

SUNDAY, OCTOBER 1, 2023 – 2nd Sunday of Luke

Feast of the Holy Protection of the Theotokos

The Holy Apostle Ananias of the 70 · Righteous Father Romanos the Melodist

Plagal Fourth Mode · Sixth Eothinon



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's Email: fr.ec@stnickspgh.org

PROTOPSALTRIA: Amy Hogg

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Larsen Vincent

Questions about our Parish? E-mail church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: September – May: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who is prepared through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are streaming live from St Nicholas Cathedral at

www.stnickspgh.org/

and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking the please donate button –

or you may access the donation page by visiting <https://abundant.co/stnickspgh/give>

TODAY:

- ❖ **NATIONAL CHURCH MUSIC SUNDAY** — where we honor all choir members and chanters.
 - A special tray will be passed to support our Cathedral's Music Ministry.
- ❖ Coffee hour will be hosted by GOYA in the Fellowship Room.
- ❖ GOYA Carwash! GOYAns will be washing cars in the parking lot behind the church as a fundraiser for their upcoming youth events. Please help support our GOYAns!

THIS WEEK AT ST. NICHOLAS:

- Tuesday, October 3, 2023: YAL Basketball 7:00 p.m.
- Wednesday, October 4, 2023: Open Gym 7:00 p.m.
- Saturday, October 7, 2023: Greek School 10:00 a.m.
Start of PreK Greek School Classes
- Sunday, October 8, 2023: Trisagion Service for Evyenia Pappas (12 years).
GOYA Mission Walk

A HUGE heartfelt thank you to John Peterson for doing such a magnificent job trimming the trees and shrubs in front of our church. What a difference it makes!

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TODAY'S HYMNS AND READINGS

The Resurrection Hymn of the week in plagal 4th mode is chanted at the Small Entrance:

Εξ ὕψους κατήλθες ὁ Εὐσπλαγχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

You descended from on high, O compassionate One, and consented to a three-day burial, to free us from the passions. O Lord, our life and resurrection, glory to You!

At the Small Entrance, the usual Entrance Hymn is chanted:

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλοῦϊα.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Following the Small Entrance, the Resurrection Hymn of the week in plagal fourth mode is repeated (see above).

Then, the Hymn for the St. Ananias the Apostle in third mode is chanted.

Απόστολε Ἅγιε Ἀνανία, πρέσβευε τῷ ἐλεήμονι Θεῷ, ἵνα πταισμάτων ἄφεσιν, παράσχη ταῖς ψυχαῖς ἡμῶν.

O holy Apostle Ananias, make intercession to our merciful God, that He grant our souls forgiveness of offenses.

After this, we chant the Hymn for St. Romanos the Melodist in plagal fourth mode.

Εν σοὶ Πάτερ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα· λαβὼν γὰρ τὸν σταυρόν, ἠκολούθησας τῷ Χριστῷ καὶ πράττων ἐδίδασκες· ὑπερορᾶν μὲν σαρκός, παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς πράγματος ἀθανάτου. Διὸ καὶ μετὰ Ἀγγέλων συναγάλλεται, Ὅσιε Ρωμανέ, τὸ πνεῦμά σου.

In you, O Father, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Romanos, your spirit rejoices with the angels.

We then chant the Apolytikion hymn for our patron, St. Nicholas, in fourth mode:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιμένῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we chant the usual Kontakion, in second mode:

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμώντων σε.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Today's Epistle Reading (17th Sunday):

The reading is from St. Paul's Second Letter to the Corinthians (6:16-18; 7:1)

Αδελφοί, ὑμεῖς ἐστε ναὸς Θεοῦ ζῶντος, καθὼς εἶπεν ὁ Θεὸς ὅτι ἐνοικήσω ἐν αὐτοῖς καὶ ἐμπεριπατήσω, καὶ ἔσομαι αὐτῶν Θεός, καὶ αὐτοὶ ἔσονται μοι λαός. Διὸ ἐξέλθετε ἐκ μέσου αὐτῶν καὶ ἀφορίσθητε, λέγει Κύριος, καὶ ἀκαθάρτου μὴ ἄπτεσθε, κἀγὼ εἰσδέξομαι ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι εἰς υἱοὺς καὶ θυγατέρας, λέγει Κύριος παντοκράτωρ. Ταύτας οὖν ἔχοντες τὰς ἐπαγγελίας, ἀγαπητοί, καθαρίσωμεν ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ σαρκὸς καὶ πνεύματος, ἐπιτελοῦντες ἀγιωσύνην ἐν φόβῳ Θεοῦ.

