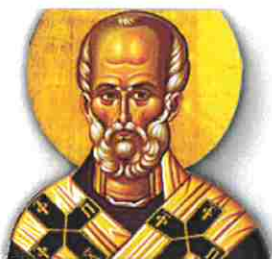


MARCH 12, 2023 – SECOND SUNDAY OF LENT

ST. GREGORY PALAMAS, ARCHBISHOP OF THESSALONIKI

ORTHROS GOSPEL 6

PLAGAL SECOND MODE (TONE SIX)



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Roseanne Yu

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: Sept 11 – May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

PLEASE JOIN US for coffee and fellowship following services in the Small Hall hosted by GOYA.

TODAY TEACHING LITURGY

THIS WEEK AT ST. NICHOLAS

- **Monday, Mar. 13, 2023:** 6:30 p.m. Parish Council Meeting
- **Wednesday, Mar. 15, 2023:** 9:30 a.m. Presanctified Liturgy
- **Friday, Mar. 17, 2023:** 7:00 p.m. Third Salutations
- **Saturday, Mar. 18, 2023:** Greek School 10:00 a.m.
- **Sunday, Mar. 19, 2023:** Memorial Service for John J. Contis (1 year)
Trisagion Service for the departed Vlahokerasiotes
Church School Open House
General Assembly
Philoptochos General Meeting

MARCH 12, 2023 – SECOND SUNDAY OF LENT

ST. GREGORY PALAMAS, ARCHBISHOP OF THESSALONIKI

ORTHROS GOSPEL 6

PLAGAL SECOND MODE (TONE SIX)

TODAY'S SPECIAL HYMNS AND READINGS

First to be heard as the clergy exit the Altar at the Small Entrance is the Resurrection Hymn in the Mode of the Week: (Plagal 2nd, or Tone Six):

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνήμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the Virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You. [SD]

Next, the clergy chant the usual Entrance Hymn:

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλουῖα. Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

The Resurrection Hymn in Tone 6 is repeated, and then we hear the Apolytikion for St. Gregory Palamas, whose memory is always honored on the second Sunday of Lent:

Ὁρθοδοξίας ὁ φωστήρ, Ἐκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἡ καλλονή, τῶν θεολόγων ὑπέρμαχος ἀπροσμάχητος· Γρηγόριε θαυματουργέ Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος· ἰκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the nassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Finally, we hear the Kontakion in Tone 4 appointed for this season in the Triodion:

Τὴ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοὶ ἡ Πόλις σου Θεοτόκε, Ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων με κινδύνων ἐλευθέρωσον, ἵνα κράζω σοί, Χαῖρε νύμφη ἀνύμφευτε.

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you:

"Hail, O bride unwedded!"

TODAY'S EPISTLE READING: HEBREWS 1:10-14; 2:1-3. "In the beginning, Thou, Lord, didst found the earth, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him. [RSV]

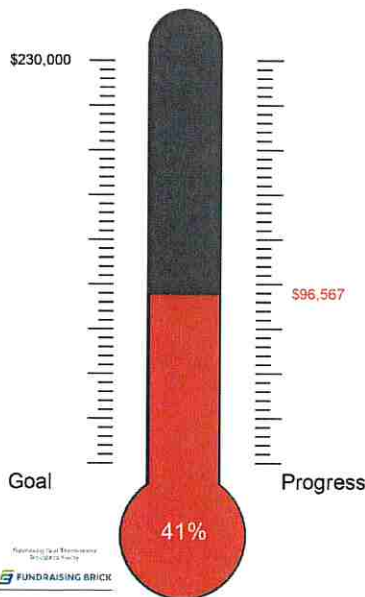
TODAY'S GOSPEL READING: MARK 2: 1-12. At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins' —he said to the paralytic — "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!" [RSV]

2023 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2023 Stewardship Commitment, **THANK YOU!** If not, please take the time to make financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!

Giving Thanks,
**Eucharistic
 Stewardship**



<u>2023</u>	<u>STEWARDSHIP</u>
Total Stewards	174 (GOAL 300)
Total Pledged	\$96,567.00 GOAL (\$230,000.00)
Avg. Pledge	\$804.73

Food Festival Cooking, 2023

Food Festival Preparations

Lend a hand today after Church till 4:00 pm as we tackle Day #3 of Baklava and next Saturday, March 18 as we make Kourambiethes (9:00 to 4:00). It takes a village to get this done.

MARCH

Baklava	Friday and Saturday, March 10 and 11, 9:00 a.m. to 4:00 p.m. Sunday, March 12, 12:00 noon to 4:00 p.m.
Kourambiethes	Saturday, March 18, 9:00 a.m. to 4:00 p.m.

