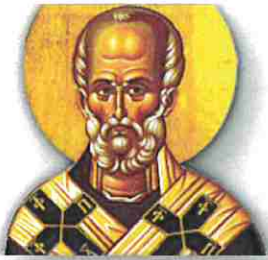


SUNDAY, JULY 9, 2023 – 5 TH SUNDAY OF MATTHEW	
Hieromartyr (Priest-martyr) Pancratius, Bishop of Tauromenium and disciple of St. Peter	
Fourth Tone	Orthros Gospel 5



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Eleftherios Constantine and Rev. Dn. Robert Lykos

Father's Cell & Email: fr.ec@stnickspgh.org

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Roseanne Yu

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: June 18 – August 30: Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

PLEASE JOIN US for coffee and fellowship in the Large Hall following services, hosted by PARISH COUNCIL.

THIS WEEK AT ST. NICHOLAS

- **Tuesday, July 11, 2023:** St. Euphemia the Great Martyr, St. Olga of Kiev & St. Sophrony of Essex
Orthros 9:15 a.m.
Divine Liturgy 10:00 a.m.
- **Sunday, July 16, 2023:** Memorial Service for Mary Vasilakis (1 year)

GOYA NEWS

Coffee Hour Trays Needed – Have extra glass/plastic trays laying around, please donate them to be used during coffee hour on Sundays. We need to replenish our supply. Please bring them to the church office.

Pastitsio Sale - GOYA is selling their annual frozen 9 by 13 pans of Pastitsio for \$35.00. For Pastitsio pickups, call the church office or contact Alea Melacrinou Mavrogeorgis via text 412-726-5940. Please identify who you are in a detailed message. Checks can be made to St. Nicholas GOYA or cash is also acceptable.

SUNDAY, JULY 9, 2023 – 5 TH SUNDAY OF MATTHEW	
Hieromartyr (Priest-martyr) Pancratius, Bishop of Tauromenium and disciple of St. Peter	
Fourth Tone	Orthros Gospel 5

TODAY'S HYMNS AND READINGS

The Resurrection Hymn in Fourth Tone is chanted as the clergy leave the Sanctuary at the Small Entrance: Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἡγέρθη Χριστὸς ὁ Θεός, δωροῦμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, "Death has been despoiled! Christ God has risen, granting the great mercy to the world!"

The usual Entrance Hymn is chanted: Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Following this, the Resurrection Hymn of the week (above) is repeated. Then we chant the hymn for our patron, St. Nicholas, in fourth tone: Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we hear the usual supplicatory Kontakion for the Theotokos, in second tone:

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμώντων σε.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Today's Epistle Reading (5th Sunday after Pentecost): The reading is from Paul's Letter to the Romans (10:1-10) Ἀδελφοί, ἡ μὲν εὐδοκία τῆς ἐμῆς καρδίας καὶ ἡ δέησις πρὸς τὸν Θεὸν ὑπὲρ τοῦ Ἰσραὴλ ἐστὶν εἰς σωτηρίαν. Μαρτυρῶ γὰρ αὐτοῖς ὅτι ζῆλον Θεοῦ ἔχουσιν, ἀλλ' οὐ κατ' ἐπίγνωσιν· ἀγνοοῦντες γὰρ τὴν τοῦ Θεοῦ δικαιοσύνην, καὶ τὴν ἰδίαν ζητοῦντες στήσαι, τῇ δικαιοσύνῃ τοῦ Θεοῦ οὐχ ὑπετάγησαν· τέλος γὰρ νόμου Χριστὸς εἰς δικαιοσύνην παντὶ τῷ πιστεύοντι. Μωϋσῆς γὰρ γράφει τὴν δικαιοσύνην τὴν ἐκ τοῦ νόμου ὅτι ὁ ποιήσας ἄνθρωπος ζήσεται ἐν αὐτῇ. Ἡ δὲ ἐκ πίστεως δικαιοσύνη οὕτως λέγει· Μὴ εἴπῃς ἐν τῇ καρδίᾳ σου· Τίς ἀναβήσεται εἰς τὸν οὐρανόν; τοῦτ' ἐστὶ Χριστὸν καταγαγεῖν· ἢ, Τίς καταβήσεται εἰς τὴν ἄβυσσον; τοῦτ' ἐστὶ Χριστὸν ἐκ νεκρῶν ἀναγαγεῖν. Ἀλλὰ τί λέγει· Ἐγγύς σου τὸ ῥῆμά ἐστίν, ἐν τῷ στόματί σου καὶ ἐν τῇ καρδίᾳ σου· τοῦτ' ἐστὶ τὸ ῥῆμα τῆς πίστεως ὃ κηρύσσομεν. Ὅτι ἐὰν ὁμολογήσῃς ἐν τῷ στόματί σου Κύριον Ἰησοῦν, καὶ πιστεύσῃς ἐν τῇ καρδίᾳ σου ὅτι ὁ Θεὸς αὐτὸν ἡγειρεν ἐκ νεκρῶν, σωθήσῃ· καρδίᾳ γὰρ πιστεύεται εἰς δικαιοσύνην, στόματι δὲ ὁμολογεῖται εἰς σωτηρίαν.

