

JANUARY 30, 2022 – Sunday of the Three Hierarchs:

Ss. Basil the Great, Gregory the Theologian, and John Chrysostom. Also: Hippolytos, Pope of Rome

Orthros Gospel 10

Grave Tone



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Amy Hogg

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: Sept. 5 – May 31: Orthros 8:45 a.m. & Divine Liturgy 10:00 a.m.

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

Watch Sunday services, which are still streaming live from St Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

TODAYS MEMORIAL SERVICE is being chanted for the soul of the servant of God, *Magdalini Theodorakis Hnarakis* (40 years) and **TRISAGION SERVICE** is being chanted for the souls of the servants of God, *Paraskevi Mavrogeorgis, Vasilis Krinis, Rudolph Agraphiotis, Vasiliki Bellios, Harry Constandy, Helen Hampers, George Hazinas, Ismene Kephalyiannis, John Seviles, George Thomas, Angelos Tsourekis, & Peter Papadakos*. May God grant them eternal rest.

PLEASE JOIN US for coffee and fellowship following services in the Small Hall, hosted by **GREEK SCHOOL** and sponsored by Maria Hnarakis and family.

TODAY: Greek School Presentation for the Feast Day of the Hierarchs & Greek Letters & Bake Sale.
Pasta Flora Prep 12:00 p.m. – 4:00 p.m.

THIS WEEK AT ST. NICHOLAS:

- **Monday, Jan 31:** GOYA GIRLS Basketball 6:30 p.m.
- **Tuesday, Feb 1:** 6:30 p.m. - Great Vespers at Ypapanti Church in East Pgh.
GOYA BOYS Basketball 7:00 p.m.
- **Wednesday, Feb 2:** Orthros 8:30 a.m. & Divine Liturgy 9:30 a.m. at Ypapanti Church in East Pgh. (for their Feast Day).
- **Saturday, Feb 5:** Greek School 10:00 a.m.
- **Sunday, Feb 6:** Memorial Service for Charles "Isidoros" Tumazos (50 yrs.), Florence Tumazos (37 yrs.), & Nicoletta Kamaras (30 yrs.).

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SPECIAL HYMNS AND READINGS

The Resurrection Apolytikion in the Tone of the Week (Grave, or Plagal 3rd) is chanted as the clergy exit the Altar:

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέφξας τῷ Ἀηστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας· ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος. By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy. [SD]

Next, the clergy chant the usual Entrance Hymn: Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

This is followed by the Apolytikion for the Three Hierarchs, who are honored on this day:

Τοὺς τρεῖς μεγίστους φωστῆρας τῆς τρισηλίου Θεότητος, τοὺς τὴν οἰκουμένην ἀκτῖσι δογμάτων θείων πυρσεύσαντας· τοὺς μελιρρύτους ποταμοὺς τῆς σοφίας, τοὺς τὴν κτίσιν πᾶσαν θεογνωσίας νάμασι καταρδεύσαντας· Βασίλειον τὸν μέγαν, καὶ τὸν Θεολόγον Γρηγόριον, σὺν τῷ κλεινῷ Ἰωάννῃ, τῷ τὴν γλῶτταν χρυσορρήμονι· πάντες οἱ τῶν λόγων αὐτῶν ἐρασταί, συνελθόντες ὕμνοις τιμήσωμεν· αὐτοὶ γὰρ τῇ Τριάδι, ὑπὲρ ὕμῶν αἰεὶ πρεσβεύουσιν.

Those three magnificent luminaries of the tri-solar Godhead, who lit up the whole world with rays of divine doctrines; those mellifluent rivers of wisdom, who irrigated all creation with the waters of the knowledge of God; Basil the Great, and Gregory the Theologian, and the illustrious John, whose tongue produced golden words! Let all of us who are enamored of their words come together and sing hymns to honor them – For they are ever interceding with the Trinity on our behalf. [SD]

The usual Hymn honoring St., Nicholas of Myra, follows. Finally, we hear the Kontakion for the Presentation of Christ: 'Ο μήτραν παρθενικὴν ἀγιάσας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεῶν εὐλογήσας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστὲ ὁ Θεός. Ἀλλ' εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὓς ἡγάπησας, ὁ μόνος φιλόανθρωπος. You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity. [SD]

