

March 27, 2022 – 3rd SUNDAY OF LENT – VENERATION OF THE CROSS

Today's Saints: the holy martyr Matrona of Thessaloniki, St. Kerycos of Apros, the holy martyrs Philetos the senator and Lydia his wife, and their two children Macedon and Theopreprios, the public official Cronides, and the duke Amphiloichios; the holy martyrs John and Baruchios, the prophet Anani, our devout father Paul, Bishop of Corinth, and our devout father Eftychios.

Tone 7 (Grave)

Orthros Gospel 7



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: Sept. 5 – May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at www.stnickspgh.org and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

TODAY: Greek School Celebrates Annunciation and Greek Independence. Lunch after Church Service in Large Hall and, Program in Small Hall.

GOYA Greek Dance Practice

THIS WEEK AT ST. NICHOLAS:

- **Monday, Mar 28:** Parish Council Meeting 7:00 p.m. / GOYA Basketball 7:00 p.m.
- **Tuesday, Mar 29:** GOYA Volleyball 7:00 p.m.
- **Wednesday, Mar 30:** Presanctified Liturgy 6:00 p.m. / NO Orthodoxy 101
- **Friday, April 1:** 4th Salutation Service 7:00 p.m.
- **Saturday, April 2:** Greek School 10:00 a.m.
- **Sunday, April 3:** GOYA Dance Practice

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Tone 7 (Grave)

Orthros Gospel 7

SPECIAL HYMNS OF THE DAY:

The first hymn chanted at the Small Entrance is the Festal Apolytikion (Tone 1):

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς Βασιλεῦσι κατὰ βαρβάρων
δωρούμενος καὶ τό σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

Lord, save Your people and bless Your inheritance, granting our rulers to prevail over adversaries, and protecting Your commonwealth by Your Cross.

After the procession with the Gospel the usual Eisodikon (Entrance Hymn) is chanted:

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν,
ψάλλοντάς σοι Ἀλληλούϊα. Come let us worship and fall down before Christ. Save us O Son of God,
who arose from the dead. We sing to you, Alleluia.

*The Clergy reenter the Sanctuary as the Resurrection Apolytikion in Tone 7 is chanted: Κατέλυσας τῷ Σταυρῷ
σου τὸν θάνατον, ἠνέφξας τῷ Ληστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς σοῖς
Αποστόλοις κηρύττειν ἐπέταξας· ὅτι ἀνέστης Χριστέ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.*

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy. [SD]

The feast day hymn is repeated, followed by the Hymn for our Church's Patron Saint, St. Nicholas (Tone 4):

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν
πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα
Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we hear the Seasonal Kontakion in the Eighth Tone:

O Champion General, we your faithful inscribe to you the prize of victory as gratitude for being rescued from calamity, O Theotokos. But since you have invincible power, free us from all kinds of perils so that we may cry out to you: Rejoice, O Bride unwedded.

Τὴ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοὶ ἡ Πόλις
σου Θεοτόκε, Ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων μὲ κινδύνων ἐλευθέρωσον, ἵνα
κράζω σοί, Χαῖρε νύμφη ἀνύμφευτε.

Instead of the usual Trisagion, we chant the special one for Feastsdays of the Cross:

Τὸν Σταυρόν σου προσκυνοῦμεν, Δέσποτα, καὶ τὴν ἀγίαν σου ἀνάστασιν δοξάζομεν.
Before Your Cross, we bow down, O Master, and Your holy Resurrection we glorify.

EPISTLE: Hebrews 4:14-18, 5: 1-6. Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest forever, after the order of Melchizedek." [RSV]

GOSPEL: Mark 8: 34-38, 9: 1. The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power." [RSV]

2022 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2022 Stewardship Commitment, **THANK YOU!** If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable **OUR Community** to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



***Our Church. Our
Spiritual Home***

<u>2022</u>	<u>STEWARDSHIP</u>
Total Stewards	200 (GOAL 300)
Total Pledged	\$121,403.00 GOAL (\$225,000.00)
Avg. Pledge	\$773.27

Give a little--Help a lot!



Spaghetti Luncheon

Sunday, April 10, 2022

Adults \$15 Children under 12 \$10

TAKE OUT OR DINE IN

Dine in menu includes pasta, salad, desserts and coffee

Take out includes salad and pasta only

Call for info or reservations

Keli 412-337-1297

Lisa 412-600-1240

Carrie 412-680-0210

Consider making a donation if you cannot attend

All proceeds go to offset costs for
St Nicholas' children to attend CAMP NAZARETH!



