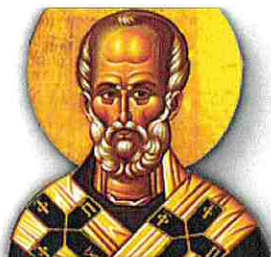


MARCH 19, 2023 – 3rd SUNDAY OF LENT – VENERATION OF THE CROSS

Saints of the Day: the holy martyrs Chrysanthos and Daria; Claudius the tribune, his wife Hilary, and their sons Jason and Maurus; the holy martyrs Pancharios, Diodore the priest and Marian the deacon, as well as the holy new martyr Demetrius the joiner.

Tone 7 (Grave Mode)

Orthros Gospel 7



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Roseanne Yu

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: Sept 11 – May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

TODAYS MEMORIAL SERVICE is being chanted for the soul of the servant of God *John J. Contis* (1 year) and a **TRISAGION SERVICE** for the departed Vlahokerasiototes.

PLEASE JOIN US for Coffee and Fellowship following services in the Small Hall hosted by GOYA and sponsored by the family of John J. Contis and the Manthyrea Educational Society (Vlahokeriasiototes).

TODAY: Church School Open House, General Assembly, GOYA, Little Angels, HOPE & JOY Dance Practice

THIS WEEK AT ST. NICHOLAS

- **Tuesday, Mar. 21, 2023:** GOYA Open Gym 7:00 p.m.
- **Wednesday, Mar. 22, 2023:** 9:30 a.m. Presanctified Liturgy; GOYA Dance Practice 6:30 p.m.
- **Friday, Mar. 24, 2023:** 7:00 p.m. Great Vespers for Annunciation followed by 4th Stanza of Akathist Hymn
- **Saturday, Mar. 25, 2023:** Feastday of ANNUNCIATION Orthros 9:00 a.m.
Divine Liturgy 10:00 a.m.; Greek School 10:00 a.m.
- **Sunday, Mar. 26, 2023:** Greek Independence Day Celebration by Greek School with Procession, Doxology, Luncheon and Program

MARCH 19, 2023 – 3rd SUNDAY OF LENT – VENERATION OF THE CROSS

Saints of the Day: the holy martyrs Chrysanthos and Daria; Claudius the tribune, his wife Hilary, and their sons Jason and Maurus; the holy martyrs Pancharios, Diodore the priest and Marian the deacon, as well as the holy new martyr Demetrius the joiner.

Tone 7 (Grave Mode)

Orthros Gospel 7

SPECIAL HYMNS OF THE DAY:

The first hymn chanted at the Small Entrance is the Festal Apolytikion (Tone 1):

Σώσον Κύριε τόν λαόν σου καί ευλόγησον τήν κληρονομίαν σου, νίκας τοῖς Βασιλεύσι κατά βαρβάρων
δωρούμενος καί τό σόν φυλάττων διά τοῦ Σταυροῦ σου πολίτευμα.
Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy,
and by Your Cross protecting Your commonwealth. [GOA]

After the procession with the Gospel the Eisodikon (Entrance Hymn) is chanted by the clergy:

Δεῦτε προσκυνήσωμεν καί προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν,
ψάλλοντάς σοι Ἀλληλούϊα. Come let us worship and fall down before Christ. Save us O Son of God,
who arose from the dead. We sing to you, Alleluia.

After the Entrance Hymn the Priest enters into the Sanctuary, and the Resurrection Apolytikion in Tone 6 (Grave Mode) is chanted: By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy. [SD] Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέφξας τῷ Ληστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας· ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Then, the hymn for the Feastday is repeated. Following this, we chant the Hymn for our Church's Patron, St. Nicholas (Tone 4): Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.
The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we hear the Seasonal Kontakion in the Eighth Tone:

O Champion General, we your faithful inscribe to you the prize of victory as gratitude for being rescued from calamity, O Theotokos. But since you have invincible power, free us from all kinds of perils so that we may cry out to you: Rejoice, O Bride unwedded.

Τὴ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοὶ ἡ Πόλις σου Θεοτόκε, Ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων μὲ κινδύνων ἐλευθέρωσον, ἵνα κράζω σοί, Χαῖρε νύμφη ἀνύμφευτε.

Instead of the usual Trisagion, we chant the special one for Feastdays of the Cross:

Τὸν Σταυρόν σου προσκυνοῦμεν, Δέσποτα, καὶ τὴν ἀγίαν σου ἀνάστασιν δοξάζομεν.
Before Your Cross, we bow down, O Master, and Your Holy Resurrection we glorify.

