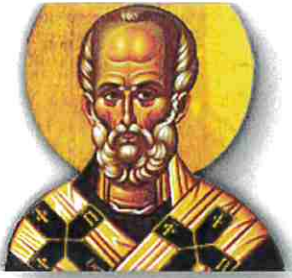


MAY 23, 2021 – 4th SUNDAY OF PASCHA (The Paralytic) Michael, Bishop of Synada

Tone 3

Orthros Gospel 5



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Konstantinos Fekos

CHANTER: Steve Andrews

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: September 1 – June 13: Orthros 8:45 a.m. & Divine Liturgy 10 a.m..

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

CHRIST IS RISEN!

TODAY'S MEMORIAL SERVICE is being chanted for the soul of the servant of God *Toula Peterson (40 days)*. **TRISAGION SERVICE** is being chanted for the soul of the servant of God *Nicholas Hnrakis (29 years)*. May God grant them eternal rest.

PLEASE JOIN US for coffee and fellowship in the **small hall** following services, hosted by GOYA and sponsored by the family of Toula Peterson. The coffee hour will maintain the safety protocols of social distancing and masking for those who have not yet been vaccinated.

TODAY: CHURCH SCHOOL GRADUATION AND GRADUATE SUNDAY GOYA MEETING AFTER CHURCH SERVICES

THIS WEEK AT ST. NICHOLAS:

- **Tuesday, May 25:** GOYA Volleyball Practice 7:00 p.m.
- **Wednesday, May 26:** Orthodoxy Now! 7:30 p.m.
- **Saturday, May 29:** Scheduled Event
- **Sunday, May 30:** Memorial Service for Thomas Plakidas (40 days) and Valentina Belykh (1 year)
- **Monday, May 31:** Divine Liturgy/Trisagion at Homewood Cemetery @ 9:30am., Trisagion Service at Wilkinsburg Cemetery @ 12:00 noon

SPECIAL HYMNS OF THE DAY:

The first hymn chanted at the Small Entrance is the Paschal Anthem in Tone 5:

Χριστός ανέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καί τοῖς ἐν τοῖς μνήμασι ζωὴν χαρισάμενος
Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

At the procession with the Gospel, the special Eisodikon (Entrance Hymn) for Pascha is chanted:

Ἐν Ἐκκλησίαις εὐλογεῖτε τὸν Θεόν, Κύριον ἐκ πηγῶν Ἰσραήλ. Σῶσον ἡμᾶς, Υἱέ Θεοῦ, ὁ ἀναστάς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα. In the congregations bless God, the Lord from the springs of Israel. Save us O Son of God, who did rise from the dead, we sing to you Alleluia.

After singing Christos Anesti once again, the Resurrection Apolytikion in Tone 3 is chanted: Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος. Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

Next, we hear the hymn for St. Nicholas:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν. The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

After this, the Festal Kontakion is heard: Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστέ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγγόμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν. Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

After the consecration of the gifts, we hear the following Megalynarion: Ὁ Ἄγγελος ἐβόα τῇ κεχαριτωμένῃ, Ἀγνῇ Παρθένε, χαῖρε, καὶ πάλιν ἐρῶ, χαῖρε, ὁ σὸς Υἱὸς ἀνέστη τριήμερος ἐκ τάφου. Συμφώνως Παρθένε, σὲ μακαρίζομεν πιστοί. Χαῖρε πύλη Κυρίου, χαῖρε πόλις ἐμψυχε, χαῖρε, δι' ἧς ἡμῖν ἔλαμψε, σήμερον φῶς τοῦ ἐκ σοῦ τεχθέντος, τῆς ἐκ νεκρῶν ἀναστάσεως. The Angel cried aloud to the Lady full of grace: Rejoice, O pure Virgin; and again I say Rejoice. Your Son has resurrected from the grave on the third day. With one voice, O Virgin, we the faithful call you blessed. O rejoice, You the Lord's gate; City animate, rejoice. Lady, rejoice, for today the light of the resurrection from the dead of the Son whom You have borne, has shone on us.

Apostolic Reading: Acts 9:32-42. In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord. [RSV]

Gospel Reading: John 5:1-15. At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him. [RSV]

FROM THE CHURCH SCHOOL DESK:



(The rooms are cleaned, and the teachers & children will social distance and wear masks!)

CHRIST IS RISEN! TRULY HE IS RISEN!

Today is **Church School Graduation**. All students present will receive their graduation certificate and an icon. Special books will be given to the Kindergarten class (The Bible for Young People) and the Graduates (the Orthodox Study Bible).

Thanks for sharing your children with us every Sunday.

See you in September!