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God. [RSV]

Today's Gospel Reading (2nd Sunday of Luke):

The reading is from the Holy Gospel according to Luke (6:31-36)

Εἶπεν ὁ Κύριος· Καθὼς θέλετε ἵνα ποιῶσιν ὑμῖν οἱ ἄνθρωποι, καὶ ὑμεῖς ποιεῖτε αὐτοῖς ὁμοίως. καὶ εἰ ἀγαπᾶτε τοὺς ἀγαπῶντας ὑμᾶς, ποία ὑμῖν χάρις ἐστὶ; καὶ γὰρ οἱ ἁμαρτωλοὶ τοὺς ἀγαπῶντας αὐτοὺς ἀγαπῶσι. καὶ ἐὰν ἀγαθοποιῇτε τοὺς ἀγαθοποιούντας ὑμᾶς, ποία ὑμῖν χάρις ἐστὶ; καὶ γὰρ οἱ ἁμαρτωλοὶ τὸ αὐτὸ ποιοῦσι. καὶ ἐὰν δανείζητε παρ' ὧν ἐλπίζετε ἀπολαβεῖν, ποία ὑμῖν χάρις ἐστὶ; καὶ γὰρ ἁμαρτωλοὶ ἁμαρτωλοῖς δανείζουσιν ἵνα ἀπολάβωσι τὰ ἴσα. πλὴν ἀγαπᾶτε τοὺς ἐχθροὺς ὑμῶν καὶ ἀγαθοποιεῖτε καὶ δανεῖζετε μηδὲν ἀπελπίζοντες, καὶ ἔσται ὁ μισθὸς ὑμῶν πολὺς, καὶ ἔσεσθε υἱοὶ ὑψίστου, ὅτι αὐτὸς χρηστός ἐστιν ἐπὶ τοὺς ἀχαρίστους καὶ πονηροὺς. Γίνεσθε οὖν οἰκτίρμονες καθὼς καὶ ὁ πατὴρ ὑμῶν οἰκτίρμων ἐστίν.

The Lord said, "And as you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful." [RSV]

2023 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2023 Stewardship Commitment, THANK YOU!
If not, please take the time to make financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



Giving Thanks,
**Eucharistic
Stewardship**

<u>2023</u>	<u>STEWARDSHIP</u>
Total Stewards	259 (GOAL 300)
Total Pledged	\$120,883.00 GOAL (\$230,000.00)
Avg. Pledge	\$719.54

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)

Pastoral Assistants & Youth Directors

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.

Even... Parents who occasionally help-out but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, edarakos@aol.com, 412-944-4961.

Sixty Club News

REMINDER: Cruise checks are **due October 8.** As of September 26 there are 2 tickets remaining.
This trip is open to all—any age.

REMINDER: FIRESIDE CHAT: Please include choice of entrée when making reservations by
October 22.

OGELBAY TOUR Nov. 29. \$139.00. Anyone else interested should call a.s.a.p. We have
Relinquished our extra seats. (Call Fran at 412-731-07900)

A CHRISTMAS STORY

O'Reilly Theater Saturday, December 16 2:00
\$40.00

A comedy back by popular demand: a story of disastrous family meals, sticky situations on the schoolyard and
funny visits to Santaland.

Fun for the entire family. Nonmembers invited!

We have tentatively reserved 12 easily accessible seats, but, if we act quickly, we may be able to get more if
needed. Let us know if you are interested: contact Alice Gary at 412.324.8612.

OGLEBAY FESTIVAL of LIGHTS

Dinner and Holiday Show

Wheeling, WV----Wednesday, November 29, 2023

\$139.00

Call Fran Hanna at 412-731-0790 today!

Seats are limited. The Sixty Club has tentatively reserved 12
seats, open to members and nonmembers of all ages.

We must make a commitment by September 20.

This is a public tour, not a group tour. That means we must go to
the bus which will pick-up at the Monroeville Giant Eagle Lot between
rows L and M. We can arrange to car pool from the church for those
who do not wish to drive to that location. Pick-up in Monroeville is 1:30
and return approximately 11:00.

