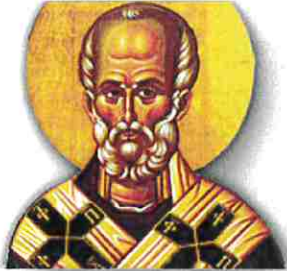


MARCH 6, 2022 – Forgiveness Sunday

Saints of the Day: 42 Martyrs of Amorion in Phrygia; Finding of the Precious Cross by St. Helen; Hesychios the Wonderworker. On this day, we remember the expulsion of the first-formed Adam from the Garden of Eden. Verses: Let the world now bitterly mourn with Eve and Adam, for it fell together with them who fell by sweet eating. By Your ineffable compassion, O Christ our God, make us worthy of the delights of Paradise and have mercy, as You alone love mankind. Amen.

4th Mode (or Tone)

Orthros Gospel 4



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: Sept. 5 – May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

TODAY'S MEMORIAL SERVICE is being chanted for the souls of the servants of God, *the departed Vlahokerasiotes* along with a **TRISAGION SERVICE** for *Constance Yialouris (10 yrs), Agnes Bukes (11 yrs), and Thomas Bukes (20 yrs)*. May God grant them eternal rest.

PLEASE JOIN US for coffee and fellowship following services in the Large Hall, hosted by GOYA and sponsored by the Vlahokerasiotes.

TONIGHT: VESPERS OF FORGIVENESS 5:00 p.m.

THIS WEEK AT ST. NICHOLAS:

- **Monday, Mar 7:** Καθαρά Δευτέρα – Αρχίζει η Μεγάλη Σαρακοστή, Great Lent Begins day of Strict Fast, Great Compline 6:00 p.m.
- **Tuesday, Mar 8:** GOYA Volleyball 7:00 p.m.
- **Wednesday, Mar 9:** Presanctified Liturgy 6:00 p.m.
- **Friday, Mar 11:** 1st Salutations to the Theotokos Service 7:00 p.m.
- **Saturday, Mar 12:** 3rd Saturday of the Souls, Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. Greek School 10:00 a.m., GOYA Day of Service
- **Sunday, Mar 13:** Pan-Orthodox Triumph of Orthodoxy Vespers @ All Saints Church, Canonsburg 4:30 p.m. Greek School 10:00 a.m. GOYA Dance Practice

MARCH 6, 2022 – Forgiveness Sunday

Saints of the Day: 42 Martyrs of Amorion in Phrygia; Finding of the Precious Cross by St. Helen; Hesychios the Wonderworker. On this day, we remember the expulsion of the first-formed Adam from the Garden of Eden. Verses: Let the world now bitterly mourn with Eve and Adam, for it fell together with them who fell by sweet eating. By Your ineffable compassion, O Christ our God, make us worthy of the delights of Paradise and have mercy, as You alone love mankind. Amen.

4th Mode (or Tone)

Orthros Gospel 4

As the priest exits the Altar at the Small Entrance the Resurrection Apolytikion in Mode 4 is chanted:

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world. [SD] Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

Then the usual Eisodikon (Entrance Hymn) for Sundays is heard:

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

The Resurrection Apolytikion is repeated. The Hymn for St. Nicholas of Myra the Wonderworker follows:

The truth of things has revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved. Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιίμνῃ σου, ἢ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Finally, we hear the Kontakion for Forgiveness Sunday:

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen. [GKD]
Τῆς σοφίας ὁδηγέ, φρονήσεως χορηγέ, τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν ὑπερασπιστά, στήριζον, συνέτισσον τὴν καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον, ὁ τοῦ Πατρὸς Λόγος· ἰδοὺ γὰρ τὰ χεῖλη μου, οὐ μὴ κωλύσω ἐν τῷ κράζειν σοι· Ἐλεῆμον, ἐλέησόν με τὸν παραπεσόντα.

Today's Epistle reading: Rom. 13:11-14; 14:1-4. Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand. [RSV]

Today's Gospel reading: Matthew 6:14-21. "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also." [RSV]

Please note: Today is Cheesefare (Forgiveness) Sunday. You are cordially invited to join us at 5 p.m. for the beautiful Vespers of Forgiveness. Tomorrow the Great Fast (Lent) begins. During this period, the Church asks us to abstain from meat, dairy, olive oil, fish, and alcoholic beverages, if possible. (Fish can be consumed on March 25 and Palm Sunday).

