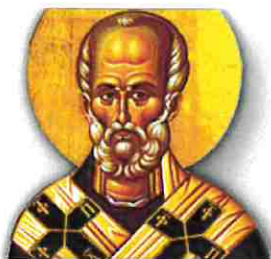


OCTOBER 23, 2022 – Sixth Sunday of Luke

Ss. James (Iakovos), Brother of our Lord and Ignatius, Patriarch of Constantinople

Tone 2 Orthros Gospel 9



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Roseanne Yu

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: Sept 11 – May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at www.stnickspgh.org and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

TODAYS MEMORIAL SERVICE is being chanted for the soul of the servant of God, Popie Frentzos (40 days).

PLEASE JOIN US for coffee and fellowship following services in the Large Hall hosted by GOYA and sponsored by the family of Popie Frentzos.

TODAY GENERAL ASSEMBLY

DAUGHTERS OF PENELOPE "THINK PINK" BAKE SALE

THIS WEEK AT ST. NICHOLAS

- Tuesday, Oct. 25, 2022: **BOYS Basketball 7:00 p.m.**
- Wednesday, Oct. 26, 2022: **ST DEMETRIOS THE MYRRH STREAMER**
Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.
- Saturday, Oct. 29, 2022: **GREEK SCHOOL 10:00 a.m.**
- Sunday, Oct 30, 2022:11 **Memorial Service for Russell J. Paras (1 Year)**

A BIG "THANK YOU" to Victoria Mavrogeorgis for helping us add new information to our web site. Under the Information Tab you will see Ceiling Restoration Project. It will have all new reports as we progress with the work being done.

SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

First to be chanted at the Small Entrance is the Resurrection Apolytikion in Tone 2: "Ότε κατήλθες πρὸς τὸν θάνατον, ἡ ζωὴ ἡ ἀθάνατος, τότε τὸν Ἄδην ἐνέκρωσας τῇ ἀστραπῇ τῆς Θεότητος· ὅτε δὲ καὶ τοὺς τεθνεῶτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν, δόξα σοι. When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning of Your Divinity. And when You raised the dead from the netherworld, all the Powers of high heaven were crying out: O Giver of life, Christ our God, glory to You. [SD]

Then, the usual Eisodikon (Entrance Hymn) in Tone 2 is chanted:

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν (ἡ ὁ ἐν Ἀγίοις θαυμαστός), ψάλλοντάς σοι· Ἀλληλούϊα. "Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead. We sing to you, Alleluia."

After this, the Resurrection Apolytikion is repeated. Then we hear the hymn for James the Lord's Brother: Ὡς τοῦ Κυρίου μαθητῆς, ἀνεδέξω Δίκαιε τὸ Εὐαγγέλιον· ὡς Μάρτυς ἔχεις τὸ ἀπαράτρεπτον· τὴν παρρησίαν ὡς Ἀδελφόθεος, τὸ πρεσβεῦειν ὡς Ἱεράρχης. Ἰκέτευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν. As a disciple of the Lord, you accepted the Gospel, O James the Just. As a Martyr you have unchangeability; as the Brother of the Lord you have confidence; and you can intercede as a hierarch. Intercede with Christ our God, entreating Him to save our souls. [SD]

After that, the Apolytikion for the Patron Saint of our church is chanted:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιίμνῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.
The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we hear the Kontakion in Tone 4 for the Theotokos:

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρτωλῶν δειξέων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.
A protection of Christians unshamable, Intercessor to our Holy Maker, unwavering,
Please reject not The prayerful cries of those who are in sin. Instead, come to us, for you are good;
Your loving help bring unto us, Who are crying in faith to you: Hasten to intercede
And speed now to supplicate, As a protection for all time, Theotokos, for those who honor you.

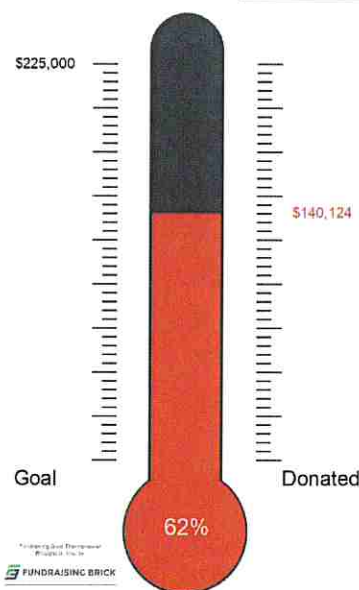
Today's Epistle Reading: Galatians 1: 11-19. Brethren, I would have you know that the gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people, so extremely zealous was I for the traditions of my fathers. But when he who had set me apart before I was born, and had called me through his grace, was pleased to reveal his Son to me, in order that I might preach him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other apostles except James the Lord's brother.

