

## WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT [www.stnickspgh.org](http://www.stnickspgh.org) TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; [frchbender@verizon.net](mailto:frchbender@verizon.net)

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Roseanne Yu

Questions about our Parish? Email [church@stnickspgh.org](mailto:church@stnickspgh.org) or call 412-682-3866

**Our Sunday worship schedule: Sept 11 – May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.**

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

### Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at [www.stnickspgh.org](http://www.stnickspgh.org) and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page [www.stnickspgh.org](http://www.stnickspgh.org) by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

**PLEASE JOIN US for coffee and fellowship in the Small Hall following services, hosted PARISH COUNCIL.**

**TODAY: GOYA DANCE PRACTICE**

### **THIS WEEK AT ST. NICHOLAS**

- **Monday, June 5, 2023:** **Monday of the Holy Spirit**  
**Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.**  
**GOYA Volleyball Practice 7:00 p.m.**
- **Tuesday, June 6, 2023:** **GOYA Basketball 7:00 p.m.**
- **Sunday, June 11, 2023:** **Memorial Service for Alexander Karnavas (40 days)**  
**GOYA Meeting, and Dance Practice**

*On this special day we hear a different refrain – addressed to the Holy Spirit – to the 2<sup>nd</sup> set of Antiphons that are chanted near the start of the Divine Liturgy:*

Σῶσον ἡμᾶς, Παράκλητε ἀγαθέ, ψάλλοντάς σοι, Ἀλληλούϊα.  
Save us, O good Comforter. We sing to You, Alleluia. [GOA]

*At the Small Entrance, the **Pentecost Anthem** is sung by all while the clergy exit the Altar with the Gospel Book:*

Εὐλογητὸς εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἀλκιεῖς ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας, Φιλάνθρωπε, δόξα σοι.

Blessed are You, O Christ our God; who showed forth the fishermen all-wise, when You sent down upon them the Holy Spirit, and through them, You drew the world into Your net. O Lover of humankind, glory to You.

*Then, today's special **Entrance Hymn for Pentecost** is chanted by the clergy: 'Υψώθητι, Κύριε, ἐν τῇ δυνάμει σου, ἄσομεν καὶ ψαλοῦμεν τὰς δυναστείας σου. Σῶσον ἡμᾶς, Παράκλητε ἀγαθέ, ψάλλοντάς σοι, Ἀλληλούϊα. Be exalted, O Lord, in Your power; we will sing and praise Your mighty deeds. Save us, O good Comforter. We sing to You, Alleluia.*

*After the Entrance Hymn, the Priest and the deacon enter back into the Sanctuary, while the Pentecost Anthem is repeated. This is followed by today's Kontakion:*

**Pentecost Kontakion. Mode pl. 4th.**

Ὅτε καταβὰς τὰς γλῶσσας συνέχεε, διεμέριζεν ἔθνη ὁ Ὑψιστος· ὅτε τοῦ πυρὸς τὰς γλῶσσας διένειμεν, εἰς ἐνότητα πάντα ἐκάλεσε, καὶ συμφώνως δοξάζομεν τὸ πανάγιον Πνεῦμα.

When the Most High God came down and confused the tongues, He divided the nations. When He distributed the tongues of fire, He called all to unity. And with one voice we glorify the all-holy Spirit.

*In addition, in place of the usual Trisagion hymn, we hear instead the one that is proper to Theophany (Baptism of Jesus) and to every Baptism service:*

Ὅσοι εἰς Χριστὸν ἐβαπτίσθητε, Χριστὸν ἐνεδώσασθε. Ἀλληλούϊα. Whoever has been baptized into Christ has put on Christ, Alleluia.