St Nicholas Greek Food Festival - Sunday, May 7 to Saturday, May 13

GOYA NEWS

Easter Chocolate Sale - GOYA is once again having a chocolate sale. Please support our GOYAns by placing an order after church. Deadline for orders is April 2, 2023. Thank you for your continued support.

Pastitsio Sale - GOYA is selling their annual frozen 9 by 13 pans of Pastitsio for \$35.00. For Pastitsio pickups, call the church office or contact Alea Melacrinou Mavrogeorgis via text 412-726-5940. Please identify who you are in a detailed message. Checks can be made to St. Nicholas GOYA or cash is also acceptable.



From the Church School Desk!

TODAY there will be a **Teaching** Liturgy. Father will be stopping throughout the Liturgy to explain what and why certain things are done. This will replace Church School, so please come early and have your children sit in front with their teachers.

St. Nicholas Greek Orthodox Cathedral's Church School Open House will be **Sunday, March 19, 2023**, where parents and grandparents attend Church School to see firsthand what their children are learning.

I appreciate the support from all of you and thanks for sharing your children with us every Sunday!

Church School students in grades 7th–12th can learn more about their faith and participate in the **St. Nicholas Oratorical Festival** that will be held in **March 2023**. For more information, please contact Chairman Eve Elsen at 412-580-9415 or eve.m.elsen@gmail.com.

Yours in Christ,

Miss Michelle

**St. Nicholas
Oratorical Festival
March 2023**



**For more information, please contact
Chairman Eve Elsen
at 412-580-9415 or eve.m.elsen@gmail.com**

Church School Students

Teaching Liturgy

TODAY



St. Nicholas Greek Orthodox Cathedral Church School
Open House
Sunday, March 19, 2023



Join your Child or Grandchild for Church
Worship, Holy Communion & Church School!

YOUTH SAFETY WORKERS

Who is considered a Youth Safety Worker?

All Clergymen (Bishops/Priests/Deacons, both Active & Retired)

Pastoral Assistants & Youth Directors

People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.

Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers) and Parish Council.

Even... Parents who occasionally help-out, but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses (on-line training platform) annually and to complete a background check every other year.

Here is the website: Please register at <https://ncsrisk.org/goarch/>. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, edarakos@aol.com, 412-944-4961.

STEEL MAGNOLIAS

April 8----2:00, O'Reilly Theater

\$41.00 due March 26

10 tickets reserved

The story takes place in a beauty salon with a group of regulars who are planning a wedding, a woman who's been "in a bad mood for forty years" and a mysterious newcomer. Through laughter, tears and a thick fog of hair spray, these women face trials and triumphs.

EVERYONE IS INVITED

Sponsored by the Sixty Club.

Please Contact Fran Hanna (412-731-0790),

Or Argie Stuart (412-681-6754)



ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

419 S. Dithridge St., Pittsburgh, PA 15213-3596 · Tel.: (412) 682-3866 · Fax: (412) 683-4960
E-mail: church@stnickspgh.org · Web: stnickspgh.org

REVEREND FATHER CHRISTOPHER H. BENDER, DEAN · REVEREND DEACON ROBERT W. LYKOS

Date: February 28, 2023

To: Members of The Greek Community of Allegheny County, PA –
St. Nicholas Greek Orthodox Cathedral

From: Parish Council

Subject: Parish Council General Assembly of March 19, 2023

A General Assembly will be convened immediately following the Divine Liturgy on Sunday, March 19, 2023.

The agenda will be as follows:

- A. Opening Prayer
- B. Election of the General Assembly Chairperson
 - i. Appointment of the Assembly Secretary by the Chairperson
- C. Approval of the minutes of the October 23, 2022, General Assembly meeting
- D. Father's Report
- E. Executive Committee Report
- F. Finance Committee Report
- G. Foundation Fund Report
- H. Unfinished Business
- I. New Business
- J. Adjournment

The Parish Council requests your presence and support. Please make every effort to attend.

Respectfully,

Rev. Fr. Christopher Bender

Rev. Fr. Christopher Bender, Dean

Michelle Marie Kotsagrelou

Michelle Marie Kotsagrelou, President

HELP **PHILOPTOCHOS** HELP THOSE IN NEED
BY ORDERING OUR NEW LENTEN FUNDRAISER

Sunday Soupa!

Choose from our delicious homemade
Lentil Soup (Fakes) or Bean Soup (Fasolada).
Can't decide.....order *both*!