EPISTLE Hebrews 4:14-18, 5: 1-6. Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek." [RSV]

Ἀδελφοί, ἔχοντες Ἀρχιερέα μέγαν διεληλυθότα τοὺς οὐρανούς, Ἰησοῦν τὸν Υἱὸν τοῦ Θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖσαι ταῖς ἀσθενείαις ἡμῶν, πεπειρασμένον δὲ κατὰ πάντα καθ' ὁμοιότητα χωρὶς ἁμαρτίας. Προσερχόμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον καὶ χάριν εὐρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ Ἀρχιερεὺς ἐξ ἀνθρώπων λαμβανόμενος ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν Θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσι καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περικείται ἀσθενείαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτω καὶ περὶ ἑαυτοῦ προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ Θεοῦ, καθάπερ καὶ ὁ Ἀαρών. Οὕτω καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασε γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν· Υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε· καθὼς καὶ ἐν ἑτέρῳ λέγει· σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

GOSPEL: Mark 8: 34-38, 9: 1. The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power." [RSV]

Εἶπεν ὁ Κύριος· Ὅστις θέλει ὀπίσω μου ἀκολουθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθεῖτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνηθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνηθήσεται αὐτόν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· Ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες ὧδε τῶν ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

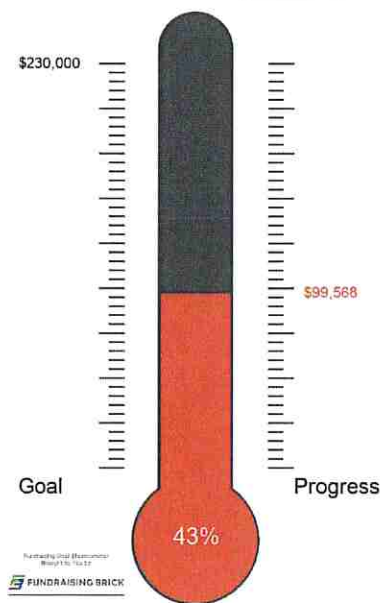
A Heartfelt Thank You to the Vlahokerasiotes Manthyrea Educational Society

This year, the Society dedicated all proceeds from their annual Makaronada Dinner / Dance toward the Restoration of our Cathedral Ceiling. The event was very successful with nearly 300 attending and clearing \$7,500. In addition, the Society generously matched these proceeds from their own funds, increasing their total donation to \$15,000. St. Nicholas Cathedral deeply appreciates this donation and the role that the descendants of Vlahokerasia always play in supporting St. Nicholas Cathedral.

2023 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2023 Stewardship Commitment, THANK YOU! If not, please take the time to make financial Stewardship Commitment today and complete the bottom portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



Giving Thanks,

**Eucharistic
Stewardship**

<u>2023</u>	<u>STEWARDSHIP</u>
Total Stewards	183 (GOAL 300)
Total Pledged	\$99,568.00 GOAL (\$230,000.00)
Avg. Pledge	\$784.00

STEEL MAGNOLIAS

April 8---2:00, O'Reilly Theater

\$41.00 due March 26

10 tickets reserved.

The story takes place in a beauty salon with a group of regulars who are planning a wedding, a woman who's been "in a bad mood for forty years" and a mysterious newcomer. Through laughter, tears and a thick fog of hair spray, these women face trials and triumphs.

EVERYONE IS INVITED

Sponsored by the Sixty Club.

Contact Fran Hanna (412-731-0790),

Argie Stuart (412-681-6754)

Please make checks payable to St. Nicholas Sixty Club

St. Nicholas Greek School

Evangelismos and Greek Independence will be celebrated next Sunday, March 26, after Liturgy with a Procession and Doxology, followed by a Lenten butterfly shrimp luncheon and program. This year St. Nicholas

GOYA dancers will join in the celebration with a performance. Tickets are \$15 for adults and \$10 for children. **Please contact Maria Stamoolis for reservations by March 22 at mstamoolis@verizon.net or 412.874.4422.** Flowered Centerpieces for the luncheon are made by Maria Menas to help raise money for the "Ceiling Restoration Fund." Take a beautiful flowered centerpiece home and place a donation in the envelope for the church --checks made payable to St. Nicholas Cathedral with Ceiling Restoration in memo.

Food Festival Cooking, 2023

We will be taking a well-deserved break now for the rest of the month. A huge SHOUT OUT goes to those if you who helped get us to this point! See you for Tiropita in April.

APRIL

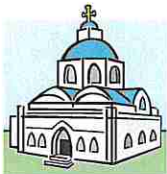
Tiropita	Saturday, April 1, 9:00 a.m. to 3:30 p.m. Sunday, April 2, 12 noon to 4:00 p.m.
Diples	Tuesday, April 25, 9:00 to 4:00 pm

St Nicholas Greek Food Festival - Sunday, May 7 to Saturday, May 13

GOYA NEWS

Easter Chocolate Sale - GOYA is once again having a chocolate sale. Please support our GOYAns by placing an order after church. Deadline for orders is April 2, 2023. Thank you for your continued support.

Pastitsio Sale - GOYA is selling their annual frozen 9 by 13 pans of Pastitsio for \$35.00. For Pastitsio pickups, call the church office or contact Alea Melacrinis Mavrogeorgis via text 412-726-5940. Please identify who you are in a detailed message. Checks can be made to St. Nicholas GOYA or cash is also acceptable.



From the Church School Desk!

St. Nicholas Greek Orthodox Cathedral's Church School Open House is **TODAY**, where parents and grandparents attend Church School to see firsthand what their children are learning.

