

JULY 18, 2021 –THE 630 HOLY FATHERS OF THE 4th ECUMENICAL SYNOD (IN CHALCEDON) Also: Holy Martyrs Emilianos of Bulgaria and Paul, Thea, and Valentine. Stephen and John, Archbishops of Constantinople; Holy New Martyrs Elizabeth the Grand Duchess, the Novice Barbara, and those with them.

Tone 3 Orthros Gospel 4



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Konstantinos Fekos

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: June 20 – August 31: Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m..

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

PLEASE JOIN US for coffee and fellowship following services in the fellowship room, hosted by Parish Council. If you have not had your vaccine yet, please wear your mask.

TODAY: 60 CLUB MEETING (Conference Room)

THIS WEEK AT ST. NICHOLAS:

- **Monday, July 19:** Parish Council Meeting 7:00 p.m.
- **Tuesday, July 20:** Open Gym 7:00 p.m.
- **Wednesday, July 21:** Orthodoxy Now! 7:30 pm (via Zoom)
- **Sunday, July 25:** Memorial Service for Gus Xilas (40 days)

Gerald ("Tiny") Belton and his family greatly appreciate the support received during their time of grief from the sudden passing of his beloved wife Bonnie Belton.

The St. Nicholas Cathedral community responded quickly to the call for assistance with a collection of donations from its parishioners and organizations, which resulted in proceeds sufficient to cover all of the direct costs related to Bonnie's funeral. Thank you to all!

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Tone 3

Orthros Gospel 4

SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

The first hymn chanted at the Small Entrance is the Resurrection hymn for the Tone of the week (Tone 3):

Εὐφραίνεσθω τὰ οὐράνια, ἀγαλλιᾶσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος. Let the heavens sing for joy, and let everything on earth be glad. For with His arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead.

From the maw of Hades He delivered us; and He granted the world His great mercy. [SD]

At the procession with the Gospel the usual Eisodikon (Entrance Hymn) in Tone 2 is chanted:

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα. “Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead. We sing to you, Alleluia.”

After the Entrance Hymn the Clergy enter into the Sanctuary, while we hear the Resurrection hymn again.

Next we hear the hymn for the Holy Fathers:

Ὑπερδεδοξασμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγήσας· πολυεύσπλαγχνε, δόξα σοι.

You are greatly glorified, O Christ our God, who established our Fathers as luminaries upon the earth, and through them led us all to the true Faith. O Most compassionate, glory to You.

Following this, we chant the Hymn for our Church's Patron Saint, St. Nicholas (Tone 4):

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we hear the Kontakion (Tone 2):

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

EPISTLE: Titus 3: 8-15. Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen. [RSV]

GOSPEL: Matthew 5: 14-19. The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these command-ments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven." [RSV]

After the Gospel reading return to page 12 of the Divine Liturgy Book for the remainder of the Service.

2021 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2021 Stewardship Commitment, **THANK YOU!** If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable **OUR Community** to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



"And now these three remain: **Faith, Hope and Love**. But the greatest of these is **LOVE**." Corinthians 13:13

<u>2021</u>	<u>STEWARDSHIP</u>
Total Stewards	256 (GOAL 300)
Total Pledged	\$125,722.00 (GOAL \$185,000.00)
Avg. Pledge	\$491.10

PHILOPTOCHOS UPDATES

Updated Parish Directory – Please make sure to pick up your updated parish directory from the church office! We also appreciate if those who are able to come to church can take and deliver copies for friends/family who you may visit. If you are a newer member of the parish and have never received the binder that the printed directory goes into, we have extras and would be happy to provide one.

Food Bank – The Food Bank continues to need your support! You can donate by making a check payable to the “St. Nicholas Philoptochos Food Bank” or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

Neighborhood Resilience Project Food Drive – We are collecting non-perishable items for Neighborhood Resilience Project (formerly knowns as FOCUS Pittsburgh). Please place non-perishable food donations in the bin outside the church office, and we will deliver them to Neighborhood Resilience Project. We appreciate your support.

60 CLUB

IMPORTANT MEETING TODAY

Conference Room

After Liturgy

(Bring coffee to meeting to save time.)

Everyone interested in the future of this club is invited.

Update on the Storm Damage at St. Nicholas Cathedral

Below is a progress update on the repairs from the storm waters that flooded our lower floors on June 13th. During the first week, the restoration company removed the water, emptied the storage areas, cut out the damaged surfaces, dried, and cleaned the rooms. Then the damaged walls and baseboards in the large hall lobby were repaired. This effort was our initial focus due to a hall rental on July 10. (A thank you to Peter Kamaras who donated the time of his company's carpenter and obtained all materials at his contractor discount).

The small hall had much more extensive damage with nearly 500 linear feet of baseboards and drywall which will need to be replaced. Fortunately, the floors in the hall and lobby were not damaged. To date, all the new drywall and baseboards have been purchased and delivered to the Cathedral. Painting of the baseboards by volunteers is currently underway.

The Cathedral's insurance policy covers up to \$25,000 of damages, which the insurance company has already provided (we thank John Coutris for his assistance with the claim). The bill for the restoration company used about half of this payment. The intent of Parish Council is to complete the repairs with volunteer effort wherever possible, and keep the costs near the \$25,000 reimbursement. However, any donations to help pay for the costs of repair would greatly be appreciated.

Regarding the damaged large oak tree along Forbes Avenue, the branches that came down (about half of the tree) have been cut up and hauled away. A tree specialist told us that the tree is diseased and recommended that it be removed. We are currently obtaining cost estimates for its removal.

St. Nicholas Parish Council

Just one hour each
week can make a
difference!

Help a Child Learn to Read!



Oasis Intergenerational Tutoring is a program in which volunteers 50 and older work with children K-4 in the Pittsburgh Public, Duquesne City, Wilkesburg, Woodland Hills, McKeesport Area and Environmental Charter School Districts

Choose from over 37 local schools!
No experience necessary! Training, materials
and clearances free.

**Two Day Training: August 18th and 19th and
August 24th and 26th, 2021
Duquesne Light Building, 411 Seventh Avenue, Downtown Pittsburgh**

For information on how to become an Oasis tutor, specific training sites and/or other training dates please call John D. Spehar at 412-393-7648 or email jdspehar@oasisnet.org

Oasis Tutoring is a Program of Literacy Pittsburgh

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JULY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Sunday of the Holy Fathers of the 4th Ecumenical Council Orthros, 8:15 a.m. Divine Liturgy 9:30 a.m.	19 PARISH COUNCIL MEETING 7:00 p.m.	20 Open Gym 7:00 p.m.	21 Orthodoxy Now! 7:30 p.m. (via Zoom)	22	23	24
25 5th Sunday of Matthew Orthros, 8:15 a.m. Divine Liturgy 9:30 a.m.	26	27 Panateleimon the Great Martyr Nicholas of Novegorod Orthros 9:00 a.m. Divine Liturgy 10:00 a.m. Open Gym 7:00 p.m.	28	29	30	31