Brethren, my heart's desire and prayer to God for Israel is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that every one who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved. [RSV]

Today's Gospel Reading (5th Sunday of Matthew): The reading is from the holy Gospel according to Matthew (8:28-34, 9:1)

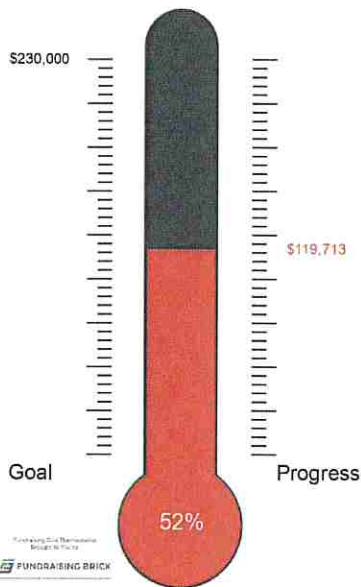
Τῷ καιρῷ ἐκείνῳ, ἐλθόντι τῷ Ἰησοῦ εἰς τὴν χώραν τῶν Γεργεσηνῶν ὑπὴντησαν αὐτῷ δύο δαιμονιζόμενοι ἐκ τῶν μνημείων ἐξερχόμενοι, χαλεποὶ λίαν, ὥστε μὴ ἰσχύειν τινὰ παρελθεῖν διὰ τῆς ὁδοῦ ἐκείνης. καὶ ἰδοὺ ἔκραξαν λέγοντες· Τί ἡμῖν καὶ σοί, Ἰησοῦ υἱὲ τοῦ Θεοῦ; ἦλθες ὧδε πρὸ καιροῦ βασανίσαι ἡμᾶς; ἦν δὲ μακρὰν ἀπ' αὐτῶν ἀγέλη χοίρων πολλῶν βοσκομένη. οἱ δὲ δαίμονες παρεκάλουν αὐτὸν λέγοντες· Εἰ ἐκβάλλεις ἡμᾶς, ἐπίτρεψον ἡμῖν ἀπελθεῖν εἰς τὴν ἀγέλην τῶν χοίρων. καὶ εἶπεν αὐτοῖς· Ὑπάγετε. οἱ δὲ ἐξελθόντες ἀπῆλθον εἰς τὴν ἀγέλην τῶν χοίρων· καὶ ἰδοὺ ὥρμησεν πᾶσα ἡ ἀγέλη τῶν χοίρων κατὰ τοῦ κρημνοῦ εἰς τὴν θάλασσαν, καὶ ἀπέθανον ἐν τοῖς ὕδασιν. οἱ δὲ βόσκοντες ἔφυγον, καὶ ἀπελθόντες εἰς τὴν πόλιν ἀπήγγειλαν πάντα καὶ τὰ τῶν δαιμονιζομένων. καὶ ἰδοὺ πᾶσα ἡ πόλις ἐξῆλθεν εἰς συνάντησιν τῷ Ἰησοῦ, καὶ ἰδόντες αὐτὸν παρεκάλεσαν ὅπως μεταβῇ ἀπὸ τῶν ὁρίων αὐτῶν. Καὶ ἐμβὰς εἰς πλοῖον διεπέρασεν καὶ ἦλθεν εἰς τὴν ἰδίαν πόλιν.

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city. [RSV]

2023 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2023 Stewardship Commitment, THANK YOU! If not, please take the time to make financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



Giving Thanks,
**Eucharistic
Stewardship**

2023	STEWARDSHIP
Total Stewards	244 (GOAL 300)
Total Pledged	\$119,713.00 GOAL (\$230,000.00)
Avg. Pledge	\$738.97

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)

Pastoral Assistants & Youth Directors

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.

Even... Parents who occasionally help-out but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, edarakos@aol.com, 412-944-4961.

THE 2023 PITTSBURGH SUMMER GREEK FESTIVALS GUIDE

It's a great tradition, and it's back again in full strength and in person: 37 days of Greek Festivals in the Pittsburgh region, so plan well and you can eat Greek all summer! Post this schedule on your refrigerator and share copies with others. We look forward to seeing you!