2022 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2022 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



***Our Church. Our
 Spiritual Home***

<u>2022</u>	<u>STEWARDSHIP</u>
Total Stewards	175 (GOAL 300)
Total Pledged	\$108,383.00 GOAL \$225,000.00)
Avg. Pledge	\$808.83



From the Church School Desk:

Sunday, March 13, 2022, the Church School students will participate in the **Sunday of Orthodoxy Icon Procession** with their favorite icon!

Church School students in grades 7th–12th can learn more about their faith and participate in the **St. Nicholas Oratorical Festival** that will be held in **March 2022**. For more information, please contact Chairman Eve Elsen at 412-580-9415 or eve.m.elsen@gmail.com.

And thanks for sharing your children with us every Sunday!

Yours in Christ,
Miss Michelle



Church School Students:

**Please bring an icon
 Sunday, March 13, 2022
 for the
 Sunday of Orthodoxy
 Icon Procession**

St. Nicholas
 Oratorical Festival

March 2022

For more information, please contact
 Chairman
 Eve Elsen at 412-580-9415 or
eve.m.elsen@gmail.com



FOOD FESTIVAL COOKING SCHEDULE MARCH/APRIL

Kourambiethes	Sat: March 5	9:00 – 4:00
Tiropita	Sat: March 12	9:00 – 2:00
	Sun: March 13	12:00 – 4:00
Finikia	Sat: March 19	9:00 - 4:00
Baklava	Fri: Apr 1	9:00 – 4:00
	Sat: Apr 2	9:00 – 4:00
	Sun: Apr 3	12:00 – 4:00
Diples	Tue: April 12	8:00 – 4:00

Food Festival Update

We're getting there. Just four more items to go. All help is appreciated. Tiropita next Saturday and Sunday finishes off all our A La Carte items.

We're excited to report that we are in talks with KDKA's Pittsburgh Live Today Show to go live while we're making Diples April 12!

This is a wonderful opportunity to spread the word about our festival. Since the program airs at 9:00 am, our start time has been changed to 8:00am.

*** Suggestion boxes are in the Narthex and Atrium**

St Nicholas Website

It has been two years since the launch of Our Cathedral's renovated website.

While pleased with the improvements, keeping the website relevant requires maintenance.

We value your opinion in making the website better for our parishioners, their families, visitors and ministries of St. Nicholas.

Please email Bunny at the Cathedral office (church@stnickspgh.org) or Sophia Panagis (spanagis@gmail.com) with your suggestions and recommendations.

Thank you.

(Name _____)

ST. NICHOLAS GREEK ORTHODOX CATHEDRAL
NAMES FOR SATURDAYS OF THE SOULS 2022
(February 26, March 5 & 12 & June 11)

“Again, we pray for the repose of the souls of the departed servants of God . . . and for the forgiveness of all their sins, both voluntary and involuntary.”

(Please note: First names only; use complete baptismal name, if known -Greek or English)

Orthodox Christians

FIRST NAMES ONLY

Others

THE ORTHODOX CLERGY BROTHERHOOD
OF GREATER PITTSBURGH



Triumph of Orthodoxy Pan-Orthodox Vespers

Sunday March 13, 2022 at 4:30pm

ALL SAINTS GREEK ORTHODOX CHURCH

601 W. McMURRAY RD., CANONSBURG, PA 15317



CELEBRANT & HOMILIST:

METROPOLITAN GREGORY OF NYSSA

AMERICAN CARPATHO-RUSSIAN ORTHODOX DIOCESE

LENTEN RECEPTION AND FELLOWSHIP TO FOLLOW

St. Nicholas Greek Food Festival

February 2022

Dear Friends,

Well, we had to take a little break, but now we are back again and excited to have ALL those familiar faces share in our Food Festival experience. This year, St. Nicholas Greek Orthodox Cathedral will be hosting its 60th annual Greek Food Festival from **May 1 thru May 7**. Once again, we would like to give you the opportunity to be part of our Festival by advertising in our **2022 Food Festival Ad Book**.

This is a great way to advertise your business to the thousands of people who come to enjoy our great Greek food, our music and our Greek hospitality. The money raised through our Food Festival benefits the St. Nicholas Cathedral Building Fund and since St. Nicholas is a 501(C)3 that makes your contribution tax deductible.

On the back of this letter you will find this year's advertising contract detailing ad sizes and prices. Please consider placing an ad by completing the form with your contact information, payment type, and ad size selection. You may submit completed contracts and ads via e-mail to **foodfestadbook@stnickspgh.org**, or mail to:

St. Nicholas Cathedral
c/o Greek Food Festival Ad Book Committee
419 South Dithridge Street
Pittsburgh, PA 15213

DEADLINE FOR ALL ADS is April 4, 2022

Premium pages include **center pages** and **inside cover**.