**TODAY'S SCRIPTURE READINGS**

**APOSTOLIC READING: ACTS 2:1-11:** When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God." [RSV]

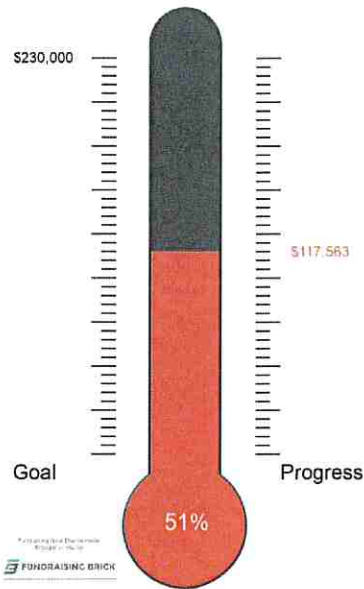
**GOSPEL READING: John 7:37-52; 8:12:** On the last day of the feast, the great day, Jesus stood up and proclaimed, "If any one thirst, let him come to me and drink. He who believes in me, as the scripture has said, 'Out of his heart shall flow rivers of living water.' " Now this he said about the Spirit, which those who believed in him were to receive; for as yet the Spirit had not been given, because Jesus was not yet glorified. When they heard these words, some of the people said, "This is really the prophet." Others said, "This is the Christ." But some said, "Is the Christ to come from Galilee? Has not the scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?" So there was a division among the people over him. Some of them wanted to arrest him, but no one laid hands on him.

The officers then went back to the chief priest and Pharisees, who said to them, "Why did you not bring him?" The officers answered, "No man ever spoke like this man!" The Pharisees answered them, "Are you led astray, you also? Have any of the authorities or of the Pharisees believed in him? But this crowd, who do not know the law, are accursed." Nikodemos, who had gone to him before, and who was one of them, said to them, "Does our law judge a man without first giving him a hearing and learning what he does?" They replied, "Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee." Again Jesus spoke to them, saying, "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life." [RSV]

**2023 Stewardship Pledge Cards are in the Narthex**  
**(Just ask a member of Parish Council)**

If you have already submitted your 2023 Stewardship Commitment, THANK YOU! If not, please take the time to mar financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

**HELP US REACH/ EXCEED OUR GOAL!!**



*Giving Thanks,*  
**Eucharistic  
Stewardship**

<u>2023</u>	<u>STEWARDSHIP</u>
Total Stewards	231 (GOAL 300)
Total Pledged	\$117,563.00 GOAL (\$230,000.00)
Avg. Pledge	\$744.07

## **YOUTH SAFETY WORKERS**

Who is considered a Youth Safety Worker?

**All Clergymen (Bishops/Priests/Deacons, both Active & Retired)**

**Pastoral Assistants & Youth Directors**

**People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.**

**Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.**

**Even... Parents who occasionally help-out but are alone with other people's children.**

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, [edarakos@aol.com](mailto:edarakos@aol.com), 412-944-4961.

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## **GOYA NEWS**

**Coffee Hour Trays Needed** – Have extra glass/plastic trays laying around, please donate them to be used during coffee hour on Sundays. We need to replenish our supply. Please bring them to the church office.

**Pastitsio Sale** - GOYA is selling their annual frozen 9 by 13 pans of Pastitsio for \$35.00. For Pastitsio pickups, call the church office or contact Alea Melacrinos Mavrogeorgis via text 412-726-5940. Please identify who you are in a detailed message. Checks can be made to St. Nicholas GOYA or cash is also acceptable.

**Volunteers Needed**  
**Fr. Christopher H. Bender's Retirement Luncheon Sunday, June 18, 2023**

St. Nicholas Greek Orthodox Cathedral will be honoring Fr. Christopher H. Bender on Father's Day Sunday, June 18, 2023.

We are collecting photos of Fr. Christopher and are looking for volunteers in many capacities (servers, set-up and clean-up, etc.). If you would like to donate your time or would like to just bake an item for dessert, please contact Michelle Kotsagrellos at 412-680-1416.

Please see the attached flyer for information on attending the luncheon.

Thank you, and we hope you can attend!



*Please join us for a Retirement Luncheon  
Honoring*

*Rev. Fr. Christopher H. Bender, Dean  
Saint Nicholas Cathedral, 2012-2023*



*Sunday, June 18, 2023*

*Divine Liturgy 9:30 am*

*Luncheon to follow after Liturgy (approximately noon)*

*The Cathedral Room at St. Nicholas*

*419 S. Dithridge Street*

*Pittsburgh, PA 15213*

*Adults \$20*

*Choice of Salmon with Red Pepper Sauce  
or Vegetarian Vegetable Stack*

*Children's meal \$10*

*Mac n Cheese*

*R.s.v.p. by June 11, 2023*

*Linda Hages 412-523-7938*

*Michelle Kotsagrellos 412-680-1416*

*Complete, return with checks payable to St. Nicholas Cathedral, 419 S. Dithridge St., Pittsburgh, PA 15213*

*Please list Attendees with Meal Choice*

*Phone Number* \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# *Celebrating* FATHER'S DAY

St. Nicholas Philoptochos believes in honoring the men in our lives. Honor your husband, father, grandfather, godfather, brother, uncle or a special friend with a gift to Philoptochos. Your donation will enable us to continue our work of charitable giving to individuals and families in need, area food banks, shelters for the homeless, social service agencies and countless research efforts in the battle against cancer and other catastrophic diseases.