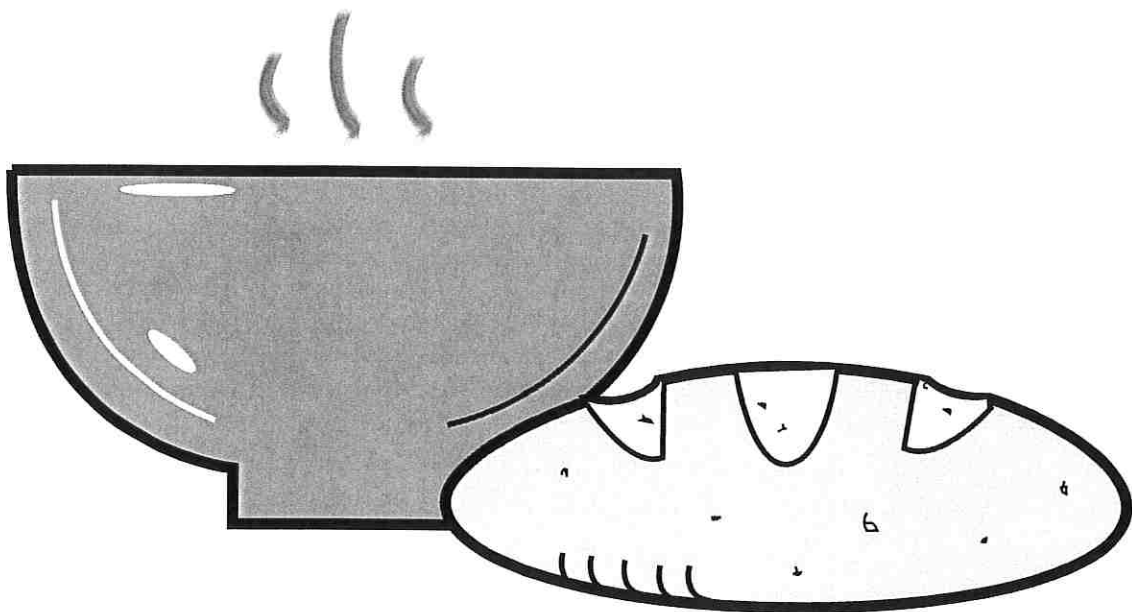
Soups are completely Lenten
and available **ONLY** on **Sunday, March 26, April 2 & 9**

Each quart-size soup comes with a fresh
homemade loaf of bread by Chef Joe Bardakos

\$10 qt.

PREORDERS ONLY

Orders must be placed by Thursday prior to pick-up date
by phone, text or email to Maria Bardakos 412-519-8684 / marbard47@gmail.com
Cash or check made out to St. Nicholas Philoptochos



**Celebrate the Evangelismos and
Greek Independence Day**

with

St. Nicholas Cathedral Greek School

Sunday, March 26th 2023

Luncheon-immediately after Doxology in church



luncheon reservations, by Mar. 22

**Call/Text Maria Stamoolis at 412-874-4422 or E-mail
mstamoolis@verizon.net**

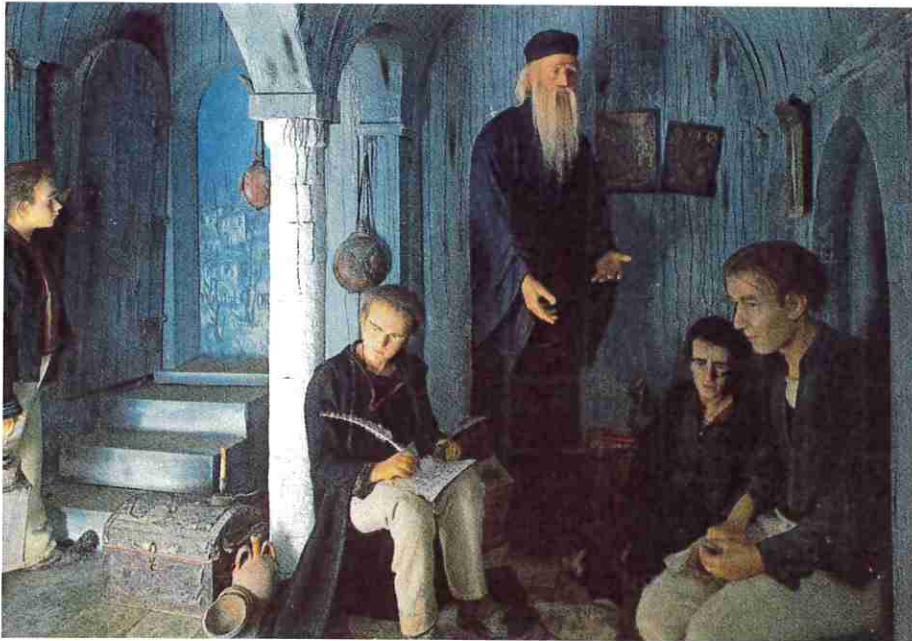
Butterfly Shrimp Luncheon – adults \$15 / children \$10