All ads are in **color**.

Please send ads in **JPEG** format.

See ad rates on the other side for pricing.

If you have a new ad or logo that you would like to use this year, please send a **JPEG** file to the email shown above. If you would like to use an ad previously placed in the ad book, please indicate that on the ad contract. (Please note that all ads will be in color this year.)

For additional information or if you have any questions, please call Lenna Cominos at (412) 370-8181, or send an e-mail to *foodfestadbook@stnickspgh.org*.

We sincerely hope that you will play a part in making this year's edition of our ad book a success.

Best regards,

Elaine Andrianos, Simon Barber, Lenna Cominos, Alisa Mathews

St. Nicholas Ad Book Committee

St. Nicholas Greek Orthodox Cathedral

**2022 GREEK FOOD FESTIVAL
ADVERTISING CONTRACT**



Name _____

Business _____

Address _____

Phone/ Cell _____

Email _____

AD DEADLINE APRIL 4, 2022

Ad Size	Color
Outside Back Cover/ 4.5w x 7.5h	\$750
Premium Full Pages/ 4.5w x 7.5h	\$650
Full Page/ 4.5w x 7.5h	\$600
Half Page/ 4.5w x 3.75h	\$350
Quarter Page/ 4.5w x 1.8750h	\$200
Patron/ listing	\$50

Use same ad as previous year

Please make check payable and mail to St. Nicholas Cathedral. Check enclosed Bill me

Authorized Signature _____ Date _____

Please print or attach ad copy, or email ad file in a **JPEG** format to: **foodfestadbook@stnickspgh.org**

Date Received:

Check Number:

Receipt Number:

SAVE THE DATE

Saint Nicholas Cathedral Golf Outing

Monday May 23, 2022

Shannopin Country Club

Registration 11:00

Shotgun Start 12:00

Foursomes and
sponsorships available



MARCH 2022

Sunday	Monday	Tuesday	Wednesday	Thurs	Friday	Saturday
<p>6 Forgiveness Sunday Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Vespers of Forgiveness 5:00 p.m.</p>	<p>7 Καθαρά Δευτέρα – Αρχίζει η Μεγάλη Σαρακοστή Great Lent begins – Day of Strict Fast Great Compline 6:00 p.m.</p>	<p>8 GOYA Volleyball 7:00 p.m.</p>	<p>9 Presanctified Liturgy 6:00 p.m. NO Orthodoxy 101</p>	<p>10</p>	<p>11 1st Salutations to the Theotokos 7:00 p.m.</p>	<p>12 3rd Saturday of Souls Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Greek School 10:00 a.m.</p>
<p>13 Sunday of Orthodoxy Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GOYA Meeting after Liturgy</p>	<p>14 GOYA Basketball 7:00 p.m.</p>	<p>15 GOYA Volleyball 7:00 p.m.</p>	<div style="border: 1px solid black; padding: 5px;"> <p>Fr. Christopher away at annual Metropolis Lenten Clergy Retreat (Antiochian Village)</p> </div>		<p>18 2nd Salutations to the Theotokos 7:00 p.m.</p>	<p>19 Greek School 10:00 a.m.</p>
<div style="border: 1px solid black; padding: 5px;"> <p>Pan-Orthodox Triumph of Orthodoxy Vespers at All Saints Church, Canonsburg 4:30 p.m.</p> </div>						
<p>20 Sunday of St. Gregory Palamas Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.</p>	<p>21 GOYA Basketball 7:00 p.m.</p>	<p>22 GOYA Volleyball 7:00 p.m.</p>	<p>23 Presanctified Liturgy 10:00 a.m. Orthodoxy 101 (via Zoom) 7:30 p.m.</p>	<p>24</p>	<p>25 ANNUNCIATION TO THE THEOTOKOS Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. 3rd Salutations to the Theotokos 7:00 p.m.</p>	<p>26 Greek School 10:00 a.m.</p>
<p>27 Sunday of the Holy Cross Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.</p>	<p>28 Parish Council Meeting 7:00 p.m. GOYA Basketball 7:00 p.m.</p>	<p>29 GOYA Volleyball 7:00 p.m.</p>	<p>30 Presanctified Liturgy 6:00 p.m. NO Orthodoxy 101</p>	<p>31</p>		
<div style="border: 1px solid black; padding: 5px;"> <p><i>Celebration of Greek Independence Day:</i> Greek School – Luncheon and Program after Church</p> </div>			<div style="border: 1px solid black; padding: 10px;"> <p>GREEK DANCE PRACTICE WILL BEGIN ON SUNDAYS THIS MONTH. First Practice 3/13/22.</p> </div>			