From the Church School Desk:

St. Nicholas Greek Orthodox Cathedral's Church School Open House will be **Sunday, April 10, 2022**, where parents and grandparents attend Church School to see firsthand what their children are learning.

Upcoming dates to remember:

Communion Breakfast and Palm Making
Saturday, April 16, 2022
(Following the Divine Liturgy)

Easter Egg Hunt
Sunday, April 24, 2022
(Following the Agape Service)

I appreciate the support from all of you and thanks for sharing your children with us every Sunday!

Yours in Christ,
Miss Michelle

St. Nicholas Greek Orthodox Cathedral Church School Open House

Sunday, April 10, 2022



**Join your Child or Grandchild for Church
Worship, Holy Communion & Church School!**

FOOD FESTIVAL COOKING SCHEDULE APRIL

Baklava	Friday, April 1, 9am to 8pm (Evening Hours) Saturday, April 2, 9am to 4pm Sunday, April 3, 12 noon to 4pm
Diples	Monday, April 11, 10:00 am to 4:00 pm Tuesday, April 12, 8am to 4pm
St. Nicholas Greek Food Festival	Sunday, May 1 to Saturday, May 7

Food Festival Update

Two of our biggest items remain. Please make an effort to help. Next **Friday, Saturday and Sunday, April 1, 2 and 3**, we are making **Baklava** with an evening cooking session on Day One, April 1. Many hands are needed for this popular dessert. **Diples** is now a two-day event with "Pittsburgh Live Today" visiting us early Tuesday morning. Our festival is just 5 weeks away!

ST. PHOTIOS AWARDS BANQUEST

The Annual Metropolis of Pittsburgh St. Photios Awards Banquet is scheduled to resume on Saturday, April 30, 2022, as indicated in the flyer (see next page).

This will give us all a chance to extend congratulations and a big **THANK YOU** to our original nominees from 2020/2021 – **Rebecca Bertos and Linda Hages** – who will finally be honored!

I hope that I will see as many of you as possible at this beautiful event, which is
always a joy to attend.

Father Christopher

His Eminence Metropolitan Savas

Cordially invites you to celebrate the dedicated volunteers
of our Holy and God-protected Metropolis of Pittsburgh at the

2022 Metropolis of Pittsburgh St. Photios Awards Banquet



Saturday, April 30, 2022

4:00 pm Hors d'oeuvres, 5:00 pm Dinner

DoubleTree by Hilton Hotel Pittsburgh-Cranberry

910 Sheraton Drive, Mars, Pennsylvania 16046

April 1, 2022 – Banquet Reservation & Sponsorship deadline

Banquet Reservations: \$95/adult

\$25/ child (under 12)

Make Checks Payable to:

Greek Orthodox Metropolis of Pittsburgh

Mail to:

Greek Orthodox Metropolis of Pittsburgh

Attn: St. Photios Awards Banquet

5201 Ellsworth Ave

Pittsburgh, PA 15232

Please refer questions to: Mary Doreza, 412-877-3415

doreza@verizon.net

Net proceeds to benefit the Metropolitan's Benevolence Fund

No Refunds Available after April 18, 2022



Greek Orthodox Metropolis of Pittsburgh

St. Photios Awards Banquet

2022 ST. PHOTIOS AWARDS BANQUET

Saturday, April 30, 2022

DoubleTree by Hilton Hotel Pittsburgh-Cranberry

910 Sheraton Drive, Mars, PA 16046

4:00 P.M. Hors d'oeuvres

5:00 P.M. Dinner

DINNER RESERVATIONS FORM

\$95.00 per adult

\$25.00 per child under 12

(Tables of 10)

Note: Parking is free at the hotel.

Name.....

Parish.....

Address.....

Phone (.....).....

City/State/Zip.....

**** No refunds after April 18, 2022. ****

E-Mail

Reservations Due by April 1, 2022.

Number of Reservations x \$95.00ea + x \$25.00ea = \$...... total

NOTE: Awardees attend gratis (no charge) as guests of His Eminence. **Do not pay for awardees.**

Amount enclosed.....

Names of those included in this Reservation (write additional names on back of this page):

If including Awardees with your table, please list their names below, but do not include payment for awardees.

