

May 15, 2022 – SUNDAY OF THE PARALYTIC

Veneration of the Chains of the Apostle Peter. Makarios Kalogeras of Patmos. Our devout Fathers Pachomios the Great, Achillios, and Barbaros the Myrrh-streamer.

Orthros Gospel 3

Tone 3



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: Sept. 5 – May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at www.stnickspgh.org and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

TODAYS MEMORIAL SERVICE is being chanted for the soul of the servant of God, *Angela Sfamenos (40 days)*. May God grant her eternal rest.

PLEASE JOIN US for coffee and fellowship following services in the Fellowship Room hosted by GOYA and sponsored by the family of Angela Sfamenos.

THIS WEEK AT ST. NICHOLAS:

- **Wednesday, May 18:** **MID-PENTECOST**
Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
- **Saturday, May 21:** **Ss. Constantine & Helen**
Orthros 9:00 a.m., Divine Liturgy 10:00 a.m.
- **Sunday, May 22:** **Memorial Service for Thomas Kavouras (40 days) and Nicolas G. Hnarakis (30 years)**

CHRIST IS RISEN! TRULY HE IS RISEN!
ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ! ΑΛΗΘΩΣ ΑΝΕΣΤΗ!

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SPECIAL HYMNS AND READINGS OF THE DAY:

The first hymn chanted at the Small Entrance is the Festal Hymn for Pascha in Tone 5:

Χριστός ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι ζωὴν χαρισάμενος. Christ is Risen from the dead, by death trampling down upon death, and on those in the tombs bestowing life.

At the procession with the Gospel, the special Eisodikon (Entrance Hymn) for Pascha is chanted:

Ἐν Ἐκκλησίαις εὐλογεῖτε τὸν Θεόν, Κύριον ἐκ πηγῶν Ἰσραὴλ. Σῶσον ἡμᾶς, Υἱέ Θεοῦ, ὁ ἀναστάς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα. In the congregations bless God, the Lord, from the springs of Israel.

Save us, O Son of God, who did rise from the dead, we sing to you Alleluia.

Resurrectional Apolytikion, Third Mode

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιλίας ᾄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

Let the heavens sing for joy, and let everything on earth be glad. For with His arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

St Nicholas Apolytikion, Fourth Mode

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Κοντάκιον. Ἦχος πλ. δ'. //Kontakion. Mode pl. 4

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out Rejoice to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες, Ἀθάνατε, ἀλλὰ τοῦ ᾄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστέ ὁ Θεός, γυναῖξιν μυροφόροις φθεγγόμενος Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

APOSTOLIC READING: Acts 9:32-42. In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he arose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord. [RSV]

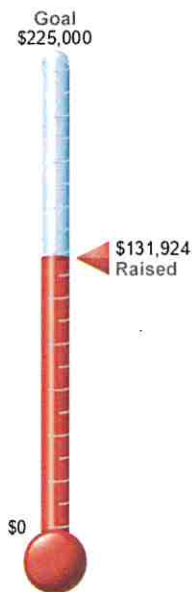
GOSPEL READING: John 5:1-15. At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' " They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him. [RSV]

Please return to the Divine Liturgy books for the remainder of the service.

2022 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

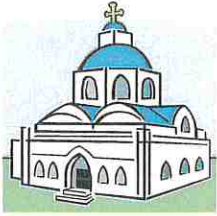
If you have already submitted your 2022 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



***Our Church. Our
Spiritual Home***

<u>2022</u>	<u>STEWARDSHIP</u>
Total Stewards	241 (GOAL 300)
Total Pledged	\$131,924.00 GOAL (\$225,000.00)
Avg. Pledge	\$753.85



From the Church School Desk:

CHRIST IS RISEN! TRULY HE IS RISEN!

The Church School year is winding down to a close. **Church School Graduation** is on Sunday, June 5, 2022.

Yours in Christ,
Miss Michelle

GREEK SCHOOL

Greek School's "End of the Year Program and Graduation Party" is changed to Sunday, June 5. Greek School Graduates will be recognized in church on Sunday, June 5. This year, Promotional Certificates will be handed out during the End of the Year Program and Party.

GOYA NEWS

PASTITSIO

The 9 by 13 pastitsio pans are \$35. Checks can be made to St. Nicholas GOYA. Cash is also acceptable. The pastitsio is still available for purchase. For pastitsio pickups, call the church office or contact Alea Melacrinos Mavrogeorgis via text 412 726-5940. Please identify who you are in a detailed message.

