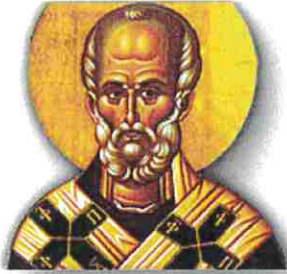


FEBRUARY 6, 2022 – SUNDAY OF THE CANAANITE WOMAN

Ss. Photios, Patriarch of Constantinople & Boukolos, Bishop of Smyrna

Orthros Gospel 11

Plagal 4<sup>th</sup> (8<sup>th</sup>) Tone



## WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT [www.stnickspgh.org](http://www.stnickspgh.org) TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; [frchbender@verizon.net](mailto:frchbender@verizon.net)

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

Questions about our Parish? Email [church@stnickspgh.org](mailto:church@stnickspgh.org) or call 412-682-3866

**Our Sunday worship schedule: Sept. 5 – May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.**

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

### Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at [www.stnickspgh.org](http://www.stnickspgh.org) and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page [www.stnickspgh.org](http://www.stnickspgh.org) by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

**TODAYS MEMORIAL SERVICE** is being chanted for the souls of the servants of God, *Charles "Isidoros" Tumazos (50 years)*, *Florence Tumazos (37 years)*, and *Nicoletta Kamaras (30 years)*. May God grant them eternal rest.

**PLEASE JOIN US** for coffee and fellowship following services in the Small Hall, hosted by **GOYA** and sponsored by the Tumazos and Machin families.

**TODAY:** GOYA GIRLS Basketball practice and Galatoboureko Prep 12:00 noon – 4:00 p.m.

### **THIS WEEK AT ST. NICHOLAS:**

- **Monday, Feb 7:** Galatoboureko Prep 9:00 a.m. – 4:00 p.m.
- **Tuesday, Feb 8:** **7:00 p.m. Philoptochos General Meeting**  
GOYA BOYS Basketball 7:00 p.m.
- **Wednesday, Feb 9:** Orthodoxy 101 (via Zoom) 7:30 p.m.
- **Thursday, Feb 10:** **St Photios Orthros 9 a.m. Divine Liturgy 10 a.m.**
- **Fri, Sat, Sun, Feb 11-13:** **GOYA Basketball Tournament in Steubenville, OH @ Holy Saints**
- **Saturday, Feb 12:** Greek School 10:00 a.m.
- **Sunday, Feb 13:** Memorial Service for Anna Koumbaridou (1year) and Andreas Koumbarides (9 months).

FEBRUARY 6, 2022 – SUNDAY OF THE CANAANITE WOMAN

Ss. Photios, Patriarch of Constantinople & Boukolos, Bishop of Smyrna

Orthros Gospel 11

Plagal 4<sup>th</sup> (8<sup>th</sup>) Tone

*First to be chanted at the Small Entrance with the Gospel is the Hymn for the recently-celebrated Feast of the Presentation of Christ:*  
Χαῖρε κεχαριτωμένη Θεοτόκε Παρθένη· ἐκ σοῦ γὰρ ἀνέτειλεν ὁ Ἥλιος τῆς δικαιοσύνης, Χριστὸς ὁ Θεὸς ἡμῶν, φωτίζων τοὺς ἐν σκότει.  
Εὐφραίνου καὶ σὺ Πρεσβύτα δίκαιε, δεξάμενος ἐν ἀγκάλαις τὸν ἐλευθερωτὴν τῶν ψυχῶν ἡμῶν, χαριζόμενον ἡμῖν καὶ τὴν Ἀνάστασιν.  
Lady full of grace, rejoice, O Virgin Theotokos, for Christ our God, the Sun of righteousness has risen from you and He illumined those in  
darkness. And you, righteous Elder, be glad in heart, receiving in your embraces the One who liberates our souls and bestows on us the  
Resurrection. [SD]

*The usual Entrance Hymn follows:*

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούια.  
Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia. [GOA]

*Then, we hear the Resurrection Hymn in the Tone of the week:*

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφήν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν,  
Κύριε δόξα σοι. You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the  
passions You might set us free. Our life and resurrection, O Lord, glory be to You. [SD]

*The Feastday hymn is repeated. Then, the Hymn for our Patron Saint Nicholas, Archbishop of Myra in Lycia, follows:*

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο  
ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.  
The truth of things has revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause, you  
have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God to save our souls.