**Then stay and celebrate with the children-- POEMS! SONGS!
PLAY!**

CELEBRATING GREEK INDEPENDENCE WEEK 2023

THE GREEK NATIONALITY ROOM OF THE NATIONALITY ROOMS PROGRAM
AT THE UNIVERSITY OF PITTSBURGH PRESENTS

"THE TEACHERS OF THE GREEK PEOPLES: THE LESSER-KNOWN HEROES OF THE GREEK STRUGGLE FOR INDEPENDENCE"



Within the first 100 years following the fall of Constantinople, many of the teachers of the geography inside which Greek people lived, fled to the west, north, and east (Venice, Pisa, Trieste, Marseille, Nice, Costanza, Odessa, Kiyv, Mariupol, Stavrupol). Greece was largely orphaned of education opportunities. Together with the church clergy, the cadre of the few remaining teachers began the monumental task of rebuilding the education of the Greek people.

By the start of the Revolution, this cadre of the Teachers of the People swelled to more than 1000 lesser-known educators-heroes whose role in the Greek peoples' struggle for Independence is just beginning to be discovered.

This year, the Greek Nationality Room Committee will commemorate the lesser-known Teachers of the People inside the following virtual program that will take place between March 25th - March 29th, 2023, at:

<https://pahellenicfoundation.org/Teachers>

- PROGRAM -

<https://pahellenicfoundation.org/Teachers>

Saturday, March 25th, 2023 at 7 PM:

"The Lesser Known Teachers of the People: An Introduction and a Reflection for Modern Times"

Sunday, March 26th, 2023 at 7 PM:

"The Awakening of Hellenic National Identity and the Education of the Greek Nation"

Presented by Rev. Fr. Dr. Gregory Stamkopoulos, Dept. of Greek Education of the Greek Orthodox Archdiocese of America.

Monday, March 27th, 2023 at 7 PM:

"Chrysostom Tsiter of Austria: Unveiling Three Great Teachers of the Greek People - Anastasios Gordios, Chrysanthos Aitolos, and Fragiskos Kokkos"

Presented by Dr. A.I. Michalopoulos, Internationalist.

Tuesday, March 28th, 2023 at 7 PM:

"Epistemologic Mythology and the "Legend" of the Hidden School: The Examples in Attica"

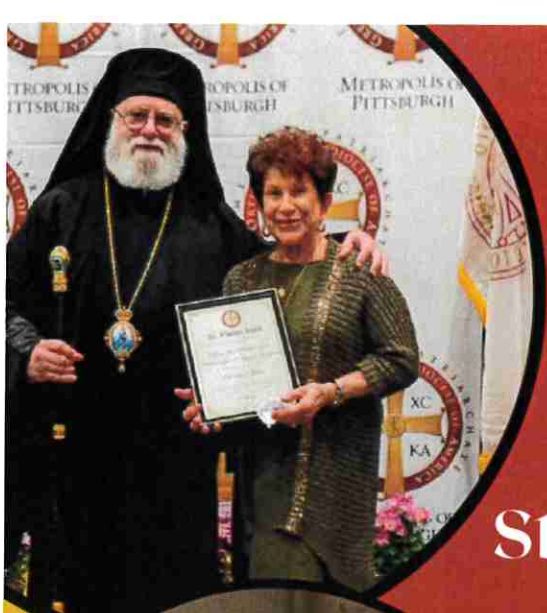
Presented by Evangelos Andreou, Poet and Literary Aesthetician, President, European Art Center of Greece (EUARCE)

Wednesday, March 29th, 2023 at 9 PM:

"A Musical Tetraodeon to the Kollyvades Fathers as Teachers of the Greek People"

Presented by the Byzantine Choir of the Greek Orthodox Metropolis of Pittsburgh

- For further information, and to view the scheduled events: <https://pahellenicfoundation.org/Teachers> -



His Eminence Metropolitan Savas
cordially invites you to celebrate the
dedicated volunteers of our Holy and
God-protected Metropolis of
Pittsburgh at the

2023

Metropolis of Pittsburgh St. Photios Awards Banquet

Saturday April 29, 2023

4:00pm Hors d'oeuvres 5:00pm Dinner

**DoubleTree by Hilton Hotel
Pittsburgh-Cranberry**

910 Sheraton Drive, Mars, PA 16046

Reservations:

\$95/adult, \$25/child (under 12)

Reservation & Sponsorship Deadline:

April 1, 2023

No Refunds available after April 17, 2023



NET PROCEEDS TO BENEFIT THE METROPOLITAN'S BENEVOLENCE FUND

Please mail reservations to:

