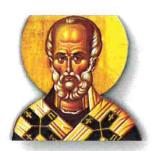
### SEPTEMBER 11, 2022 – Sunday before the Elevation of the Cross

Our devout mother Theodora of Alexandria; our devout father Efrosynos the Cook, the holy martyrs Diodorus, Diomides and Didymus, and the holy martyr Ia, who was an elderly woman.

Tone 4

Orthros Gospel 2



#### WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspqh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos Father's Cell & Email: 724-630-3483; <a href="mailto:frchbender@verizon.net">frchbender@verizon.net</a>

PROTOPSALTIS: Amy Hogg CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: Sept 11 - May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

#### **Our Mission & Vision Statements**

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our VISION is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at <a href="www.stnickspgh.org">www.stnickspgh.org</a>/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page <a href="https://www.stnickspgh.org">www.stnickspgh.org</a> by clicking please donate button - or you may access the donation page by using <a href="https://abundant.co/stnickspgh/give">https://abundant.co/stnickspgh/give</a>

TODAY: CHURCH PICNIC - Anderson Shelter in Schenley Park after service.

Registration for Greek School after Church Service

#### THIS WEEK AT ST. NICHOLAS

• Wednesday, Sept. 14, 2022

Saturday, Sept. 17, 2022

Sunday, Sept. 18, 2022

ELEVATION OF THE HOLY CROSS Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. GREEK SCHOOL BEGINS 10:00 a.m.

CHURCH SCHOOL BEGINS

#### **GOYA NEWS**

As our first fundraiser for the 2022-23 GOYA season we will be hosting a **Car Wash on Sept. 25**<sup>th</sup> **after church**. We will be selling tickets at the picnic on the 11<sup>th</sup>, and church on the 18<sup>th</sup>. Looking forward to seeing you all there.

#### GREEK SCHOOL

**Greek School for children will start on Saturday, September 17, 2022**. There will be registration for Greek School after Divine Liturgy on Sunday, September 11.

Adult classes TBA will begin in October.

#### SEPTEMBER 11, 2022 – Sunday before the Elevation of the Cross

Our devout mother Theodora of Alexandria; our devout father Efrosynos the Cook, the holy martyrs Diodorus, Diomides and Didymus, and the holy martyr Ia, who was an elderly woman.

Tone 4

Orthros Gospel 2

#### SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

We begin with the Apolytikion for the recently-celebrated Feastday of the Nativity of the Theotokos, : Ἡ γέννησίς σου Θεοτόκε, χαρὰν ἐμήνυσε πάση τῆ οἰκουμένη· ἐκ σοῦ γὰρ ἀνέτειλεν ὁ ἥλιος τῆς δικαιοσύνης, Χριστὸς ὁ Θεὸς ἡμῶν, καὶ λύσας τὴν κατάραν, ἔδωκε τὴν εὐλογίαν· καὶ καταργήσας τὸν θάνατον, ἐδωρήσατο ἡμῖν ζωὴν τὴν αἰώνιον. Your Nativity, O Theotokos, imparted joy to the entire earth, for out of you has risen the Sun of Righteousness, Christ our God. He nullified the curse and instead gave His blessing; and causing death to be neutralized, He granted us eternal life. [SD]

Then, the usual Eisodikon (Entrance Hymn) in Tone 2 is chanted: Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι 'Άλληλούϊα. "Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead. We sing to you, Alleluia."

As the Clergy return inside the Sanctuary, the Resurrection hymn in the Tone of the week (4) is chanted:
Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἁγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῷ τὸ μέγα ἔλεος. When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly:

Death has been despoiled, Christ God has risen, granting His great mercy to the world. [SD]

After the hymn for the Theotokos' Nativity is repeated, we hear the one for our Patron Saint, Nicholas: Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποίμνῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν. The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we hear the Kontakion for the Nativity of the Theotokos:

Ίωακεὶμ καὶ Ἅννα ὀνειδισμοῦ ἀτεκνίας, καὶ Αδὰμ καὶ Εὕα, ἐκ τῆς φθορᾶς τοῦ θανάτου, ἡλευθερώθησαν, Ἅχραντε, ἐν τῇ ἀγίᾳ γεννήσει σου αὐτὴν ἑορτάζει καὶ ὁ λαός σου, ἐνοχῆς τῶν πταισμάτων, λυτρωθεὶς ἐν τῷ κράζειν σοι Ἡ στεῖρα τίκτει τὴν Θεοτόκον, καὶ τροφὸν τῆς ζωῆς ἡμῶν. Both Joachim and Anna from their sterility's stigma, and Adam and Eve from their mortality's ruin have been set free, O immaculate Maid, by your holy nativity. For this do your people hold celebration, redeemed from the guilt of transgression as they cry to you, "The barren one bears the Theotokos, the nourisher of our Life."[GKD]

