

## SUNDAY, SEPTEMBER 17, 2023 - Sunday After Holy Cross

St. Sophia & her three daughters: Faith, Hope, and Love

Plagal Second Mode · 4<sup>th</sup> Eothinon



### WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT [www.stnickspgh.org](http://www.stnickspgh.org) TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's Email: [fr.ec@stnickspgh.org](mailto:fr.ec@stnickspgh.org)

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Larsen Vincent

Questions about our Parish? E-mail [church@stnickspgh.org](mailto:church@stnickspgh.org) or call 412-682-3866

**Our Sunday worship schedule: September – May: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.**

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

#### Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are streaming live from St Nicholas Cathedral at [www.stnickspgh.org/](http://www.stnickspgh.org/) and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page [www.stnickspgh.org](http://www.stnickspgh.org) by clicking the please donate button – or you may access the donation page by visiting <https://abundant.co/stnickspgh/give>

### TODAY:

- ❖ **TODAY'S MEMORIAL SERVICE** is being chanted for the soul of the servant of God, Kalliope (Popie) Frentzos (1 year). May God grant her eternal rest.
- ❖ Coffee hour will be hosted by GOYA and sponsored by the family of Popie Frentzos in the Large Hall.
- ❖ **MINISTRIES SUNDAY** – Please join us in the Large Hall to learn more about the various ministries our Cathedral offers, and how to get more involved.
- ❖ **Church School Begins** (*Children and teachers should congregate in front two rows on left side of church following Holy Communion for the blessing of the church school*)
- ❖ **GOYA Meeting**

### THIS WEEK AT ST. NICHOLAS:

- Tuesday, September 19, 2023:
- Saturday, September 23, 2023:
- Sunday, September 24, 2023:

GOYA Basketball 7:00 p.m.

Greek School 10:00 a.m.

Pittsburgh Great Race (*road closures around the church*)

Memorial Service for Katherine Kefalos (6 years),

George Kefalos (1 year), Maria (Mary) Kefalos (2 years),

Vasiliki Tsouris (54 years), & Nicholas Tsouris (19 years)

IOCC Ukrainian Relief Dinner & Prayer Service 4:00 p.m.

<b>SUNDAY, SEPTEMBER 17, 2023 - Sunday After Holy Cross</b>
St. Sophia & her three daughters: Faith, Hope, and Love
Plagal Second Mode · 4 <sup>th</sup> Eothinon

## TODAY'S HYMNS AND READINGS

*The Festal Hymn for the Exaltation of the Holy Cross in first mode is chanted at the Small Entrance:*

**Σ**ῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

**S**ave, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

*For the Small Entrance, the usual Entrance Hymn is chanted:*

**Δ**εῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.

**C**ome, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

*Following the Small Entrance, the Resurrection Hymn of the week in plagal second mode is chanted.*

**Α**γγελικαὶ δυνάμεις ἐπὶ τὸ μνήμα σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν· καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ· ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

**W**hen the angelic powers appeared at Your tomb, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary, who was seeking Your immaculate body. Unassailed by Hades, You divested it of spoils. Then You met the Virgin. You granted life. O Lord, risen from the dead, glory to You.

*Then, the Festal Hymn for the Exaltation of the Holy Cross in first mode is repeated (see above).*

*We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:*

**Κ**ανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἢ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

**T**he truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

*Finally, we chant the Festal Kontakion (for the Exaltation of the Holy Cross), in fourth mode:*

**Ο** ὑψωθείς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς οἰκτιρμούς σου δώρησαι, Χριστέ ὁ Θεός· εὐφρανὸν ἐν τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὄπλον εἰρήνης, ἀήττητον τρόπαιον.

**Y**ou who were lifted on the cross voluntarily, O Christ our God, bestow Your tender compassions upon Your new community to which You gave Your name. Cause our faithful emperors to be glad in Your power, granting them the victories against their adversaries. And for an ally, Lord, may they have You, peace as their armor, the trophy invincible.