Church School students in grades 7th–12th can learn more about their faith and participate in the **St. Nicholas Oratorical Festival** that will be held in **March 2023**. For more information, please contact Chairman Eve Elsen at 412-580-9415 or eve.m.elsen@gmail.com.

I appreciate the support from all of you and thanks for sharing your children with us every Sunday!

Yours in Christ,
MissMichelle

St Nicholas Greek Orthodox Cathedral Church School

OPEN HOUSE

TODAY



Join your Child or Grandchild for Church
Worship, Holy Communion & Church School!

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)

Pastoral Assistants & Youth Directors

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

**Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.
Even... Parents who occasionally help-out, but are alone with other people's children.**

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, edarakos@aol.com, 412-944-4961.

**St. Nicholas
Oratorical Festival
March 2023**



**For more information, please contact
Chairman Eve Elsen
at 412-580-9415 or eve.m.elsen@gmail.com**



ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

419 S. Dithridge St., Pittsburgh, PA 15213-3596 · Tel.: (412) 682-3866 · Fax: (412) 683-4960
E-mail: church@stnickspgh.org · Web: stnickspgh.org

REVEREND FATHER CHRISTOPHER H. BENDER, DEAN · REVEREND DEACON ROBERT W. LYKOS

Date: February 28, 2023

To: Members of The Greek Community of Allegheny County, PA –
St. Nicholas Greek Orthodox Cathedral

From: Parish Council

Subject: Parish Council General Assembly of March 19, 2023

A General Assembly will be convened immediately following the Divine Liturgy on Sunday, March 19, 2023.

The agenda will be as follows:

- A. Opening Prayer
- B. Election of the General Assembly Chairperson
 - i. Appointment of the Assembly Secretary by the Chairperson
- C. Approval of the minutes of the October 23, 2022, General Assembly meeting
- D. Father's Report
- E. Executive Committee Report
- F. Finance Committee Report
- G. Foundation Fund Report
- H. Unfinished Business
- I. New Business
- J. Adjournment

The Parish Council requests your presence and support. Please make every effort to attend.

Respectfully,

Rev. Fr. Christopher Bender

Rev. Fr. Christopher Bender, Dean

Michelle Marie Kotsagrelou

Michelle Marie Kotsagrelou, President

HELP PHILOPTOCHOS HELP THOSE IN NEED
BY ORDERING OUR NEW LENTEN FUNDRAISER

Sunday Soupa!

Choose from our delicious homemade
Lentil Soup (Fakes) or Bean Soup (Fasolada).
Can't decide.....order both!

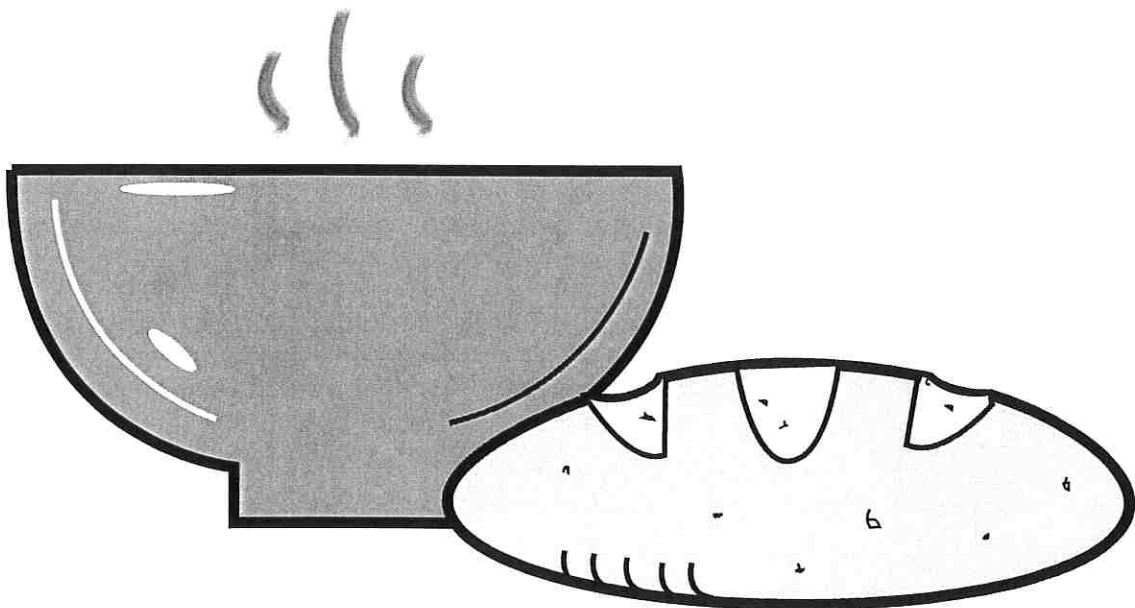
Soups are completely Lenten
and available **ONLY** on **Sunday, March 26, April 2 & 9**

Each quart-size soup comes with a fresh
homemade loaf of bread by Chef Joe Bardakos

\$10 qt.

