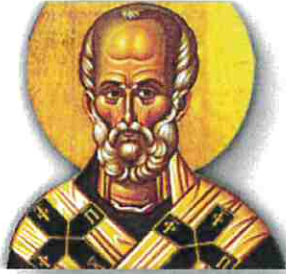


March 7, 2021 – MEATFARE (JUDGMENT) SUNDAY

On which we commemorate the second and impartial Coming of our Lord and Savior Jesus Christ. Also: the holy Hieromartyrs Ephraim, Vasilefs, Evgenios, Agathodoros, Elpidios, Capito and Aetherios, who were bishops of Cherson; Nestor and Arcadios, Bishops of Trimythous; our devout father Paul the Simple; Ephraim, Patriarch of Antioch; and Laurence, founder of Phaneromeni Monastery on the island of Salamina.

Plagal Second Mode (Tone 6)

Orthros Gospel 6



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Konstantinos Fekos

CHANTERS: Steve Andrews, & Michael Rodites

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

ALTAR BOY CAPTAINS: TBA

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

Our Sunday worship schedule: September 1 – June 13: Orthros 8:45 a.m. & Divine Liturgy 10 a.m..

WELCOME, VISITORS! You are honored guests here at St. Nicholas Cathedral and welcome at all our services. We invite you to receive the Holy Eucharist (Communion) if you are an Orthodox Christian who has prepared yourself through fasting, prayer, and confession. If you are not Orthodox, or are Orthodox but have not prepared, we respectfully invite you instead to come forward at the end of the service for a blessing by the priest and a piece of blessed bread (antidoron).

Our Mission & Vision Statements

The **MISSION** of St. Nicholas Greek Orthodox Cathedral is to Proclaim the Gospel of Jesus Christ in a Spirit of Unity and Love for All through Worship, Service, Education, Fellowship and Outreach.

Our **VISION** is to be a Welcoming and Growing Parish, Striving to Live the New Life in Christ according to the Teachings and Traditions of the Greek Orthodox Faith.

TODAY – General Assembly 12:00 noon & Makaronada Pick-up 4:00 – 6:00pm

THIS WEEK AT ST. NICHOLAS:

- **Tuesday, Mar 9:** Philoptochos General Meeting (Zoom) 7pm; BOYS GOYA Basketball 7-9pm
- **Wednesday, Mar 10:** Orthodoxy Now 7:30pm (Zoom)
- **Saturday, Mar 13:** Saturday of the Souls Orthros 8:30am, Divine Liturgy 10am
- **Sunday, Mar 14:** Memorial Service for Anna Koumbaridou 40 days

HOUSE BLESSINGS will continue until Great Lent begins. If you would like to have your house blessed, please call the Church Office (412-682-3866) and leave a message for Fr. Christopher (extension 2) with your name, address, and phone number. Father will let you know when he plans to come.

March 7, 2021 – MEATFARE (JUDGMENT) SUNDAY

On which we commemorate the second and impartial Coming of our Lord and Savior Jesus Christ. Also: the holy Hieromartyrs Ephraim, Vasilefs, Evgenios, Agathodoros, Elpidios, Capito and Aetherios, who were bishops of Cherson; Nestor and Arcadios, Bishops of Trimythous; our devout father Paul the Simple; Ephraim, Patriarch of Antioch; and Laurence, founder of Phaneromeni Monastery on the island of Salamina.

Plagal Second Mode (Tone 6)

Orthros Gospel 6

SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

As the priest exits the Altar the Resurrection Apolytikion in Plagal Second mode is chanted: When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the Virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You. [SD]

Then, the usual Eisodikon (Entrance Hymn) for Sundays is chanted: Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι Ἀλληλοῦϊα. “Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead. We sing to you, Alleluia.”