This is a minimal walking tour. It includes free time to explore the
Carriage House which features glassware from around the world, the
Farmhouse Sweets & Treats for homemade ice cream, chocolates, gifts
and crafts, then meet in the Glessner Auditorium in Wilson Lodge for a
buffet dinner and a Holiday Show. Our day will finish with a 6-mile
drive through the beautiful Festival of Lights.

Let's celebrate the beginning of the Holiday Season together.

Support GOYA Mission Walk for Guatemala

On October 8th, 2023 St. Nicholas GOYA will participate in a walk through Oakland supporting the vital work of the mission trips in Guatemala.

The money earned from this event will be used for:

- Building hospitals
- Establishing a seminary
- Translating liturgical/theological books
- Sewing vestments/other liturgical coverings
- Providing parishes with icons/liturgical utensils
- Assisting less fortunate members of the church
- Supporting other mission teams



How Can You Help?

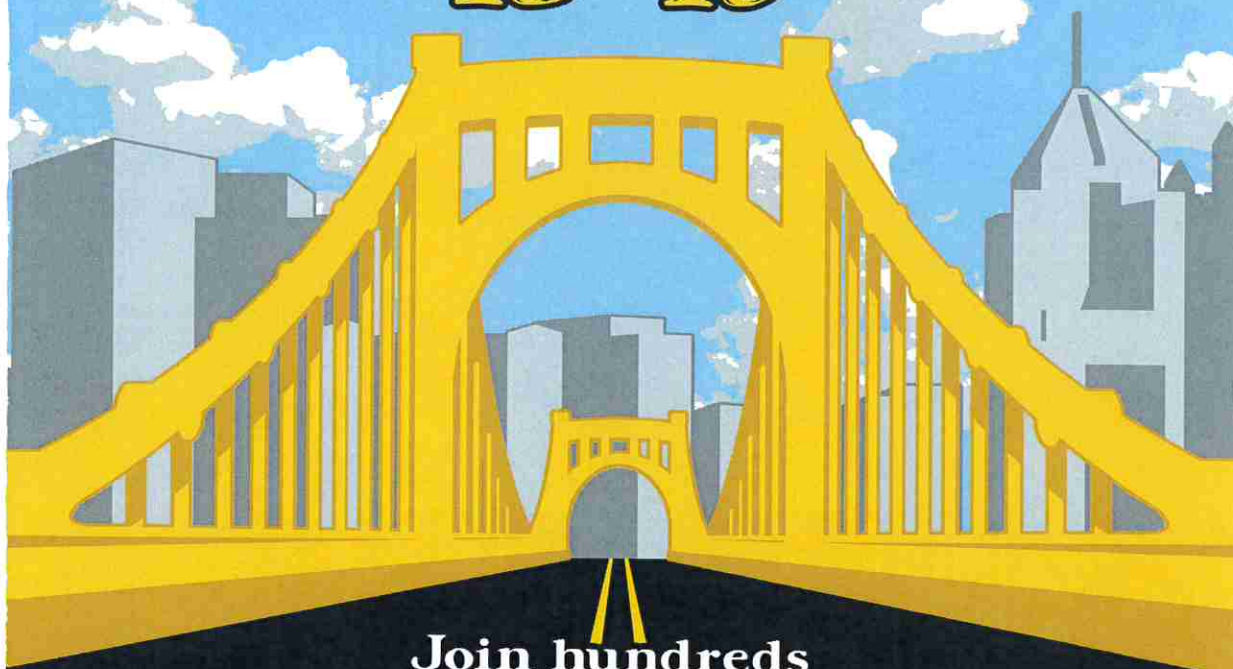
If you are interested in donating, checks can be given to a GOYA member or mailed to St. Nicholas GOYA, 419 S. Dithridge Street, Pittsburgh, PA 15213, made payable to Holy Cross Mission Fund.

If you have any questions please contact the chair of this event, Toula Darakos at toula.darakos@icloud.com.

Y A L C O N F E R E N C E

PITTSBURGH

OCTOBER
13-15



Join hundreds
of young adults ages 18-35
for a fun weekend of faith & fellowship!

Featuring:

- Meet & greet
- Engaging speakers
- Saturday night glendi
- Interactive service project
- Discussion groups



SCAN FOR
MORE DETAILS



JOY, HOPE & Little Angels

FALL FESTIVAL

Friday, October 13th at 6:30 PM

Plan to decorate your car and bring
plenty of candy to pass out!