SIXTY CLUB NEWS

JOIN US FOR LUNCH AT THE NEW

ANTHOS GREEK BAKERY AND CAFÉ

3803 WILLOW AVENUE
CASTLE SHANNON, 15234

WEDNESDAY, MAY 18

Individual checks

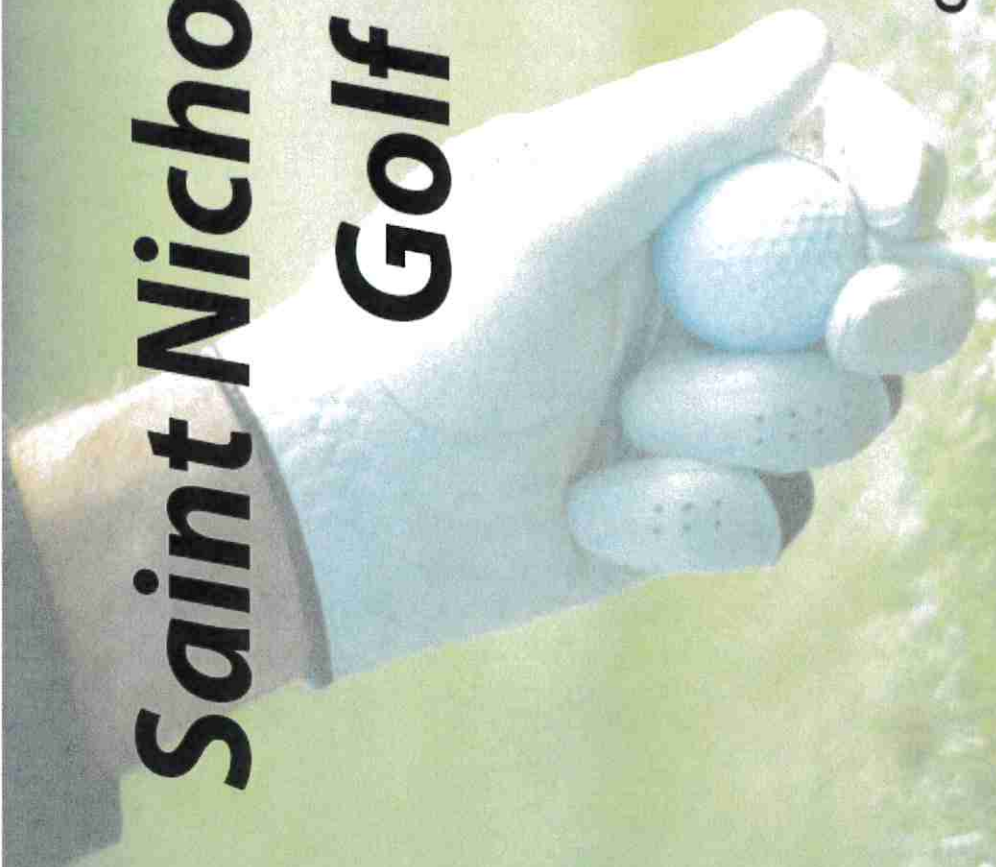
**Complimentary transportation provided,
courtesy of Sixty Club**

Leave the church at **12:30**—estimated return 3:30

(Suggested gratuity for driver: \$2.00 -- \$3.00 per person)

Please contact Argie Stuart @ 412 681 6754 or
Fran Hanna @ 412 731 0790 or jchmac@comcast.net
by May 15

Looking forward to a new experience, great fellowship and meeting new folks—bring a friend.



Saint Nicholas Cathedral Golf Outing

Registration/Lunch Buffet 11:00

Shotgun Start 12:30

Cocktails 5:30

Dinner/Auction Prizes 6:00

Golf Foursome \$750 (By 5/16/22) Individual \$200

Gold Tee and Prize Sponsorships Available

Monday, May 23, 2022

Shannopin Country Club

Reservations by phone or email at

412-421-0294 / bellios216@gmail.com

Golf Entry Form

\$200 Entry Fee

Includes:

Green Fee, Cart, Range Balls, Golf,
Lunch and Dinner

Golfer 1

Name: _____

Address: _____

Zip: _____ H. Phone: _____

E-mail: _____

Golfer 2

Name: _____

Address: _____

Zip: _____ H. Phone: _____

E-mail: _____

Golfer 3

Name: _____

Address: _____

Zip: _____ H. Phone: _____

E-mail: _____

Golfer 4

Name: _____

Address: _____

Zip: _____ H. Phone: _____

E-mail: _____



Saint Nicholas Greek Orthodox Cathedral
419 S Dithridge St,
Pittsburgh, PA 15213
Phone (412) 682-3866



Saint Nicholas
Cathedral Golf
Outing and Silent
Auction

Monday
May 23rd, 2022

Shannopin Country Club
1 Windmere Rd.
Pittsburgh, PA 15202
(412) 761-2900

*Collared Shirt Required
Metal Spikes are not permitted*

Details

- Scramble (Best Ball)
- Locker Service in the Clubhouse
- On course beverages and snacks
- Buffet Lunch/Dinner
- Skill Prizes
- Team Prizes
- Commemorative Gift for Each Golfer