PREORDERS ONLY

Orders must be placed by Thursday prior to pick-up date
by phone, text or email to Maria Bardakos 412-519-8684 / marbard47@gmail.com
Cash or check made out to St. Nicholas Philoptochos



**Celebrate the Evangelismos and
Greek Independence Day**

with

St. Nicholas Cathedral Greek School

Sunday, March 26th 2023

Luncheon-immediately after Doxology in church



luncheon reservations, by Mar. 22

**Call/Text Maria Stamoolis at 412-874-4422 or E-mail
mstamoolis@verizon.net**

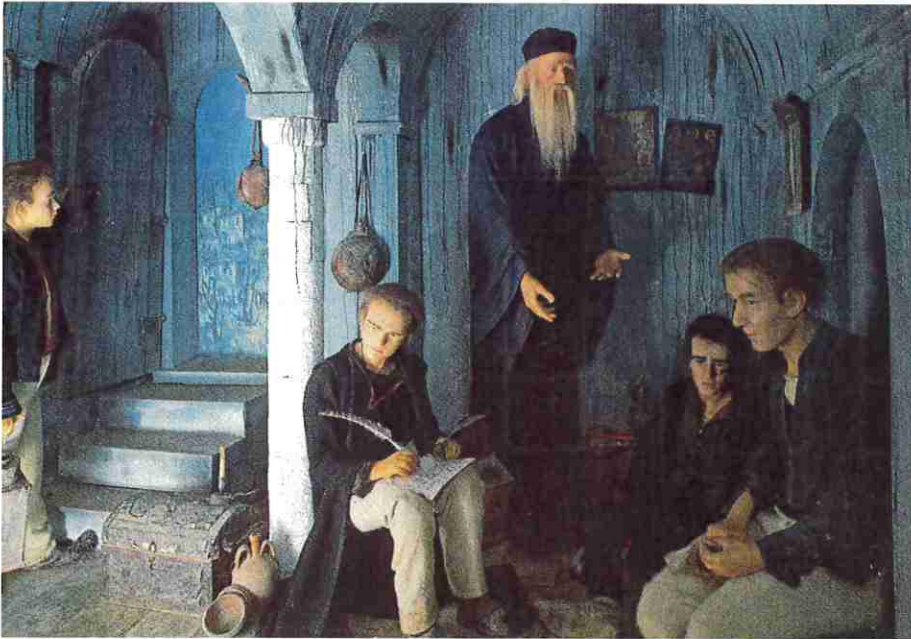
Butterfly Shrimp Luncheon – adults \$15 / children \$10

**Then stay and celebrate with the children-- POEMS! SONGS!
PLAY! GOYA dancers!**

CELEBRATING GREEK INDEPENDENCE WEEK 2023

THE GREEK NATIONALITY ROOM OF THE NATIONALITY ROOMS PROGRAM
AT THE UNIVERSITY OF PITTSBURGH PRESENTS

"THE TEACHERS OF THE GREEK PEOPLES: THE LESSER-KNOWN HEROES OF THE GREEK STRUGGLE FOR INDEPENDENCE"



Within the first 100 years following the fall of Constantinople, many of the teachers of the geography inside which Greek people lived, fled to the west, north, and east (Venice, Pisa, Trieste, Marseille, Nice, Costanza, Odessa, Kiyv, Mariupol, Stavrupol). Greece was largely orphaned of education opportunities. Together with the church clergy, the cadre of the few remaining teachers began the monumental task of rebuilding the education of the Greek people.

By the start of the Revolution, this cadre of the Teachers of the People swelled to more than 1000 lesser-known educators-heroes whose role in the Greek peoples' struggle for Independence is just beginning to be discovered.

This year, the Greek Nationality Room Committee will commemorate the lesser-known Teachers of the People inside the following virtual program that will take place between March 25th - March 29th, 2023, at:

<https://pahellenicfoundation.org/Teachers>

- PROGRAM -

<https://pahellenicfoundation.org/Teachers>

Saturday, March 25th, 2023 at 7 PM:

"The Lesser Known Teachers of the People: An Introduction and a Reflection for Modern Times"

Sunday, March 26th, 2023 at 7 PM:

"The Awakening of Hellenic National Identity and the Education of the Greek Nation"

Presented by Rev. Fr. Dr. Gregory Stamkopoulos, Dept. of Greek Education of the Greek Orthodox Archdiocese of America.

Monday, March 27th, 2023 at 7 PM:

"Chrysostom Tsiter of Austria: Unveiling Three Great Teachers of the Greek People - Anastasios Gordios, Chrysanthos Aitolos, and Fragkiskos Kokkos"

Presented by Dr. A.I. Michalopoulos, Internationalist.

