

SUNDAY, OCTOBER 15, 2023 – 4th Sunday of Luke

The 350 Holy Fathers of the Seventh Ecumenical Council, which gathered in Nicaea in 787

Second Mode · Eighth Eothinon



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's Email: fr.ec@stnickspgh.org

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Larsen Vincent

Questions about our Parish? E-mail church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: September – May: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are streaming live from St Nicholas Cathedral at www.stnickspgh.org and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking the please donate button – or you may access the donation page by visiting <https://abundant.co/stnickspgh/give>

TODAY:

- ❖ A MEMORIAL SERVICE is being chanted for the souls of the servants of God, Zoe Gaitanoglou (40 days), Constantine Contis (50 years) & Eleni Contis (10 years).
- TRISAGION SERVICE for John Hanna (17 years). May God grant them eternal rest.
- ❖ Congratulations to Alisa and Nick Balouris, who are bringing their baby boy, *Peter*, to church today for his 40-day blessing!
- ❖ Coffee hour will be hosted by GOYA and sponsored by the Darakos, Contis, Davides, and Hanna families in the Large Hall.
- ❖ Due to circumstances beyond our control, the Parish General Assembly is being **RESCHEDULED** to Sunday, October 29, 2023.

THIS WEEK AT ST. NICHOLAS:

- Monday, October 16, 2023: YAL Basketball 7:00 p.m.
- Wednesday, October 18, 2023: St. Luke the Evangelist: Orthros 9:00 a.m.; Divine Liturgy 10:00 a.m.
Open Gym 7:00 p.m.
- Saturday, October 21, 2023: Greek School 10:00 a.m.
- Sunday, October 22, 2023: Philoptochos General Meeting | THINK PINK BAKE SALE
Trisagion Service for Father George Christulides, Deaconess Mary Christulides & Joan Lamprinakos

SUNDAY, OCTOBER 15, 2023 – 4th Sunday of Luke

The 350 Holy Fathers of the Seventh Ecumenical Council, which gathered in Nicaea in 787

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TODAYS HYMNS AND READINGS

The Resurrection Hymn of the week in 2nd mode is chanted at the Small Entrance:

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἡ ζωὴ ἡ ἀθάνατος, τότε τὸν ἄδην ἐνέκρωσας, τῇ ἀστραπῇ τῆς θεότητος· ὅτε δὲ καὶ τοὺς τεθνεώτας, ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ, ὁ Θεὸς ἡμῶν δόξα σοι.

When You descended unto Death, O Lord, You who are immortal Life put Hades to death, by the lightning of Your divinity. And when You raised the dead from the netherworld, all the hosts of heaven sang aloud to You, “O Christ God, Giver of life, glory to You!”

At the Small Entrance, the usual Entrance Hymn is chanted:

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Following the Small Entrance, the Resurrection Hymn of the week in second mode is repeated (see above).

Then, the Hymn for the Fathers of the 7th Ecumenical Council in plagal fourth mode is chanted.

Υπερδεδοξασμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι’ αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγήσας· πολυεύσπλαγχνε, δόξα σοι.

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

Then, the clergy chant the hymn for the memorial service in plagal fourth mode.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ Σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

Remember, O Lord, as you are good, your servants, and forgive every sin they have committed in this life. For no one is sinless except for you, who has power to grant rest to those who have fallen asleep.

We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we chant the usual Kontakion, in second mode:

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβειάν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμῶντων σε.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Today's Epistle Reading (*for the Fathers of the 7th Ecumenical Council*):

The reading is from St. Paul's Letter to Titus (3:8-15)

