

SUNDAY, FEBRUARY 18, 2024 – 17th Sunday of Matthew (Sunday of the Canaanite)

Saint of the day: Leo, Pope of Rome

Fourth Mode • Fourth Eothinon



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's E-mail: fr.ec@stnickspgh.org

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Larsen Vincent

Questions about our Parish? E-mail church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: September – May: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are streaming live from St. Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking the please donate button – or you may access the donation page by visiting <https://abundant.co/stnickspgh/give>

TODAY:

- ❖ Memorial Service is being chanted for the souls of the servants of God for John Tsoukalas (22 years), Victoria Tsoukalas (3 years), and Emanuel Supertzi (27 years).
- ❖ Trisagion Service for Ekatarini Houliara (1 year).
- ❖ Coffee hour is hosted today by PARISH COUNCIL in the Large Hall.
- ❖ Our GOYAns are in Canonsburg for their last basketball tournament of the season.
- ❖ We are revamping our St. John Chrysostom Bookstore! There are two tables in the hallway between the Church and the Fellowship Room with older inventory. Please peruse and take what you wish. Any free will offerings are appreciated.

THIS WEEK AT ST. NICHOLAS:

- Monday, February 19, 2024: Parish Council Meeting 6:30 p.m.; YAL Basketball 7:00 p.m.
- Tuesday, February 20, 2024: GOYA Volleyball Practice 6:00 p.m.; Adult Greek Classes 6:30 p.m.
- Wednesday, February 21, 2024: YAL Volleyball 7:00 p.m.
- Saturday, February 24, 2024: Greek School 10:00 a.m.
- Sunday, February 25, 2024: TRIODION BEGINS
VITAMINS FOR THE SOUL: Musical Prayers from Triodion "To-Go" 6:00 p.m.

SUNDAY, FEBRUARY 18, 2024 – 17th Sunday of Matthew (Sunday of the Canaanite)
<i>Saint of the day: Leo, Pope of Rome</i>
Fourth Mode • Fourth Eothinon

TODAY'S HYMNS AND READINGS

The Resurrection Hymn of the week in fourth mode is chanted twice for the Small Entrance:

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἡγέρθη Χριστὸς ὁ Θεός, δωροῦμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, "Death has been despoiled! Christ God has risen, granting the great mercy to the world!"

At the Small Entrance, the usual Entrance Hymn is chanted.

Following the Small Entrance, the Resurrection Hymn of the week in fourth mode is repeated (see above).

Then, the clergy chant the hymn for the memorial service in plagal fourth mode.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ Σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιμένῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we chant the usual Kontakion, in second mode:

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμόντων σε.

O Protection of Christians that never fails, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.



Today's Epistle Reading (17th Sunday):

The reading is from St. Paul's Second Letter to the Corinthians (6:16-18; 7:1)

Αδελφοί, ὑμεῖς ἐστε ναὸς Θεοῦ ζῶντος, καθὼς εἶπεν ὁ Θεὸς ὅτι ἐνοικήσω ἐν αὐτοῖς καὶ ἐμπεριπατήσω, καὶ ἔσομαι αὐτῶν Θεός, καὶ αὐτοὶ ἔσονται μοι λαός. Διὸ ἐξέλθετε ἐκ μέσου αὐτῶν καὶ ἀφορίσθητε, λέγει Κύριος, καὶ ἀκαθάρτου μὴ ἅπτεσθε, καὶ γὰρ εἰσδέξομαι ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι εἰς υἱοὺς καὶ θυγατέρας, λέγει Κύριος παντοκράτωρ. Ταύτας οὖν ἔχοντες τὰς ἐπαγγελίας, ἀγαπητοί, καθαρίσωμεν ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ σαρκὸς καὶ πνεύματος, ἐπιτελοῦντες ἀγιωσύνην ἐν φόβῳ Θεοῦ.