Join us this Father's Day by honoring someone you love with a gift to Philoptochos.

*Make checks payable and send to: St. Nicholas Philoptochos, 419 S. Dithridge St. Pittsburgh, PA 15213, Memo: Father's Day*

**DEADLINE TO SUBMIT NAMES FOR INCLUSION IN BULLETIN – SUNDAY, JUNE 11, 2023**

Enclosed is my gift of \$ \_\_\_\_\_

(minimum gift of \$5.00 per name please — all donations are tax deductible)

Your Name: \_\_\_\_\_

Honorees will receive a special Father's Day acknowledgement card.

The amount of your gift will not be disclosed.

☐ Please accept this gift in **honor** of:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

☐ Please accept this gift in **memory** of:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

*List any additional names and addresses on the back of this flyer and indicate whether donation is in Honor or in Memory.  
Please print clearly.*



**SUNDAY, JULY 2, 2023**

The Food Festival is over, and it was a success!  
So, Parish Council would like to invite you to a

## **THANK YOU LUNCHEON**



**Food Festival  
Financials will be  
presented.**

**For more  
information contact:  
Michelle Kotsagrellos  
412-680-1416**

**COME & WELCOME**

**FATHER ELEFThERIOS, PRESBYTERA ELLIE,  
THOMAS, ANASTASIA, MARINA & BASIL**

**TO  
ST. NICHOLAS CATHEDRAL**

# THE 2023 PITTSBURGH SUMMER GREEK FESTIVALS GUIDE

*It's a great tradition, and it's back again in full strength and in person: 37 days of Greek Festivals in the Pittsburgh region, so plan well and you can eat Greek all summer! Post this schedule on your refrigerator and share copies with others. We look forward to seeing you!*

## LOCATION

## DATES

- ☐ St. Nicholas (Pittsburgh/Oakland) ..... May 7-13
- ☐ All Saints (Canonsburg) ..... June 5-9
- ☐ Holy Cross (Pittsburgh/Mt. Lebanon) ..... June 13-16
- ☐ Kimisis Tis Theotokou (Aliquippa) ..... June 15-17
- ☐ Holy Dormition (Oakmont) ..... June 23-25
- ☐ Holy Trinity (Ambridge) ..... July 18-22
- ☐ St. Spyridon (Monessen) ..... July 21
- ☐ Presentation of Christ/Ypapanti (East Pgh.) ..... July 27-29
- ☐ St. George (New Castle) ..... August 26-27
- ☐ Holy Trinity (Pittsburgh/North Hills) ..... August 31-September 3

SEE BELOW FOR FESTIVAL HOURS & HOST PARISH WEB SITES. CHECK FOR UPDATES.

## THE 2023 PITTSBURGH SUMMER GREEK FESTIVALS: ALL THE DETAILS

Don't cook tonight...go Greek! Please pass copies on to your friends! Greek food is always enjoyed best with good company!