1.

6.

2.

7.

3.

8.

4.

9.

5.

10.

Make checks payable to:

Greek Orthodox Metropolis of Pittsburgh

Please refer questions to:

Mary Doreza

412-877-3415

doreza@verizon.net

Mail checks, reservation names, sponsorship forms, & donations to:

Greek Orthodox Metropolis of Pittsburgh

Attn: St. Photios Awards Banquet

5201 Ellsworth Ave

Pittsburgh, PA 15232

Please do not contact hotel with Banquet questions; only contact hotel for overnight room reservations.

For overnight room reservations:

Contact the DoubleTree Hotel at (724) 776-6900

A rate of \$109.00 per night has been secured

Use the group name **"Saint Photios Awards Dinner"**

Deadline for room reservations at this rate is **April 9, 2022.**



Greek Orthodox Metropolis of Pittsburgh

St. Photios Awards Banquet

2022 Metropolis of Pittsburgh St. Photios Awards Banquet

Saturday, April 30, 2022

DoubleTree by Hilton Hotel Pittsburgh-Cranberry

910 Sheraton Drive, Mars, PA 16046

4:00 P.M. Hors d'oeuvres

5:00 P.M. Dinner

Program Book Sponsorship Form

\$3000+	Grand Benefactor
\$1000--\$2,999	Benefactor
\$750--\$999	Patron
\$500--\$749	Sponsor
\$250--\$499	Supporter
\$100--\$249	Friend

Amount Enclosed:

.....

Check #

.....

Sponsor Address: _____

Name as you wish it to be listed:

Make checks payable to: Greek Orthodox Metropolis of Pittsburgh

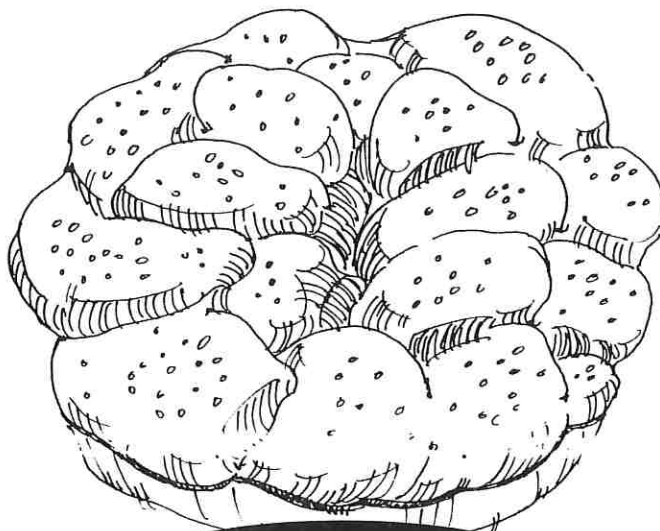
Mail form and check to: Greek Orthodox Metropolis of Pittsburgh
Attn: St. Photios Awards Banquet
5201 Ellsworth Ave
Pittsburgh, PA 15232

Must be received by April 1, 2022, to be included in the book.

- Donors will be listed by Contribution Level in the St. Photios Awards Banquet Program Book, which will be distributed at the Dinner on Saturday, April 30, 2022, at the DoubleTree by Hilton Hotel in Mars, PA.
- *Net proceeds from this event will benefit the Metropolitan's Benevolence Fund.*

IT'S TIME FOR ST. NICHOLAS PHILOPTOCHOS
DELICIOUS GREEK

Easter Bread



*\$10 per loaf**

****Pre-orders due by April 13***

BREAD AVAILABLE FOR PICK-UP
FRIDAY, APRIL 15, 4 PM TO 6 PM IN THE COMMUNITY CENTER
AND SUNDAY, APRIL 17 IMMEDIATELY AFTER CHURCH.