Tuesday, March 28th, 2023 at 7 PM:

"Epistemologic Mythology and the "Legend" of the Hidden School: The Examples in Attica"

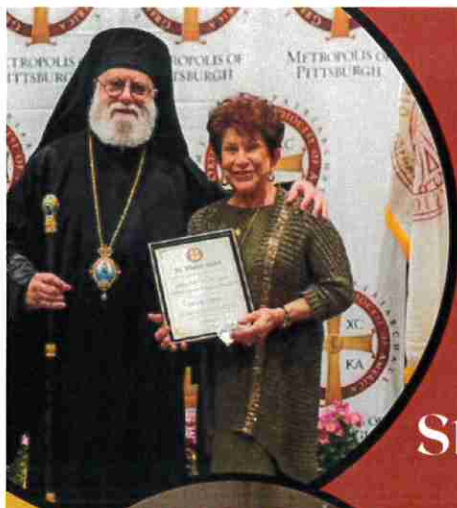
Presented by Evangelos Andreou, Poet and Literary Aesthetician, President, European Art Center of Greece (EUARCE)

Wednesday, March 29th, 2023 at 9 PM:

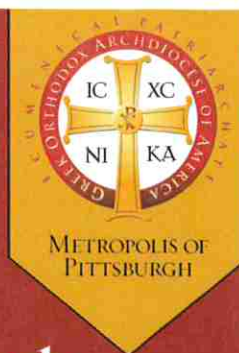
"A Musical Tetraodeon to the Kollyvades Fathers as Teachers of the Greek People"

Presented by the Byzantine Choir of the Greek Orthodox Metropolis of Pittsburgh

- For further information, and to view the scheduled events: <https://pahellenicfoundation.org/Teachers> -



His Eminence Metropolitan Savas
cordially invites you to celebrate the
dedicated volunteers of our Holy and
God-protected Metropolis of
Pittsburgh at the
2023



Metropolis of Pittsburgh St. Photios Awards Banquet

Saturday April 29, 2023

4:00pm Hors d'oeuvres 5:00pm Dinner

**DoubleTree by Hilton Hotel
Pittsburgh-Cranberry**

910 Sheraton Drive, Mars, PA 16046

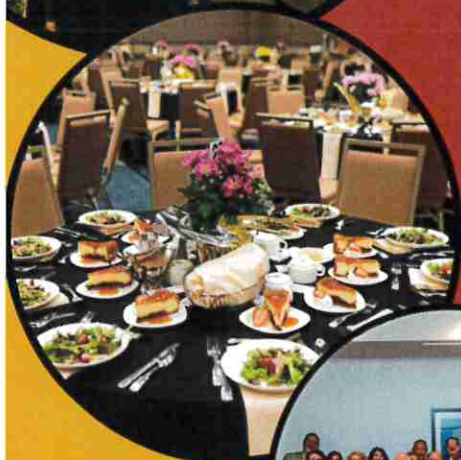
Reservations:

\$95/adult, \$25/child (under 12)

Reservation & Sponsorship Deadline:

April 1, 2023

No Refunds available after April 17, 2023



NET PROCEEDS TO BENEFIT THE METROPOLITAN'S BENEVOLENCE FUND

Please mail reservations to:

St. Photios Awards Banquet
Greek Orthodox Metropolis of Pittsburgh
5201 Ellsworth Ave, Pittsburgh, PA 15232

Please make checks payable to:
Greek Orthodox Metropolis of Pittsburgh

Please refer questions to:

Banquet Co-Chairpersons:

Marianne Stearns

412 600 2159

mstearns@nauticom.net

or Archdeacon Ryan

412 621 5529

rgzikowski@pittsburgh.goarch.org



☎ 412 621 5529

✉ METROPOLIS@PITTSBURGH.GOARCH.ORG

🌐 PITTSBURGH.GOARCH.ORG





GREEK ORTHODOX METROPOLIS OF PITTSBURGH

ST. PHOTIOS AWARDS BANQUET

2023 ST. PHOTIOS AWARDS BANQUET

Saturday, April 29, 2023

DoubleTree by Hilton Hotel Pittsburgh-Cranberry

910 Sheraton Drive, Mars, PA 16046

4:00 P.M. Hors d'oeuvres

5:00 P.M. Dinner

DINNER RESERVATIONS FORM

\$95.00 per adult

\$25.00 per child under 12

(Tables of 10)

Note: Parking is free at the hotel.

Name.....

Parish.....

Address.....

Phone (.....).....

City/State/Zip.....

**** No refunds after April 17, 2023. ****

E-Mail

Reservations Due by April 1, 2023.

Number of Reservations x \$95.00ea + x \$25.00ea = \$...... total

NOTE: Awardees attend gratis (no charge) as guests of His Eminence. Do not pay for awardees.

Amount enclosed.....

Names of those included in this Reservation (write additional names on back of this page):

If including Awardees with your table, please list their names below, but do not include payment for awardees.

1.

6.

2.

7.

3.

8.

4.

9.

5.

10.

Make checks payable to:

Greek Orthodox Metropolis of Pittsburgh

Please refer questions to:

Marianne Stearns

412-600-2159

mstearns@nauticom.net

Mail checks, reservation names, sponsorship forms, & donations to:

St. Photios Awards Banquet

Greek Orthodox Metropolis of Pittsburgh

5201 Ellsworth Avenue

Pittsburgh, PA 15232

Please do not contact hotel with Banquet questions; only contact hotel for overnight room reservations.

For overnight room reservations:

Contact the DoubleTree Hotel at (724) 776-6900

A rate of \$119.00 per night has been secured

Use the group name "Saint Photios Awards Dinner"

Deadline for room reservations at this rate is April 1, 2023.