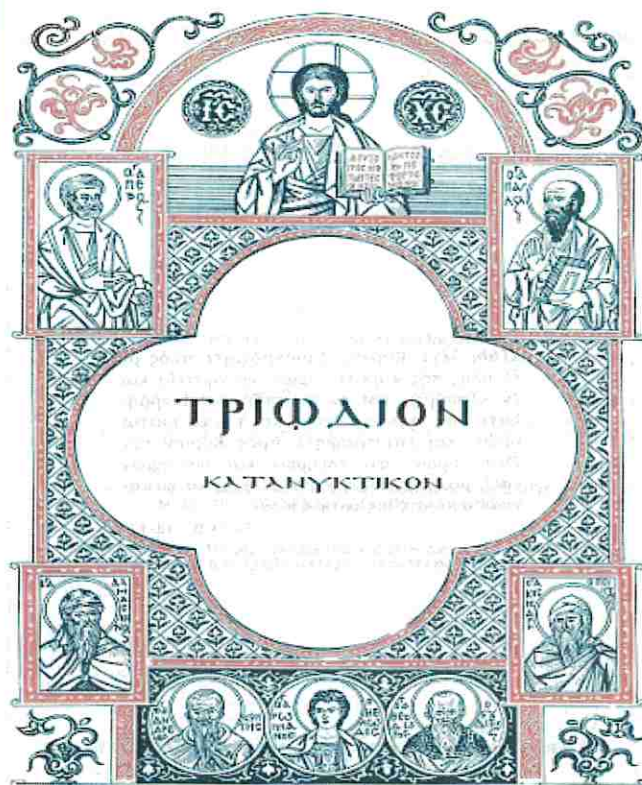
Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God. [RSV]

Today's Gospel Reading (17th Sunday of Matthew):

The reading is from the Holy Gospel according to Matthew (15:21-28)

Τῷ καιρῷ ἐκείνῳ ἐξῆλθεν ὁ Ἰησοῦς εἰς τὰ μέρη Τύρου καὶ Σιδῶνος. καὶ ἰδοὺ γυνὴ Χαναναία ἀπὸ τῶν ὁρίων ἐκείνων ἐξεληθοῦσα ἐκράυγασεν αὐτῷ λέγουσα· Ἐλέησόν με, Κύριε, υἱὲ Δαυὶδ· ἡ θυγάτηρ μου κακῶς δαιμονίζεται. ὁ δὲ οὐκ ἀπεκρίθη αὐτῇ λόγον. καὶ προσελθόντες οἱ μαθηταὶ αὐτοῦ ἠρώτουν αὐτὸν λέγοντες· Ἀπόλυσον αὐτήν, ὅτι κράζει ὀπισθεν ἡμῶν. ὁ δὲ ἀποκριθεὶς εἶπεν· Οὐκ ἀπεστάλην εἰ μὴ εἰς τὰ πρόβατα τὰ ἀπολωλότα οἴκου Ἰσραὴλ. ἡ δὲ ἐλθοῦσα προσεκύνησεν αὐτῷ λέγουσα· Κύριε, βοήθει μοι. ὁ δὲ ἀποκριθεὶς εἶπεν· Οὐκ ἔστι καλὸν λαβεῖν τὸν ἄρτον τῶν τέκνων καὶ βαλεῖν τοῖς κυναρίοις. ἡ δὲ εἶπε· Ναί, Κύριε, καὶ γὰρ τὰ κυνάρια ἐσθίει ἀπὸ τῶν ψιχίων τῶν πιπτόντων ἀπὸ τῆς τραπέζης τῶν κυρίων αὐτῶν. τότε ἀποκριθεὶς ὁ Ἰησοῦς εἶπεν αὐτῇ· Ὡ γύναι, μεγάλη σου ἡ πίστις! γενηθήτω σοι ὡς θέλεις. καὶ ἰάθη ἡ θυγάτηρ αὐτῆς ἀπὸ τῆς ὥρας ἐκείνης.

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly. [RSV]



“VITAMINS FOR THE SOUL: MUSICAL PRAYERS FROM THE TRIODION ‘TO-GO’”

A LECTURE-CONCERT THAT PRESENTS SPIRITUALLY-UPLIFTING HYMNS
OF THE TRIODION PERIOD, ACCESSIBLE “TO GO”,
TO STRENGTHEN US IN THE LENTEN JOURNEY
AND EVERYDAY OF OUR LIVES

PRESENTED BY
THE BYZANTINE CHOIR
OF THE GREEK ORTHODOX METROPOLIS OF PITTSBURGH

WHEN: SUNDAY, FEBRUARY 25TH, 2024 AT 6 PM
WHERE: ST. NICHOLAS GREEK ORTHODOX CATHEDRAL,
419 S. DITHRIDGE, PITTSBURGH, PA, 15213

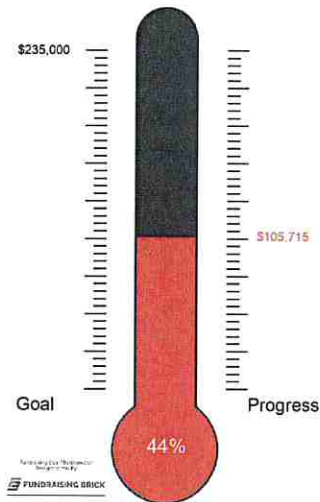
2024 Stewardship Pledge Cards are in the Narthex

(Just ask a member of Parish Council)



Visit our website to fill out a Stewardship Card for 2024 or to make a donation

<https://www.stnickspgh.org>



<u>2024</u>	<u>STEWARDSHIP</u>
Total Stewards	122 (GOAL 300)
Total Pledged	\$ 105,715.00 GOAL (\$235,000.00)
Avg. Pledge	\$866.52

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)

Pastoral Assistants & Youth Directors

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.