----- ORDER FORM -----

Complete the order form below by April 13 and mail along WITH A CHECK made payable to:

St. Nicholas Philoptochos/Easter Bread, St. Nicholas Greek Orthodox Cathedral, 419 S. Dithridge St., Pittsburgh, PA 15213

Name _____

Telephone _____ Number of Loaves _____

☐ with Sesame Seeds

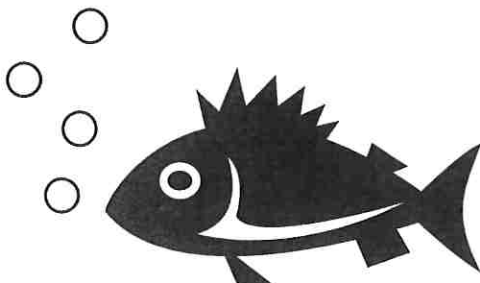
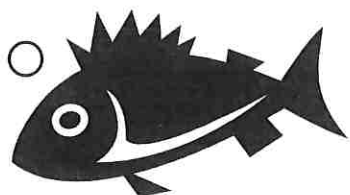

☐ without Sesame Seeds

ORDERS CAN BE PLACED BY CALLING ALISA MATHEWS (412) 719.5038

Thank you for your support.

All Proceeds Benefit the Ongoing Charitable Activities of our Philoptochos.

PALM SUNDAY FAMILY LUNCHEON



Reservations Required. Deadline Sunday, April 10

fill out the reservation form below and mail it along with a check made payable to St. Nicholas Philoptochos.

Name _____

Phone Number _____

_____ Adults x \$20 = _____ Children x \$10 = _____

Total Amount Enclosed \$

Anastasi

CELEBRATION



Please join Philoptochos for a Paschal meal
as we celebrate the Resurrection of our Lord

**Following Anastasi Services
The Cathedral Room**

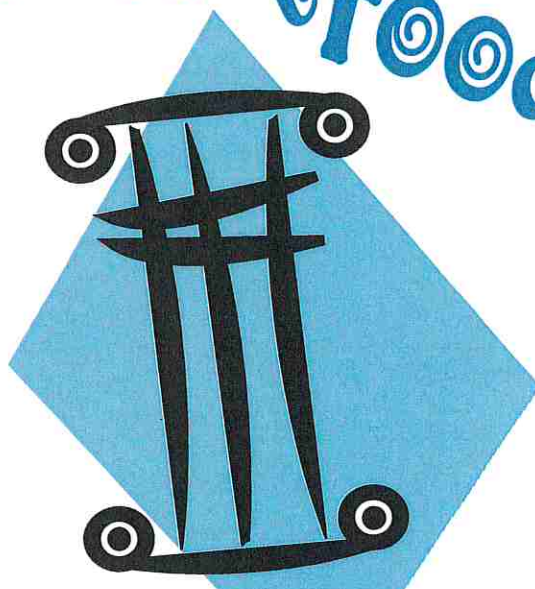
**Free-Will Offering
is being accepted by Philoptochos to offset expenses**

For more information, call Michelle Kotsagrellos at 412.680.1416

Opal!

St. Nicholas Cathedral • 60TH Annual

Greek Food



Festival

Sunday, May 1 - Saturday, May 7

Delicious Greek Food • Luscious Sweet Pastries • Lively Greek Music
Entertainment by our St. Nicholas Dancers

Hours: Sunday: Noon to 8p

Monday to Thursday: 11a to 2 pm *and* 4p to 9p

Friday 11a to 2p *and* 4p to 10 p (music till midnight)

Saturday 1p to 10 p (music till midnight)

St. Nicholas Greek Food Festival

February 2022

Dear Friends,

Well, we had to take a little break, but now we are back again and excited to have ALL those familiar faces share in our Food Festival experience. This year, St. Nicholas Greek Orthodox Cathedral will be hosting its 60th annual Greek Food Festival from **May 1 thru May 7**. Once again, we would like to give you the opportunity to be part of our Festival by advertising in our **2022 Food Festival Ad Book**.

This is a great way to advertise your business to the thousands of people who come to enjoy our great Greek food, our music and our Greek hospitality. The money raised through our Food Festival benefits the St. Nicholas Cathedral Building Fund and since St. Nicholas is a 501(C)3 that makes your contribution tax deductible.

On the back of this letter you will find this year's advertising contract detailing ad sizes and prices. Please consider placing an ad by completing the form with your contact information, payment type, and ad size selection. You may submit completed contracts and ads via e-mail to **foodfestadbook@stnickspgh.org**, or mail to:

St. Nicholas Cathedral
c/o Greek Food Festival Ad Book Committee
419 South Dithridge Street
Pittsburgh, PA 15213

DEADLINE FOR ALL ADS is April 4, 2022

Premium pages include **center pages** and **inside cover**.

All ads are in **color**.

Please send ads in **JPEG** format.

See ad rates on the other side for pricing.