St. Photios Awards Banquet
Greek Orthodox Metropolis of Pittsburgh
5201 Ellsworth Ave, Pittsburgh, PA 15232

Please make checks payable to:
Greek Orthodox Metropolis of Pittsburgh

Please refer questions to:

Banquet Co-Chairpersons:

Marianne Stearns

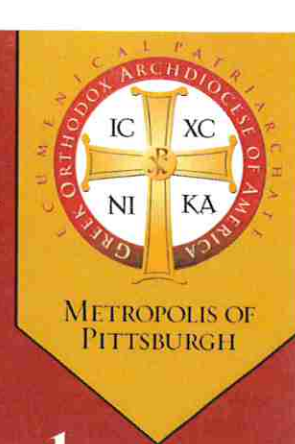
412 600 2159

mstearns@nauticom.net

or Archdeacon Ryan

412 621 5529

rgzikowski@pittsburgh.goarch.org





GREEK ORTHODOX METROPOLIS OF PITTSBURGH

ST. PHOTIOS AWARDS BANQUET

2023 ST. PHOTIOS AWARDS BANQUET

Saturday, April 29, 2023

DoubleTree by Hilton Hotel Pittsburgh-Cranberry

910 Sheraton Drive, Mars, PA 16046

4:00 P.M. Hors d'oeuvres

5:00 P.M. Dinner

DINNER RESERVATIONS FORM

\$95.00 per adult

\$25.00 per child under 12

(Tables of 10)

Note: Parking is free at the hotel.

Name.....

Parish.....

Address.....

Phone (.....).....

City/State/Zip.....

**** No refunds after April 17, 2023. ****

E-Mail

Reservations Due by April 1, 2023.

Number of Reservations x \$95.00ea + x \$25.00ea = \$..... total

NOTE: Awardees attend gratis (no charge) as guests of His Eminence. Do not pay for awardees.

Amount enclosed.....

Names of those included in this Reservation (write additional names on back of this page):

If including Awardees with your table, please list their names below, but do not include payment for awardees.

1.

6.

2.

7.

3.

8.

4.

9.

5.

10.

Make checks payable to:
Greek Orthodox Metropolis of Pittsburgh

Please refer questions to:
Marianne Stearns
412-600-2159
mstearns@nauticom.net

Mail checks, reservation names, sponsorship forms, & donations to:
St. Photios Awards Banquet
Greek Orthodox Metropolis of Pittsburgh
5201 Ellsworth Avenue
Pittsburgh, PA 15232

Please do not contact hotel with Banquet questions; only contact hotel for overnight room reservations.

For overnight room reservations:

Contact the DoubleTree Hotel at (724) 776-6900

A rate of \$119.00 per night has been secured

Use the group name "Saint Photios Awards Dinner"

Deadline for room reservations at this rate is April 1, 2023.



GREEK ORTHODOX METROPOLIS OF PITTSBURGH

ST. PHOTIOS AWARDS BANQUET

2023 Metropolis of Pittsburgh St. Photios Awards Banquet

Saturday, April 29, 2023

DoubleTree by Hilton Hotel Pittsburgh-Cranberry

910 Sheraton Drive, Mars, PA 16046

4:00 P.M. Hors d'oeuvres

5:00 P.M. Dinner

Program Book Sponsorship Form

\$3000+	Grand Benefactor
\$1000–\$2,999	Benefactor
\$750–\$999	Patron
\$500–\$749	Sponsor
\$250–\$499	Supporter
\$100–\$249	Friend
\$50	Helper

Amount Enclosed:

.....

Check #

.....

Sponsor Address: _____

Name as you wish it to be listed:

Make checks payable to: Greek Orthodox Metropolis of Pittsburgh

Mail form and check to: St. Photios Awards Banquet
Greek Orthodox Metropolis of Pittsburgh
5201 Ellsworth Avenue
Pittsburgh, PA 15232

Must be received by April 1, 2023, to be included in the book.

Donors will be listed by Contribution Level in the St. Photios Awards Banquet Program Book, which will be distributed at the Dinner on Saturday, April 29, 2023, at the DoubleTree by Hilton Hotel in Mars, PA.

Net proceeds from this event will benefit the Metropolitan's Benevolence Fund.

St. Nicholas Greek Food Festival

February 2023

Dear Friends,

We've been hosting our annual Greek Food Festival now for sixty-one years. As we butter the filo, bake the Baklava, and prepare the entrees, we know that the need for this food festival and the fundraising efforts is crucial this year more than any other year. St. Nicholas Cathedral recently had a state of emergency, with a poor and failing ceiling infrastructure. Restoring our home of worship has come at quite an expense to our community.