Parish	Dates	Address	Phone	Website	Hours
Saint Nicholas	May 7-13	419 S. Dithridge Street Pittsburgh (Oakland)	412-682-3866	<a href="http://www.StNicksPgh.org">www.StNicksPgh.org</a>	Sun: 12p-8p; Mon-Thu: 11a-8p; Fri: 11a-9p, Sat: 1p-9p
All Saints	June 5-9	601 West McMurray Road Canonsburg	724-745-5205	<a href="http://www.AllSaintsCbg.org">www.AllSaintsCbg.org</a>	Mon-Fri: 11a-9p
Holy Cross	June 13-16	123 Gilkeson Road Pittsburgh (Mt. Lebanon)	412-833-3355	<a href="http://www.HolyCrossPgh.org">www.HolyCrossPgh.org</a>	Tue-Thu: 11a-8p Fri: 11a-9p
Kimisis Tis Theotokou	June 15-17	2111 Davidson Street Aliquippa	724-375-5341	<a href="http://www.Theotokou.org">www.Theotokou.org</a>	Thu-Sat: 11a-8p
Holy Dormition	June 23-25	12 Washington Avenue Oakmont	412-828-4144	<a href="http://www.DormitionPgh.org">www.DormitionPgh.org</a>	Fri-Sun: 12p-11p Dinner until 9pm
Holy Trinity (Ambridge)	July 18-22	2930 Beaver Road Ambridge	724-266-5336	<a href="http://www.htgoc.org">www.htgoc.org</a>	Tue-Sat: 11a-10p
Saint Spyridon	July 21	1207 Grand Boulevard Monessen	724-684-5411	<a href="http://stspyridon.pa.goarch.org">stspyridon.pa.goarch.org</a>	Fri: 11a-9p
Ypapanti (Presentation of Christ)	July 27-29	1672 Electric Avenue East Pittsburgh	412-824-9188	<a href="http://www.ypapanti.net">www.ypapanti.net</a>	Thu-Sat: 11a-9p
Saint George	August 26-27	315 W. Englewood Avenue New Castle	724-654-8521	<a href="http://www.stgeorgenewcastle.org">www.stgeorgenewcastle.org</a>	Sat-Sun: 11a-7p
Holy Trinity (Pittsburgh)	August 31- September 3	985 Providence Boulevard Pittsburgh (across from Passavant Hospital)	412-366-8700	<a href="http://www.HolyTrinityPgh.org">www.HolyTrinityPgh.org</a>	Thu-Sun: 11a-9p

Thank you for enjoying our great Greek food and visiting our churches. Want to also help these communities feed, minister to and provide health care for the hungry and needy of the Hill District and the Pittsburgh area? Support the Neighbor Resilience Project by visiting [neighborhoodresilience.org](http://neighborhoodresilience.org), a philanthropic ministry united in faith and joined by a desire to provide action-oriented and sustainable solutions for poverty-and-trauma-affected communities in the Pittsburgh area.

This free guide is provided as a public service of Holy Trinity Greek Orthodox Church (Pittsburgh). Online at [HolyTrinityPgh.org/pittsburgh-greek-festivals-guide](http://HolyTrinityPgh.org/pittsburgh-greek-festivals-guide).

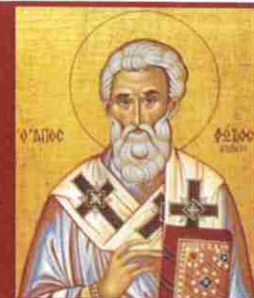


VOLUME 7 NO. 2 ISSUE: 53

JUNE 2023

# A Good Word - Λόγον Αγαθόν

## NEWSLETTER OF THE GREEK ORTHODOX METROPOLIS OF PITTSBURGH



*Congratulations*

TO THE 2023 GREEK ORTHODOX METROPOLIS OF PITTSBURGH  
ST. PHOTIOS AWARDEES

On Saturday, April 29th, 2023 we CELEBRATED 61 Awardees and 2 Metropolis Honorees at the Annual Greek Orthodox Metropolis of Pittsburgh St. Photios Awards Banquet; AMAZING, DEDICATED and INSPIRATIONAL parishioners that have given so much of their life to their Church, Parish, their Faith and Christ. as His Eminence Metropolitan Savas stated "...they are the backbone of their church..." We'd also like to say a BIG THANK YOU to our St. Photios Awards Banquet Committee, particularly Co-Chair, Marianne Stearns, and the many volunteers who helped us tremendously putting the event together seamlessly. Please join

us in congratulating all our St. Photios Awardees, it was a wonderful and joyous evening! Save the Date for next year's St. Photios Awards Banquet - May 18 2024.