If you have a new ad or logo that you would like to use this year, please send a **JPEG** file to the email shown above. If you would like to use an ad previously placed in the ad book, please indicate that on the ad contract. (Please note that all ads will be in color this year.)

For additional information or if you have any questions, please call Lenna Cominos at (412) 370-8181, or send an e-mail to **foodfestadbook@stnickspgh.org**.

We sincerely hope that you will play a part in making this year's edition of our ad book a success.

Best regards,

Elaine Andrianos, Simon Barber, Lenna Cominos, Alisa Mathews

St. Nicholas Ad Book Committee

St. Nicholas Greek Orthodox Cathedral

**2022 GREEK FOOD FESTIVAL
ADVERTISING CONTRACT**



Name _____

Business _____

Address _____

Phone/ Cell _____

Email _____

AD DEADLINE APRIL 4, 2022

Ad Size	Color
Full Page/ 4.5w x 7.5h	\$600
Half Page/ 4.5w x 3.75h	\$350
Quarter Page/ 4.5w x 1.8750h	\$200
Patron/ listing	\$50

☐ Use same ad as previous year

Please make check payable and mail to St. Nicholas Cathedral. ☐ Check enclosed ☐ Bill me

Authorized Signature _____ Date _____

Please print or attach ad copy, or email ad file in a **JPEG** format to: **foodfestadbook@stnickspgh.org**

Date Received:

Check Number:

Receipt Number:



Saint Nicholas Cathedral Golf Outing

Registration/Lunch Buffet 11:00

Shotgun Start 12:30

Cocktails 5:30

Dinner/Auction Prizes 6:00

Golf Foursome \$750 (By 5/16/22) Individual \$200

Gold Tee and Prize Sponsorships Available

**Monday, May 23, 2022
Shannopin Country Club**

**Reservations by phone or email at
412-421-0294 / bellios216@gmail.com**

APRIL 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Sunday of the Holy Cross Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <i>Celebration of Greek Independence Day:</i> Greek School – Luncheon and Program after Church </div>	28 Parish Council Meeting 7:00 p.m. GOYA Basketball 7:00 p.m.	29 GOYA Volleyball 7:00 p.m.	30 Presanctified Liturgy 6:00 p.m. NO Orthodoxy 101	31	1 4th Salutations Service 7 p.m.	2
3 Sunday of St. John Climacus Orthros 8:45 am Divine Liturgy <u>10:00 am</u> GOYA Day of Reflection 12:15 p.m.	4 GOYA Boys Basketball 7:00 p.m.	5 GOYA Volleyball 7:00-9:00 p.m.	6 Presanctified Liturgy 10 a.m. Orthodoxy Now On Zoom 7:30 p.m.	7	8 Akathist Hymn 7 p.m.	9 We Host GOYA Volleyball Tournament (All Day)
10 Sunday of St. Mary of Egypt Orthros 8:45 am Divine Liturgy 10:00 am	11 GOYA Boys Basketball 7:00 p.m.	12	13 Presanctified Liturgy 6 p.m.	14	15	16 Lazarus Saturday Orthros 8:45 am Divine Liturgy, 10 am
17 Palm Sunday Orthros 8:30 am Divine Liturgy <u>10 am</u> Fish Luncheon follows Bridegroom Service 7 p.m.	18 Holy Monday Bridegroom Service 7 p.m.	19 Holy Tuesday Bridegroom Service 7 p.m.	20 Holy Wednesday Holy Unction & Anointing <u>5:30 p.m.</u>	21 Holy Thursday Vesperal Divine Liturgy 9:30 am Mystical (Last Supper) 12 Gospels (Crucifixion) Service 6:30 pm	22 Great and Holy Friday Royal Hours <u>9 am</u> Apokathelosis Vespers <u>2:00 pm</u> Lamentations 7:00 pm	23 Great and Holy Saturday Vesperal Divine Liturgy 9:30 am Vigil Service <u>10:45 pm</u> Resurrection Service & Paschal Liturgy 11:45 pm
24 GREAT & HOLY PASCHA Vespers of Agape 1 p.m.	25 St. George the Great Martyr (celebrated) Orthros 9 a.m. Divine Liturgy 10 am Parish Council 7 p.m. GOYA Boys Basketball 7:00 p.m.	26	27 Orthodoxy Now On Zoom 7:30 p.m.	28	29	30