To help keep the roof over our head and the ability to bring such Greek flair and tradition to our Pittsburgh community, all ad book proceeds will go to St. Nicholas Ceiling Fund. We invite you to play a role in our fundraising efforts by advertising in the **2023 St. Nicholas Food Festival Ad Book**.

St. Nicholas Greek Orthodox Food Festival will be from **May 7 thru May 13**. Year after year, thousands of people attend this weeklong event, enjoying our food, music, and hospitality. What a fantastic way to advertise your business, while at the same time support a great cause. St. Nicholas is a 501(C)3 that makes your contribution tax deductible.

On the back of this letter, you will find the advertising contract detailing ad sizes and prices. If you are interested in placing an ad, please complete the form with your contact information, payment type, and ad size selection.

You may submit completed contracts and ads via e-mail to foodfestadbook@stnickspgh.org, or mail to:

St. Nicholas Cathedral
c/o Greek Food Festival Ad Book Committee
419 South Dithridge Street
Pittsburgh, PA 15213

DEADLINE FOR ALL ADS is April 7, 2023

For additional information or if you have any questions, please call Lenna Cominos at (412) 370-8181, or send an e-mail to foodfestadbook@stnickspgh.org.

We sincerely hope that you will play a part in making this year's edition of our ad book a success.

Best regards,

Elaine Andrianos, Alisa Balouris, Simon Barber, Lenna Cominos

St. Nicholas Ad Book Committee

St. Nicholas Greek Orthodox Cathedral

2023 GREEK FOOD FESTIVAL ADVERTISING CONTRACT



Name _____

Business _____

Address _____

Phone/ Cell _____

Email _____

AD DEADLINE APRIL 7, 2023

Ad Size	Color
Outside Back Cover/ 4.5w x 7.5h	\$950
Premium Full Pages/ 4.5w x 7.5h	\$850
Full Page/ 4.5w x 7.5h	\$700
Half Page/ 4.5w x 3.75h	\$400
Quarter Page/ 4.5w x 1.8750h	\$250
Patron/ listing	\$50

For repeat customers, please indicate below if you would like to use the same ad as last year.

☐ Use same ad as previous year

Please make check payable and mail to St. Nicholas Cathedral. ☐ Check enclosed ☐ Bill me

Authorized Signature _____ Date _____

Please print or attach ad copy, or email ad file in a **JPEG** format to: **foodfestadbook@stnickspgh.org**

Date Received:

Check Number:

Receipt Number:

The Department of Greek Education for
the Greek Orthodox Metropolis of Pittsburgh presents

THE EIGHTH ANNUAL GREEK LANGUAGE FESTIVAL

Saturday, April 22, 2023

St. Nicholas Cathedral, Pittsburgh, PA

11am - 3pm

1. Quiz Bowl on Greek Revolution of 1821 and Burning of Smyrna

Teams of three (3) students will compete in two levels. Eligible contestants are those currently or previously enrolled in Greek Language Studies. All the material needed to study for the Quiz Bowl is available to download at <https://www.dropbox.com/scl/fo/3yx04h3bdlll5c2ifyk4m/h?dl=0&rlkey=d45th09aivd712t40ynqvo6c2> Each team creates its own name. A large trophy cup will be placed at the winning team's church. Individual awards will also be given.

a. Intermediate Level: 4th, 5th, 6th grade American School

b. Advanced Level: 6th - 12th grade American School (note that 6th grade students have the option of teaming up in either level)

2. For students who are **musically talented** we encourage you to perform either solo or with others an original Greek song or Greek instrumental selection or a selection from an existing Greek composer on Greek Revolution of 1821 and Burning of Smyrna. This is open for all grades, K - 12th grade American School.

3. For students **who love to act** we encourage you to perform an original Greek skit or one from an existing writer on Greek Revolution of 1821 and Burning of Smyrna. This is open for all grades, K - 12th grade American School.

4. For students **who love art** we encourage you to submit your artwork for the Art Exhibit with the title in Greek on Greek Revolution of 1821 and Burning of Smyrna. This is open for all grades, K - 12th grade American School.

In addition, there will also be various booths, food, and fun for all.

Registration forms available at the Metropolis website, facebook, and
<https://www.dropbox.com/scl/fo/3yx04h3bdlll5c2ifyk4m/h?dl=0&rlkey=d45th09aivd712t40ynqvo6c2>

Registration deadline is April 7, 2023

Questions contact Maria Stamoolis: mstamoolis@verizon.net

The Department of Greek Education
for the Metropolis of Pittsburgh presents

The Annual Greek Language Story Contest



Do you know of someone in your family or community with a fascinating story to tell?