GREEK ORTHODOX METROPOLIS OF PITTSBURGH

ST. PHOTIOS AWARDS BANQUET

2023 Metropolis of Pittsburgh St. Photios Awards Banquet

Saturday, April 29, 2023

DoubleTree by Hilton Hotel Pittsburgh-Cranberry

910 Sheraton Drive, Mars, PA 16046

4:00 P.M. Hors d'oeuvres

5:00 P.M. Dinner

Program Book Sponsorship Form

\$3000+	Grand Benefactor
\$1000-\$2,999	Benefactor
\$750-\$999	Patron
\$500-\$749	Sponsor
\$250-\$499	Supporter
\$100-\$249	Friend
\$50	Helper

Amount Enclosed:

.....

Check #

.....

Sponsor Address: _____

Name as you wish it to be listed:

Make checks payable to: Greek Orthodox Metropolis of Pittsburgh

Mail form and check to: St. Photios Awards Banquet
Greek Orthodox Metropolis of Pittsburgh
5201 Ellsworth Avenue
Pittsburgh, PA 15232

Must be received by April 1, 2023, to be included in the book.

Donors will be listed by Contribution Level in the St. Photios Awards Banquet Program Book, which will be distributed at the Dinner on Saturday, April 29, 2023, at the DoubleTree by Hilton Hotel in Mars, PA.

Net proceeds from this event will benefit the Metropolitan's Benevolence Fund.

St Nicholas Greek Food Festival

February 2023

Dear Friends,

We've been hosting our annual Greek Food Festival now for sixty-one years. As we butter the filo, bake the Baklava, and prepare the entrees, we know that the need for this food festival and the fundraising efforts is crucial this year more than any other year. St. Nicholas Cathedral recently had a state of emergency, with a poor and failing ceiling infrastructure. Restoring our home of worship has come at quite an expense to our community.

To help keep the roof over our head and the ability to bring such Greek flair and tradition to our Pittsburgh community, all ad book proceeds will go to St. Nicholas Ceiling Fund. We invite you to play a role in our fundraising efforts by advertising in the **2023 St. Nicholas Food Festival Ad Book**.

St. Nicholas Greek Orthodox Food Festival will be from **May 7 thru May 13**. Year after year, thousands of people attend this weeklong event, enjoying our food, music, and hospitality. What a fantastic way to advertise your business, while at the same time support a great cause. St. Nicholas is a 501(C)3 that makes your contribution tax deductible.

On the back of this letter, you will find the advertising contract detailing ad sizes and prices. If you are interested in placing an ad, please complete the form with your contact information, payment type, and ad size selection.

You may submit completed contracts and ads via e-mail to foodfestadbook@stnickspgh.org, or mail to:

St. Nicholas Cathedral
c/o Greek Food Festival Ad Book Committee
419 South Dithridge Street
Pittsburgh, PA 15213

DEADLINE FOR ALL ADS is April 7, 2023

For additional information or if you have any questions, please call Lenna Cominos at (412) 370-8181, or send an e-mail to foodfestadbook@stnickspgh.org.

We sincerely hope that you will play a part in making this year's edition of our ad book a success.

Best regards,

Elaine Andrianos, Alisa Balouris, Simon Barber, Lenna Cominos

St. Nicholas Ad Book Committee

St. Nicholas Greek Orthodox Cathedral

**2023 GREEK FOOD FESTIVAL
ADVERTISING CONTRACT**



Name _____

Business _____

Address _____

Phone/ Cell _____

Email _____

AD DEADLINE APRIL 7, 2023

Ad Size	Color
Full Page/ 4.5w x 7.5h	\$700
Half Page/ 4.5w x 3.75h	\$400
Quarter Page/ 4.5w x 1.875h	\$250
Patron/ listing	\$50

For repeat customers, please indicate below if you would like to use the same ad as last year.

☐

Use same ad as previous year

Please make check payable and mail to St. Nicholas Cathedral. ☐ Check enclosed ☐ Bill me

Authorized Signature _____ Date _____

Please print or attach ad copy, or email ad file in a **JPEG** format to: **foodfestadbook@stnickspgh.org**

Date Received:

Check Number:

Receipt Number:

The Department of Greek Education for
the Greek Orthodox Metropolis of Pittsburgh presents

THE EIGHTH ANNUAL GREEK LANGUAGE FESTIVAL

Saturday, April 22, 2023
St. Nicholas Cathedral, Pittsburgh, PA
11am - 3pm

1. Quiz Bowl on Greek Revolution of 1821 and Burning of Smyrna

Teams of three (3) students will compete in two levels. Eligible contestants are those currently or previously enrolled in Greek Language Studies. All the material needed to study for the Quiz Bowl is available to download at <https://www.dropbox.com/scl/fo/3yx04h3bdlll5c2ifyk4m/h?dl=0&rlkey=d45th09aivd712t40ynqvo6c2> Each team creates its own name. A large trophy cup will be placed at the winning team's church. Individual awards will also be given.

- a. Intermediate Level: 4th, 5th, 6th grade American School
- b. Advanced Level: 6th - 12th grade American School (note that 6th grade students have the option of teaming up in either level)

2. For students who are **musically talented** we encourage you to perform either solo or with others an original Greek song or Greek instrumental selection or a selection from an existing Greek composer on Greek Revolution of 1821 and Burning of Smyrna. This is open for all grades, K - 12th grade American School.

