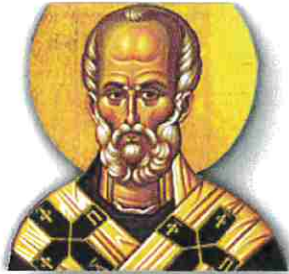


## APRIL 4, 2021 – 3<sup>rd</sup> SUNDAY OF LENT – VENERATION OF THE CROSS

Today's Saints: the venerable George of Maleon; the holy martyrs Theodoulos and Agathopus; the holy martyr Ferbutha, her maid, and her company; our devout father Publius; our devout father Plato, Abbot of the Monastery of Studium; the three devout saints, Theonas, Symeon, and Ferbinus, who reposed in peace; our devout father Zosimas who buried St. Mary of Egypt; the devout Theonas, an ascetic from Pantokrator Monastery and later Bishop of Thessaloniki, who reposed in peace.

Tone 2

Orthros Gospel 10



### WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT [www.stnickspgh.org](http://www.stnickspgh.org) TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; [frchbender@verizon.net](mailto:frchbender@verizon.net)

PROTOPSALTIS: Konstantinos Fekos

CHANTERS: Steve Andrews, & Michael Rodites

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

ALTAR BOY CAPTAINS: TBA

Questions about our Parish? Email [church@stnickspgh.org](mailto:church@stnickspgh.org) or call 412-682-3866

**Our Sunday worship schedule: September 1 – June 13: Orthros 8:45 a.m. & Divine Liturgy 10 a.m.**

**WELCOME, VISITORS!** You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

### Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

### THIS WEEK AT ST. NICHOLAS:

- Monday, Apr 5: Philoptochos Board Meeting 7:00 pm (Zoom)
- Wednesday, Apr 7: Presanctified Liturgy 6:00 pm.
- Friday, Apr 9: Salutations to the Theotokos 7:00 pm.
- Saturday, Apr 10: GREEK2GO 12:00 – 6:00 pm.
- Sunday, Apr 11: Trisagion Service for Athena Mandros Krelis (34 yrs)

## GOYA

**PASTICHIO:** Break the Lenten fast with a Greek crowd pleaser, pastichio! It is "a must" on every Pascha (Easter) table! The frozen pastichio pans are 9"X12" in size. Each pan is \$30. Check or cash is accepted. For further information, text **Alea Melacrinos Mavrogeorgis. @ 412 726-5940. Please state who you are in the text.** Pans are still available for Pascha, while supplies last. You can buy pans on Sunday or call the church office to purchase Monday-Friday.  
Thank you for supporting our fundraiser!

**APRIL 4, 2021 – 3<sup>rd</sup> SUNDAY OF LENT – VENERATION OF THE CROSS**

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Tone 2

Orthros Gospel 10

**SPECIAL HYMNS OF THE DAY:**

*The first hymn chanted at the Small Entrance is the Festal Apolytikion (Tone 1):*

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς Βασιλεῦσι κατὰ βαρβάρων  
δωρούμενος καὶ τό σόν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

Lord, save Your people and bless Your inheritance, granting our rulers to prevail over adversaries, and protecting Your commonwealth by Your Cross.

*After the procession with the Gospel the usual Eisodikon (Entrance Hymn) is chanted:*

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν ,  
ψάλλοντάς σοι Ἀλληλουῖα. Come let us worship and fall down before Christ. Save us O Son of God,  
who arose from the dead. We sing to you, Alleluia.

*After the Entrance Hymn the Priest reenters the Sanctuary, as the Resurrection Apolytikion in Tone 2 is chanted:* When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the nether world, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You. [SP]

*The feast day hymn is repeated, followed by the Hymn for our Church's Patron Saint, St. Nicholas (Tone 4):*

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιίμνῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα  
Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

*Finally, we hear the Seasonal Kontakion in the Eighth Tone:*

O Champion General, we your faithful inscribe to you the prize of victory as gratitude for being rescued from calamity, O Theotokos. But since you have invincible power, free us from all kinds of perils so that we may cry out to you: Rejoice, O Bride unwedded.

Τὴ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοὶ ἡ Πόλις σου Θεοτόκε, Ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων μὲ κινδύνων ἐλευθέρωσον, ἵνα κράζω σοί, Χαῖρε νύμφη ἀνύμφευτε.

*Instead of the usual Trisagion, we chant the special one for Feastdays of the Cross:*

Τὸν Σταυρόν σου προσκυνοῦμεν, Δέσποτα, καὶ τὴν ἀγίαν σου ἀνάστασιν δοξάζομεν.  
Before Your Cross, we bow down, O Master, and Your holy Resurrection we glorify.