Even... Parents who occasionally help-out but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, edarakos@aol.com, 412-944-4961.



From the Church School Desk!

Church School students in grades 7th–12th can learn more about their faith and participate in the **St. Nicholas Oratorical Festival** that will be held in **March 2024**. For more information, please contact our Oratorical Festival Chair Eve Elsen at 412-580-9415 or eve.m.elsen@gmail.com.

Yours in Christ
Miss Michelle

GREEK SCHOOL

Keep open **March 31, 2024**, to join us in the celebration of the Feast Day of Evangelismos and Greek Independence.

On that day a Doxology, a luncheon, followed with an annual program presented by the students and GOYA dancers will take place.

SAINT NICHOLAS GOLF OUTING COMMITTEE

We are looking for committee members for the golf outing fundraiser. The committee needs people to help with sponsors, auction items, and golfers. If you are interested in helping, please call the church office.

Thank you.

GOYA NEWS

Volunteers Needed

Our St. Nicholas GOYA will be hosting the Metropolis Volleyball Tournament at St. Nicholas on Saturday, March 2. Help will be needed to be scorekeepers, line judges, food servers, donate baked goods, etc.

Please contact Carla Antoniades at 724-759-0016 or Linda Hages at 412-523-7938 to volunteer.

Thank you to all the parishioners who have stepped up in the past and continue to do so for these events. Come and enjoy a day of volleyball and help the cause.

Dance Group Costumes – Donations Needed

The St. Nicholas Dancers (7th grade and up) are in need of additional costumes and replacement pieces. Our current costumes date back to 2013 and our needs have grown. We have contacted the costume manufacturer in Greece and will be placing an order soon. Our festival is quickly approaching, and we find ourselves in need. The current cost of a girl's costume is \$310, and a boy's costume is \$180.

We are currently collecting donations toward this project. Thank you to those who have already donated. **Please make checks payable to St. Nicholas Cathedral with St. Nicholas Dancers in the memo line. If you are mailing your check to the church, please write Attn: St. Nicholas Dancers on the envelope.**

For further information, please contact Linda Hages, 412-523-7938.

Food Festival Preparations

Food Festival Cooking We are taking a breather this week but will pick up steam next weekend with Pastitsio. A heartfelt shoutout goes to those of you who have helped so far...5 down with 8 more to go. A special thank you goes to Tina Argiropoulos Hammerling who chaired Baklava last weekend and those of you who helped make all those pans of our most popular pastry.

We will need all hands onboard this coming Saturday and Sunday as we assemble Pastitsio. Thank you Alea Mavrogeorgi for chairing. We hope to see some new faces and familiar faces next Saturday, February 24, 9:00 - 4:00 and Sunday, February 25, after Church till 4:00pm.

Please note the change in dates for Pasta Flora and Diples.

Have a Blessed and Peaceful week!

February

Pastitsio	Friday and Saturday, February 23 and 24, 9:00am – 4:00pm Sunday, Feb. 25, After Church till 4:00pm
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March

Karidopita	Tuesday, March 5, 9:00 am to 4:00pm
Finikia	Saturday, March 16, 9:00 am to 4:00pm
Galatoboureko	Friday and Saturday, , March 22 & 23, 9:00 am to 4:00pm Sunday, March 24, after Church to 4:00pm

April

Kourambiethes	Saturday, April 6, 9:00 am to 4:00pm
Tiropita	Saturday, April 13, 9:00am to 4:00pm Sunday, April 14, after Church to 4:00pm
Pasta Flora	Saturday, April 20, 9:00 – 4:00 pm

Diples	Wednesday, April 24, 9:00 – 4:00pm
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Festival Dates