Today's Gospel Reading: Luke 8:26-39. At that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.

2022 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2022 Stewardship Commitment, **THANK YOU!** If not, please take the time to make financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



<u>2022</u>	<u>STEWARDSHIP</u>
Total Stewards	271 (GOAL 300)
Total Pledged	\$140,124.00 GOAL (\$225,000.00)
Avg. Pledge	\$729.81

Sixty Club News

General Meeting, November 6, during coffee hour. Please bring your coffee and snack and sit at designated tables for a brief meeting.

It's that time again; dues for 2022 to 2023 are now due. Please make checks for \$15.00 payable to St. Nicholas Sixty Club and mail to the church or deliver to anyone on the Planning Committee: Alice Gary, Fran Hanna, Argie Stuart, Helen Waskoskie



THINK PINK

BAKE SALE

TODAY

October 23rd, 2022

(Following liturgy)

HOSTED

BY

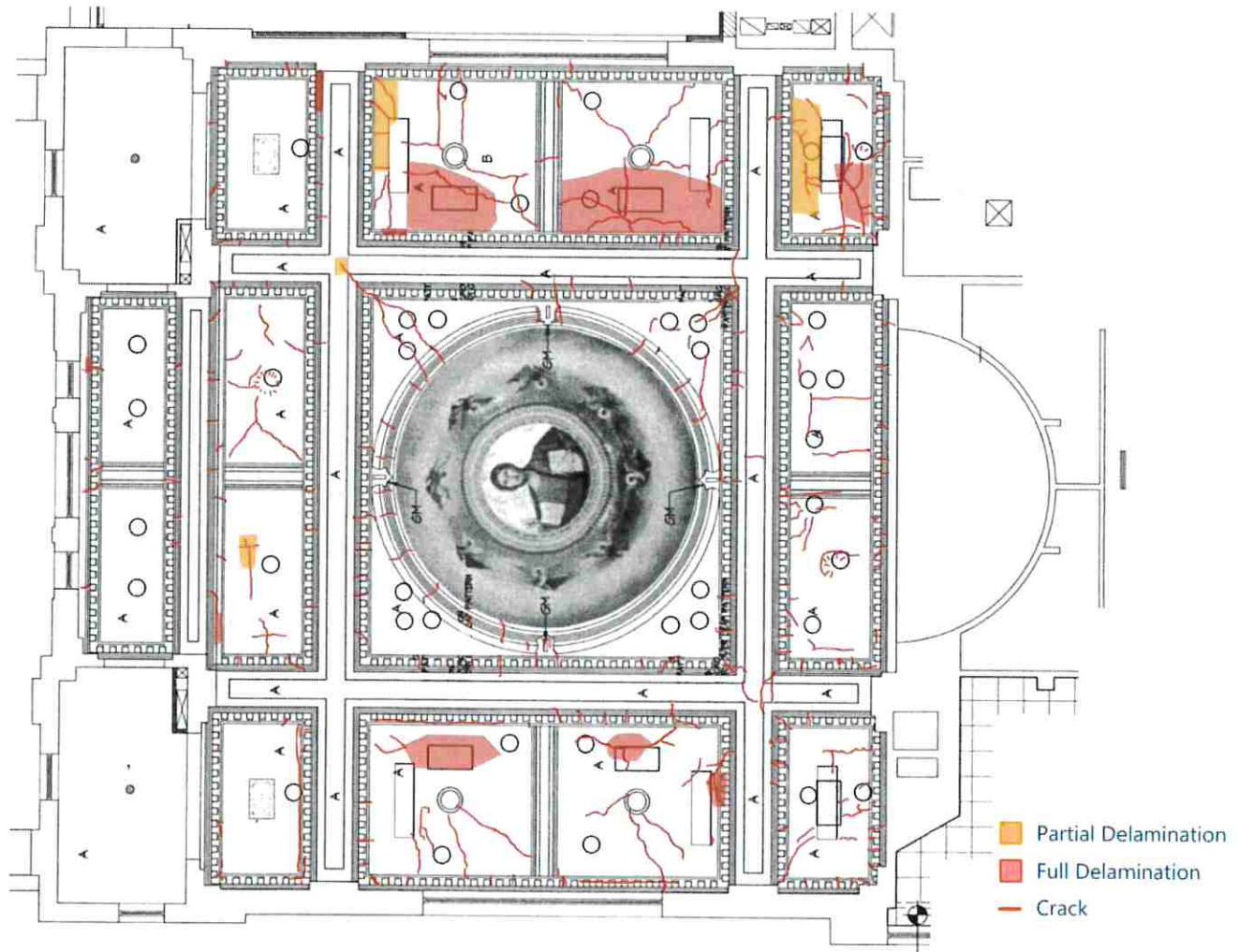
Daughters of Penelope

**St. Nicholas Greek Orthodox
Cathedral**

Cathedral Ceiling Repair Update #6, October 21

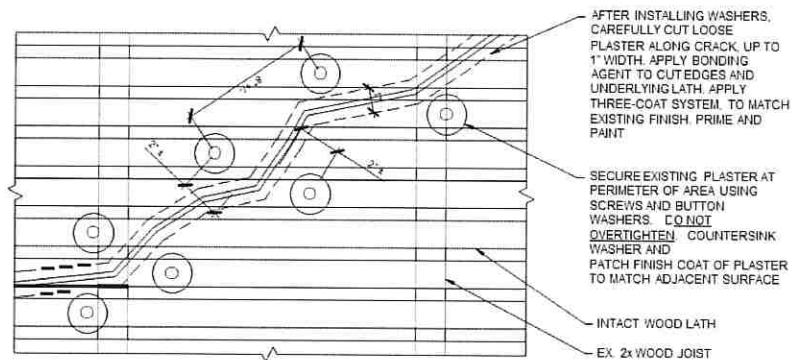
Over the last 2 weeks, the ceiling project has made progress on a couple of fronts, as outlined below

- WJE, the engineering firm, has completed the inspection of the ceiling. They produced a map of the ceiling identifying areas that are debonded and the location all cracks.



- WJE released the full engineering report with their recommendations on what areas to re-plaster, which cracks to repair, and the procedure for repairing the cracks. This reports also reiterates the findings regarding cause and condition from their previous report.
- A web page has been setup for information on the ceiling restoration project. It contains the two engineering reports, including the one above and all of the previous updates. From the homepage, scroll to information and click Ceiling Restoration Project.
- NIKO Contracting tested the repair procedures, primarily the installation process of the plaster washers, and identified several minor issues in the procedures specified by WJE. They had two meetings with WJE over the past week to test and refine the procedures.
- NIKO Contracting also met with the plasterer this past week to prepare for his efforts.