*Finally, the Kontakion for the Presentation of Christ is chanted:*

Ὁ μήτραν παρθενικὴν ἀγίας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεῶν εὐλογήσας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστέ ὁ  
Θεός. Ἀλλ' εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὓς ἠγάπησας, ὁ μόνος φιλόθρωπος.  
You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You  
came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves  
humanity. [SD]

\*\*\*\*\*  
**Today's Epistle reading – 2 Corinthians 6:16 – 7:1.** Ἀδελφοί, ὑμεῖς ἐστε ναὸς Θεοῦ ζῶντος, καθὼς εἶπεν ὁ Θεὸς ὅτι ἐνοικήσω ἐν  
αὐτοῖς καὶ ἐμπεριπατήσω, καὶ ἔσομαι αὐτῶν Θεός, καὶ αὐτοὶ ἔσονται μοι λαός. Διὸ ἐξέλθετε ἐκ μέσου αὐτῶν καὶ ἀφορίσθητε, λέγει  
Κύριος, καὶ ἀκαθάρτου μὴ ἄπτεσθε, καγὼ εἰσδέξομαι ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι εἰς υἱοὺς καὶ θυγατέρας,  
λέγει Κύριος παντοκράτωρ. Ταῦτας οὖν ἔχοντες τὰς ἐπαγγελίας, ἀγαπητοί, καθαρῶς ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ σαρκὸς καὶ  
πνεύματος, ἐπιτελοῦντες ἀγιωσύνην ἐν φόβῳ Θεοῦ.

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God. [RSV]

**Today's Gospel reading: Matthew 15:21-28.** Τῷ καιρῷ ἐκείνῳ ἐξῆλθεν ὁ Ἰησοῦς εἰς τὰ μέρη Τύρου καὶ Σιδῶνος. καὶ ἰδοὺ γυνὴ  
Χαναanaία ἀπὸ τῶν ὀρίων ἐκείνων ἐξεληθούσα ἐκράυαγεν αὐτῷ λέγουσα· Ἐλέησόν με, Κύριε, νιὲ Δαυὶδ· ἡ θυγάτηρ μου κακῶς  
δαιμονίζεται. ὁ δὲ οὐκ ἀπεκρίθη αὐτῇ λόγον. καὶ προσελθόντες οἱ μαθηταὶ αὐτοῦ ἠρώτουν αὐτὸν λέγοντες· Ἀπόλυσον αὐτήν, ὅτι κράζει  
ὀπισθεν ἡμῶν. ὁ δὲ ἀποκριθεὶς εἶπεν· Οὐκ ἀπεστάλην εἰ μὴ εἰς τὰ πρόβατα τὰ ἀπολωλότα οἴκου Ἰσραὴλ. ἡ δὲ ἐλθοῦσα προσεκύνησεν  
αὐτῷ λέγουσα· Κύριε, βοήθει μοι. ὁ δὲ ἀποκριθεὶς εἶπεν· Οὐκ ἔστι καλὸν λαβεῖν τὸν ἄρτον τῶν τέκνων καὶ βαλεῖν τοῖς κυναρίοις. ἡ δὲ  
εἶπε· Ναί, Κύριε, καὶ γὰρ τὰ κυνάρια ἐσθίει ἀπὸ τῶν ψιγίων τῶν πιπτόντων ἀπὸ τῆς τραπέζης τῶν κυρίων αὐτῶν. τότε ἀποκριθεὶς ὁ  
Ἰησοῦς εἶπεν αὐτῇ· Ὡ γύναι, μεγάλη σου ἡ πίστις! γεννηθήτω σοι ὡς θέλεις. καὶ ἰάθη ἡ θυγάτηρ αὐτῆς ἀπὸ τῆς ὥρας ἐκείνης.

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried,  
"Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his  
disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the  
house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread  
and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered  
her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly. [RSV]



Dear Friends,

Today, Sunday February 6<sup>th</sup>, 2022, please welcome the family of one of the Pioneers of the Greek-American Community of Pittsburgh, who will be in attendance at the Trisagion that, among the departed being commemorated, also includes this Pioneer:

**Mr. Isidoros "Charles" Stamatis (Thomas) Tumazos (Tomazos), of late blessed memory.**

Mr. Tumazos was one of the students at the University of Pittsburgh that was among the founders of the Greek Nationality Room. He was among the first student pentad to respond to the University's call to them in 1926. He worked tirelessly as a leader and as a member of the original and immediately-subsequent "Greek Room Committees" (1926-onwards) to raise awareness among the Greek immigrants of Pittsburgh, but also

to reach out to the governments of Greece from the early 1930s to raise support from the Greek nation for this cultural treasure that remains and is active to this day.