**Today's Epistle Reading** (*Sunday After the Elevation of the Holy Cross*):

The reading is from St. Paul's Letter to the Galatians (2:16-20)

**Α**δελφοί, εἰδότες ὅτι οὐ δικαιοῦται ἄνθρωπος ἐξ ἔργων νόμου, ἐὰν μὴ διὰ πίστεως Ἰησοῦ Χριστοῦ, καὶ ἡμεῖς εἰς Χριστὸν Ἰησοῦν ἐπιστεύσαμεν, ἵνα δικαιωθῶμεν ἐκ πίστεως Χριστοῦ καὶ οὐκ ἐξ ἔργων νόμου· διότι ἐξ ἔργων νόμου οὐ δικαιωθήσεται πᾶσα σὰρξ. Εἰ δὲ ζητοῦντες δικαιωθῆναι ἐν Χριστῷ εὐρέθημεν καὶ αὐτοὶ ἁμαρτωλοί, ἄρα Χριστὸς ἁμαρτίας διάκονος; μὴ γένοιτο! Εἰ γὰρ, ἂ κατέλυσα, ταῦτα πάλιν οἰκοδομῶ, παραβάτην ἑμαυτὸν συνίστημι. Ἐγὼ γὰρ διὰ νόμου νόμῳ ἀπέθανον ἵνα Θεῷ ζήσω. Χριστῷ συνεσταύρωμαι· ζῶ δὲ οὐκέτι ἐγώ, ζῆ δὲ ἐν ἐμοὶ Χριστός· ὁ δὲ νῦν ζῶ ἐν σαρκί, ἐν πίστει ζῶ τῇ τοῦ Υἱοῦ τοῦ Θεοῦ τοῦ ἀγαπήσαντός με καὶ παραδόντος ἑαυτὸν ὑπὲρ ἐμοῦ.

**B**rethren, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. [RSV]

**Today's Gospel Reading** (*Sunday Before the Elevation of the Holy Cross*):

The reading is from the Holy Gospel according to Mark (8:34-38; 9:1)

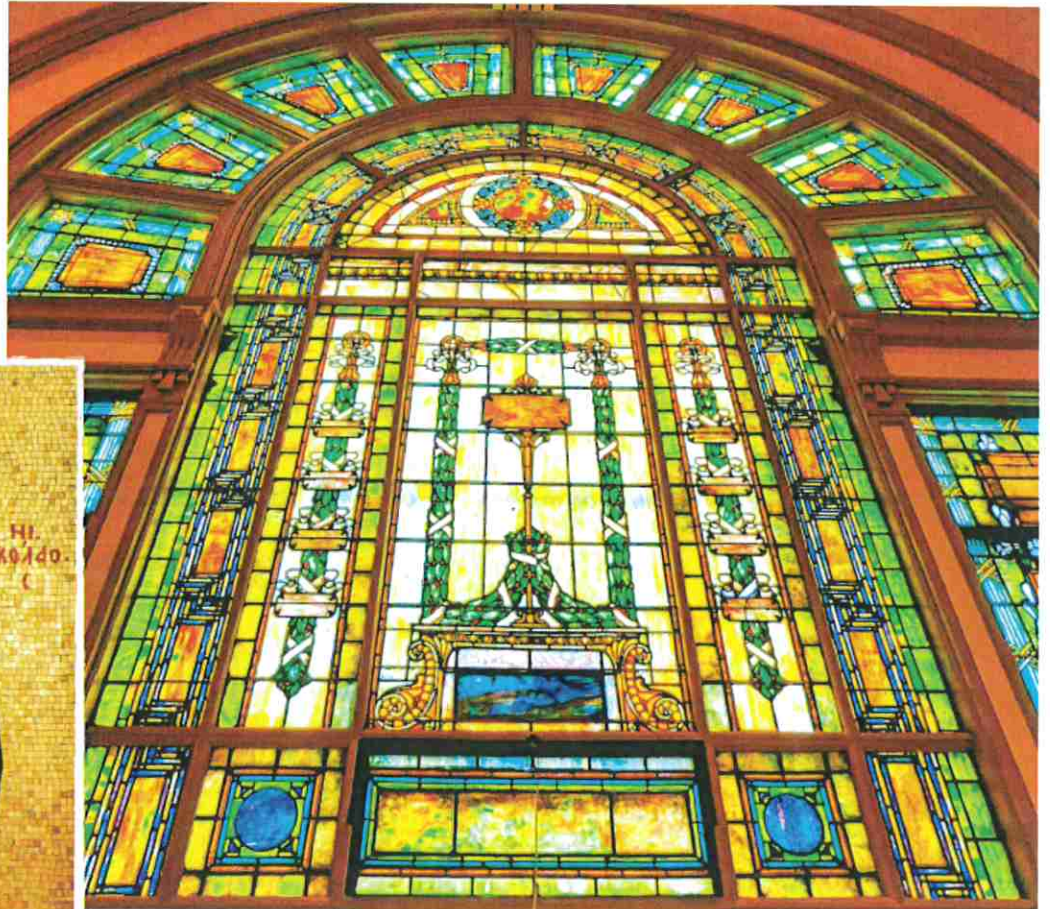
**Εἶ**πεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἐλθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλη τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῆ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνθῆ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