**EPISTLE: Hebrews 4:14-18, 5: 1-6.** Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest forever, after the order of Melchizedek." [RSV]

**GOSPEL: Mark 8: 34-38, 9: 1.** The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power." [RSV]

### **2021 Stewardship Pledge Cards are in the Narthex** ***(Just ask a member of Parish Council)***

**If you have already submitted your 2021 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.**

**HELP US REACH/ EXCEED OUR GOAL!!**



"And now these three remain: **Faith, Hope and Love**. But the greatest of these is **LOVE**." Corinthians 13:13

<u>2021</u>	<u>STEWARDSHIP</u>
<b>Total Stewards</b>	<b>220 (GOAL 300)</b>
<b>Total Pledged</b>	<b>\$118,672.00 (GOAL \$185,000.00)</b>
<b>Avg. Pledge</b>	<b>\$539.42</b>

## **PHILOPTOCHOS UPDATES**

**Updated Parish Directory** – Please make sure to pick up your updated parish directory from the church office! We also appreciate if those who are able to come to church can take and deliver copies for friends/family who you may visit. If you are a newer member of the parish and have never received the binder that the printed directory goes into, we have extras and would be happy to provide one.

**Food Bank** – The Food Bank continues to need your support! You can donate by making a check payable to the “St. Nicholas Philoptochos Food Bank” or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

**Neighborhood Resilience Project Food Drive** – We are collecting non-perishable items for Neighborhood Resilience Project (formerly known as FOCUS Pittsburgh). Please place non-perishable food donations in the bin outside the church office, and we will deliver them to Neighborhood Resilience Project. They appreciate your support.

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### **FROM THE CHURCH SCHOOL DESK:**

(The rooms are cleaned, and the teachers & children will social distance and wear masks!)

#### **Upcoming dates to remember:**

##### **Palm Making**

Saturday, April 24, 2021

(Following the Divine Liturgy)

##### **Easter Egg Hunt**

Sunday, May 2, 2021

(Following the Agape Service)

##### **Church School Graduation**

Sunday, May 23, 2021

I appreciate the support from all of you and thanks for sharing your children with us every Sunday!

Yours in Christ,

*Miss Michelle*

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### **St. Nicholas Cathedral NEW Website**

Hope everyone has had the opportunity to view the updated St. Nicholas Cathedral website.

Please continue sending photos (i.e., Church Picnics, Food Festival, Greek School Events, etc.). Anyone who would be using an actual photo to start, kindly scan and send, or just take a ‘really good picture’ of the photo and email to [church@stnickspgh.org](mailto:church@stnickspgh.org).

#### **PLEASE INCLUDE:**

Wedding Pics: Please include Maiden name of Bride and Date of Wedding.

Baptism Pics: Please include Baby’s Name, Parents, Godparents, Date/Year of Baptism.

Other Celebratory Pics: Please include Names of those pictured, Occasion, and Date.

Continue to use the website for filling out your **Stewardship** card, as well as, making a **Donation** toward your yearly Stewardship Commitment.

If anyone has any suggestions for the website, please let us know.

**Check out the entire website at:** <https://www.stnickspgh.org/>

Sincere thanks from the Website Committee

HELP **PHILOPTOCHOS** HELP THOSE IN NEED BY  
ORDERING OUR NEW LENTEN FUNDRAISER

# *Sunday Soupa!*

Choose from our delicious homemade  
Lentil Soup (Fakes) or Bean Soup (Fasolada).  
Can't decide.....order *both*!