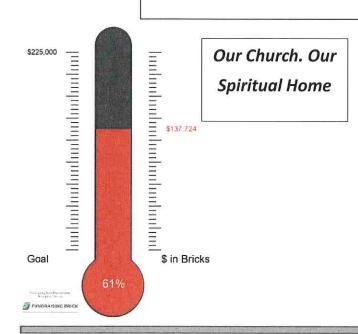
TODAY'S EPISTLE READING: GALATIANS 6:11-18. Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen. [RSV]

**TODAY'S GOSPEL READING: JOHN 3:13-17.** The Lord said, "No one has ascended into heaven but he who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him." |RSV|

# 2022 Stewardship Pledge Cards are in the Narthex (Just ask a member of Parish Council)

If you have already submitted your 2022 Stewardship Commitment, THANK YOU! If not, please take the time to mar financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

#### HELP US REACH/ EXCEED OUR GOAL!!



2022	<b>STEWARDSHIP</b>		
Total Stewards	267 (GOAL 300)		
Total Pledged	\$137,724.00 GOAL (\$225,000.00)		
Avg. Pledge	\$732.57		

# SIXTY CLUB NEWS GATEWAY CLIPPER LUNCHEON CRUISE

Wednesday, September 14

11:30 a.m. to 1:30 p.m.

(Be at dock by 10:45 a.m., boarding at 11:00 a.m.)

# Only 2 tickets remaining! \$52.00

Cost includes buffet luncheon and entertainment:

Bo Wagner's A Tribute to Frank Sinatra

Make checks payable to Frances Hanna, 110 McKay St., Pittsburgh, PA 15218

# FLIGHT 93 MEMORIAL and QUECREEK MINE

Tuesday, October 4, 2022

\$119.00 /person includes lunch at Coal Miners' Café

Departure 7:45 a.m. ---return 5:00 p.m.

Short restroom stop enroute.

(Please be at St. Nicholas by 7:30 a.m.)

(Be prepared—bring a mask and \$2.00 to \$3.00 driver's gratuity)

Payment due September 13. Make checks payable to St. Nicholas Sixty Club.

Contact Fran Hanna (412-731-0790) or Alice Gary (412-249-8612)

This price is based on 20 participants.

Please tell your friends and neighbors. All are welcome.

# ST. NICHOLAS CATHEDRAL GREEK LANGUAGE SCHOOL REGISTRATION FOR CHILDREN 2022 - 2023

#### Yearly Tuition for Children

1 student=\$250; 2 students =\$450; 3 students=\$675; 4 students=\$900 Make checks payable to **St. Nicholas Cathedral** with Greek School in the memo.

Child's LAST N	NAME (Er	nglish&Greel	k)		
Child's First N	l <mark>ame (</mark> Eng	glish &Greek	()		
ADDRESS					
CITY			State	ZIP	
HOME PHONE	<u> </u>		primary CE	LL	
Primary E-MA	JL				
Another CELL	phone to	receive info	0,		
Another E-MA	AIL to rece	eive info			
FATHER'S NAI	ME (Engli	sh & Greek)	Y-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1		
MOTHER'S NA	AME (Eng	lish & Greek	)		
School Distric	t Child At	tends			
		Grade			Grade
	Child's	American	Name Day	Birthdate	Greek
	Age	School		55545.550.5	School
Any food aller	gies? Ple	ase list			
n:	~				
IN case of EM	ERGENCY	Έν ώρα ΑΝ	AΓΚΗΣ Please give t	he names of relative	es or other persons
			ll be taken to Childr		
				*\	
Emergency Na	me		P	HONE	
			*		
Parent's Signa	ture				
		Parent V	olunteering – Your	Help is Needed!	
SE	rving on		ol Committee	Substituti	inσ
		me fitting		March 25	
		holas Bazaai	r		k Language Festival
			g in nursing homes	with Gree	Arrest Company
	th copyin		P III HALSHIP HOHIES		acher's assistant
vvi	ar copyin	5		— being a te	actiet 5 a5515[df][

# ST. NICHOLAS CATHEDRAL GREEK LANGUAGE SCHOOL REGISTRATION FOR ADULTS 2022 - 2023

		Yearly Tuition	\$ 350 per student	
Please select		Checks payable to		
Beginners			olas Cathedral Greek School	
Intermediates		150	chased by students	
Advanced		on t	their own	
Please print				
Name				
Address				
Home phone				
City	_State	Zip		
Cell phone		7.0		
E-mail				
Emergency contact				
Emergency phone				
Have you had previous Greek lessons?				
If so where			-	
Why do you want to learn Modern Greek?				