Mr. Tumazos was born in **Kalamoti**, on the island of Chios on September 28, 1909 three years before it's liberation from the Turkish Ottoman overlords. He came to Pittsburgh when he was 11 and was an honor student at Wilksburg High School, graduating to enroll at the University of Pittsburgh. He majored in Political Science and History at Pitt, and entered Law School although was unable to complete the program due to family commitments. As a student, and as one of the Founders of the "Greek Nationality Room Committee", he raised funds to establish a collection of modern Greek books at the Hillman Library. As chairperson of the Greek Nationality Room Committee, he motivated the members and Greek-Americans of the region to raise funds for what eventually became the "Scholarship for Study in Greece", which today is one of the foundational student scholarships of the Nationality Rooms and Intercultural Exchange Programs at the University of Pittsburgh. The Greek Room Committees, going forward, named this scholarship in his name. He also organized the Greek Room Committee-World Affairs Council Cooperative Program which built and enhanced the already successful outreach to sister communities of all the Committee Executive Councils since the Greek Room's founding. What is less known is that he worked to establish a Greek Orthodox Retirement Home until his untimely passing. He served as Supreme Commissioner of the Greek American Progressive Association (GAPA) and was a member of the parish council of St. Nicholas.

Mr. Tumazos was a successful agent of Equitable Life, and performed various accounting, tax, writing of wills, executorships and related duties for various Greek-Americans in Western Pennsylvania. He then worked for US Steel and as a machinist at the "Big Shop" or Number One Machine Shop at Homestead Works. He made the large custom gears, such as 84" or 7 feet high, to drive the rolling mills such as reduced a 10" steel slab to below 0.1" sheets. He refused promotion offers into white collar management or sales jobs, and loved the camaraderie in the Machine Shop.

A testimonial tribute video by his son – Mr. John C. Tumazos, who is with us today here at the church – was presented in his memory as part of last year's celebrations of the 80<sup>th</sup> Anniversary of the Greek Nationality Room at:

<https://pahellenicfoundation.org/80th/page-3/index.html>

Please welcome Mr. John C. Tumazos and his family, at the end of today's service, in prayer and tribute to a remarkable Hellene and Pioneer of the Greek-American Community of Western Pennsylvania.

**2022 Stewardship Pledge Cards are in the Narthex**  
***(Just ask a member of Parish Council)***



**If you have already submitted your 2022 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.**

**HELP US REACH/ EXCEED OUR GOAL!!**

***Our Church.  
Our Spiritual  
Home***

<u>2022</u>	<u>STEWARDSHIP</u>
Total Stewards	145 (GOAL 300)
Total Pledged	\$95,062.00 (GOAL \$185,000.00)
Avg. Pledge	\$856.41

**From the Church School Desk:**



(The rooms are cleaned, and the teachers & children will social distance and wear masks!)  
 Church School students in grades 7<sup>th</sup>-12<sup>th</sup> have the opportunity to learn more about their faith and participate in the **St. Nicholas Oratorical Festival** that will be held in **March 2022**. For more information, please contact Chairman Eve Elsen at 412-580-9415 or eve.m.elsen@gmail.com. And thanks for sharing your children with us every Sunday.

Yours in Christ  
*Miss Michelle*

**FOOD FESTIVAL**

Lend a hand today after church  
 and join the hustle and bustle of the kitchen

completing

**Galatobourekos.**

No Experience Needed!

**St. Nicholas Greek Food Festival**

**May 1 - 7, 2022**

**FEBRUARY FOOD FESTIVAL COOKING SCHEDULE**

Galatobourekos	TODAY, February 6: 12:00 noon – 4:00 p.m.
	Monday, February 7: 9:00 a.m. – till complete
Pastitsio	Fri, Sat, Feb 18,19: 9:00 a.m. – 4:00 p.m. Sun, Feb 20: 12:00 noon – 4:00 p.m.
Koulourakia	Sun, Feb 27: 12:00 noon – 4:00 p.m. Mon, Feb 28: 9:00 a.m. – till complete

# Theophany & the Blessing of the Waters

**“WHAT IS THEOPHANY?”** Every year on January 5 & 6 we celebrate the great feastday of the Theophany of our Lord and Savior Jesus Christ. The Baptism of Christ in the River Jordan by St. John the Baptist presents us with a great mystery of God: “He who is the Master of all is baptized by a servant, and He gives mankind cleansing through water.”