**The Lord said:** "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power." [RSV]

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SEPT.

17



TODAY

# MINISTRIES SUNDAY

## St. Nicholas Greek Orthodox Cathedral

Join us in the Large Hall following Divine Liturgy to learn more about the various ministries offered by our Cathedral!

[WWW.STNICKSPGH.ORG](http://WWW.STNICKSPGH.ORG)



GREEK ORTHODOX ARCHDIOCESE OF AMERICA

ARCHEPISCOPAL ENCYCLICAL

Prot. No. 251/2023

**Archepiscopal Encyclical**  
**On the Feast of the Universal Exaltation of the Precious and Life-giving Cross**

September 14, 2023

Unto the Most Reverend and Right Reverend Hierarchs, Pious Priests and Deacons, Monks and Nuns, Presidents and Members of the Parish Councils, Honorable Archons of the Ecumenical Patriarchate, Members of Leadership 100, Day and Afternoon Schools, Philoptochos Societies, Youth, Greek Orthodox Organizations, and entirety of the Christ-loving Plenitude of the Sacred Archdiocese of America:

*O most glorious wonder! Today the Cross Which bore the Most High is beheld exalted from the earth, as a cluster of grapes full of life.*

Dear brothers and sisters in Christ,

Today, we celebrate the Universal Exaltation of the Holy and Life-giving Cross – the special Feastday of our Hellenic College and Holy Cross Greek Orthodox School of Theology. In its Exaltation, the hymns of the day call to mind that this Cross is no piece of dried and dead wood, but a living and vibrant source of spiritual refreshment. For the Cross is the Holy Trellis upon which the True Vine stretched forth as a divine cluster of grapes granting spiritual nourishment to the world. The Cross is the Sacred Arbor upon which our human nature was washed clean of sin and death by the Precious Blood of our Lord Jesus Christ, Who, as the Scripture says, “washed His robe in the blood of grapes” (Genesis 49:11).

This “blood of grapes” is a prophetic image of the Mystical Offering that we receive in every Divine Liturgy. Through our Lord’s grace and love for mankind, we partake of His Body and Blood through the ministrations of our clergy. They participate in His High Priesthood for this singular purpose – to bring that “cluster of grapes full of life” into the experience of the Faithful, so that we may be filled with the hope of eternal life.