# **YOUTH SAFETY WORKERS**

Who is considered a Youth Safety Worker?

- All Clergymen (Bishops/Priests/Deacons, both Active & Retired)
- Pastoral Assistants & Youth Directors
- People assisting, in any ministry, where the participants are under 18 years of age or in high school, whichever is later.
  - Including Parish Youth Safety Administrators, Church School Teachers, Dance Directors, Greek School Teachers, Youth Advisors (including Chaperones & Drivers)
  - Even... Parents who occasionally help-out, but are alone with other people's children.

Each Youth Safety Worker is required to register yearly with the church.

Registration is available through the church office. In addition, all Youth Safety Workers are required to take two courses in Armatus Praesidium (online training platform) annually and to complete a background check every other year.

## Here is the website:

https://armatus2.praesidiuminc.com/armatusUser/login. The first course, Youth Safety, has two parts. The second course, Youth Worker Regulations, has one part. Prompt completion is necessary as one cannot participate in any youth programs without being registered, having a background check, having PA state clearances, and completing the two courses.

Those interested in becoming a Youth Safety Worker and have not started the process or need to determine what documentation you need to complete, please contact Taki Darakos, <a href="mailto:edarakos@aol.com">edarakos@aol.com</a>, 412-944-4961.



## From the Church School Desk:

"The Orthodox Christian Church: Your Spiritual Home"

Next **Sunday, September 18, 2022**, the bells will start to ring again for the beginning of Church School with an Agiasmo Service (Blessings of the Water)!

This year's Church School theme is "The Orthodox Christian Church: Your Spiritual Home."

Every week your child is encouraged to bring "a donation" to Church School (this will help them learn the lesson of "stewardship," including their TIME, Talent and treasure), plus, be assigned homework: Do something nice for someone!

Please take the time to look over the attached 2022-2023 Church School Calendar, fill out the registration form (and bring it on or before the 18<sup>th</sup>) and volunteer **your** time, talent and treasure to help **our** children.

I would like to thank the parents in advance for sharing your children with us every Sunday! But, what can you do to help? You can help our Church School program, in the final analysis, your child, by bringing him/her every Sunday. Encourage your child to tell you about the lesson taught for the day, as well as, the craft brought home. Pray with your child. (Each lesson should begin and end with Prayer.) Attend worship services together as a **family**; Divine Liturgy starts at 10:00 a.m.

Yours in Christ,

Miss Michelle

### Church School Schedule 2022-2023

Sunday, September 18, 2022		Church School Begins
Sunday, November 27, 2022	No Classroom Attendance	Thanksgiving Break
Sunday, December 11, 2022		St. Nicholas Bazaar
Sunday, December 18, 2022		Christmas Pageant
Sunday, December 25, 2022	No Classroom Attendance	Christmas Break
Sunday, January 1, 2023	No Classroom Attendance	Christmas Break
Sunday, January 8, 2023		Church School Resumes & Vasilopita Cutting
Sunday, March 5, 2023	Participation in Procession	Sunday of Orthodoxy
Sunday, March 19, 2023		Godparent/Parent Sunday
Saturday, April 8, 2023	Saturday of Lazarus co	mmunion Breakfast/Making of Palm Crosses
Sunday, April 9, 2023	Classroom Attendance	Palm Sunday
Sunday, April 16, 2023	No Classroom Attendance	Easter Sunday
Sunday, May 7, 2023	No Classroom Attendance	Food Festival
Sunday, May 21, 2023		Commencement

# Registration Form St. Nicholas Greek Orthodox Cathedral Church School

Parent's Names				
Address				
Phone Number	s			
Cell				
E-mail				<del></del>
			Nameday	Allergies
Ma	y we call you	ı to volunteer	for one of our projec	ts?
Substitute Tead	cher		Oratorical Festival _	34
St. Nicholas Ba	zaar		Communion Breakfa	st
Christmas Page	eant		Easter Egg Hunt	
Snacks			Outreach Projects	

Thanks for sharing your children with us every Sunday!