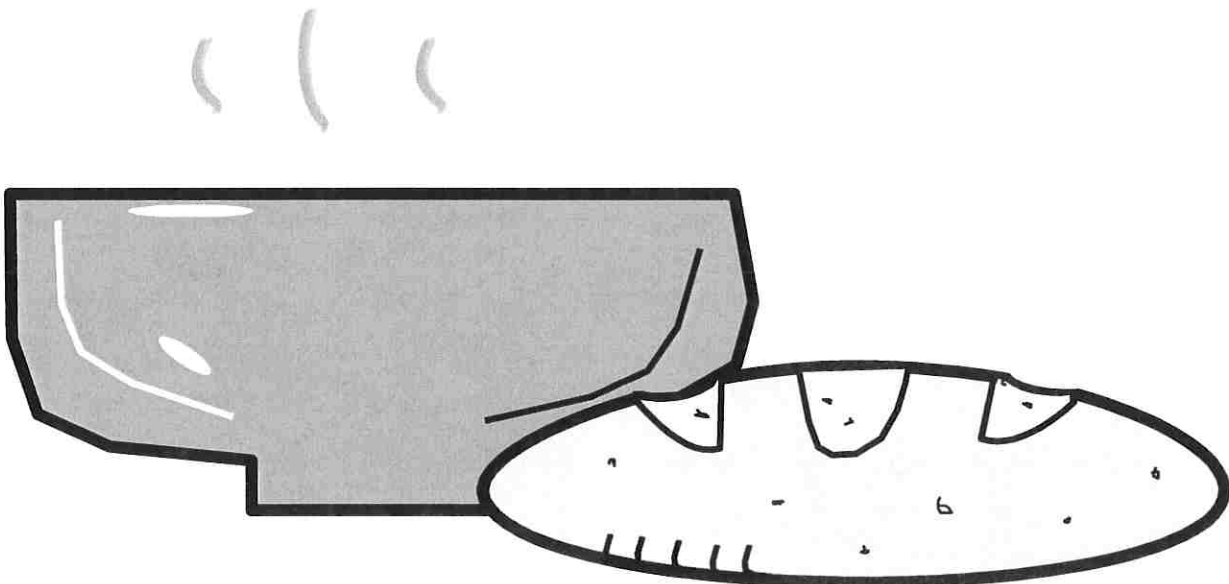
Soups are completely Lenten  
and available **ONLY** on **Sunday, April 11 & 25**

Each quart-size soup comes with a fresh homemade  
loaf of bread by Chef Joe Bardakos

**\$10** *qt.*

**PREORDERS ONLY**

**Orders must be placed by Thursday prior to pick-up date**  
by phone, text or email to Nikki Lykos 412.897.8208 / [nvlykos@gmail.com](mailto:nvlykos@gmail.com)  
*Cash or check made out to St. Nicholas Philoptochos*





METROPOLIS OF PITTSBURGH AND  
THE GOA CENTER FOR FAMILY CARE

## Jesus – the Resurrection and the Life of the Family

A FAMILY LENTEN RETREAT



Saturday, April 17th, 10-11:30 am

Zoom registration link:  
[tinyurl.com/GOMoP-FamilyRetreat](https://tinyurl.com/GOMoP-FamilyRetreat)



## Jesus – the Resurrection and the Life of the Family

A FAMILY LENTEN RETREAT

### Retreat Schedule

- 10:00 am - Welcome
  - Opening Prayer
  - Comments
- 10:15 am - Keynote Address-  
Fr. Alex Goussetis
- 10:30 am - Guided Discussion
- 10:45 am - Breakout Groups
- 11:15 am - Wrap-up Discussion
- 11:30 am - Closing Comments

More info? Fr. Joseph DiStefano  
Email: [frjdistefano@yahoo.com](mailto:frjdistefano@yahoo.com)  
Phone: 724.304.1230



## ST. NICHOLAS GREEK ORTHODOX CATHEDRAL HOLY WEEK SCHEDULE 2021

**Lazarus Saturday, April 24** – Σάββατο του Λαζάρου, 24 Απριλίου

**Orthros, 8:45 a.m., Divine Liturgy, 10:00 a.m.**

Όρθρος, 8:45 π.μ., Θεία Λειτουργία, 10:00 π.μ.

**PALM SUNDAY, April 25** – ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΙΩΝ, 25 Απριλίου:

**Orthros, 8:30 a.m., Divine Liturgy, 10:00 a.m.**

Όρθρος, 8:30 π.μ., Θεία Λειτουργία, 10:00 π.μ.

**1<sup>st</sup> Bridegroom Service, 7:00 p.m.** – 1<sup>η</sup> Ακολουθία του Νυμφίου, 7:00 μ.μ.

**Holy Monday, April 26** – Μεγάλη Δευτέρα, 26 Απριλίου:

**2<sup>nd</sup> Bridegroom Service, 7:00 p.m.** – 2<sup>η</sup> Ακολουθία του Νυμφίου, 7:00 μ.μ.

**Holy Tuesday, April 27** – Μεγάλη Τρίτη, 27 Απριλίου:

**3<sup>rd</sup> Bridegroom Service, 7:00 p.m.** – 3<sup>η</sup> Ακολουθία του Νυμφίου (Τροπάριον της Κασσιανής), 7:00 μ.μ.

**Holy Wednesday, April 28** – Μεγάλη Τετάρτη, 28 Απριλίου:

**Holy Unction and Anointing, 5:00 p.m.** – Το Ευχέλαιον, 5:00 μ.μ.

**Holy Thursday, April 29** – Μεγάλη Πέμπτη, 29 Απριλίου:

**Vesperal Divine Liturgy of St. Basil, 9:30 a.m.**

Εσπερινή Θεία Λειτουργία του Μεγάλου Βασιλείου, 9:30 π.μ.