3. For students **who love to act** we encourage you to perform an original Greek skit or one from an existing writer on Greek Revolution of 1821 and Burning of Smyrna. This is open for all grades, K - 12th grade American School.

4. For students **who love art** we encourage you to submit your artwork for the Art Exhibit with the title in Greek on Greek Revolution of 1821 and Burning of Smyrna. This is open for all grades, K - 12th grade American School.

In addition, there will also be various booths, food, and fun for all.

Registration forms available at the Metropolis website, facebook, and <https://www.dropbox.com/scl/fo/3yx04h3bdlll5c2ifyk4m/h?dl=0&rlkey=d45th09aivd712t40ynqvo6c2>

Registration deadline is April 7, 2023

Questions contact Maria Stamoolis: mstamoolis@verizon.net

The Department of Greek Education
for the Metropolis of Pittsburgh presents

The Annual Greek Language Story Contest



**Do you know of someone in your family or community
with a fascinating story to tell?**

Interview and write the life story of an elderly immigrant with Greek or Cypriot roots living (either) independently or dependently, such as in a nursing home, assisted living, etc.; or interview the child or spouse of an elderly or deceased immigrant and tell their life story.

1 Tell of their life before and after coming to the U.S.

- where they traveled from and why they left
- who they traveled with and how they traveled
- who they prayed to for strength and any miracles
- how old they were when they arrived to the U.S.
- what challenges they faced
- what did they do here in the U.S.

2 Provide pictures

- of them, their family
- of places where they lived abroad, and in the U.S.
- of their favorite places and pastimes, both abroad and in the U.S.

3 Provide samples of

- their favorite Greek songs, hymns, poems, etc.

You are not limited to only the above questions, nor are all of the above imperative

Type this in Greek and in English in a Word document. Provide a copy for the person you interviewed and send a copy to:

The Greek Orthodox Metropolis of Pittsburgh Department of Greek Education,
5201 Ellsworth Ave, Pittsburgh, PA 15232, also email a copy with the pictures
separately not in the word document to mstamoolis@verizon.net

Student interviewers are from 4th – 12th grade. Awards given to students who
display thoroughness and hard work.

Deadline to register is April 7, 2023. Deadline for submission is April 18, 2023.
For information e-mail Maria Stamoolis, mstamoolis@verizon.net.



ST. NICHOLAS GREEK ORTHODOX CATHEDRAL HOLY WEEK SCHEDULE 2023

Lazarus Saturday, April 08 – Σάββατο του Λαζάρου, 08 Απριλίου
Orthros, 8:45 a.m., Divine Liturgy, 10:00 a.m.
Όρθρος, 8:45 π.μ., Θεία Λειτουργία, 10:00 π.μ.

PALM SUNDAY, April 09 – ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΙΩΝ, 09 Απριλίου:
Orthros, 8:30 a.m., Divine Liturgy, 10:00 a.m.
Όρθρος, 8:30 π.μ., Θεία Λειτουργία, 10:00 π.μ.

1st Bridegroom Service, 7:00 p.m. – 1^η Ακολουθία του Νυμφίου, 7:00 μ.μ.

Holy Monday, April 10 – Μεγάλη Δευτέρα, 10 Απριλίου:

2nd Bridegroom Service, 7:00 p.m. – 2^η Ακολουθία του Νυμφίου, 7:00 μ.μ.

Holy Tuesday, April 11 – Μεγάλη Τρίτη, 11 Απριλίου:

3rd Bridegroom Service, 7:00 p.m. – 3^η Ακολουθία του Νυμφίου (Τροπάριον της Κασσιανής), 7:00 μ.μ.

Holy Wednesday, April 12 – Μεγάλη Τετάρτη, 12 Απριλίου:

Holy Unction and Anointing, 5:30 p.m. – Το Ευχέλαιον, 5:30 μ.μ.

Holy Thursday, April 13 – Μεγάλη Πέμπτη, 13 Απριλίου:

Vesperal Divine Liturgy of St. Basil, 9:30 a.m.

Εσπερινή Θεία Λειτουργία του Μεγάλου Βασιλείου, 9:30 π.μ.

Service of the Holy Passion of our Lord, 6:30 p.m.

Ακολουθία τῶν Ἁγίων Παθῶν, 6:30 μ.μ.

GREAT AND HOLY FRIDAY, APRIL 14 – ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ, 14 Απριλίου:

Royal Hours, 9:00 a.m. – Ακολουθία των Βασιλικών Ωρών, 9:00 π.μ.

Great Vespers (Descent from the Cross), 2:30 p.m. – Εσπερινός της Αποκαθήλωσης, 2:30 μ.μ.

The Lamentations Service, 7:00 p.m. – Ο Επιτάφιος Θρήνος, 7:00 μ.μ.

GREAT AND HOLY SATURDAY, APRIL 15 – ΜΕΓΑ ΣΑΒΒΑΤΟΝ, 15 Απριλίου

Vesperal Divine Liturgy of St. Basil the Great, 9:30 a.m.