Our beloved School is the place where our clergy are trained and prepared to make these offerings for the life of the world. Through the integration of knowledge and right (Orthodox) belief that they receive at Hellenic College and Holy Cross, they serve the Body of the Church in the preparation and distribution of the Mystical Supper, as well as in the many aspects of ministry that enliven our parishes. Therefore, let us offer all of our support and strengthen this most precious Institution of our Sacred Archdiocese, so that the Divine Cluster of Grapes may always be pressed and shared in all our communities, through the Power of the Holy and Lifegiving Cross.

With paternal blessings and love in Christ,

† ELPIDOPHOROS  
Archbishop of America



## ΙΕΡΑ ΑΡΧΙΕΠΙΣΚΟΠΗ ΑΜΕΡΙΚΗΣ

### ΑΡΧΙΕΠΙΣΚΟΠΙΚΗ ΕΓΚΥΚΛΙΟΣ

Αριθμ. Πρωτ. 251/2023

#### Αρχιεπισκοπική Έγκύκλιος για την Παγκόσμια Ύψωση του Τιμίου και Ζωοποιοῦ Σταυροῦ.

14 Σεπτεμβρίου 2023

Πρὸς τοὺς Σεβασμιωτάτους καὶ Θεοφιλεστάτους Ἀρχιερεῖς, τοὺς Εὐλαβεστάτους Ἱερεῖς καὶ Διακόνους, τοὺς Μοναχοὺς καὶ τὶς Μοναχές, τοὺς Προέδρους καὶ τὰ Μέλη τῶν Κοινοτικῶν Συμβουλιῶν, τοὺς Ἐντιμολογιωτάτους Ἄρχοντες τοῦ Οἰκουμενικοῦ Πατριαρχείου, τὰ μέλη τῆς Ἡγεσίας τῶν 100, τὰ Ἡμερήσια καὶ Απογευματινὰ Σχολεῖα, τὶς Φιλοπτώχους Ἀδελφότητες, τὴ Νεολαία, τὶς Ἑλληνορθόδοξες Ὄργανώσεις καὶ ὁλόκληρο τὸ Χριστεπώνυμο πλήρωμα τῆς Ἱερᾶς Αρχιεπισκοπῆς Ἀμερικῆς.

*«Ὁ τοῦ παραδόξου θαύματος! ὡς βότρυν πλήρη ζωῆς, ὁ βαστάσας τὸν ὕψιστον, ἀπὸ γῆς ὑψούμενος, Σταυρὸς ὁρᾶται σήμερον» (Στιχηρὸ τῶν αἰνῶν τῆς ἑορτῆς).*

Προσφιλεῖς ἀδελφοὶ καὶ ἀδελφές ἐν Χριστῷ,

Ἐορτάζουμε σήμερα τὴν Παγκόσμια Ύψωση τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, μία σημαντικὴ ἡμέρα γιὰ τὴ Σχολή μας, τὸ Ἑλληνικὸ Κολλέγιο καὶ τὴν ἑλληνορθόδοξη Θεολογικὴ Σχολὴ τοῦ Τιμίου Σταυροῦ. Κατὰ τὴν ἡμέρα τῆς Ὑψώσεως, τὰ τροπάρια ποὺ ψάλλουμε μᾶς ὑπενθυμίζουν ὅτι ὁ σταυρὸς δὲν εἶναι ἀπλᾶ ἓνα ξύλο ἀποξηραμμένο καὶ νεκρό, ἀλλὰ ἀστείρευτη πηγὴ ζώντως ὕδατος. Γιατὶ ὁ σταυρὸς εἶναι ἡ κληματαριὰ ἐκεῖνη ἀπὸ τὴν ὁποία ἡ ἄμπελος ἢ ἀληθινὴ ἀπλώνεται καὶ τρέφει πνευματικὰ ὅλο τὸν κόσμον. Ὁ σταυρὸς εἶναι ἐκεῖνο τὸ κλήμα, τὸ ὁποῖο καθαρίζει τὴν ἀνθρώπινη φύση ἀπὸ τὴν ἁμαρτία, ἀναιρώντας τὸ θάνατον μὲ τὸ πανακήρατον αἷμα τοῦ Κυρίου ἡμῶν Ἰησοῦ Χριστοῦ, γιὰ τὸν ὁποῖο, ὅπως ἡ Γραφή λέει: «πλυνεῖ ἐν οἴνῳ τὴν στολὴν αὐτοῦ καὶ ἐν αἵματι σταφυλῆς τὴν περιβολὴν αὐτοῦ» (Γεν. 49:11).



