

SUNDAY, OCTOBER 8, 2023 – 3rd Sunday of Luke

Our Devout Mother Pelagia

First Mode • Seventh Eothinon



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's Email: fr.ec@stnickspgh.org

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Larsen Vincent

Questions about our Parish? E-mail church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: September – May: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are streaming live from St Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking the please donate button – or you may access the donation page by visiting <https://abundant.co/stnickspgh/give>

TODAY:

- ❖ A TRISAGION SERVICE is being chanted for the soul of the servant of God, Evyenia Pappas (12 years). May God grant her eternal rest.
- ❖ Coffee hour will be hosted by GOYA and sponsored by the family of Evyenia Pappas in the Large Hall.
- ❖ GOYA MISSION WALK & GOYA meeting after walk.

THIS WEEK AT ST. NICHOLAS:

- Tuesday, October 10, 2023:
 - YAL Basketball 7:00 p.m.
 - AHEPA Meeting 7:00 p.m.
- Wednesday, October 11, 2023:
 - Open Gym 7:00 p.m.
- Friday, October 13, 2023:
 - JOY, HOPE & Little Angels Fall Festival 6:30 p.m.
- Saturday, October 14, 2023:
 - Greek School 10:00 a.m.
- Sunday, October 15, 2023:
 - Memorial Service for Jenny Zoe Gaitanoglou (40 days), Constantine Contis (50 years) & Eleni Contis (10 years).
 - Trisagion Service for John Hanna (17 years).
 - GENERAL ASSEMBLY

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TODAY'S HYMNS AND READINGS

The Resurrection Hymn of the week in plagal 1st mode is chanted at the Small Entrance:

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε Φιλάνθρωπε.

The stone having been sealed by the Pharisees and chief priests, * and Your all-immaculate body being guarded by soldiers, * You rose on the third day, O Lord and Savior, granting life unto the world. * Then the powers of the heavens cried out to You, O Giver of Life, and shouted, * “Glory to Your resurrection, O Christ! * Glory to Your eternal rule! * Glory to Your plan for saving us, only benevolent God!”

At the Small Entrance, the usual Entrance Hymn is chanted:

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱέ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Following the Small Entrance, the Resurrection Hymn of the week in first mode is repeated (see above).

Then, the Hymn for St. Pelagia in plagal fourth mode is chanted.

Ἐν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ’ εἰκόνα· λαβοῦσα γὰρ τὸν σταυρόν, ἠκολούθησας τῷ Χριστῷ, καὶ πράττουσα ἐδίδασκες ὑπερορᾶν μὲν σαρκὸς παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναγάλλεται Ὅσια Πελαγία, τὸ πνεῦμά σου.

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Pelagia, your spirit rejoices with the angels.

We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἢ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρόσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we chant the usual Kontakion, in second mode:

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμώντων σε.

O Protection of Christians that never fails, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Today's Epistle Reading (18th Sunday):

The reading is from St. Paul's Second Letter to the Corinthians (9:6-11)

Αδελφοί, ὁ σπείρων φειδομένως, φειδομένως καὶ θερίσει, καὶ ὁ σπείρων ἐπ' εὐλογίαις ἐπ' εὐλογίαις καὶ θερίσει. Ἐκαστος καθὼς προαιρεῖται τῇ καρδίᾳ, μὴ ἐκ λύπης ἢ ἐξ ἀνάγκης· ἱλαρὸν γὰρ δότην ἀγαπᾷ ὁ Θεός. Δυνατὸς δὲ ὁ Θεὸς πᾶσαν χάριν περισσεῦσαι εἰς ὑμᾶς, ἵνα ἐν παντὶ πάντοτε πᾶσαν αὐτάρκειαν ἔχοντες περισσεύητε εἰς πᾶν ἔργον ἀγαθόν, καθὼς γέγραπται· Ἐσκόρπισεν, ἔδωκε τοῖς πένησιν, ἡ δικαιοσύνη αὐτοῦ μένει εἰς τὸν αἰῶνα. Ὁ δὲ ἐπιχορηγῶν σπέρμα τῷ σπείροντι καὶ ἄρτον εἰς βρῶσιν χορηγῆσαι καὶ πληθύναι τὸν σπόρον ὑμῶν καὶ αὐξήσει τὰ γενήματα τῆς δικαιοσύνης ὑμῶν· ἐν παντὶ πλουτιζόμενοι εἰς πᾶσαν ἀπλότητα, ἥτις κατεργάζεται δι' ἡμῶν εὐχαριστίαν τῷ Θεῷ.