# CONGRATULATIONS

## 2023 St. John Chrysostom Oratorical Festival Winners!

Senior Division Speakers

1. Sophia Hahn
2. Maria Boulas

Junior Speakers

1. Markella Nacopoulos
2. Sophia Hogg

Senior Essay

Nicholas Azar

Junior Essay

Anna Ioannou



Junior Poetry  
Markella Nacopoulos

Senior Poetry  
Matthew DiPlacido

Iconography  
Constantina Agganis

## PERFORMERS & ARTISTS NEEDED! GOMOP PALOOZA Music Festival AUG 19 2023

Contact Fr. Joe DiStefano  
frjdistefano@yahoo.com  
724-304-1230

[pittsburgh.goarch.org](http://pittsburgh.goarch.org)



**76th Annual MEGGOX Convention**  
July 6 - 9, 2023

Join MEGGOX for a weekend of beautiful music, learning-filled workshops, and great fellowship at St. John the Church Boardman (Youngstown), Ohio

Guest Conductor: Paul Mavromihalis Music: Gallos II (new standard translation)

Order your music here: [mideastern.churchmusic.goarch.org/convention/music](http://mideastern.churchmusic.goarch.org/convention/music)

Keep checking our website: [mcfgox.org](http://mcfgox.org)

**St Paul Greek Orthodox Church**  
4548 Wallings Road, North Royalton, OH  
In partnership with the Hellenic Preservation Society  
with a special grant provided by the Frangos Charitable Group

# GREEK CULTURAL CAMP

**\$40 Registration**  
Register your PreK - 6th Grade Children  
Learn about Greek culture and keep our heritage alive!  
<https://tinyurl.com/stpaulgreekcamp>



**2023**

**June 14th-16th 2023**  
9:00 am - 2:00 pm

**Volunteers Needed!**

Please Contact Keli if you are willing to help!  
Looking for: classroom teachers, kitchen helpers, recess assistants, craft supervisors, GOYAns, ideas etc. Donations welcomed!  
[greekcamp@stpaulgoc.org](mailto:greekcamp@stpaulgoc.org)

WATCH THIS SPACE...  
NEW METROPOLIS CENTER  
UPDATE IN JULY!

**Angel's Acres**  
**Eighty Four. PA**  
**11:00 AM - 9:00 PM**  
**FREE Admission & Parking**

**His Eminence Metropolitan Savas invites YOU to the First Annual**

**FUN for ALL the family!**  
2 Music Stages  
Byzantine Choir  
Arts & Crafts  
Exhibits  
Beverages, Food  
Pond & Beautiful Countryside to enjoy!


**Aug 19 2023**  
**GoMOP Palooza!**

*Music & Arts Festival*

*GOOD TIMES*

The Department of Greek Education for the Metropolis of Pittsburgh presents

## The Annual Greek Language Story Contest



# CONGRATULATIONS

TO OUR WINNER!

Taxiarchi Russ from Annunciation, Columbus, Ohio



### SUPPORT HIS EMINENCE AND OUR METROPOLIS MINISTRIES

It costs approximately \$1,000 per day to operate our Metropolis - including Metropolitan Savas's Archpastoral visitations, preparations for summer camp and GOYA retreats, our vital registry, and more. Please consider sponsoring a day in the life of the Metropolis:

Greek Orthodox Metropolis of Pittsburgh, 5201 Ellsworth Avenue, Pittsburgh, PA 15232

412-621-5529 (Main) 412-465-0460 (Camp) 412-621-8543 (Youth)

[pittsburgh.goarch.org](http://pittsburgh.goarch.org) [info@pittsburgh.goarch.org](mailto:info@pittsburgh.goarch.org)



# June 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
4 <b>HOLY PENTECOST</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. <b>Pentecost Vespers</b>	5 <b>Monday of the Holy Spirit</b> Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.	6 <b>Open Gym</b> 7:00 p.m.	7	8	9	10
11 <b>ALL SAINTS SUNDAY</b> Orthros 8:45 am Divine Liturgy 10:00 a.m.	12 <b>APOSTLES FAST BEGINS</b>	13 <b>Open Gym</b> 7:00 p.m.	14	15	16	17
18 <b>2<sup>nd</sup> Sunday of Matthew</b> Orthros 8:15 am Divine Liturgy 9:30 a.m. <hr/> <b>Fr. Christopher Bender's Retirement Luncheon</b> 12:00 Noon	19 <b>Parish Council Meeting</b> 6:30 p.m.	20 <b>Open Gym</b> 7:00 p.m.	21	22	23	24
25 <b>3<sup>rd</sup> Sunday of Matthew</b> Orthros 8:15 am Divine Liturgy 9:30 a.m.	26	27 <b>Open Gym</b> 7:00 p.m.	28	29 <b>APOSTLES FAST ENDS</b>	30	
FR. BENDER AWAY						