**(No witches, demons or horror themes
for costumes or decorations, please!)**

Scan QR Code to RSVP and Sign Up to Help





ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

REV. FR. ELEFTHERIOS CONSTANTINE · REV. DN. ROBERT W. LYKOS

To: Members of The Greek Community of Allegheny County, PA
St. Nicholas Greek Orthodox Cathedral

From: Parish Council

Subject: General Assembly of October 15, 2023

A General Assembly will convene immediately following the Divine Liturgy on Sunday, October 15, 2023.

The agenda for the General Assembly will be as follows:

- A. Opening Prayer
- B. Election of Assembly Chairman (Secretary to be appointed by Chairman)
- C. Approval of the minutes of the previous General Assembly meeting of March 19, 2023
- D. Election of Board of Auditors (Elect no less than three (3))
- E. Election of Board of Elections (Elect no less than three (3))
- F. Election to Fill Any Vacancies on Foundation Fund Board of Trustees (Elect no less than three (3) with staggered terms)
- G. Nominations for Election to Parish Council (Elections to be held on December 10, 2023/ five (5) to be Elected)
- H. Father's Report & Reflections
- I. Executive Committee Report
- J. Foundation Fund Report
- K. Finance Committee Report
- L. Approval of 2024 Budget
- M. Any Other Committee Reports
- N. Old Business
- O. New Business
- P. Adjournment

At this meeting, the General Assembly will be asked to approve the Budget for 2024. Copies of all these documents and minutes of the prior General Assembly will be distributed at the meeting. The Parish Council requests your presence and support. Please make every effort to attend.

Respectfully,

Michelle Marie Kotsagrellos, President

Fr. Eleftherios Constantine, Dean

St. Nicholas Greek Orthodox Cathedral
Godparent Sunday
Church School Open House

Sunday, November 5, 2023



Join your Godchild for
Church Worship, Holy Communion,
& Church School!

Mini Chefs, Mighty Mission

JOY, HOPE & Little Angels
Service Project



WHO?

- ☐ St. Nicholas families with kids in Pre-K through 6th grade
- ☐ Older siblings and teenage volunteers also welcome

WHAT?

- ☐ Social gathering with plenty of food and fun for everyone
- ☐ "Mini chefs" will decorate their own chef's apron and hat before working independently or with a parent/helper to assemble a pan of lasagna, which will be donated to those in need in our community

WHEN?

- ☐ Friday, November 17th @ 6:00 PM

WHERE?

- ☐ St. Nicholas Fellowship Room

WHY?

- ☐ To help our youth enjoy an evening of fun, fellowship and service

DON'T MISS THE FUN!

- ☐ Text or email Nikki Lykos (412-897-8208 or nvlykos@gmail.com) by Friday, November 10th to let her know how many Chefs and adult helpers you're bringing

OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2nd Sunday of Luke National Church Music Sunday Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GOYA Car Wash	2	3 YAL Basketball 7:00 p.m.	4 Open Gym 7:00 p.m.	5	6	7 Greek School 10:00 a.m. Start of PreK Greek School Classes Event (LH) 6:00 pm
8 3rd Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GOYA Mission Walk	9	10 YAL Basketball 7:00 p.m.	11 Open Gym 7:00 p.m.	12	13 JOY, HOPE & Little Angels Fall Festival 6:30 p.m.	14 Greek School 10:00 a.m. Event (BH) 3:00 pm
15 Sunday of the 7th Ecumenical Council Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GENERAL ASSEMBLY MEETING	16 Parish Council Meeting 6:30 p.m.	17 YAL Basketball 7:00 p.m.	18 St. Luke the Evangelist Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Open Gym 7:00 p.m.	19	20	21 Greek School 10:00 a.m. Event (BH) 4:00 pm
22 6th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Philoptochos General Meeting	23 St. James (Iakovos) the Apostle Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.	24 YAL Basketball 7:00 p.m.	25 Open Gym 7:00 p.m.	26 St. Demetrios the Myrrh-Streamer Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.	27	28 Greek School 10:00 a.m. OXI Day Doxology 12:00 Noon Wedding 3:30 p.m.
29 7th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	30	31 YAL Basketball 7:00 p.m.	<div>Oct. 30 – Nov. 2: Fr. Eleftherios away for APC Clergy Retreat</div>			