Schedule of Events

Registration/Lunch:

11:00AM - 12:00PM

Shotgun Start:

12:30PM

Cocktails:

5:30PM

Dinner/Prizes/Auction:

6:00PM

For more information
bellios216@gmail.com
412-421-0294

All Proceeds Benefit
Saint Nicholas Cathedral

Sponsorship Opportunities

Golfer Gift Sponsorship: \$2,500

- Name on each golfer gift
- One foursome
- Program and verbal recognition

Gold Sponsorship: \$1,500

- Gold for Four including lunch dinner and on course beverages
- One tee and One green sponsorship
- Program and verbal recognition

Beverage Cart Sponsorship: \$1,500

- Name and/or Logo on the beverage cart used throughout the event
- Sponsorship listing in program book
- Golf for Four, including lunch, dinner and on-course beverages

Foursome: \$750

- Golf for Four, including lunch, dinner and on-course beverages/snacks

Single Golfer: \$200

- Golf, including lunch, dinner and on-course beverages/snacks

Tee or Green Sponsorship: \$200

- Name and/or Logo on Tee or green signage
- Sponsorship listing in program book

Program Sponsorship: \$100

- Sponsorship listing in program book
- Dinner for one

Dinner \$50

- Dinner for one

Registration Form

(Please reply by May 16, 2022 with payment in full)

- ☐ Golfer Gift Sponsorship.....\$2,500
- ☐ Gold Sponsorship.....\$1,500
- ☐ Beverage Cart Sponsorship.....\$1,500
- ☐ Foursome.....\$750
- ☐ Single Golfer.....\$200
- ☐ Tee or Green Sponsorship.....\$200
- ☐ Program Sponsorship.....\$100
- ☐ Dinner.....\$50

The sign for my sponsorship should read as follows:

Payment Method

- ☐ Check (made payable to:
Saint Nicholas Cathedral)

- ☐ Visa ☐ Master Card

(Credit Cards will be processed on/or before June 30th)

Account No. _____

Exp. Date _____/_____/_____

Name on Card _____

Billing Address _____

City _____

State _____ Zip _____

Phone Number _____

Mail this form with Payment to:

Saint Nicholas Greek Orthodox Cathedral
419 S Dithridge St,
Pittsburgh, PA 15213

JOIN CHAPTER ICAROS FOR THE 45th ANNUAL MEMORIAL WEEKEND MINI CONVENTION DANCE!

Sunday, May 29, 2022 ~ 9:00pm-2:00am

Dormition of the Theotokos Greek Orthodox Church Hall, 12 Washington Ave., Oakmont, PA 15139

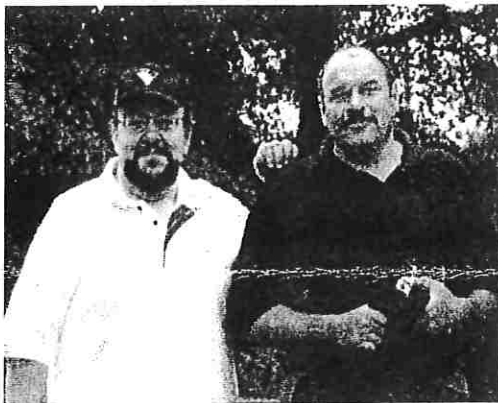
Adults: \$25.00 Children (12 and under): \$5.00

Cash Bar ♦ Mezethes ♦ Raffle: 1st \$200, 2nd \$100, 3rd \$50 ♦ Chinese Raffle

Live Music with Ta Filarakia, featuring Victoria Mavrogeorgis on Violi!

Contact: Michelle Kotsagrellos at 412-680-1416 or mmk8317@hotmail.com

JOIN CHAPTER ICAROS FOR THE 20th ANNUAL STEVE MANNERS ICARIAN OPEN



Steve Manners and Mike Aivaliotis

Saturday, May 28, 2022

Meadowink Golf Course

4076 Bulltown Road, Murrysville, PA 15668

*Don't be left out! Get a foursome together...
We will make foursomes as best we can for the rest.*

PRICE: \$115.00 includes green fees, cart, snack at the turn, beer, and steak dinner

AGENDA: 12:00pm – Registration

1:00pm – Modified Shotgun Start

6:00pm – Steak Dinner

CONTACT: Anna Aivaliotis at 412-310-7290 or annaca@pitt.edu

Dress Code: collared shirts; no cut-offs. **Reminder:** PA LCB does not allow you to bring your own beer.

THE MEMORIAL DAY TRISAGION SERVICES - May 30, 2022

SCHEDULE OF SERVICES:

Divine Liturgy at Homewood Cemetery at 9:30 a.m., ending with Trisagion Service;
The second Trisagion service at Wilksburg Cemetery at 12 Noon.