Αυτό «τὸ αἷμα σταφυλῆς» ἀποτελεῖ τὴν προφητικὴ εἰκόνα γιὰ τὴ «μυστικὴ δωρεά», τὴν ὁποία λαμβάνουμε σὲ κάθε Θεία Λειτουργία. Μὲ τὴ χάρη τοῦ Θεοῦ καὶ τὴν ἀπειρη ἀγάπη Του πρὸς τὴν ἀνθρωπότητα, μετέχουμε τοῦ τιμίου σώματος καὶ τοῦ τιμίου αἵματος τοῦ Χριστοῦ μέσῳ τῶν μυστηρίων τῆς ἐκκλησίας, τὰ ὁποῖα τελοῦνται ἀπὸ τοὺς ἱερεῖς μας. Οἱ ἱερεῖς εἶναι συλλειτουργοὶ τοῦ Μεγάλου Ἀρχιερέως γιὰ ἓνα καὶ μοναδικὸ σκοπὸ! Νὰ φέρουν τὸν «βότρυν πλήρη ζωῆς» στὴ ζωὴ τῶν πιστῶν, ἐνισχύοντάς τους μὲ τὴν ἐλπίδα τῆς αἰώνιας ζωῆς.

Ἡ ἀγαπημένη μας Θεολογικὴ Σχολὴ εἶναι τὸ φυτώριο τῶν μελλοντικῶν κληρικῶν μας, ὁ χῶρος ὅπου ἐκπαιδεύονται καὶ προετοιμάζονται γιὰ νὰ προσφέρουν τὰ τίμια δῶρα «ὑπὲρ τῆς τοῦ κόσμου ζωῆς». Παίρνοντας τὶς κατάλληλες γνώσεις ἀλλὰ καὶ ἐντρυφώντας στὴν ὀρθόδοξη πίστη στὸ Ἑλληνικὸ Κολλέγιο καὶ τὴ Θεολογικὴ Σχολὴ τοῦ Τιμίου Σταυροῦ, ὑπηρετοῦν τὸ Σῶμα τῆς Ἐκκλησίας, διακονώντας τόσο στὸ Μυστήριον τῆς Θείας Εὐχαριστίας, ὅσο καὶ στὶς ἄλλες πολὺτιμες διακονίες, οἱ ὁποῖες ζωογονοῦν τὶς κοινότητές μας. Ἄς ἐνισχύσουμε, λοιπόν, μὲ ὅλες μας τὶς δυνάμεις αὐτὸ τὸ πολὺτιμο καθίδρυμα τῆς Ἱερᾶς Ἀρχιεπισκοπῆς μας, ὥστε «ὁ βότρυν τῆς ζωῆς» νὰ γίνεταὶ ὁ πολὺτιμος ἐκεῖνος οἶνος ποὺ ζωοποιεῖ ὅλες τὶς κοινότητές μας, μὲ τὴ δύναμη καὶ τὴ χάρη τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ.

Μετὰ πατρικῶν εὐχῶν καὶ τῆς ἐν Χριστῷ ἀγάπης,

*† Ὁ Ἀμερικῆς Ἐλπιδοφόρος*

† Ὁ Ἀμερικῆς Ἐλπιδοφόρος

ED GAINEY  
MAYOR



KATHRYN VARGAS  
DIRECTOR

CITY OF PITTSBURGH  
**OFFICE OF SPECIAL EVENTS**  
CITY-COUNTY BUILDING

Dear Pastor:

On Sunday, September 24<sup>th</sup>, 2023, the Pittsburgh community will cheer on family and friends during the 46<sup>th</sup> running of the Richard S. Caliguiri City of Pittsburgh Great Race 10K Run and 5K Run and Fitness Walk. Over the past years, your congregation has been considerate in cooperating with our nationally recognized event, which now attracts a combination of over 10,000 runners & walkers. Our separate 5K and 10K events will start at 8:00 a.m. and 9:30 a.m.

