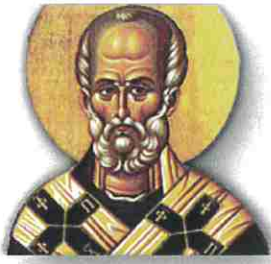


**JULY 17, 2022 –THE 630 HOLY FATHERS OF THE 4<sup>th</sup> ECUMENICAL SYNOD  
(In Chalcedon 451 A.D.)**

**Also: Holy Great-Martyr Marina; Holy Martyrs Veronica & Speratos**

**Tone 4**

**Orthros Gospel 5**



**WELCOME TO ST. NICHOLAS CATHEDRAL!**

*VISIT [www.stnickspgh.org](http://www.stnickspgh.org) TODAY for news and updates about our parish!*

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; [frchbender@verizon.net](mailto:frchbender@verizon.net)

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

Questions about our Parish? Email [church@stnickspgh.org](mailto:church@stnickspgh.org) or call 412-682-3866

***Our Sunday worship schedule: June 12 – Sept 5: Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m.***

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

**Our Mission & Vision Statements**

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at [www.stnickspgh.org](http://www.stnickspgh.org) and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page [www.stnickspgh.org](http://www.stnickspgh.org) by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

**PLEASE JOIN US for coffee and fellowship following services in the Small Hall hosted by Parish Council.**

**TODAY:** Maintenance & Security Meeting after Church Service in Conference Room.

**THIS WEEK AT ST. NICHOLAS**

- **Monday, July 18:** Parish Council Meeting 7:00 p.m.
- **Tuesday, July 19:** Greek Day at Kennywood Park
- **Sunday, July 24:** Trisagion Service for Esther Rafaloski (40 days).

**REMINDER:** Fr. Bender will be out of the Office from TODAY, July 17th (after Liturgy) until July 31.  
Please welcome Fr. Tom Constantine on July 24th and 31st.

**Fr. Dean Kokanos is available in case of a pastoral emergency:  
412-760-7203.**

**JULY 17, 2022 –THE 630 HOLY FATHERS OF THE 4<sup>th</sup> ECUMENICAL SYNOD  
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**SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):**

*The first hymn chanted at the Small Entrance is the Resurrection hymn for the Tone of the week (Tone 4):*

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος. When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world. [SD]

*At the procession with the Gospel the usual Eisodikon (Entrance Hymn) in Tone 2 is chanted:*

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα. “Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead. We sing to you, Alleluia.”

*After the Resurrection hymn is repeated, we hear the hymn for the Holy Fathers of the 4<sup>th</sup> Council:*

Ἐπερδεδοξασμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντα ἡμᾶς ὀδηγήσας· πολυεύσπλαγγνε, δόξα σοι. You are greatly glorified, O Christ our God, who established our Fathers as luminaries upon the earth, and through them led us all to the true Faith. O Most compassionate, glory to You.

*Following this, we chant the Hymn for our Church's Patron Saint, St. Nicholas (Tone 4):*

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιίμνῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

*Finally, we hear the seasonal Kontakion (Tone 2):*

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμώντων σε. O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

**EPISTLE: Titus 3: 8-15.** Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.  
[RSV]

**GOSPEL: Matthew 5: 14-19.** The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven." [RSV]

**2022 Stewardship Pledge Cards are in the Narthex**  
***(Just ask a member of Parish Council)***

**If you have already submitted your 2022 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.**

**HELP US REACH/ EXCEED OUR GOAL!!**



***Our Church. Our  
Spiritual Home***

<u>2022</u>	<u>STEWARDSHIP</u>
<b>Total Stewards</b>	<b>257 (GOAL 300)</b>
<b>Total Pledged</b>	<b>\$134,774.00 GOAL (\$225,000.00)</b>
<b>Avg. Pledge</b>	<b>\$732.47</b>

**OASIS INTERGENERATIONAL TUTORING:** *An Hour a Week Can Change a Child's Life. Become an Oasis tutor.* Volunteers tutor students in the Pittsburgh Public, Woodland Hills, Wilksburg, Duquesne City, and the Environmental Charter School Districts in grades K-4 in reading and writing. Free training will be given to adults age 50 and over. Training will involve face-to-face tutoring as well as mandated reporter training. All materials and clearances are provided by Oasis. Three training sessions will be held on Wednesday, August 10<sup>th</sup> and Thursday, August 11<sup>th</sup>; Wednesday, August 24<sup>th</sup> and Thursday, August 25<sup>th</sup>; and Wednesday, September 14<sup>th</sup> and Thursday, September 15<sup>th</sup> from 9:00 a.m. to 3:00 p.m. Training is held at the Oasis Office, 411 Seventh Avenue (Duquesne Light Building), downtown Pittsburgh. For more information on how to become an Oasis tutor, please call John D. Spehar, Director, Pittsburgh Oasis Intergenerational Tutoring Program at (412) 393-7648 or by e-mail at [jdspedar@oasisnet.org](mailto:jdspedar@oasisnet.org). Oasis Tutoring is a Program of Literacy Pittsburgh.