Sunday, May 12 – Saturday, May 18, 2024

PHILOPTOCHOS

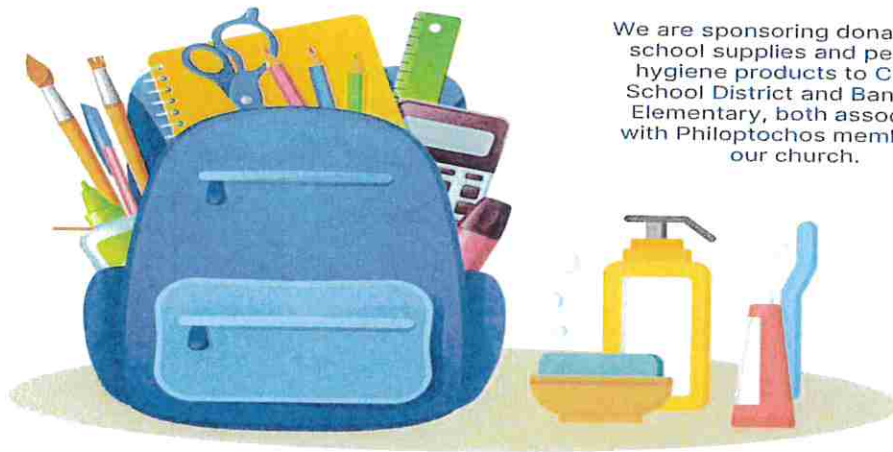
OPERATION CLASSROOM

DEADLINE FEBRUARY 29, 2024

Our parish's Philoptochos is getting started with Operation Classroom this year! Operation Classroom's mission, according to National Philoptochos, is "to assist and offer support to teachers and students in underserved or underfunded schools and provide resources that would not have been available through the local school district."

For more information on Operation Classroom, visit www.philoptochos.org/operation-classroom/

St. Nicholas Cathedral Ladies Philoptochos Society



We are sponsoring donations of school supplies and personal hygiene products to Cornell School District and Banksville Elementary, both associated with Philoptochos members at our church.

To make a monetary donation for Operation Classroom, please make checks payable to St. Nick's Philoptochos, and put Operation Classroom in the memo.

ST. NICHOLAS PHILOPTOCHOS
THANKS YOU FOR YOUR
GENEROSITY!

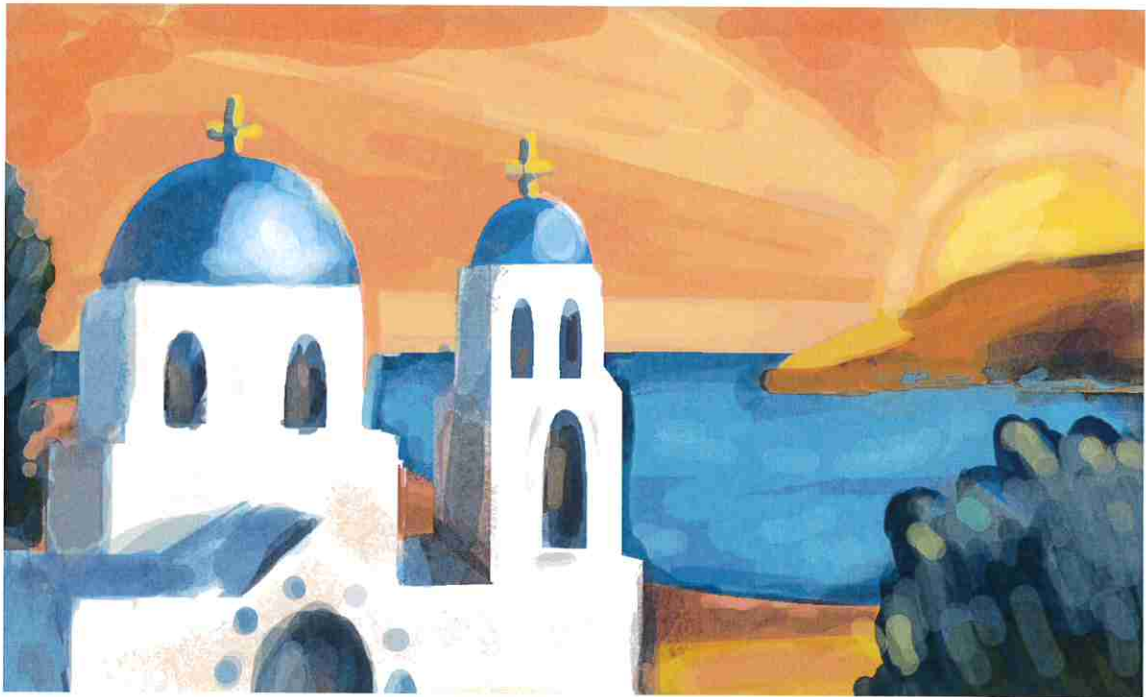
SCAN THE QR CODE TO
DONATE ITEMS FROM OUR
AMAZON WISH LIST



St. Nicholas Greek Orthodox Cathedral

Church School Open House

Sunday, March 3, 2024












Join your Child or Grandchild

for

Church Worship, Holy Communion & Church School!

OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS		THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 25th		<i>TRIODION WEEKS</i> Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week MARCH 3rd		The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare MARCH 10th FAREWELL TO MEAT TODAY		The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 17th FAREWELL TO CHEESE TODAY		Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY</i> Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 24th		<i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 31st		ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent APRIL 7th		VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHA!</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent APRIL 14th		ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 21st		ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 28th GREAT WEEK BEGINS		<i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY MAY 3rd		GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! MAY 5th NO FASTING!		<i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

The Department of Greek Education for
the Greek Orthodox Metropolis of Pittsburgh presents

THE NINTH ANNUAL GREEK LANGUAGE FESTIVAL AND QUIZ BOWL

Saturday, April 13, 2024
St. Demetrios Church, Rocky River, OH
11am - 3pm

1. Quiz Bowl on Greek Revolution of 1821 and Burning of Smyrna

Teams of three (3) students will compete in two levels. Eligible contestants are those currently or previously enrolled in Greek Language Studies. All the material needed to study for the Quiz Bowl is available to download at <https://www.dropbox.com/scl/fo/3yx04h3bdlll5c2ifyk4m/h?dl=0&rkey=d45th09aivd712t40ynqvo6c2> Each team creates its own name. A large trophy cup will be placed at the winning team's church. Individual awards will also be given.

- a. Intermediate Level: 4th, 5th, 6th grade American School
- b. Advanced Level: 6th - 12th grade American School (note that 6th grade students have the option of teaming up in either level)

2. For students who are **musically talented** we encourage you to perform either solo or with others an original Greek song or Greek instrumental selection or a selection from an existing Greek composer. This is open for all grades, K - 12th grade American School.

3. For students **who love to act** we encourage you to perform an original Greek skit or one from an existing writer. This is open for all grades, K - 12th grade American School.

4. For students **who love art** we encourage you to submit your artwork for the Art Exhibit with the title in Greek on Greek Revolution of 1821 and Burning of Smyrna. This is open for all grades, K - 12th grade American School.

In addition, there will also be various booths, food, and fun for all.

Registration forms available at the Metropolis website, facebook, and
<https://www.dropbox.com/scl/fo/3yx04h3bdlll5c2ifyk4m/h?dl=0&rkey=d45th09aivd712t40ynqvo6c2>

Registration deadline is March 30, 2024

Questions contact Maria Stamoolis: mstamoolis@verizon.net

FEBRUARY/MARCH 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Sunday of the Canaanite Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	19 Parish Council Meeting 6:30 p.m. YAL Basketball 7:00 p.m.	20 Adult Greek Classes 6:30 p.m. GOYA Volleyball 7:00 p.m.	21 YAL Volleyball 7:00 p.m.	22	23	24 Greek School 10:00 a.m.
25 Sunday of the Publican and Pharisee: TRIODION BEGINS Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Concert: VITAMINS FOR THE SOUL: Musical Prayers from the Triodion "To-Go" 6:00 p.m.	26 YAL Basketball 7:00 p.m.	27 Adult Greek Classes 6:30 p.m.	28 GOYA Volleyball 7:00 p.m.	29	1 MARCH Volleyball set up	2 Volleyball Tournament
FAST FREE WEEK						
3 Sunday of the Prodigal Son Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. PARISH ASSEMBLY JOY, HOPE & Little Angels Greek Dancing	4 YAL Basketball 7:00 p.m.	5 Adult Greek Classes 6:30 p.m. GOYA Girls Basketball 6:00 p.m.	6 YAL Volleyball 7:00 p.m.	7	8	9 Saturday of Souls Orthros 8:30 a.m. Liturgy 9:30 a.m. Greek School 10:00 a.m.
					Metropolis GOYA Retreat March 8-10	
10 Judgment Sunday (Meatfare Sunday) Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. JOY, HOPE & Little Angels Greek Dancing	11 YAL Basketball 7:00 p.m.	12 Adult Greek Classes 6:30 p.m.	13	14	15 Pan-Orthodox Regional Akathist Service "For those afflicted with cancer" <i>at St. John the Baptist Orthodox Church in Allison Park</i> 6:30 p.m.	16 Commemoration of the Holy Men and Women Who Have Excelled in Asceticism ("2 nd Saturday of Souls") Orthros 9:00 a.m. Liturgy 10:00 a.m. Greek School 10:00 a.m. JOY, HOPE & Little Angels Greek Dancing