Interview and write the life story of an elderly immigrant with Greek or Cypriot roots living (either) independently or dependently, such as in a nursing home, assisted living, etc.; or interview the child or spouse of an elderly or deceased immigrant and tell their life story.

1

Tell of their life before and after coming to the U.S.

- where they traveled from and why they left
- who they traveled with and how they traveled
- who they prayed to for strength and any miracles
- how old they were when they arrived to the U.S.
- what challenges they faced
- what did they do here in the U.S.

2

Provide pictures

- of them, their family
- of places where they lived abroad, and in the U.S.
- of their favorite places and pastimes, both abroad and in the U.S.

3

Provide samples of

- their favorite Greek songs, hymns, poems, etc.

You are not limited to only the above questions, nor are all of the above imperative

Type this in Greek and in English in a Word document. Provide a copy for the person you interviewed and send a copy to:

The Greek Orthodox Metropolis of Pittsburgh Department of Greek Education,
5201 Ellsworth Ave, Pittsburgh, PA 15232, also email a copy with the pictures separately not in the word document to mstamoolis@verizon.net

Student interviewers are from 4th - 12th grade. Awards given to students who display thoroughness and hard work.

**Deadline to register is April 7, 2023. Deadline for submission is April 18, 2023.
For information e-mail Maria Stamoolis, mstamoolis@verizon.net.**



ST. NICHOLAS GREEK ORTHODOX CATHEDRAL HOLY WEEK SCHEDULE 2023

Lazarus Saturday, April 08 – Σάββατο του Λαζάρου, 08 Απριλίου
Orthros, 8:45 a.m., Divine Liturgy, 10:00 a.m.
Όρθρος, 8:45 π.μ., Θεία Λειτουργία, 10:00 π.μ.

PALM SUNDAY, April 09 – ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΙΩΝ, 09 Απριλίου:
Orthros, 8:30 a.m., Divine Liturgy, 10:00 a.m.
Όρθρος, 8:30 π.μ., Θεία Λειτουργία, 10:00 π.μ.

1st Bridegroom Service, 7:00 p.m. – 1^η Ακολουθία του Νυμφίου, 7:00 μ.μ.

Holy Monday, April 10 – Μεγάλη Δευτέρα, 10 Απριλίου:

2nd Bridegroom Service, 7:00 p.m. – 2^η Ακολουθία του Νυμφίου, 7:00 μ.μ.

Holy Tuesday, April 11 – Μεγάλη Τρίτη, 11 Απριλίου:

3rd Bridegroom Service, 7:00 p.m. – 3^η Ακολουθία του Νυμφίου (Τροπάριον της Κασσιανής), 7:00 μ.μ.

Holy Wednesday, April 12 – Μεγάλη Τετάρτη, 12 Απριλίου:

Holy Unction and Anointing, 5:30 p.m. – Το Ευχέλαιον, 5:30 μ.μ.

Holy Thursday, April 13 – Μεγάλη Πέμπτη, 13 Απριλίου:

Vesperal Divine Liturgy of St. Basil, 9:30 a.m.

Εσπερινή Θεία Λειτουργία του Μεγάλου Βασιλείου, 9:30 π.μ.

Service of the Holy Passion of our Lord, 6:30 p.m.

Ακολουθία τῶν Ἁγίων Παθῶν, 6:30 μ.μ.

GREAT AND HOLY FRIDAY, APRIL 14 – ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ, 14 Απριλίου:

Royal Hours, 9:00 a.m. – Ακολουθία των Βασιλικών Ωρών, 9:00 π.μ.

Great Vespers (Descent from the Cross), 2:30 p.m. – Εσπερινός της Αποκαθήλωσης, 2:30 μ.μ.

The Lamentations Service, 7:00 p.m. – Ο Επιτάφιος Θρήνος, 7:00 μ.μ.

GREAT AND HOLY SATURDAY, APRIL 15 – ΜΕΓΑ ΣΑΒΒΑΤΟΝ, 15 Απριλίου

Vesperal Divine Liturgy of St. Basil the Great, 9:30 a.m.

Εσπερινός και Θεία Λειτουργία του Μεγάλου Βασιλείου, 9:30 π.μ.

Vigil Service, 10:45 p.m. – Παννύχτις, 10:45 μ.μ.

RESURRECTION SERVICE AND DIVINE LITURGY, 11:45 p.m.

ΑΚΟΛΟΥΘΙΑ ΤΗΣ ΑΝΑΣΤΑΣΕΩΣ ΚΑΙ ΘΕΙΑ ΛΕΙΤΟΥΡΓΙΑ, 11:45 μ.μ.