Τέκνον Τίτε, πιστὸς ὁ λόγος, καὶ περὶ τούτων βούλομαι σε διαβεβαιουῖσθαι, ἵνα φροντίζωσιν καλῶν ἔργων προῖστασθαι οἱ πεπιστευκότες θεῷ. ταῦτά ἐστιν καλὰ καὶ ὠφέλιμα τοῖς ἀνθρώποις · μωρὰς δὲ ζητήσεις καὶ γενεαλογίας καὶ ἔριν καὶ μάχας νομικὰς περιῖστασο, εἰσὶν γὰρ ἀνωφελεῖς καὶ μάταιοι. Αἵρετικὸν ἄνθρωπον μετὰ μίαν καὶ δευτέραν νουθεσίαν παραιτοῦ, εἰδὼς ὅτι ἐξέστραπται ὁ τοιοῦτος καὶ ἀμαρτάνει, ὧν αὐτοκατάκριτος. Ὅταν πέμψω Ἀρτεμᾶν πρὸς σέ ἢ Τυχικόν, σπουδάσον ἐλθεῖν πρὸς με εἰς Νικόπολιν, ἐκεῖ γὰρ κέκρικα παραχειμάσαι. Ζηνᾶν τὸν νομικὸν καὶ Ἀπολλῶν σπουδαίως πρόπεμψον, ἵνα μηδὲν αὐτοῖς λείπη. μανθανέτωσαν δὲ καὶ οἱ ἡμέτεροι καλῶν ἔργων προῖστασθαι εἰς τὰς ἀναγκαίας χρείας, ἵνα μὴ ὦσιν ἄκαρποι. Ἀσπάζονται σε οἱ μετ' ἐμοῦ πάντες. Ἀσπασαι τοὺς φιλοῦντας ἡμᾶς ἐν πίστει. ἡ χάρις μετὰ πάντων ὑμῶν. Ἀμήν.

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen. [RSV]

Today's Gospel Reading (*4th Sunday of Luke – Sunday of the Fathers*):

The reading is from the Holy Gospel according to Luke (6:31-36)

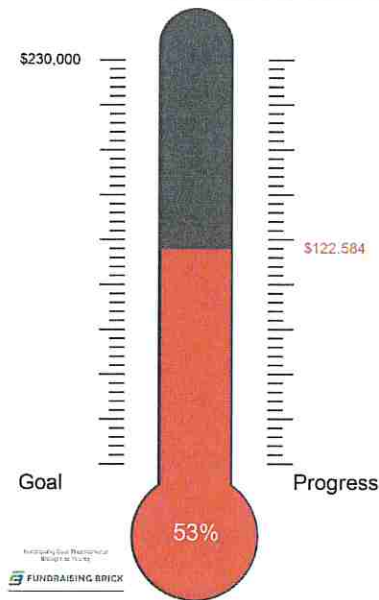
Εἶπεν ὁ Κύριος τὴν παραβολὴν ταύτην· Ἐξῆλθεν ὁ σπείρων τοῦ σπείραι τὸν σπόρον αὐτοῦ. καὶ ἐν τῷ σπείρειν αὐτὸν ὁ μὲν ἔπεσε παρὰ τὴν ὁδόν, καὶ κατεπατήθη, καὶ τὰ πετεινὰ τοῦ οὐρανοῦ κατέφαγεν αὐτό· καὶ ἕτερον ἔπεσεν ἐπὶ τὴν πέτραν, καὶ φυὲν ἐξηράνθη διὰ τὸ μὴ ἔχειν ἱκμάδα· καὶ ἕτερον ἔπεσεν ἐν μέσῳ τῶν ἀκανθῶν, καὶ συμφυεῖσαι αἱ ἀκανθαὶ ἀπέπνιξαν αὐτό. καὶ ἕτερον ἔπεσεν εἰς τὴν γῆν τὴν ἀγαθὴν, καὶ φυὲν ἐποίησε καρπὸν ἑκατονταπλασίονα. ταῦτα λέγων ἐφώνει· Ὁ ἔχων ὦτα ἀκούειν ἀκουέτω. Ἐπηρώτων δὲ αὐτὸν οἱ μαθηταὶ αὐτοῦ λέγοντες· Τίς εἴη ἡ παραβολὴ αὕτη; ὁ δὲ εἶπεν· Ὑμῖν δέδοται γινῶναι τὰ μυστήρια τῆς βασιλείας τοῦ Θεοῦ, τοῖς δὲ λοιποῖς ἐν παραβολαῖς, ἵνα βλέποντες μὴ βλέπωσι καὶ ἀκούοντες μὴ συνῶσιν. Ἔστι δὲ αὕτη ἡ παραβολὴ· ὁ σπόρος ἐστὶν ὁ λόγος τοῦ Θεοῦ· οἱ δὲ παρὰ τὴν ὁδὸν εἰσιν οἱ ἀκούσαντες, εἴτα ἔρχεται ὁ διάβολος καὶ αἶρει τὸν λόγον ἀπὸ τῆς καρδίας αὐτῶν, ἵνα μὴ πιστεύσαντες σωθῶσιν. οἱ δὲ ἐπὶ τῆς πέτρας οἱ ὅταν ἀκούσωσι, μετὰ χαρᾶς δέχονται τὸν λόγον, καὶ οὗτοι ῥίζαν οὐκ ἔχουσιν, οἱ πρὸς καιρὸν πιστεύουσι καὶ ἐν καιρῷ πειρασμοῦ ἀφίστανται. τὸ δὲ εἰς τὰς ἀκάνθας πεσόν, οὗτοί εἰσιν οἱ ἀκούσαντες, καὶ ὑπὸ μεριμνῶν καὶ πλούτου καὶ ἡδονῶν τοῦ βίου πορευόμενοι συμπνίγονται καὶ οὐ τελεσφοροῦσι. τὸ δὲ ἐν τῇ καλῇ γῇ, οὗτοί εἰσιν οἵτινες ἐν καρδίᾳ καλῇ καὶ ἀγαθῇ ἀκούσαντες τὸν λόγον κατέχουσι καὶ καρποφοροῦσιν ἐν ὑπομονῇ. Ὁ ἔχων ὦτα ἀκούειν ἀκουέτω.