Please indicate at which cemetery your loved one names should be read

First Names Only- Please Print Clearly!

"May their memory be eternal!"

FIRST NAME ONLY**CEMETERY**

GREEK AMERICAN PROGRESSIVE ASSOCIATION

(GAPA)

SUPREME LODGE

2022 COLLEGE ACHIEVEMENT AWARD

NATIONAL GAPA AWARD

The Supreme Lodge of the Greek American Progressive Association (GAPA), as part of its philanthropic and educational mission, is offering an annual College and Community Achievement Award in the amount of \$1,000.00.

The deadline for applying for the Achievement Award is May 15, 2022.

Students entering their first year of full time undergraduate college, university, or community college in 2022 are eligible to apply for the Supreme Lodge GAPA 2022 College Achievement Award. Award Recipients will be announced on/after May 31, 2022.

The Supreme Lodge GAPA 2022 College Achievement Award was established to recognize and promote scholastic performance and encourage participation in community activities while a student is engaged in earning an undergraduate degree.

SUBMIT APPLICATION and ALL REQUIRED documents: list of activities, letter of recommendation, high school transcript, essay, letter of college acceptance, and sponsor signature by May 15, 2022 to:

G.A.P.A. Supreme Lodge
Sophia Alexiades, Supreme President
2941 Voelkel Avenue
Pittsburgh, PA 15216

Contact Sophia at Sophiaalexiades54@msn.com for additional information

1. ACTIVITIES:

Describe the church, ethnic and community activities you participate in through your church and or community and also list any awards or recognitions you have received through these activities. Include extracurricular activities.

2 . LETTER OF RECOMMENDATION

Attach a letter of recommendation from a teacher or mentor who can attest to your commitment to your academic efforts or in the case of a mentor who can attest to your development in your community or church environment.

3. HIGH SCHOOL TRANSCRIPT/ GRADE POINT AVERAGE

An overall Grade Point Average of 3.0 is required to qualify for the Achievement Award. Please attach a transcript from your high school showing your Grade Point Average.

4. APPLICANT'S ESSAY

Among the values the Greek American Progressive Association seeks to promote are Hellenism and Orthodoxy through its members and their families into the greater American Community. Please share with us your feelings and thoughts about how your heritage or love for Hellenic Culture or history has helped to mold your character and how you would like to share the values of your faith, culture and heritage with the greater community now and after graduation.

5. COLLEGE ACCEPTANCE LETTER

Name of College you are being admitted in 2022 along with a copy of your letter of acceptance as full time freshman along with expected year of graduation.

APPLICANT NAME: _____

MAILING ADDRESS: _____

EMAIL: _____

TELEPHONE NUMBER: _____

SIGNATURE: _____ DATE: _____

6. SPONSOR REQUIREMENT

To be eligible for the Achievement Award, applicant must secure a nomination from a current member of A.G.A.P.A. Lodge (Local or Supreme) The applicant may be related to a GAPA member (child or grandchild) or be a member or child or grandchild of a member of a Greek Orthodox Church in Allegheny or Beaver County, Pennsylvania or Sacramento, California.

Please have your sponsor complete and sign below

I hereby endorse the nomination of this applicant to be eligible for the 2022 GAPA Supreme Lodge Achievement Award.

SIGNATURE OF SPONSOR _____

Name of Sponsor _____

Lodge Sponsor is a member of _____

Telephone Number _____

Date: _____

ST. NICHOLAS WOULD LIKE TO ACKNOWLEDGE ALL OF OUR GRADUATES IN JUNE!

Please fill out this short questionnaire and submit to church office via email (church@stnickspgh.org), fax (412-683-4960) or mail (419 S. Dithridge Street, Pittsburgh, PA 15213). Thank you!

Name _____

Phone: _____

Month of Graduation _____

High School: _____

Or

University/ Graduate School: _____

Degree Earned: _____

***Please email a recent photo to church@stnickspgh.org so that we can include in the next issue of the Newsletter.

Awards and Honors:

Activities:

Future Plans:

MAY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 SUNDAY OF PARALYTIC Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	16	17	18 MID- PENTECOST Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.	19	20	21 Ss. Constantine & Helen Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.
22 SUNDAY OF SAMARITAN WOMAN Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	23 ST. NICHOLAS GOLF OUTING AT SHANNOPIN COUNTRY CLUB 11:00 a.m.	24 GOYA BOYS Basketball 7:00 p.m.	25 Parish Council Meeting 7:00 p.m.	26	27	28
29 SUNDAY OF MAN BORN BLIND Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	30 Church Office Closed MEMORIAL DAY Divine Liturgy / Trisagion at Homewood Cemetery 9:30 a.m. Trisagion at Wilkinsburg Cemetery 12:00 noon	31 GOYA BOYS Basketball 7:00 p.m.				