GREAT AND HOLY PASCHA, SUNDAY, APRIL 16 – ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ, 16 Απριλίου

Vespers of Agape, 1:00 p.m. – Εσπερινός της Αγάπης, 1:00 μ.μ. (Volunteers are kindly invited to read the Gospel in various languages – please speak to Fr. Christopher)

CHRIST IS RISEN! ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ! ΧΡΙΣΤΟΣ ΒΟΚΡΕC! HRISTOS A ÎNVIAT!

Good Friday Luminary Memorials



**Remember your loved ones with Luminaries
on Good Friday, April 14, 2023.**

***To include your loved one,
please fill out the form below.***

**Luminaries will have names included on the bags and
will be displayed on the steps of the church on
Good Friday Evening, as we walk with the
“Epitaphio” around the church.
Names will also be published.**

Please fill out the form below and give to one of the parish council
members or mail to the parish office. Donations of \$10.00 per
Luminary to be paid to St. Nicholas Cathedral by Monday, April 10th.

Names to be commemorated:

Paid By	
Check #	
Amount	
Date Rec'd	



LOOKING FOR TALENT!

ST. CATHERINE PHILOPTOCHOS OF YPAPANTI

PRESENTS:

APPLAUSE! APPLAUSE!

TALENT SHOW CABARET!

**WE ARE CURRENTLY LOOKING FOR
PARTICIPANTS TO BE A PART OF OUR
SPRING TALENT SHOW CABARET
ON SUNDAY MAY 21, 2023**

**IF YOU SING, PLAY A MUSICAL INSTRUMENT, LOVE TO DANCE OR ENJOY POETRY
READING OR COMEDY, WE WOULD LOVE TO HEAR FROM YOU!**

PLEASE CONTACT ANASTASIA ANDREWS

AT

412-398-3194 BY APRIL 1, 2023 TO BE INCLUDED IN THE SHOW

**THIS PROMISES TO BE AN EXCITING SHOW FULL OF BEAUTIFUL MUSIC, DANCING, SKITS AND
GREAT ENTERTAINMENT!!!**

GIVE US A CALL SO THAT YOU CAN BE PART OF THE FUN!

**A PORTION OF THE PROCEEDS TO BENEFIT LENDING HEARTS, PROVIDING EMOTIONAL AND SOCIAL
SUPPORT TO CHILDREN AND YOUNG ADULTS WITH CANCER AND THEIR FAMILIES.**





ST. NICHOLAS CATHEDRAL 2023 GOLF OUTING

Registration/Lunch Buffet 11:00

Shotgun Start 12:30

Cocktails 5:30

Dinner/Auction/Prizes 6:00

Golf Foursome \$750 Individual \$200

Tee and Prize sponsorships available

***Monday, May 22, 2023
Shannopin Country Club***

**For Reservations and Sponsorships
412-421-0294/Bellios216@gmail.com**

Cathedral Restoration Project

Donation and Pledge Form

Donor Name _____

Address _____

E-mail _____

Total Amount Pledged _____

Payment Options

Paid in Full _____

Initial Payment _____ Your plan for additional payments _____

Donations can be by check or made on-line with credit card. From the St. Nicholas web site, www.stnickspgh.org, go to the "Giving" tab and click the "Donate" pull-down. This will transfer you to the on-line giving form. Select Ceiling Fund on the Fund pull down menu.

A construction board with signatures of all donors will be installed as part of the new ceiling. All donor family members can sign it. The board will be available at the church from mid-November through the end of December.

Engraved commemorative pavers are also available at the sizes below. These pavers will be added to the granite circle in our green space. Please indicate if you are interested in a paver and you will be provided with additional information.

____ 8" x 4" Paver at \$1,250

____ 8" x 8" Paver at \$2,500

____ 12" x 12" Granite at \$5,000 (pieces that make up the center cross)

____ 42" x 15" Exterior Granite Ring at \$25,000 (pieces on either side of the Bible verse)

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Teaching Liturgy St. Gregory Palamas Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	13 Parish Council Meeting 6:30 p.m.	14	15 Presanctified Liturgy 9:30 a.m.	16	17 Third Salutations 7:00 p.m.	18 Greek School 10:00 a.m.
19 Sunday of Holy Cross Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GENERAL ASSEMBLY	20	21	22 Presanctified Liturgy 9:30 a.m.	23	24 Great Vespers for Annunciation followed by 4th Stanza of Akathist Hymn 7:00 p.m.	25 Feastday of ANNUNCIATION Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Greek School 10:00 a.m.
26 Sunday of St. John Climacus Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Greek School Greek Independence Day Celebration Luncheon and Program	27	28	29 Presanctified Liturgy 6:00 p.m.	30	31 THE AKATHIST HYMN 7:00 p.m.	