LOCATION

DATES

- ☐ St. Nicholas (Pittsburgh/Oakland) May 7-13
- ☐ All Saints (Canonsburg) June 5-9
- ☐ Holy Cross (Pittsburgh/Mt. Lebanon) June 13-16
- ☐ Kimisis Tis Theotokou (Aliquippa) June 15-17
- ☐ Holy Dormition (Oakmont) June 23-25
- ☐ Holy Trinity (Ambridge) July 18-22
- ☐ St. Spyridon (Monessen) July 21
- ☐ Presentation of Christ/Ypapanti (East Pgh.) July 27-29
- ☐ St. George (New Castle) August 26-27
- ☐ Holy Trinity (Pittsburgh/North Hills) August 31-September 3

SEE BELOW FOR FESTIVAL HOURS & HOST PARISH WEB SITES. CHECK FOR UPDATES.

THE 2023 PITTSBURGH SUMMER GREEK FESTIVALS: ALL THE DETAILS

Don't cook tonight...go Greek! Please pass copies on to your friends! Greek food is always enjoyed best with good company!

Parish	Dates	Address	Phone	Website	Hours
Saint Nicholas	May 7-13	419 S. Dithridge Street Pittsburgh (Oakland)	412-682-3866	www.StNicksPgh.org	Sun: 12p-8p; Mon-Thu: 11a-8p; Fri: 11a-9p, Sat: 1p-9p
All Saints	June 5-9	601 West McMurray Road Canonsburg	724-745-5205	www.AllSaintsCbg.org	Mon-Fri: 11a-9p
Holy Cross	June 13-16	123 Gilkeson Road Pittsburgh (Mt. Lebanon)	412-833-3355	www.HolyCrossPgh.org	Tue-Thu: 11a-8p Fri: 11a-9p
Kimisis Tis Theotokou	June 15-17	2111 Davidson Street Aliquippa	724-375-5341	www.Theotokou.org	Thu-Sat: 11a-8p
Holy Dormition	June 23-25	12 Washington Avenue Oakmont	412-828-4144	www.DormitionPgh.org	Fri-Sun: 12p-11p Dinner until 9pm
Holy Trinity (Ambridge)	July 18-22	2930 Beaver Road Ambridge	724-266-5336	www.htgoc.org	Tue-Sat: 11a-10p
Saint Spyridon	July 21	1207 Grand Boulevard Monessen	724-684-5411	stspyridon.pa.goarch.org	Fri: 11a-9p
Ypapanti (Presentation of Christ)	July 27-29	1672 Electric Avenue East Pittsburgh	412-824-9188	www.ypapanti.net	Thu-Sat: 11a-9p
Saint George	August 26-27	315 W. Englewood Avenue New Castle	724-654-8521	www.stgeorgewcastle.org	Sat-Sun: 11a-7p
Holy Trinity (Pittsburgh)	August 31- September 3	985 Providence Boulevard Pittsburgh (across from Passavant Hospital)	412-366-8700	www.HolyTrinityPgh.org	Thu-Sun: 11a-9p

Thank you for enjoying our great Greek food and visiting our churches. Want to also help these communities feed, minister to and provide health care for the hungry and needy of the Hill District and the Pittsburgh area? Support the Neighbor Resilience Project by visiting neighborhoodresilience.org, a philanthropic ministry united in faith and joined by a desire to provide action-oriented and sustainable solutions for poverty-and-trauma-affected communities in the Pittsburgh area.

This free guide is provided as a public service of Holy Trinity Greek Orthodox Church (Pittsburgh). Online at HolyTrinityPgh.org/pittsburgh-greek-festivals-guide.

July 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
9 5th Sunday of Matthew Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	10	11 St. Euphemia, the Great Martyr (St. Olga of Kiev and St. Sophrony of Essex) Orthros 9:15 a.m. Divine Liturgy 10:00 a.m. OPEN GYM 7:00 p.m.	12	13	14	15
16 Sunday of the Holy Fathers Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	17 St. Marina, the Great Martyr Orthros 9:15 a.m. Divine Liturgy 10:00 a.m. Parish Council Meeting 6:30 p.m.	18 OPEN GYM 7:00 p.m.	19	20 The Holy Glorious Prophet Elias Orthros 9:15 a.m. Divine Liturgy 10:00 a.m.	21	22 St. Markella of Chios & St Mary Magdalene Orthros 9:15 a.m. Divine Liturgy 10:00 a.m.
23 7th Sunday of Matthew Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	24	25 OPEN GYM 7:00 p.m.	26	27	28	29
30 8th Sunday of Matthew Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	31					