It is my hope that we can depend on your congregation's continued patience and understanding with this temporary interruption of your regular Sunday schedule. We ask that you please remind your worshippers in advance of Sunday, September 24<sup>th</sup>, that parking is restricted on the race route beginning at 9:00 p.m. on Saturday evening, September 23<sup>rd</sup>. "No Parking" signs will be posted along the course in advance of this event as a reminder.

Street closings for both the 10K and the 5K are divided into four separate zones. Zones C & D will be closed at 6:30 a.m. Zones A & B will close at 8:30 a.m. Each zone will re-open at different times. Please see the enclosed closure list for details on the road closures.

Thank you for your continued cooperation and support in helping our city to celebrate health and wellness!

Sincerely,

A handwritten signature in black ink, appearing to read "B. Katze", written in a cursive style.

Brian Katze  
Race Director, The Great Race  
City of Pittsburgh

ED GAINEY  
MAYOR



KATHRYN VARGAS  
DIRECTOR

CITY OF PITTSBURGH  
**OFFICE OF SPECIAL EVENTS**  
CITY-COUNTY BUILDING

The Great Race 10K/5K time-line is as follows:

**ZONE A**

Start Line at Beechwood Blvd. to Forbes and Morewood Avenues will close to traffic at 8:30 a.m. and open at approximately 10:00 a.m. on Sunday, September 24<sup>th</sup>, 2023.

**ZONE B**

Forbes and Morewood Avenues to Fifth Avenue and Bigelow Blvd. will close to traffic at 8:30 a.m. and open at approximately 10:30 a.m. on Sunday, September 24<sup>th</sup>, 2023.

**ZONE C**

Fifth Avenue and Bigelow Blvd. to Fifth Avenue & the Oakland ramp to Blvd. of the Allies will close to traffic at 6:30 a.m. and open at approximately 10:45 a.m. on Sunday, September 24<sup>th</sup>, 2023.

**ZONE D**

Fifth Avenue & the Oakland ramp to Blvd. of the Allies to Commonwealth Blvd. and Liberty Ave. will close to traffic at 6:30 a.m. and open at approximately 11:00 a.m. on Sunday, September 24<sup>th</sup>, 2023.

Emergency vehicles have permission to cross the race course until runners & walkers arrive and depart.

Thank you for your continued support in helping our truly one-of-a-kind city to celebrate family, friends, health & spirit.

**2023 Stewardship Pledge Cards are in the Narthex**  
*(Just ask a member of Parish Council)*

**If you have already submitted your 2023 Stewardship Commitment, THANK YOU!**  
**If not, please take the time to make financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.**

***HELP US REACH/ EXCEED OUR GOAL!!***



<u>2023</u>	<u>STEWARDSHIP</u>
<b>Total Stewards</b>	<b>259 (GOAL 300)</b>
<b>Total Pledged</b>	<b>\$120,883.00 GOAL (\$230,000.00)</b>
<b>Avg. Pledge</b>	<b>\$719.54</b>

**YOUTH SAFETY WORKERS**

Who is considered a Youth Safety Worker?

**All Clergymen (Bishops/Priests/Deacons, both Active & Retired)**

**Pastoral Assistants & Youth Directors**

**People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.**

**Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.**

**Even... Parents who occasionally help-out but are alone with other people's children.**

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, [edarakos@aol.com](mailto:edarakos@aol.com), 412-944-4961.