# Please Join Us for Our Annual



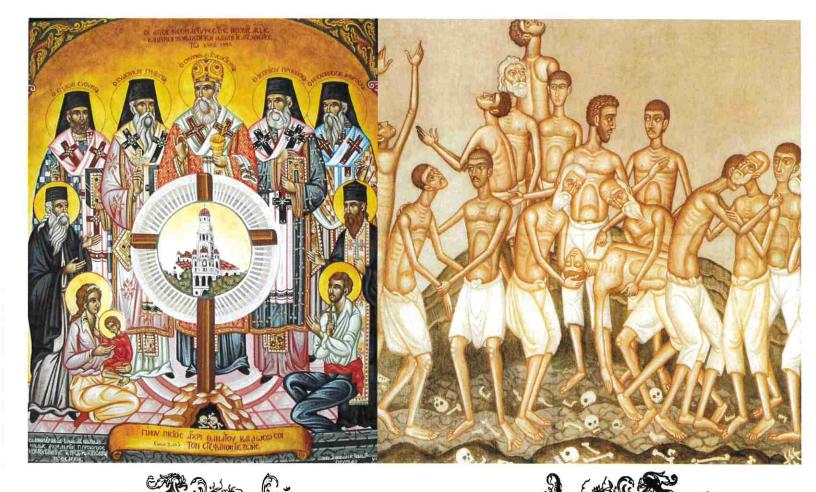
# TODAY September 11, 2022

Time: Begins after church services end (approx. 12:00 p.m.)
Location: Anderson Shelter (Schenley Park, directions below)
Food: Served at 1:00 p.m.

Bring your Family and Friends to celebrate the end of Summer with Great Food, Drinks and Fellowship!!!

Directions – from the church: Turn left onto Fifth Ave. Turn left onto Bigelow Blvd. Cross over Forbes Ave. At the light, turn left onto Schenley Drive and head toward Phipps Conservatory. At the stop sign, turn right. Once you cross the Panther Hollow Bridge, make an immediate right at the end of the bridge. Look for our signs and Greek Flag!!

Sponsored by the Parish of St Nicholas Cathedral















#### PRESENT

## "REMEMBER SEPTEMBER"

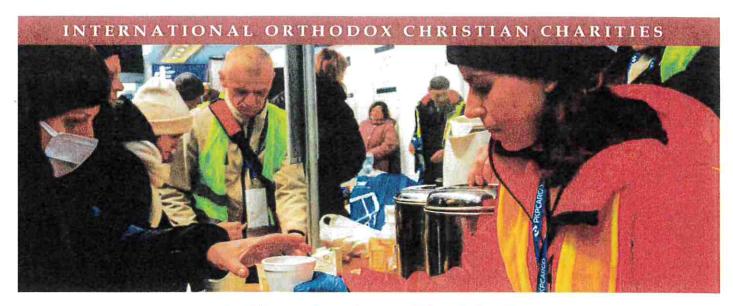
### "HRIPSIME'S AGONY, ATHENA'S MOURNING, AND RACHEL'S HEARTBREAK"

A CENTENNIAL MEMORIAL OF THE MARTYRS OF THE CHRISTIAN GENOCIDE IN ASIA MINOR, THE PONTUS, ANATOLIA (1915-1922), and the Jewish martyrs of the Holocaust