WJE identified 5 areas where the current plaster needs to be taken down and new plastering applied. They also identified a number of serious cracks that need to be addressed. Before any old plaster is knocked down, the surrounding area will be secured with plaster washers. This will stabilize the surrounding area before chipping away the old plaster. Same procedure will be followed when excavating the serious cracks. The sketch below is an example depicting how the reinforcing plaster washer will be installed prior to the repair work of a crack.



1 CRACK REPAIR ON PLASTER WITH WOOD LATH - WIDTH GREATER THAN 1/16"

Hopefully, by the time of the next report, the evaluations and procedures will be completed and the actual repair work will be underway. If you would like more detail on the repair effort, feel free to ask Vic Bertolina, Jim Machin, or Van Paras during any coffee hour.

Parish Council

OCTOBER / NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23 6 th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. General Assembly Daughters of Penelope BAKE SALE	24	25 GOYA Basketball 7:00 p.m.	26 St. Demetrios the Myrrh-Streamer Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	27	28	29 Greek School 10:00 a.m.
<div>PLEASE NOTE: ALL REGULARLY SCHEDULED WORSHIP SERVICES WILL TAKE PLACE IN THE CRYSTAL ROOM (SMALL HALL)</div>						
30 5 th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	31	1 NOVEMBER BOYS Basketball 7:00 p.m.	2 GIRLS Basketball 6:30 p.m.	3	4	5 Greek School 10:00 a.m.
<div>PLEASE NOTE: Fr. Bender will be away from November 2-10.</div>						
6 7 th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	7	8 BOYS Basketball 7:00 p.m.	9 GIRLS Basketball 6:30 p.m.	10	11 Veterans Day	12 Greek School 10:00 a.m.
<div>Father Bender away</div>						
13 8 th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	14 BOYS Basketball 7:00 p.m.	15 Nativity Fast begins Philoptochos Board Mtg. 6:30 p.m.	16 GIRLS Basketball 6:30 p.m.	17	18	19 Greek School 10:00 a.m.
20 9 th Sunday of Luke Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	21 Entrance of Theotokos into the Temple Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. ***** Parish Council Meeting 7:00 p.m.	22 BOYS Basketball 7:00 p.m.	23 GIRLS Basketball 6:30 p.m.	24 Happy Thanksgiving! (Office Closed)	25	26 NO Greek School