Brethren, the point is this: he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures forever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God. [RSV]

Today's Gospel Reading (3rd Sunday of Luke):

The reading is from the Holy Gospel according to Luke (6:31-36)

Τῷ καιρῷ ἐκείνῳ, ἐπορεύετο ὁ Ἰησοῦς εἰς πόλιν καλουμένην Ναῖν· καὶ συνεπορεύοντο αὐτῷ οἱ μαθηταὶ αὐτοῦ ἱκανοὶ καὶ ὄχλος πολὺς. ὡς δὲ ἤγγισε τῇ πύλῃ τῆς πόλεως, καὶ ἰδοὺ ἐξεκομίζετο τεθνηκὼς υἱὸς μονογενῆς τῇ μητρὶ αὐτοῦ, καὶ αὕτη ἦν χήρα, καὶ ὄχλος τῆς πόλεως ἱκανὸς ἦν σὺν αὐτῇ. καὶ ἰδὼν αὐτὴν ὁ Κύριος ἐσπλαγχνίσθη ἐπ' αὐτῇ καὶ εἶπεν αὐτῇ· Μὴ κλαῖε· καὶ προσελθὼν ἥψατο τῆς σοροῦ, οἱ δὲ βαστάζοντες ἔστησαν, καὶ εἶπε· Νεανίσκε, σοὶ λέγω, ἐγέρθητι. καὶ ἀνεκάθισεν ὁ νεκρὸς καὶ ἤρξατο λαλεῖν, καὶ ἔδωκεν αὐτὸν τῇ μητρὶ αὐτοῦ. ἔλαβε δὲ φόβος πάντας, καὶ ἐδόξαζον τὸν Θεόν, λέγοντες ὅτι Προφῆτης μέγας ἠγγήγερται ἐν ἡμῖν, καὶ ὅτι ἐπεσκέψατο ὁ Θεὸς τὸν λαὸν αὐτοῦ.

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!" [RSV]

2023 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2023 Stewardship Commitment, THANK YOU!
If not, please take the time to mar financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



Giving Thanks,
**Eucharistic
Stewardship**

<u>2023</u>	<u>STEWARDSHIP</u>
Total Stewards	262 (GOAL 300)
Total Pledged	\$120,884.00 GOAL (\$230,000.00)
Avg. Pledge	\$715.29

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)

Pastoral Assistants & Youth Directors

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.

Even... Parents who occasionally help-out but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, edarakos@aol.com, 412-944-4961.

Sixty Club News

REMINDER: Gateway Clipper Cruise---departure 12:00—if wheelchair is needed, call 412-355-7980 upon arrival or have someone go to office for request. (event soldout)

REMINDER: FIRESIDE CHAT: Please include **choice of entrée** when making reservations by
October 22.

OGELBAY TOUR Nov. 29. \$139.00. Anyone else interested should call a.s.a.p. We have relinquished our extra seats. (Call Fran at 412-731-07900)

A CHRISTMAS STORY

O'Reilly Theater Saturday, December 16 2:00
\$40.00

A comedy back by popular demand: a story of disastrous family meals, sticky situations on the schoolyard and funny visits to Santaland.

Fun for the entire family. Nonmembers invited!

We have tentatively reserved 12 easily accessible seats, but, if we act quickly, we may be able to get more if needed.

Let us know you are interested:
contact Alice Gary at 412.249.8612

TODAY

Support GOYA Mission Walk for Guatemala

On October 8th, 2023 St. Nicholas GOYA will participate in a walk through Oakland supporting the vital work of the mission trips in Guatemala.

The money earned from this event will be used for:

- Building hospitals
- Establishing a seminary
- Translating liturgical/theological books
- Sewing vestments/other liturgical coverings
- Providing parishes with icons/liturgical utensils
- Assisting less fortunate members of the church
- Supporting other mission teams



How Can You Help?

If you are interested in donating, checks can be given to a GOYA member or mailed to St. Nicholas GOYA, 419 S. Dithridge Street, Pittsburgh, PA 15213, made payable to Holy Cross Mission Fund.

If you have any questions please contact the chair of this event, Toulia Darakos at toulia.darakos@icloud.com.