Today's Epistle Reading: Hebrews 13:7-16. Ἀδελφοί, μνημονεύετε τῶν ἡγουμένων ὑμῶν, οἵτινες ἐλάλησαν ὑμῖν τὸν λόγον τοῦ θεοῦ· ὧν ἀναθεωροῦντες τὴν ἔκβασιν τῆς ἀναστροφῆς, μιμεῖσθε τὴν πίστιν. Ἰησοῦς Χριστὸς χθὲς καὶ σήμερον ὁ αὐτός, καὶ εἰς τοὺς αἰῶνας. Διδαχαῖς ποικίλαις καὶ ξέναις μὴ παραφέρεσθε· καλὸν γὰρ χάριτι βεβαιουῖσθαι τὴν καρδίαν, οὐ βρώμασιν, ἐν οἷς οὐκ ὠφελήθησαν οἱ περιπατήσαντες. Ἔχομεν θυσιαστήριον, ἐξ οὗ φαγεῖν οὐκ ἔχουσιν ἐξουσίαν οἱ τῇ σκηνῇ λατρεύοντες. Ὡς γὰρ εἰσφέρεται ζῶων τὸ αἷμα περὶ ἁμαρτίας εἰς τὰ ἅγια διὰ τοῦ ἀρχιερέως, τούτων τὰ σώματα κατακαίεται ἔξω τῆς παρεμβολῆς. Διὸ καὶ Ἰησοῦς, ἵνα ἀγιάσῃ διὰ τοῦ ἰδίου αἵματος τὸν λαόν, ἔξω τῆς πύλης ἔπαθεν. Τοῖνυν ἐξερχώμεθα πρὸς αὐτὸν ἔξω τῆς παρεμβολῆς, τὸν ὀνειδισμὸν αὐτοῦ φέροντες. Οὐ γὰρ ἔχομεν ὥδε μένουσαν πόλιν, ἀλλὰ τὴν μέλλουσαν ἐπιζητοῦμεν. Δι' αὐτοῦ οὖν ἀναφέρωμεν θυσίαν αἰνέσεως διὰ παντὸς τῷ θεῷ, τοῦτ' ἐστίν, καρπὸν χειλέων ὁμολογούντων τῷ ὀνόματι αὐτοῦ. Τῆς δὲ εὐποιΐας καὶ κοινωνίας μὴ ἐπιλανθάνεσθε· τοιαύταις γὰρ θυσίαις εὐαρεστεῖται ὁ θεός.

Brethren, remember your leaders, those who spoke to you the word of God; consider the outcome of their lives, and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through his own blood. Therefore let us go forth to him outside the camp and bear the abuse he endured. For here we have no lasting city, but we seek the city which is to come. Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. [RSV]

Today's Gospel Reading: Matthew 5:14-19. Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ μαθηταῖς· Ὑμεῖς ἐστε τὸ φῶς τοῦ κόσμου. οὐ δύναται πόλις κρυβῆναι ἐπάνω ὄρους κειμένη· οὐδὲ καίουσι λύχνον καὶ τιθέασιν αὐτὸν ὑπὸ τὸν μόδιον, ἀλλ' ἐπὶ τὴν λυχνίαν, καὶ λάμπει πᾶσι τοῖς ἐν τῇ οἰκίᾳ. οὕτω λαμπράτω τὸ φῶς ὑμῶν ἔμπροσθεν τῶν ἀνθρώπων, ὅπως ἴδωσιν ὑμῶν τὰ καλὰ ἔργα καὶ δοξάσωσι τὸν πατέρα ὑμῶν τὸν ἐν τοῖς οὐρανοῖς. Μὴ νομίσητε ὅτι ἦλθον καταλῦσαι τὸν νόμον ἢ τοὺς προφῆτας· οὐκ ἦλθον καταλῦσαι, ἀλλὰ πληρῶσαι. ἀμὴν γὰρ λέγω ὑμῖν, ἕως ἄν παρέλθῃ ὁ οὐρανὸς καὶ ἡ γῆ, ἰῶτα ἐν ἡμῇ κεραία οὐ μὴ παρέλθῃ ἀπὸ τοῦ νόμου ἕως ἄν πάντα γένηται. ὃς ἐάν οὖν λύσῃ μίαν τῶν ἐντολῶν τούτων τῶν ἐλαχίστων καὶ διδάξῃ οὕτω τοὺς ἀνθρώπους, ἐλαχίστος κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν· ὃς δ' ἂν ποιῇ καὶ διδάξῃ, οὗτος μέγας κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν.

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven." [RSV]

2022 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)



If you have already submitted your 2022 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!