The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out, "He who has ears to hear, let him hear." [RSV]

2023 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2023 Stewardship Commitment, THANK YOU!
If not, please take the time to mar financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



Giving Thanks,
**Eucharistic
Stewardship**

<u>2023</u>	<u>STEWARDSHIP</u>
Total Stewards	265 (GOAL 300)
Total Pledged	\$122,584.00 GOAL (\$230,000.00)
Avg. Pledge	\$716.87

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)

Pastoral Assistants & Youth Directors

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.

Even... Parents who occasionally help-out but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, edarakos@aol.com, 412-944-4961.

Sixty Club News

Many thanks to those who supported the Gateway Clipper Cruise event. We could not have asked for more perfect weather or a smoother ride! If you have any pictures you would like to submit to the newsletter, please call the office.

FIRESIDE CHAT with FR. ELEFThERIOS

November 5, following Liturgy in Crystal Room

Reservations due October 22.

Even if you did not receive a flyer in the mail, you are welcome to attend.

Bring a friend and enjoy a light lunch, followed by a question-and-answer period about our Orthodox faith, traditions, services, etc. Learn from other people's questions.

Please call a Planning Committee member for reservation and detailed menu: Fran Hanna (412.731.0790) Alice Gary (412.249.8612) Argie Stuart (412.681.6754) Helen Waskoskie (724.327.3539).

A CHRISTMAS STORY

**Saturday, December 16 2:00pm O'Reilly Theater
\$40.00**

A comedy back by popular demand: a story of disastrous family meals, sticky situations on the schoolyard and funny visits to Santaland.

Fun for the entire family. Nonmembers are invited!

We have tentatively reserved 12 easily accessible seats, but we must act quickly to keep them and/or get more if needed, Contact Alice Gary at 412.249.8612.

Accepting dues for September 2023 to August 2024

GOYA NEWS

Thank you to all our GOYAns who participated in our annual Walk for Missions in collaboration with our sister parish of Holy Cross, Mt. Lebanon.

Thank you to all who contributed to this worthy mission.

Please note we are still collecting donations today. Checks may be payable to Holy Cross Mission Fund and given to any GOYAn.

Thank you for your continued support to our GOYA ministry.

Philoptochos News

**Please mark your calendars for the first Philoptochos
General Meeting of the new year on
Sunday, October 22nd.**



**St. Nicholas Philoptochos
General Membership Meeting
Sunday, October 22nd
After Church in the Small Hall**

We invite all Philoptochos members (and those interested in learning more about Philoptochos) to join us for light refreshments and fellowship in the small hall immediately after church.