# CHURCH SCHOOL

**Today**, the bells will start to ring again for the beginning of Church School with an Agiasmo (Blessings of the Water)!

This year's Church School theme is **"Living Our Orthodox Faith."** Church School students are going to be encouraged to 'spread Orthodoxy' by showing they believe in Christ by being good stewards by using their time, talent, and treasure in Service to our Families, Friends, Neighbors, Community and Christ.

Every week your child is encouraged to bring "a donation" to Church School (this will help them learn the lesson of "stewardship"), plus, be assigned homework: Do something nice for someone!

New this year, a Church School Choir! Once a month, Psaltis Amy Hogg will have a special lesson with the Church School students to teach them to chant the Divine Liturgy and on a Sunday next year, they will chant the Divine Liturgy.

Please take the time to look over the attached 2023-2024 Church School Calendar, fill out the registration form (and bring it on or before the 17<sup>th</sup>) and volunteer **your** time, talent, and treasure to help **our** children.

I would like to thank the parents in advance for sharing your children with us every Sunday! But, what can you do to help? You can help our Church School program, in the final analysis, your child, by bringing him/her every Sunday. Encourage your child to tell you about the lesson taught for the day, as well as, the craft brought home. Pray with your child. (Each lesson should begin and end with Prayer.) Attend worship services together as a **family**; Divine Liturgy starts at 10:00 a.m.

Yours in Christ,

*Miss Michelle*



## *Church School Schedule 2023-2024*

Sunday, September 17, 2023		Church School Begins
Sunday, November 5, 2023		Godparent Sunday
Sunday, November 26, 2023	No Classroom Attendance	Thanksgiving Break
Sunday, December 10, 2023		St. Nicholas Bazaar
Sunday, December 17, 2023		Christmas Pageant
Sunday, December 24, 2023	No Classroom Attendance	Christmas Break
Sunday, December 31, 2023	No Classroom Attendance	Christmas Break
Sunday, January 7, 2024		Church School Resumes & Vasilopita Cutting
Sunday, March 3, 2024		Parent Open House
Sunday, March 24, 2024	Participation in Procession	Sunday of Orthodoxy
Saturday, April 27, 2024	Saturday of Lazarus	Communion Breakfast/Making of Palm Crosses
Sunday, April 28, 2024	Classroom Attendance	Palm Sunday
Sunday, May 5, 2024	No Classroom Attendance	Easter Sunday
Sunday, May 12, 2024	No Classroom Attendance	Food Festival
Sunday, May 19, 2024		Commencement

**Registration Form  
St. Nicholas Greek Orthodox Cathedral  
Church School**

**Parent's Names**

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**Address**

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**Phone Numbers**

Home \_\_\_\_\_

Work \_\_\_\_\_

Cell \_\_\_\_\_

E-mail \_\_\_\_\_

<b>Children</b>	<b>Grade</b>	<b>Birthday</b>	<b>Nameday</b>	<b>Allergies</b>
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**May we call you to volunteer for one of our projects?**

**Substitute Teacher** \_\_\_\_\_

**Oratorical Festival** \_\_\_\_\_

**St. Nicholas Bazaar** \_\_\_\_\_

**Communion Breakfast** \_\_\_\_\_

**Christmas Pageant** \_\_\_\_\_

**Easter Egg Hunt** \_\_\_\_\_

**Snacks** \_\_\_\_\_

**Outreach Projects** \_\_\_\_\_

**Thanks for sharing your children with us every Sunday!**

## Sixty Club News

The Planning Committee has purchased 12 tickets for the **Wednesday, October 11 Gateway Clipper Autumn Serenade Luncheon Cruise departing at 12:00pm**. The cost is \$59.00 per person. Reservations will be taken on a first call basis and must be paid by **October 8**. Checks should be payable to St. Nicholas Sixty Club.

Please contact Fran Hanna at 412.731.0790.