***Our Church.
Our Spiritual
Home***

<u>2022</u>	<u>STEWARDSHIP</u>
Total Stewards	133 (GOAL 300)
Total Pledged	\$84,112.00 (GOAL \$185,000.00)
Avg. Pledge	\$816.62

From the Church School Desk:



(The rooms are cleaned, and the teachers & children will social distance and wear masks!)

Church School students in grades 7th–12th have the opportunity to learn more about their faith and participate in the **St. Nicholas Oratorical Festival** that will be held in **March 2022**. For more information, please contact Chairman Eve Elsen at 412-580-9415 or eve.m.elsen@gmail.com. And thanks for sharing your children with us every Sunday.

Yours in Christ
Miss Michelle

PHILOPTOCHOS NEWS

A Philoptochos **General Meeting** will be held **Tuesday, February 8, 2022, at 7:00 p.m.** in the St. Nicholas Greek Orthodox Cathedral Conference Room.

FOOD FESTIVAL

It's going to be another cold and dreary Sunday.
Stay warm and cozy in our church kitchen
making **Pasta Flora**.

Sunday Noon to 4:00

We've done it before we can do it again. With your help we can reach our goal of making 91 pans in one day!!! Your participation is crucial so please come and help.
St. Nicholas thanks you!

FOOD FESTIVAL COOKING SCHEDULE

JANUARY

Pasta Flora	Sunday, January, 30: 12:00 noon – 4:00 p.m.
	Possibly Monday, January 31
	Start time 9:00 a.m.



THE BYZANTINE CHOIR
OF THE GREEK ORTHODOX METROPOLIS OF PITTSBURGH
PRESENTS

A VIRTUAL LECTURE-CONCERT

"A BYZANTINE PRINCESS AND BALLISTIC CHOREA:
THE HYMNODY OF THE FEAST OF THE PRESENTATION OF CHRIST
IN THE BIRTH OF A EUROPEAN ARISTOCRATIC DANCE"

INTERNET LIVESTREAM ON THE 2ND OF FEBRUARY, 2022 7:30 P.M.

AT [HTTPS://PAHELLENICFOUNDATION.ORG/YPAPANTI](https://pahellenicfoundation.org/ypapanti)

DEDICATED IN MEMORIAM TO PETER CLYDE PAPADAKOS
ARCHON EKDIKOS
PROTOPSALTIS

The Musical Portion of this Event will be featured
in the "Byzantine Choirs of the Greek Diaspora" Digital Album
Commissioned by the Church of Greece and the Foundation of the Hellenic World
to be unveiled in the Summer of 2022

Theophany & the Blessing of the Waters

“WHAT IS THEOPHANY?” Every year on January 5 & 6 we celebrate the great feastday of the Theophany of our Lord and Savior Jesus Christ. The Baptism of Christ in the River Jordan by St. John the Baptist presents us with a great mystery of God: “He who is the Master of all is baptized by a servant, and He gives mankind cleansing through water.”

“WHAT IS A HOUSE BLESSING?” In celebration of Theophany, Orthodox Christians invite Christ not only into their hearts, but also their homes. We call upon Him to bring the blessings and spiritual cleansing of the Jordan into our daily lives. We do this each year by having the priest bless our homes with the Holy Water from the service of Theophany, offering prayers for our health, our family, and the Lord's abundant blessings in the coming year.

“WHAT DO I NEED TO DO?” When Fr. Christopher visits, please have ready: 1) a list of names of your family members, 2) an icon. He will begin the service in the dining room or in the area of your home where you keep your icons, and then he will ask you to guide him around the house so that he may sprinkle the Holy Water throughout it. During the service, please turn off televisions, radios, etc., and silence your cell phones, so that full concentration may be given to the service.

“WHAT ABOUT BUSINESSES?” You may also request a blessing for your office or business. What better way to offer thanks to the Lord for your livelihood which He provides and to ask for His continued blessings upon it?

BLESSING OF HOMES: After the Holy Water Service on January 6, Fr. Christopher will begin blessing the homes of our parish with holy water. This year he will be blessing homes by appointment from January 6 on.

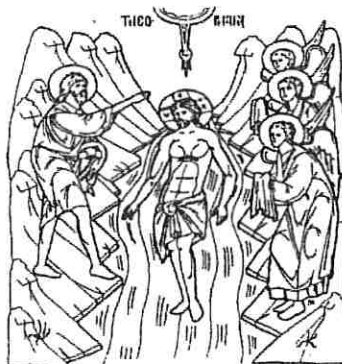
IN ORDER TO HAVE YOUR HOUSE BLESSED, please fill out this form and return it to the church office. If you are mailing it, please address it to Fr. Christopher and mark it ATTN: HOUSE BLESSING. He will call you to schedule a time for your house blessing.