The Resurrection Apolytikion is repeated; then, the Hymn for St. Nicholas of Myra the Wonderworker is heard: Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν. The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

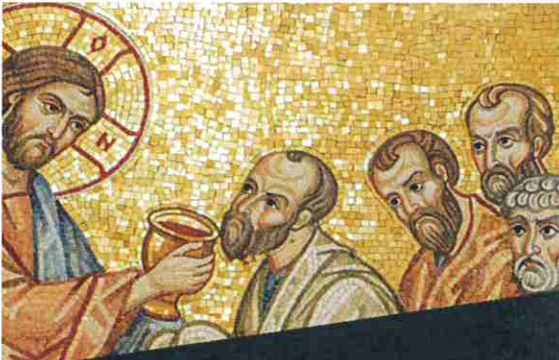
Finally, we hear today's Kontakion from the Triodion, which comments on the Gospel reading: Ὅταν ἔλθῃς ὁ Θεός, ἐπὶ γῆς μετὰ δόξης, καὶ τρέμωσι τὰ σύμπαντα, ποταμὸς δὲ τοῦ πυρὸς πρὸ τοῦ Βήματος ἔλκη, καὶ βίβλοι ἀνοίγωνται, καὶ τὰ κρυπτὰ δημοσιεύωνται, τότε ῥῦσαί με, ἐκ τοῦ πυρὸς τοῦ ἀσβέστου, καὶ ἀξιώσον, ἐκ δεξιῶν σου μὲ στήναι, Κριτὰ δικαιοσύνη. O God, when You come upon the earth in glory, the whole world will tremble. A river of fire will bring all before Your Judgment Seat and the books will be opened, and everything in secret will become public. At that time, deliver me from the fire which never dies, and enable me to stand by Your right hand, O Judge most just.

Scripture readings:

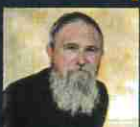
Epistle: I Corinthians 8: 8-13; 9: 1-2. Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if anyone sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord. [RSV]

Gospel: Matthew 25: 31-46. The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry, and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life." [RSV]

PLEASE NOTE: Today is the last day before Pascha (Easter) to eat meat and meat products. All other foods, however (including milk, dairy products, fish, and eggs) are permitted all this week. Great Lent begins on Monday, March 15.



**The Mystery of the Sabbath-
Keeping it Holy**





FR. STEPHEN FREEMAN

Tues, 23 March 7:00-8:30 pm • via Zoom
Advanced registration: tinyurl.com/KeepingItHoly

From the Series:
"Cultivating the Fundamentals
of Christian Life"

Presented by
Greek Orthodox Metropolis of Pittsburgh
Religious Education Commission



2021 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

Goal
\$185,000



If you have already submitted your 2021 Stewardship Commitment, **THANK YOU!** If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable **OUR Community** to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!

“And now these three remain: **Faith, Hope and Love.** But the greatest of these is **LOVE.**” Corinthians 13:13

<u>2021</u>	<u>STEWARDSHIP</u>
Total Stewards	191 (GOAL 300)
Total Pledged	\$101,897.00 (GOAL \$185,000.00)
Avg. Pledge	\$533.49

PHILOPTOCHOS UPDATES

Updated Parish Directory – Please make sure to pick up your updated parish directory from the church office! We also appreciate if those who are able to come to church can take and deliver copies for friends/family who you may visit. If you are a newer member of the parish and have never received the binder that the printed directory goes into, we have extras and would be happy to provide one.

Food Bank – The Food Bank continues to need your support! You can donate by making a check payable to the “St. Nicholas Philoptochos Food Bank” or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

Neighborhood Resilience Project Food Drive – We are collecting non-perishable items for Neighborhood Resilience Project (formerly known as FOCUS Pittsburgh). Please place non-perishable food donations in the bin outside the church office, and we will deliver them to Neighborhood Resilience Project. They appreciate your support.

HELP **PHILOPTOCHOS** HELP THOSE IN NEED BY
ORDERING OUR NEW LENTEN FUNDRAISER

Sunday Soupa!

Choose from our delicious homemade
Lentil Soup (Fakes) or Bean Soup (Fasolada).