Εσπερινός και Θεία Λειτουργία του Μεγάλου Βασιλείου, 9:30 π.μ.

Vigil Service, 10:45 p.m. – Παννύχτις, 10:45 μ.μ.

RESURRECTION SERVICE AND DIVINE LITURGY, 11:45 p.m.

ΑΚΟΛΟΥΘΙΑ ΤΗΣ ΑΝΑΣΤΑΣΕΩΣ ΚΑΙ ΘΕΙΑ ΛΕΙΤΟΥΡΓΙΑ, 11:45 μ.μ.

GREAT AND HOLY PASCHA, SUNDAY, APRIL 16 – ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ, 16 Απριλίου

Vespers of Agape, 1:00 p.m. – Εσπερινός της Αγάπης, 1:00 μ.μ. (Volunteers are kindly invited to read the Gospel in various languages – please speak to Fr. Christopher)

CHRIST IS RISEN! ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ! ΧΡΙΣΤΟΣ ΒΟΚΡΕΚ! HRISTOS A ÎNVIAT!

Good Friday Luminary Memorials



**Remember your loved ones with Luminaries
on Good Friday, April 14, 2023.**

***To include your loved one,
please fill out the form below.***

**Luminaries will have names included on the bags and
will be displayed on the steps of the church on
Good Friday Evening, as we walk with the
“Epitaphio” around the church.
Names will also be published.**

Please fill out the form below and give to one of the parish council
members or mail to the parish office. Donations of \$10.00 per
Luminary to be paid to St. Nicholas Cathedral by Monday, April 10th.

Names to be commemorated:

Paid By	
Check #	
Amount	
Date Rec'd	



LOOKING FOR TALENT!

ST. CATHERINE PHILOPTOCHOS OF YPAPANTI

PRESENTS:

APPLAUSE! APPLAUSE!

TALENT SHOW CABARET!

**WE ARE CURRENTLY LOOKING FOR
PARTICIPANTS TO BE A PART OF OUR
SPRING TALENT SHOW CABARET
ON SUNDAY MAY 21,2023**

**IF YOU SING, PLAY A MUSICAL INSTRUMENT, LOVE TO DANCE OR ENJOY POETRY
READING OR COMEDY, WE WOULD LOVE TO HEAR FROM YOU!**

PLEASE CONTACT ANASTASIA ANDREWS

AT

412-398-3194 BY APRIL 1, 2023 TO BE INCLUDED IN THE SHOW

**THIS PROMISES TO BE AN EXCITING SHOW FULL OF BEAUTIFUL MUSIC, DANCING, SKITS AND
GREAT ENTERTAINMENT!!!**

GIVE US A CALL SO THAT YOU CAN BE PART OF THE FUN!

**A PORTION OF THE PROCEEDS TO BENEFIT LENDING HEARTS, PROVIDING EMOTIONAL AND SOCIAL
SUPPORT TO CHILDREN AND YOUNG ADULTS WITH CANCER AND THEIR FAMILIES.**





ST. NICHOLAS CATHEDRAL 2023 GOLF OUTING

Registration/Lunch Buffet 11:00

Shotgun Start 12:30

Cocktails 5:30

Dinner/Auction/Prizes 6:00

Golf Foursome \$750 Individual \$200

Tee and Prize sponsorships available

***Monday, May 22, 2023
Shannopin Country Club***

**For Reservations and Sponsorships
412-421-0294/Bellios216@gmail.com**

Cathedral Restoration Project

Donation and Pledge Form

Donor Name _____

Address _____

E-mail _____

Total Amount Pledged _____

Payment Options

Paid in Full _____

Initial Payment _____ Your plan for additional payments _____

Donations can be by check or made on-line with credit card. From the St. Nicholas web site, www.stnickspgh.org, go to the "Giving" tab and click the "Donate" pull-down. This will transfer you to the on-line giving form. Select Ceiling Fund on the Fund pull down menu.

A construction board with signatures of all donors will be installed as part of the new ceiling. All donor family members can sign it. The board will be available at the church from mid-November through the end of December.

Engraved commemorative pavers are also available at the sizes below. These pavers will be added to the granite circle in our green space. Please indicate if you are interested in a paver and you will be provided with additional information.

____ 8" x 4" Paver at \$1,250

____ 8" x 8" Paver at \$2,500

____ 12" x 12" Granite at \$5,000 (pieces that make up the center cross)

____ 42" x 15" Exterior Granite Ring at \$25,000 (pieces on either side of the Bible verse)

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Sunday of Holy Cross Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GENERAL ASSEMBLY	20	21 GOYA OPEN GYM 7:00 p.m.	22 Presanctified Liturgy 9:30 a.m.	23	24 Great Vespers for Annunciation followed by 4 th Stanza of Akathist Hymn 7:00 p.m.	25 Feastday of ANNUNCIATION Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Greek School 10:00 a.m.
26 Sunday of St. John Climacus Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Greek School Greek Independence Day Celebration Luncheon and Program	27	28 GOYA OPEN GYM 7:00 p.m.	29 Presanctified Liturgy 6:00 p.m.	30	31 THE AKATHIST HYMN 7:00 p.m.	