Name: _____

Telephone: _____

Address: _____

PREFERRED TIME OF VISIT: Morning Afternoon Evening



(Name _____)

ST. NICHOLAS GREEK ORTHODOX CATHEDRAL
NAMES FOR SATURDAYS OF THE SOULS 2022

(February 26, March 5 & 12 & June 11)

"Again, we pray for the repose of the souls of the departed servants of God . . . and for the forgiveness of all their sins, both voluntary and involuntary."

(Please note: First names only; use complete baptismal name, if known -Greek or English)

Orthodox Christians

FIRST NAMES ONLY

Others

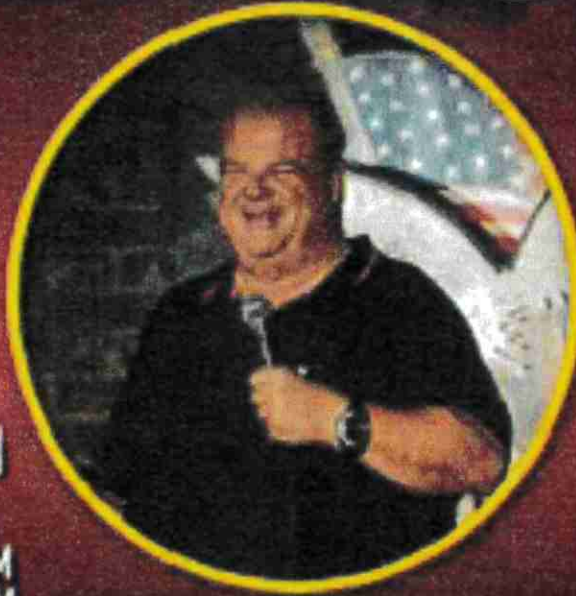
VENUE CHANGE

ANGELO TSAROUCHAS



**FRIDAY
FEBRUARY 4TH**

**DOORS OPEN AT 7 PM
SHOW STARTS AT 8PM**



**FRANZEE'S BANQUET HALL
1300 MERCHANT ST
AMBRIDGE, PA 15003**

FOR TICKETS CONTACT:

**CONNIE 724-624-1993
HARRY 412-292-4205**



WWW.GREEKPROMOTIONSLIVE.COM

JANUARY/FEBRUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 The Three Hierachs: Basil the Great, Gregory the Theologian & John Chrysostom Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	31 GOYA GIRLS Basketball 6:30 p.m.	FEB 1 GOYA BOYS Basketball Practice 7:00 p.m. Great Vespers at Ypapanti (East Pgh.) 6:30 p.m.	2 Orthros 8:30 a.m. Divine Liturgy 9:30 a.m. at Ypapanti (East Pgh.) (For their Feast Day) PLEASE NOTE: NO online (Zoom) program scheduled this evening.	3	4	5 Greek School 10:00 a.m.
6 Sunday of the Canaanite Woman Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. GOYA GIRLS Basketball	7	8 GOYA BOYS Basketball Practice 7:00 p.m. PHILOPTOCHOS GENERAL MEETING 7:00 p.m.	9 Orthodoxy Now (via Zoom) 7:30 p.m.	10	11 <div> GOYA Basketball Tournament Holy Saints (Steubenville, OH) February 11-13, 2022 </div>	12 Greek School 10:00 a.m.
13 Sunday of Publican & Pharisee (Tridion begins) Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	14 GOYA GIRLS Basketball Practice 6:30 p.m. PARISH COUNCIL MEETING 7:00 p.m.	15 GOYA BOYS Basketball Practice 7:00 p.m.	16 Orthodoxy Now (via Zoom) 7:30 p.m.	17	18	19 Greek School 10:00 a.m.
20 Sunday of Prodigal Son Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Parish General Assembly 12:00 Noon	21 GOYA GIRLS Basketball Practice 6:30 p.m.	22 GOYA BOYS Basketball Practice 7:00 p.m.	23 Orthodoxy Now (via Zoom) 7:30 p.m.	24	25 <div> GOYA Basketball Tournament Holy Cross (Pittsburgh, PA) February 25-27, 2022 </div>	26 1st Saturday of Souls Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Greek School 10:00 a.m.
27 Judgement (Meatfare) Sunday Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Vlahokerasiotiko Dinner (Take Out)	28					