Can't decide.....*order both!*

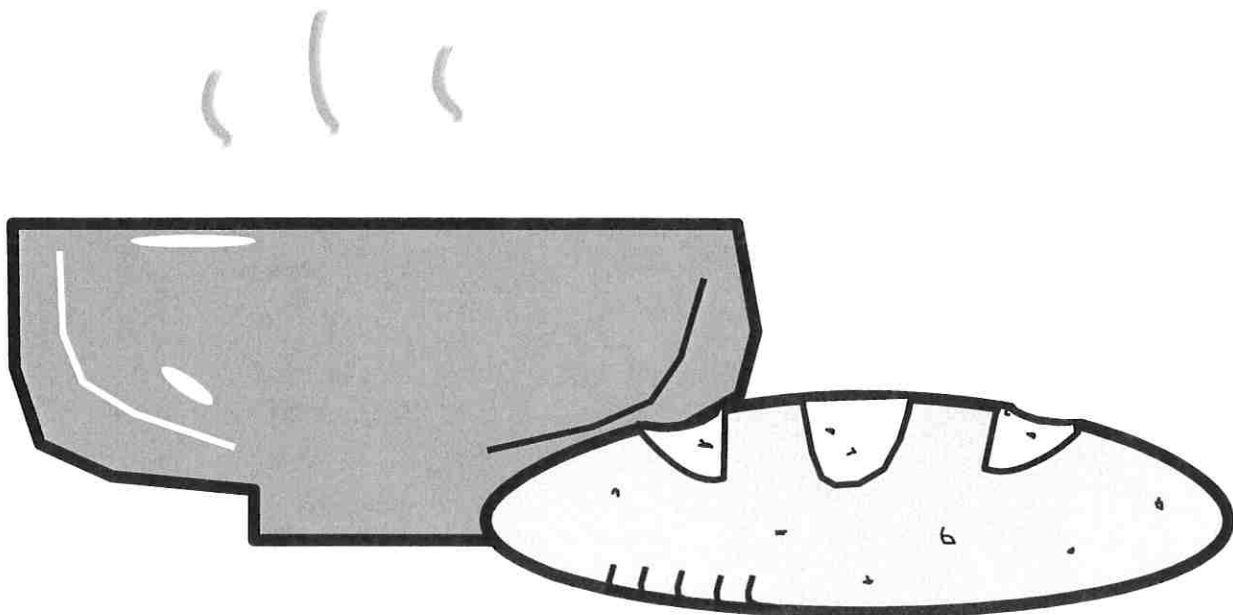
Soups are completely Lenten
and available **ONLY** on **Sunday, March 28, April 11 & 25**

Each quart-size soup comes with a fresh homemade loaf
of bread by Chef Joe Bardakos

\$10 *qt.*

PREORDERS ONLY

Orders must be placed by Thursday prior to pick-up date
by phone, text or email to Nikki Lykos 412.897.8208 / nvlykos@gmail.com
Cash or check made out to St. Nicholas Philoptochos



FROM THE CHURCH SCHOOL DESK:

(The rooms are cleaned, and the teachers & children will social distance and wear masks!)

Sunday, March 21, 2021, the Church School students will participate in the **Sunday of Orthodoxy Icon Procession** with their favorite icon!

Church School students in grades 7th-12th, have the opportunity to learn more about their faith and participate in the **St. John Chrysostom Oratorical Festival**.

This year it will be virtual on all levels (Parish, Metropolis and National).

For more information, please contact Chair Eve Elsen
at 412-580-9415 or eve.m.elsen@gmail.com.

AND THANKS FOR SHARING YOUR CHILDREN WITH US!

Yours in Christ,
Miss Michelle

GOYA NEWS

PASTICHIO! An annual crowd pleaser, Greek comfort food, easy to prepare and serve, made with love and delicious! The St. Nicholas GOYA is selling frozen pans of pastichio. The pans are 9"by 12" in size. Each pan is \$30. Check or cash is accepted. **For further information text Alea Melacrinis Mavrogeorgis @ 412 726 5940.**

Please state who you are in the text. Pans are ready to sell for Thanksgiving and the holidays after church on Sundays or call the church office to purchase Monday-Friday.