**Service of the Holy Passion of our Lord, 6:30 p.m.**

**GREAT AND HOLY FRIDAY, APRIL 30** – ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ, 30 Απριλίου:

**Royal Hours, 9:00 a.m.** – Ακολουθία των Βασιλικών Ωρών, 9:00 π.μ.

**Great Vespers (Descent from the Cross), 2:30 p.m.** – Εσπερινός της Αποκαθήλωσης, 2:30 μ.μ.

**The Lamentations Service, 7:00 p.m.** – Ο Επιτάφιος Θρήνος, 7:00 μ.μ.

**GREAT AND HOLY SATURDAY, MAY 1** – ΜΕΓΑ ΣΑΒΒΑΤΟΝ, 1 Μαΐου

**Vesperal Divine Liturgy of St. Basil the Great, 9:30 a.m.**

Εσπερινός και Θεία Λειτουργία του Μεγάλου Βασιλείου, 9:30 π.μ.

**Vigil Service, 10:45 p.m.** – Παννύχτις, 10:45 μ.μ.

**RESURRECTION SERVICE AND DIVINE LITURGY, 11:45 p.m.**

ΑΚΟΛΟΥΘΙΑ ΤΗΣ ΑΝΑΣΤΑΣΕΩΣ ΚΑΙ ΘΕΙΑ ΛΕΙΤΟΥΡΓΙΑ, 11:45 μ.μ.

**GREAT AND HOLY PASCHA, SUNDAY, MAY 2** – ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ, 2 ΜΑΙΟΥ

**Vespers of Agape, 1:00 p.m.** – Εσπερινός της Αγάπης, 1:00 μ.μ. (Volunteers are kindly invited to read the Gospel in various languages – please see Fr. Christopher)

**CHRIST IS RISEN! ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ! ΧΡΙΣΤΟΣ ΒΟΚΡΕС! HRISTOS A ÎNVIAT!**

# APRIL 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 <b>Sunday of the Holy Cross</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	5 <b>Philoptochos Board Meeting</b> 7:00 p.m. (via Zoom)	6	7 <b>Presanctified Liturgy*</b> 6:00 p.m.	8	9 <b>Salutations to the Theotokos</b> 7:00 p.m.	10 <b>Greek2Go</b> 12:00 p.m.- 6:00 p.m.
11 <b>Sunday of St. John Climacus</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.  <b>Sunday Soupa</b> 11:30 a.m.	12	13	14 <b>Presanctified Liturgy *</b> 6:00 p.m.	15	16 <b>The Akathist Hymn</b> 7:00 p.m.	17
18 <b>Sunday of St. Mary of Egypt</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	19 <b>Parish Council Meeting</b> 7:00 p.m.	20	21 <b>Presanctified Liturgy*</b> 6:00 p.m.	22	23	24 <b>Lazarus Saturday</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.
25 <b>Palm Sunday</b> Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.  <b>Sunday Soupa</b> 11:30 a.m.  <b>Bridegroom Service</b> 7:00 p.m.	26 <b>Holy Monday</b>  <b>Bridegroom Service</b> 7:00 p.m.	27 <b>Holy Tuesday</b>  <b>Bridegroom Service</b> 7:00 p.m.	28 <b>Holy Wednesday</b>  <b>Holy Unction &amp; Anointing</b> 5:00 p.m.	29 <b>Holy Thursday</b>  <b>Vesperal Divine Liturgy</b> 9:30 a.m. <b>Mystical (Last) Supper</b>  <b>12 Gospels (Crucifixion) Service</b> 6:30 p.m.	30 <b>Great and Holy Friday</b>  <b>Royal Hours</b> 9:00 a.m.  <b>Apokathelosis Vespers</b> 2:30 p.m.  <b>Lamentations</b> 7:00 p.m.	<b>MAY 1</b> <b>Great and Holy Saturday</b>  <b>Vesperal Divine Liturgy</b> 9:30 a.m.  <b>Vigil Service</b> 10:45 p.m.  <b>Resurrection Service &amp; Paschal Liturgy</b> 11:45 p.m.
<b>MAY 2</b>  <b>GREAT &amp; HOLY PASCHA</b>  <b>Vespers of Agape</b> 1:00 p.m.	<div> <p>*PLEASE NOTE: Due to the crowded evening schedule of Lenten services, <i>Orthodoxy Now!</i> will go on hiatus as a separate program once Lent starts on March 15. However, Fr. Christopher will instead offer a lesson at the conclusion of each Presanctified Liturgy (between 7:15 and 7:30 pm), which viewers can watch from home with our new A-V system.</p> </div>					