# SEPTEMBER II - 25, 2022

FOR DETAILS: PAHELLENICFOUNDATION.ORG/REMEMBERSEPTEMBER

- 7 PM, SUNDAY SEPTEMBER 11, 2022: **Genocide in Asia Minor, the Pontus, and Anatolia (1915-1923) as the "Final Solution's" Inspiration**. Formal Opening of the Program and Greetings by Distinguished Guests.
- 7 PM, Monday September 12, 2022: "Tetraodeon Tribute to the Neomartyrs of Asia Minor". A musical/hymnologic commemoration of the Greeks in Anatolia, The Pontus, and Asia Minor who were slaughtered in the Christian Genocide.
- 7 PM, Tuesday September 13, 2022: "Etty: Writing as Resistance". Adapted from the diaries of Etty Hillesum and performed by Susan Stein. Directed by Austin Pendleton. In-Person Event. Details at: Pahellenicfoundation.org/RememberSeptember.
- 7 PM, Wednesday September 14, 2022: "A Prisoner of War's Story" by Stratis Doukas. For the first time ever, the story will be presented in its English translation.
- 3 PM, Thursday September 15, 2022: "The Students of Umberto Primo" a post-film discussion with Alessandra Maioletti (director), Diane Boulanger (Executive Producer) & Avi Ben Hur. Details at Pahellenic foundation.org/Remember September
- 7 PM, FRIDAY SEPTEMBER 16, 2022: "EXPERIENCE AND CREATIONS: VAGGELIS ANETOPOULOS".
- 3 PM, SATURDAY SEPTEMBER 17, 2022: COMMEMORATING THE ARMENIAN GENOCIDE THROUGH TESTIMONY: AN INTERACTIVE DISCUSSION WITH THE UNIVERSITY OF SOUTHERN CALIFORNIA SHOAH FOUNDATION THE INSTITUTE FOR VISUAL HISTORY AND EDUCATION.
- 7 PM, Saturday September 17, 2022: "Memories of Asia Minor in Poem". The winning entries in response to an international poetry competition on the theme will be presented; This competition is a collaboration between the European Art Center of Greece (EUARCE) and the American Hellenic Foundation of Western Pennsylvania. Details at Pahellenic Foundation.org/Remember September.
- 7 PM, SUNDAY SEPTEMBER 18, 2022: "HRIPSIME'S AGONY, ATHENA'S MOURNING, AND RACHEL'S HEARTBREAK". A MUSICAL AND POETIC CENTENNIAL COMMEMORATION OF, AND TRIBUTE TO THE MARTYRS OF THE CHRISTIAN GENOCIDE IN ANATOLIA, THE PONTUS, AND ASIA MINOR, AND THE JEWS IN THE HOLOCAUST.
- 5 PM, SUNDAY SEPTEMBER 25, 2022: "Mapping Migration, Learning from Oral History: Ottoman Greek Immigration to Western Pennsylvania", A Lecture-Presentation by Dr. Yiorgo Topalidis, Ph.D., Samuel Proctor Oral History Project, University of Florida.
- 7 PM, SUNDAY, SEPTEMBER 25, 2022: "THE BUILDERS FROM ASIA MINOR". A SHORT DOCUMENTARY ABOUT THE IMMICRANTS AND REFUGERS FROM ASIA MINOR, THE PONTUS, AND ANATOLIA WHO HELPED SHAPE THE GREEK-AMERICAN COMMUNITIES OF THE TRI-STATE AREA. WITH HYMNS DEDICATED TO THE NEOMARTYRS OF ASIA MINOR BY MEMBERS OF THE BYZANTINE CHOIR OF THE GREEK ORTHODOX METROPOLIS OF PITTSBURGH. DETAILS AT PAHELLENICFOUNDATION.ORG/REMEMBERSEPTEMBER.



# Ukrainian Relief Dinner & Prayer Service

Sunday, September 25, 2022 | Service 4:00 PM • Dinner 5:00 PM

ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

419 South Dithridge St. • Pittsburgh (Oakland) 15213

#### LED BY OUR BELOVED HIERARCHS

Metropolitan SAVAS, Greek Orthodox Archdiocese of America
Metropolitan GREGORY of Nyssa, Carpatho-Russian Orthodox Church of the USA
Archbishop MELCHISEDEK, Orthodox Church in America
Archbishop DANIEL, Ukrainian Orthodox Church of the USA
Bishop THOMAS, Antiochian Orthodox Christian Archdiocese of North America
Bishop IRINEJ, Serbian Orthodox Church in North & South America

Tickets \$50 • RSVP By September 20, 2022 • Net proceeds will benefit IOCC's Ukraine Crisis Response

#### SPONSORSHIPS AVAILABLE

Grand Benefactor \$10,000 • Benefactor \$5,000 • Humanitarian \$2,500 • Patron \$500 • Friend \$250

## Register online at iocc.org/pittsburgh

Or contact Zelfa 412-417-4706/zkhalil1@live.com, Vera 412-833-0839, or Mary Ann 724-263-5605.

Make checks payable to IOCC with "Ukraine Relief" in memo. Mail to IOCC c/o Nick Terezis, 306 Marberry Drive, Pittsburgh, PA 15215.

Tickets held at door, not mailed. Tables for groups of 8 only. For info or to volunteer call Zelfa 412-417-4706.



# SEPTEMBER, 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			LARLY SCHEDU THE CRYSTAL R			ES WILL
Sunday before Holy Cross NOTE: WINTER HOURS BEGIN Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.  Parish Picnic 12:00 Noon	12	13	14 ELEVATION OF THE HOLY CROSS Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.	15	16	17 Greek School Begins 10:00 a.m.
Sunday after Holy Cross Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Church School	19 Parish Council Meeting 7:00 p.m.	20	21	22	23	24 Greek School 10:00 a.m.
1st Sunday of Luke 8:45 a.m. Divine Liturgy 10:00 a.m.  IOCC Ukrainian Relief Dinner & Prayer Service 4:00 p.m.  GOYA CAR WASH	26 Falling- asleep of John the Evangelist & Theologian Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.	27	28	29	30	