Thank you for supporting our fundraiser!

St. Nicholas Cathedral NEW Website – Our Archives are Growing!

The "Wedding" Category in the "Photo Gallery" has become a heartwarming tribute to a rich history of St. Nicholas weddings. There are some stunning photos of parishioner couples from over 50 years ago. Wow!

Still there are *many* photos 'missing'. Take a moment to find yours (or your parent's, Yiayia's, Thea's) and send to us. We need the photo, the bride's maiden name and the date of the wedding. The pictures are in chronological order in the Wedding Gallery at <https://www.stnickspgh.org/photo-gallery/>.

We are beginning to collect pics of parishioner Baptisms. Our small collection already includes pictures with Father Scoulos, Father Gallas, Father Serviou, Father Gardikes, and Father Bender. Again: wow! As we collect Baptism pictures, please include the following information: Baby's name, Parents, Godparents, (Approx) date/year of Baptism. Bear with us while we identify the best way to share this rich history.

Send your pics to Stacie de la Parra at events@stnickspgh.org or sent via text to 412-901-3181. For anyone who would be using an actual photo to start, kindly scan and send, or just take a 'really good picture' of the photo and text it to me. (Or ask one of your children or grandchildren to help!)

Your thoughts and feedback on the website are always welcome! Sincere thanks from the Website Committee.



Church School Students:
Please bring an icon
Sunday, March 21, 2021
for the
Sunday of Orthodoxy
Icon Procession



Celebrating the Bicentennial of the Greek Revolution in Western Pennsylvania:

A synaxis of friends; to remember where we started from, to realize where we stand, and to decide where we want to go.

Dear Friends: The working group consisting of members of the **American Hellenic Foundation of Western PA, the Greek, French, English, Russian Nationality Room Committees, and the European Art Center of Greece**, are very happy to announce the events that are now formally scheduled in the month of March 2021 to celebrate this once in a lifetime event in our area.

All the events are “virtual” (Website, Youtube, or ZOOM) and open to the public.

Please visit the Celebrations website <https://pahellenicfoundation.org/2021> for a complete schedule of events. We will be updating the website with links to the specific events, which are summarized below. Commemorative Program Books will be available for download at these sites, on those days. **Among our very distinguished invited guests**, who will be participating at scheduled events, are **Her Excellency Mrs. Gianna Angelopoulos-Daskalaki**, President of the “Greece 2021” Committee, **His Eminence Archbishop Elpidophoros** of the Greek Orthodox Archdiocese of America, **His Excellency Mr. Phillipe Etienne**, Ambassador of the Republic of France to the USA, **Her Excellency Dame Karen Pierce DCMG**, Her Majesty’s Ambassador to the USA, **His Excellency Mr. Anatoly Antonov**, Ambassador of the Russian Federation to the USA, **Her Excellency Mrs. Alexandra Papadopoulou**, Ambassador of Greece to the USA, **Mr. Richard Fitzgerald**, Chief Executive of Allegheny County, **Mr. William Peduto**, Mayor of the City of Pittsburgh, **Mr. Isidoros Madis**, Mayor of the Municipality of Peania (Attica, Greece), and **Dr. Ariel C. Armony**, Vice-Provost for Global Affairs, Director of the University Center for International Studies, University of Pittsburgh.

Scheduled Events:

1. *Greetings, Welcome, and Proclamations by Mr. Richard Fitzgerald, Chief Executive of Allegheny County & Mr. William Peduto, Mayor of the City of Pittsburgh designating the month of March 2021 as Allegheny County and the City of Pittsburgh “Celebration of, and Tribute to Greek-Americans in Western PA and Commemoration of the Bicentennial of the Greek Revolution of 1821”*

Monday, March 1st, 2021, 8 PM

2. *Το Ελληνικό Έθνος και η Επανάσταση Μέσα από το Κλέφτικο Τραγούδι (Μέρος Α')* [Στην Ελληνική γλώσσα (In Greek)]
The Greek Nation and the Revolution inside the Klephtiko Song (Part 1)