JOY, HOPE & Little Angels

FALL FESTIVAL

Friday, October 13th at 6:30 PM

Plan to decorate your car and bring
plenty of candy to pass out!

**(No witches, demons or horror themes
for costumes or decorations, please!)**

Scan QR Code to RSVP and Sign Up to Help





ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

REV. FR. ELEFTHERIOS CONSTANTINE REV. DR. ROBERT W. LYKOS

To: Members of The Greek Community of Allegheny County, PA
St. Nicholas Greek Orthodox Cathedral

From: Parish Council

Subject: General Assembly of October 15, 2023

A General Assembly will convene immediately following the Divine Liturgy on Sunday, October 15, 2023.

The agenda for the General Assembly will be as follows:

- A. Opening Prayer
- B. Election of Assembly Chairman (Secretary to be appointed by Chairman)
- C. Approval of the minutes of the previous General Assembly meeting of March 19, 2023
- D. Election of Board of Auditors (Elect no less than three (3))
- E. Election of Board of Elections (Elect no less than three (3))
- F. Election to Fill Any Vacancies on Foundation Fund Board of Trustees (Elect no less than three (3) with staggered terms)
- G. Nominations for Election to Parish Council (Elections to be held on December 10, 2023/ five (5) to be Elected)
- H. Father's Report & Reflections
- I. Executive Committee Report
- J. Foundation Fund Report
- K. Finance Committee Report
- L. Approval of 2024 Budget
- M. Any Other Committee Reports
- N. Old Business
- O. New Business
- P. Adjournment

At this meeting, the General Assembly will be asked to approve the Budget for 2024. Copies of all these documents and minutes of the prior General Assembly will be distributed at the meeting. The Parish Council requests your presence and support. Please make every effort to attend.

Respectfully,

Michelle Marie Kotsagrelou

Michelle Marie Kotsagrelou, President

Fr. Eleftherios Constantine

Fr. Eleftherios Constantine, Dean

St. Nicholas Greek Orthodox Cathedral
Godparent Sunday
Church School Open House

Sunday, November 5, 2023



Join your Godchild for
Church Worship, Holy Communion,
& Church School!

Mini Chefs, Mighty Mission

JOY, HOPE & Little Angels
Service Project



WHO?

- ☐ St. Nicholas families with kids in Pre-K through 6th grade
- ☐ Older siblings and teenage volunteers also welcome

WHAT?

- ☐ Social gathering with plenty of food and fun for everyone
- ☐ “Mini chefs” will decorate their own chef’s apron and hat before working independently or with a parent/helper to assemble a pan of lasagna, which will be donated to those in need in our community

WHEN?

- ☐ Friday, November 17th @ 6:00 PM

WHERE?

- ☐ St. Nicholas Fellowship Room

WHY?

- ☐ To help our youth enjoy an evening of fun, fellowship and service

DON'T MISS THE FUN!

- ☐ Text or email Nikki Lykos (412-897-8208 or nvlykos@gmail.com) by Friday, November 10th to let her know how many Chefs and adult helpers you’re bringing

OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 3rd Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GOYA Mission Walk	9	10 YAL Basketball 7:00 p.m. AHEPA Meeting 7:00 p.m.	11 Open Gym 7:00 p.m.	12	13 JOY, HOPE & Little Angels Fall Festival 6:30 p.m.	14 Greek School 10:00 a.m. Event (BH) 3:00 p.m.
15 Sunday of the 7th Ecumenical Council Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GENERAL ASSEMBLY MEETING	16 Parish Council Meeting 6:30 p.m.	17 YAL Basketball 7:00 p.m.	18 St. Luke the Evangelist Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Open Gym 7:00 p.m.	19	20	21 Greek School 10:00 a.m. Event (BH) 4:00 p.m.
22 6th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Philoptochos General Meeting	23 St. James (Iakovos) the Apostle Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.	24 YAL Basketball 7:00 p.m.	25 Open Gym 7:00 p.m.	26 St. Demetrios The Myrrh-Streamer Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.	27	28 Greek School 10:00 a.m. OXI Day Doxology 12:00 Noon Wedding 3:30 p.m.
29 7th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	30	31 YAL Basketball 7:00 p.m.	<div>Oct. 30 – Nov. 2: Fr. Eleftherios away for APC Clergy Retreat</div>			