Yours in Christ,
Miss Michelle

2021 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2021 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



"And now these three remain: **Faith, Hope and Love**. But the greatest of these is **LOVE**." Corinthians 13:13

<u>2021</u>	<u>STEWARDSHIP</u>
Total Stewards	247 (GOAL 300)
Total Pledged	\$123,872.00 (GOAL \$185,000.00)
Avg. Pledge	\$501.51

PHILOPTOCHOS UPDATES

Updated Parish Directory – Please make sure to pick up your updated parish directory from the church office! We also appreciate if those who are able to come to church can take and deliver copies for friends/family who you may visit. If you are a newer member of the parish and have never received the binder that the printed directory goes into, we have extras and would be happy to provide one.

Food Bank – The Food Bank continues to need your support! You can donate by making a check payable to the “St. Nicholas Philoptochos Food Bank” or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

Neighborhood Resilience Project Food Drive – We are collecting non-perishable items for Neighborhood Resilience Project (formerly known as FOCUS Pittsburgh). Please place non-perishable food donations in the bin outside the church office, and we will deliver them to Neighborhood Resilience Project. We appreciate your support.

GOYA NEWS

PASTICHIO: The frozen pastichio pans are 9"X12" in size. Each pan is \$30. Check or cash is accepted. For further information, text **Alea Melacrinos Mavrogeorgis.@ 412 726-5940**. Please state who you are in the text. Pans are still available for while supplies last. You can buy pans on Sunday or call the church office to purchase Monday-Friday.

Thank you for supporting our fundraiser!



**CONGRATULATIONS
GRADUATES!**





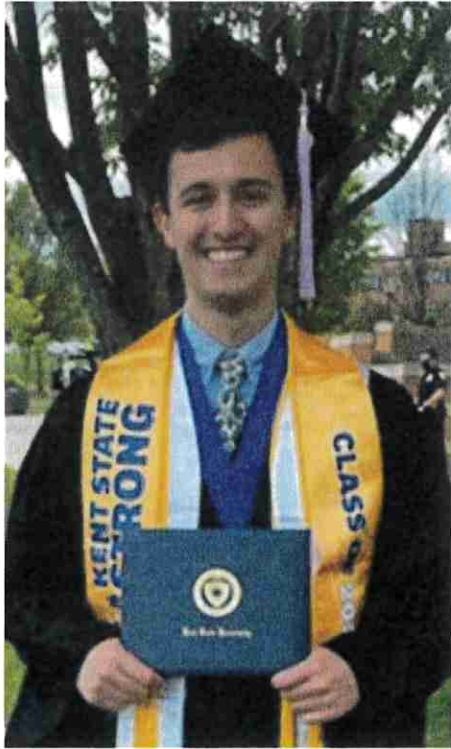
Congratulations!

DR. MATHEW M. SWISHER

Graduation:
August 2020 from MIT

Degree Earned:
PhD Mechanical Engineering & Computation

CLASS OF 2020



Congratulations!

PETER COPETAS

Graduation:

May 2021 from Kent State University

Degree Earned:

Bachelor of Science in Architecture

Awards and Honors:

Magna Cum Laude, Honors College graduate, Tau Sigma Delta Honor Society in Architecture and Allied Arts, President's List (2x), Dean's List (7x), Most Inspiring Student Project Award, Features in Kent State Spring Showcases

Activities:

Philanthropic Chair and Brother of Alpha Rho Chi Professional Fraternity, Peer Success Specialist, Secretary of Orthodox Christian Fellowship at KSU, Habitat for Humanity Volunteer

Future Plans:

Attending Kent State University Cleveland to earn Master of Architecture with an Emphasis in Urban Design

CLASS OF 2021



Congratulations!

NICHOLAS D. HAGES

Graduation:

May 2021 from The University of Pittsburgh

Degree(s) Earned:

Bachelors of Science in Chemical Engineering, Minors in Petroleum Engineering and Chemistry

Awards and Honors:

Magna Cum Laude, Paul F. Fulton Engineer Scholarship Award, Best Paper in Section Freshman Engineering Conference, Dean's Honor List

Activities:

Undergraduate Research on Aerosol Medicines (awaiting publications),
Chem-E-Car President,
AIChE Member, Phi Eta Sigma Member

Future Plans:

ARLANXEO Performance Elastomers in Pittsburgh

CLASS OF 2021

JOB OPPORTUNITY

St. Nicholas Cathedral will shortly have an opening for Events Coordinator. Stacie de la Parra has accepted a job opportunity in another field effective 5/15/2021. Anyone having an interest in this position or who may know someone who might, please speak with Barbara Manners, Office Manager, and leave contact information. A committee person will contact you.

MAY 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23 Sunday of the Paralytic Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. Church School & Graduation Sunday GOYA Meeting After services	24	25 GOYA VOLLEYBALL PRACTICE 7:00 p.m.	26 Orthodoxy Now! 7:30 p.m.	27	28	29
30 Sunday of the Samaritan Woman Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	31 Memorial Day Divine Liturgy/ Trisagion at Homewood Cemetery 9:30 a.m. Trisagion at Wilkinsburg Cemetery 12:00 noon Church Office Closed					