[Program in Greek]

Friday March 5th, 2021, 8:30 PM

3. *Το Ελληνικό Έθνος και η Επανάσταση Μέσα από το Κλέφτικο Τραγούδι (Μέρος Β')* [Στην Ελληνική γλώσσα (In Greek)]
The Greek Nation and the Revolution inside the Klephtiko Song (Part 2)

[Program in Greek]

Saturday March 6th, 2021, 8:30 PM

4. *Το Ελληνικό Έθνος και η Επανάσταση Μέσα από το Κλέφτικο Τραγούδι (Μέρος Γ')* [Στην Ελληνική γλώσσα (In Greek)]
The Greek Nation and the Revolution inside the Klephtiko Song (Part 3)

[Program in Greek]

Sunday March 7th, 2021, 8:30 PM

5. *Greece in America – America in Greece: First-in-History, Public Unveiling of Correspondence between the Greek Revolutionaries and the American Founding Fathers on the Matter of the Greek Revolution*

Saturday March 13th, 7:30 PM

6. *From the Partimenti to the National Anthem: First-in-History, Public Performance by a String Ensemble of selections of the unknown chamber music compositions of Nikolaos Mantzaros, Greece’s first modern National Composer*

Sunday March 14th, 7:30 PM

7. *First Principles: What America’s Founders Learned from the Greeks and How That Shaped Our Country-A Conversation with the Scholar and Best-Seller Author, Thomas E. Ricks;*

Co-sponsored by the Department of Philosophy of the University of Pittsburgh, GAPPA, and the Icarian Brotherhood

Saturday March 20th, 6:00 PM

8. *Giannis Davaris – A Revolutionary Hero at the Acropolis A Narrative and Virtual Exhibit of a Lesser-Known Hero of the Greek Revolution*

A Joint Presentation with the European Art Center (Peania, Attica, Greece)

Sunday March 21st, 7:30 PM

9. *In the Beginning was the Logos and the Logos became Flesh: A Byzantine Concert-Presentation Celebrating the Unparalleled Christologic Canon of the “Annunciation Dialogue”*

Featuring members of the Byzantine Choir of the Greek Orthodox Metropolis of Pittsburgh,

Co-sponsored by the American Society of Byzantine Music and Hymnology

Thursday, March 25th, 8:00 PM

10. *Bridges of White and Blue: A Commemoration and Celebration of the Descendants in Western PA of the Lesser-Known Revolutionary Heroes*

A Joint Project with the European Art Center [Greece] under the Auspice of the “Greece 2021” Committee,

Co-sponsored by the Icarian Brotherhood

Saturday March 27th, 7:30 PM

11. *Prometheus Resurrected: The London Protocols- Celebrating the friendship of France, Great Britain, Russia, and Greece in the Rise of the Modern Greek Nation through the London Protocols of 1827-1830*

A Joint Program of the French, English, Russian and Greek Rooms of the Nationality Rooms Program at the University of Pittsburgh and the European Art Center [Greece], Formal Bicentennial Proclamations by Mayor William Peduto and County Executive Richard Fitzgerald

