness Vespers of Compuccion 5:00 p.m.	18 CLEAN MONDAY LENT BEGINS Great Compline 6:00 p.m. YAL Basketball 7:00 p.m.	19 Adult Greek Classes 6:30 p.m. Parish Council Meeting 6:30 p.m.	20 Presanctified Liturgy 6:30 p.m.	21	22 1 st Salutations to the Theotokos 6:30 p.m. Reception Hosted by Philoptochos	23 Commemoration of the Miracle of Kollyva wrought by Saint Theodore ("3 rd Saturday of Souls") Orthros 9:00 a.m. Liturgy 10:00 a.m. Greek School 10:00 a.m.
24 1 st Sunday of Lent SUNDAY OF ORTHODOXY Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Little Angels, HOPE & JOY Greek Dancing Pan-Orthodox Vespers at Holy Trinity North Hills 4:30 p.m.	25 Annunciation of the Theotokos and Greek Independence Day Orthros 9:00 a.m. Liturgy 10:00 a.m. Followed by Doxology YAL Basketball 7:00 p.m.	26 Adult Greek Classes 6:30 p.m. <div>Pittsburgh Metropolis Clergy Lenten Retreat in Ligonier, PA March 26-28</div>	27	28	29 2 nd Salutations to the Theotokos 6:30 p.m.	30 Greek School 10:00 a.m.
31 2 nd Sunday of Lent Sunday of St. Gregory Palamas Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. March 25 th Program and Luncheon			35			

St. Nicholas Greek
Orthodox Cathedral
419 S. Dithridge Street
Pittsburgh, PA 15213

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Pittsburgh, PA
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412.471.7676

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2020 Penn Ave. Pittsburgh, PA 15222



www.stamoolisbros.com