Special guest, Joyce Spanakis, President of the Metropolis of Pittsburgh Philoptochos Board, will join us to talk about the mission and current initiatives of Philoptochos.

We will also celebrate Breast Cancer Awareness month and honor our members who are cancer survivors!

Please join us!

ST NICHOLAS

Byzantine Youth Choir

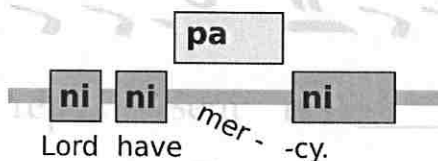
For Grades K - 12

Meets weekly for 20
minutes after Sunday School

Students can grab a snack at
coffee hour before coming



- *Learn the hymns of the Divine Liturgy
- * Online lessons with audio recordings and videos



*Talk to Amy Hogg for more information,
or email her at amy.hogg@trisagionschool.org

St. Nicholas Greek Orthodox Cathedral
Godparent Sunday
Church School Open House

Sunday, November 5, 2023



Join your Godchild for
Church Worship, Holy Communion,
& Church School!

Mini Chefs, Mighty Mission

JOY, HOPE & Little Angels
Service Project



WHO?

- ☐ St. Nicholas families with kids in Pre-K through 6th grade
- ☐ Older siblings and teenage volunteers also welcome

WHAT?

- ☐ Social gathering with plenty of food and fun for everyone
- ☐ "Mini chefs" will decorate their own chef's apron and hat before working independently or with a parent/helper to assemble a pan of lasagna, which will be donated to those in need in our community

WHEN?

- ☐ Friday, November 17th @ 6:00 PM

WHERE?

- ☐ St. Nicholas Fellowship Room

WHY?

- ☐ To help our youth enjoy an evening of fun, fellowship and service

DON'T MISS THE FUN!

- ☐ Text or email Nikki Lykos (412-897-8208 or nvlykos@gmail.com) by Friday, November 10th to let her know how many Chefs and adult helpers you're bringing



GREEK-AMERICAN PROGRESSIVE ASSOCIATION
ΕΛΛΗΝΟΑΜΕΡΙΚΑΝΙΚΟΣ ΠΡΟΟΔΕΥΤΙΚΟΣ ΣΥΝΔΕΣΜΟΣ

Celebrating 100 Years | 1923-2023

You are cordially invited to join G.A.P.A. for an evening of fellowship and memories at our

Centennial Gala

*Celebrating 100 years of brotherhood,
philanthropy, and service to the
Greek-American community & beyond!*

Saturday, December 9, 2023

Cocktails & Hors D'oeuvres: **6:00 PM** | Dinner: **7:00 PM**

Crowne Plaza Hotel Pittsburgh South

164 Fort Couch Road | Pittsburgh, PA 15241

Live music by the fabulous Stigma Band

Dinner & Dance - **\$85** | Dance Only - **\$25** (9:00 PM)

For reservations, please contact **Joanne Melacrinos** at (412) 400-4607 -or-

Helen Valsamidis at (724) 777-5155 no later than Saturday, 11/25/2023.

OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
Sunday of the 7th Ecumenical Council Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	YAL Basketball 7:00 p.m.		St. Luke the Evangelist Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Open Gym 7:00 p.m.			Greek School 10:00 a.m. Event (BH) 4:00 p.m.
22	23	24	25	26	27	28
6th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. THINK PINK BAKE SALE Philoptochos General Meeting	St. James (Iakovos) the Apostle Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Parish Council Meeting 6:30 p.m. YAL Basketball 7:00 p.m.		Open Gym 7:00 p.m.	St. Demetrios the Myrrh-Streamer Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.		Greek School 10:00 a.m. OXI Day Doxology 12:00 Noon Wedding 3:30 p.m.
29	30	31	1	2	3	4
7th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GENERAL ASSEMBLY MEETING	YAL Basketball 7:00 p.m.					
	Oct. 30 – Nov. 2: Fr. Eleftherios away at APC Clergy Retreat					