Sunday March 28th, 6:00 PM

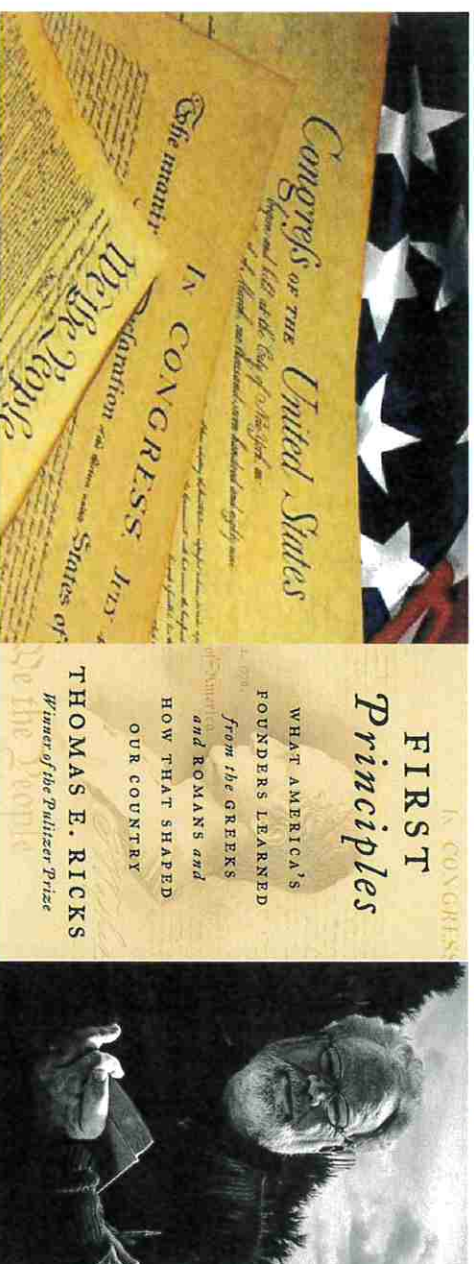
For updated information, please contact us at
contact@pahellenicfoundation.org

- Through our common memories, lives and dreams,
all of us have – inside of us - some part of Greece



Celebrating the Bicentennial
of the Greek Revolution in Western Pennsylvania:

A symposium of friends, to remember where we started from, to realize where we stand, and to decide where we want to go.



First Principles: What America's Founders Learned from the Greeks & ROMANS and How That Shaped Our Country

A Conversation with the Scholar and Best-Seller Author

Thomas E. Ricks

Saturday March 20th, 6:00 PM

Open access to the Event "Virtual" live interaction forum upon registration At
contact@pahellenicfoundation.org

Co-sponsored by
the Department of Philosophy of the University of Pittsburgh
The Icarian Brotherhood
The Greek American Progressive Association (Supreme Lodge)

March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 JUDGMENT (MEATFARE) SUNDAY Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. PARISH ASSEMBLY 12:00 noon Vlahokerasiotiki Makaronada Dinner Pick-up 4:00 p.m. -6:00 p.m.	8	9 Philoptochos General Meeting (via Zoom) 7:00 p.m. GOYA BOYS Basketball 7:00 p.m.	10 ORTHODOXY NOW! 7:30 p.m.	11	12	13 Saturday of the Souls Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.
14 FORGIVENESS (CHEESEFARE) SUNDAY Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. and Forgiveness Vespers	15 GREAT LENT BEGINS Great Compline 6:00 p.m.	16 GOYA BOYS Basketball 7:00 p.m.	17 Liturgy of the Presanctified Gifts* 6:00 p.m.	18	19 First Salutations to the Theotokos 7:00 p.m.	20 Saturday of the Souls & St. Theodore Orthros 9:00 a.m. Divine Liturgy 10:00 a.m.
21 SUNDAY OF ORTHODOXY Orthros 8:45 a.m. Divine Liturgy 10:00 a.m. and Icon Procession	22 Parish Council Meeting 7:00 p.m.	23 GOYA BOYS Basketball 7:00 p.m.	24 Liturgy of the Presanctified Gifts 6:00 p.m.	25 THE ANNUNCIATION Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	26 Second Salutations to the Theotokos 7:00 p.m.	27
28 SUNDAY OF ST. GREGORY PALAMAS Orthros 8:45 a.m. Divine Liturgy 10:00 a.m.	29	30 GOYA BOYS Basketball 7:00 p.m.	31 Liturgy of the Presanctified Gifts* 6:00 p.m.			

***PLEASE NOTE:** Due to the crowded evening schedule of Lenten services, *Orthodoxy Now!* will go on hiatus as a separate program once Lent starts on March 15. However, Fr. Christopher will instead offer a lesson at the conclusion of each Presanctified Liturgy (between 7:15 and 7:30 pm), which viewers can watch from home with our new A-V system.