**\*\*\*\*There are wheelchairs available as needed, manned by the company workers. Someone must report to their office and let them know that a chair is needed.**

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### OGLEBAY FESTIVAL of LIGHTS

Dinner and Holiday Show

Wheeling, WV----Wednesday, November 29,2023

\$139.00

Call Fran Hanna at 412-731-0790 today!

Seats are limited. The Sixty Club has tentatively reserved 12 seats, open to members and nonmembers of all ages.

**We must make a commitment by September 20.**

This is a public tour, not a group tour. That means we must go to the bus which will pick-up at the Monroeville Giant Eagle Lot between rows L and M. We can arrange to car pool from the church for those who do not wish to drive to that location. Pick-up in Monroeville is 1:30 and return approximately 11:00.

This is a minimal walking tour. It includes free time to explore the Carriage House which features glassware from around the world, the Farmhouse Sweets & Treats for homemade ice cream, chocolates , gifts and crafts, then meet in the Glessner Auditorium in Wilson Lodge for a buffet dinner and a Holiday Show. Our day will finish with a 6-mile drive through the beautiful Festival of Lights.

Let's celebrate the beginning of the Holiday Season together.

FOR TICKETS Contact Michelle Kotsagrelou (412-680-1416).

# Ukrainian Relief Dinner & Prayer Service

LED BY OUR BELOVED HIERARCHS



Sunday, September 24, 2023

Service 4:00 PM • Dinner 5:00 PM

ST. NICHOLAS  
GREEK ORTHODOX CATHEDRAL  
419 South Dithridge St.  
Pittsburgh (Oakland) 15213

Net proceeds will benefit IOCC's Ukraine Crisis Response

SPONSORSHIPS AVAILABLE

For information or to volunteer,  
call Zelfa at 412.417.4706



# IOCC®

VOLUNTEERS  
NEEDED

International Orthodox Christian Charities

# VOLUNTEERS NEEDED!

## Ukrainian Relief Dinner

Sunday, September 24

Net proceeds to benefit  
IOCC's relief efforts in  
Ukraine

 St Nicholas Greek  
Orthodox Cathedral  
419 S Dithridge St  
Pittsburgh PA 15213



Scan the QR Code to sign up!



# IOCC®

**WE NEED HELP WITH:**

- Setting up tables

**SATURDAY,  
SEPTEMBER 23**

**11:00 a.m. - 2:00 p.m.**

- Preparation
- Serving tables
- Serving at buffet
- Cleaning up

**SUNDAY,  
SEPTEMBER 24**

**1:00 ~ 7:30 p.m.**

If you have any questions, contact  
angelina.khoury3@gmail.com (724) 584 6390

## September 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
17  Sunday after Holy Cross  <b>MINISTRIES SUNDAY</b>  Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.  <b>Church School Begins Agiasmo</b>  <b>1<sup>st</sup> GOYA Meeting</b>	18	19  <b>GOYA Basketball</b> 7:00 p.m.	20	21	22	23  <b>Greek School</b> 10:00 a.m.
24  1 <sup>st</sup> Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.  <b>IOCC Event</b> Vespers 4:00 p.m.	25  <b>Parish Council Meeting</b> 6:30 p.m.	26  <b>The Falling Asleep of St. John the Evangelist and Theologian</b>  Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.  <b>GOYA Basketball</b> 7:00 p.m.	27	28	29	30  <b>Greek School</b> 10:00 a.m.   <div style="border: 1px solid black; padding: 5px; text-align: center; margin: 5px;">                         2023 Pittsburgh Metropolis Clergy-Laity, Philoptochos, And Youth Worker Assembly in Reading, PA                     </div>  <b>Event Both Halls</b> 3:00 p.m.

## October 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
1  Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.  <b>GOYA Car Wash</b>	2	3  <b>GOYA Basketball</b> 7:00 p.m.	4	5	6	7  <b>Greek School</b> 10:00 a.m.  <b>Start of PreK Greek School Classes</b>  <b>Event (LH)</b> 6:00 pm