**“WHAT IS A HOUSE BLESSING?”** In celebration of Theophany, Orthodox Christians invite Christ not only into their hearts, but also their homes. We call upon Him to bring the blessings and spiritual cleansing of the Jordan into our daily lives. We do this each year by having the priest bless our homes with the Holy Water from the service of Theophany, offering prayers for our health, our family, and the Lord’s abundant blessings in the coming year.

**“WHAT DO I NEED TO DO?”** When Fr. Christopher visits, please have ready: 1) a list of names of your family members, 2) an icon. He will begin the service in the dining room or in the area of your home where you keep your icons, and then he will ask you to guide him around the house so that he may sprinkle the Holy Water throughout it. During the service, please turn off televisions, radios, etc., and silence your cell phones, so that full concentration may be given to the service.

**“WHAT ABOUT BUSINESSES?”** You may also request a blessing for your office or business. What better way to offer thanks to the Lord for your livelihood which He provides and to ask for His continued blessings upon it?

**BLESSING OF HOMES:** After the Holy Water Service on January 6, Fr. Christopher will begin blessing the homes of our parish with holy water. This year he will be blessing homes by appointment from January 6 on.

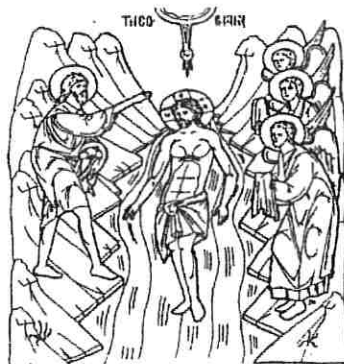
**IN ORDER TO HAVE YOUR HOUSE BLESSED, please fill out this form and return it to the church office. If you are mailing it, please address it to Fr. Christopher and mark it ATTN: HOUSE BLESSING. He will call you to schedule a time for your house blessing.**

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

PREFERRED TIME OF VISIT: Morning                      Afternoon                      Evening



(Name \_\_\_\_\_)

ST. NICHOLAS GREEK ORTHODOX CATHEDRAL  
NAMES FOR SATURDAYS OF THE SOULS 2022

**(February 26, March 5 & 12 & June 11)**

*"Again, we pray for the repose of the souls of the departed servants of God . . . and for the forgiveness of all their sins, both voluntary and involuntary."*

(Please note: First names only; use complete baptismal name, if known -Greek or English)

Orthodox Christians

**FIRST NAMES ONLY**

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# FEBRUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12
<p><b>Sunday of the Canaanite Woman</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.</p> <p><b>GOYA GIRLS Basketball</b></p>		<p><b>GOYA BOYS Basketball Practice</b> 7:00 p.m.</p> <p><b>PHILOPTOCHOS GENERAL MEETING</b> 7:00 p.m.</p>	<p><b>Orthodoxy Now (via Zoom)</b> 7:30 p.m.</p>	<p><b>St Photios</b> Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.</p>		<p>Greek School 10:00 a.m.</p>
<p><b>GOYA Basketball Tournament</b> Holy Saints (Steubenville, OH) February 11-13, 2022</p>						
13	14	15	16	17	18	19
<p><b>Sunday of Publican &amp; Pharisee</b> (Triodion begins) Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.</p>	<p><b>GOYA GIRLS Basketball Practice</b> 6:30 p.m.</p> <p><b>PARISH COUNCIL MEETING</b> 7:00 p.m.</p>	<p><b>GOYA BOYS Basketball Practice</b> 7:00 p.m.</p>	<p><b>Orthodoxy Now (via Zoom)</b> 7:30 p.m.</p>			<p>Greek School 10:00 a.m.</p>
20	21	22	23	24	25	26
<p><b>Sunday of Prodigal Son</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.</p> <p><b>Parish General Assembly</b> 12:00 Noon</p>	<p><b>GOYA GIRLS Basketball Practice</b> 6:30 p.m.</p>	<p><b>GOYA BOYS Basketball Practice</b> 7:00 p.m.</p>	<p><b>Orthodoxy Now (via Zoom)</b> 7:30 p.m.</p>			<p><b>1<sup>st</sup> Saturday of Souls</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.</p> <p>Greek School 10:00 a.m.</p>
<p><b>GOYA Basketball Tournament</b> Holy Cross (Pittsburgh, PA) February 25-27, 2022</p>						
27	28					
<p><b>Judgement (Meatfare) Sunday</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.</p> <p><b>Vlahokerasiotiko Dinner (Take Out)</b></p>						