# Sixty Club News

MONASTERY of the NATIVITY TRIP

Saturday, July 30

Liturgy and Memorial Service for the late  
Gerontissa Taxiarchia

Reservations must be made by July 17

Non-members are welcome

Contact Fran Hanna (412-731-0790) or Argie Stuart (412-681-6754)

## Please note:

1. Visitors are asked to dress modestly.
2. The service will be held **outdoors** under a covered pavilion.

The bus will leave St. Nicholas at 8:00 a.m. and return approximately 2:30p.m.  
Participants are asked to make a goodwill donation for the lunch offered by the Sisters and a \$3.00 per person gratuity for the bus driver.

*Gerontissa Theophano and the Sisters warmly welcome you to the  
Nativity of the Theotokos Monastery's Summer Feast Days*

*All 3 will be held on Saturdays this year because of weekday construction activities*

**Memorial Commemoration - Come Honor the Memory of**

**Gerontissa Taxiarchia**

**July 30th - Saturday**



9:00 am: Hours, Divine Liturgy, Memorial Service

*In 2014, on the 20th Anniversary of the repose of  
Gerontissa Taxiarchia,  
we launched the capital campaign to build the new  
monastery, something she very much desired. Since then, all  
proceeds commemorating our Holy Gerontissa  
have gone to the construction project.*

*We invite you to come and honor her by giving in her memory!*



**Prophet Elias  
Feast Day**

July 15<sup>th</sup> - Friday  
5:00 pm: Vespers, Orthros

**July 16<sup>th</sup>  
Saturday**

9:00 am: Hours, Divine Liturgy



**Nativity of the Theotokos  
Feast Day**

September 9<sup>th</sup> - Friday  
5:00 pm: Vespers, Orthros

**September 10<sup>th</sup>  
Saturday**

9:00 am: Hours, Divine Liturgy



INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES



## *Ukrainian Relief Dinner & Prayer Service*

**Sunday, September 25, 2022 | Service 4:00 PM • Dinner 5:00 PM**

ST. NICHOLAS GREEK ORTHODOX CATHEDRAL

419 South Dithridge St. • Pittsburgh (Oakland) 15213

LED BY OUR BELOVED HIERARCHS

Metropolitan SAVAS, Greek Orthodox Archdiocese of America

Metropolitan GREGORY of Nyssa, Carpatho-Russian Orthodox Church of the USA

Archbishop MELCHISEDEK, Orthodox Church in America

Archbishop DANIEL, Ukrainian Orthodox Church of the USA

Bishop THOMAS, Antiochian Orthodox Christian Archdiocese of North America

Bishop IRINEJ, Serbian Orthodox Church in North & South America

.....  
*Tickets \$50 • RSVP By September 20, 2022 • Net proceeds will benefit IOCC's Ukraine Crisis Response*

SPONSORSHIPS AVAILABLE

Grand Benefactor \$10,000 • Benefactor \$5,000 • Humanitarian \$2,500 • Patron \$500 • Friend \$250

**Register online at [ioccc.org/pittsburgh](http://ioccc.org/pittsburgh)**

Or contact Zelfa 412-417-4706/[zkhalil1@live.com](mailto:zkhalil1@live.com),  
Vera 412-833-0839, or Mary Ann 724-263-5605.

Make checks payable to IOCC with "Ukraine Relief" in memo.  
Mail to IOCC c/o Nick Terezis, 306 Marberry Drive, Pittsburgh, PA 15215.

Tickets held at door, not mailed. Tables for groups of 8 only.  
For info or to volunteer call Zelfa 412-417-4706.



# JULY / AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 <b>Sunday of the Holy Fathers</b> Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	18 <b>Parish Council Meeting</b> 7:00 p.m.	19 Greek Day At Kennywood Park	20	21	22	23
Fr. Bender will be out of the Office from July 17 (after Liturgy) until July 31. (Next 2 Sundays). Fr. Dean Kokanos is available in case of a pastoral emergency: 412-760-7203.						
24 6 <sup>th</sup> Sunday of <b>Matthew</b> Orthros 8:15 a.m. Divine Liturgy 9:30 am	25	26	27	28	29	30
Fr. Bender away until July 31. Please welcome Fr. Tom Constantine on July 24 and 31.						
31 7 <sup>th</sup> Sunday of <b>Matthew</b> Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	1 <b>AUGUST</b> Small Paraklesis Service 7 p.m.	2	3 Small Paraklesis Service 7 p.m.	4 Great Paraklesis Service 7 p.m.	5	6 Holy <u>Transfiguration of Christ</u> Orthros 9 a.m. Divine Liturgy 10 a.m.
FALLING ASLEEP (KOIMISIS) OF THE THEOTOKOS 14-DAY FAST						
7 8th Sunday of <b>Matthew</b> Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.	8 Small Paraklesis Service 7 p.m.	9	10 Small Paraklesis Service 7 p.m.	11 Great Paraklesis Service 7 p.m.	12	13
KOIMISIS OF THE THEOTOKOS FAST CONTINUES						
14 9 <sup>th</sup> Sunday of <b>Matthew</b> Orthros 8:15 a.m. Divine Liturgy 9:30 a.m.  <b>LAST DAY OF FAST</b>  <b>Gt. Vespers in Aliquippa or Oakmont</b>	15 <u>Koimisis Tis Theotokou</u> Orthros, 8:45 a.m., Divine Liturgy, 10:00 a.m. at <b>St. Nick's</b> . (Or check nameday celebrating parishes for service times) <b>FEASTDAY!</b>	16	17	18	19	20