



Saint Nicholas Greek Orthodox Cathedral Pittsburgh, PA

419 S Dithridge Street, Pittsburgh PA 15213 412-682-3866



JUNE 2020 NEWSLETTER



JUNE 7, 2020

The Feast of Holy Pentecost is celebrated each year on the fiftieth day after the Great and Holy Feast of Pascha (Easter) and ten days after the Feast of the Ascension of Christ. The Feast is always celebrated on a Sunday.

The Feast commemorates the descent of the Holy Spirit upon the Apostles on the day of Pentecost, a feast of the Jewish tradition. It also celebrates the establishment of the Church through the preaching of the Apostles and the baptism of the thousands who on that day believed in the Gospel message of salvation through Jesus Christ. The Feast is also seen as the culmination of the revelation of the Holy Trinity.

ST. NICHOLAS GREEK ORTHODOX CATHEDRAL
419 S. Dithridge Street Pittsburgh, PA 15213
Reverend Father Christopher Bender, Dean
Reverend Deacon Robert Lykos

Watch Sunday services streaming live from St Nicholas Cathedral at www.stnickspgh.org/
and click on "Live Streaming Click Here".

On-Line Giving donations are up and running on our web page www.stnickspgh.org by
clicking please donate button - or you may access the donation page by using [https://
abundant.co/stnickspgh/give](https://abundant.co/stnickspgh/give)

Father Christopher 724-630-3483	frchbender@verizon.net
Barbara Manners Office Manager	church@stnickspgh.org
Stacie de la Parra , Event Coordinator	events@stnickspgh.org
Vincent Nelson , Maintenance	412-537-4073

Church Phone 412-682-3866
Church Fax 412-683-4960
Church email: church@stnickspgh.org

2020 Parish Council

Vasili Copetas, *President*
John Frentzos, *Vice President*
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James Machin, *Assistant Treasurer*
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Sophia Panagis, *Assistant Secretary*
Simon Barber, George Bellios, Victor Bertolina, Arthur Dordas,
Peter Krelis, Peter Nychis, Van Paras
Maria Sfanos, Jim Stamatelos

Service Schedule

Fall and Winter Hours (September-June):

Orthros 8:30 a.m.

Divine Liturgy 10 a.m.

Summer Hours (July & August):

Orthros 8:00 a.m.

Divine Liturgy 9:30 a.m.

Hall Rentals

If you are interested in renting either our small or large hall,
please contact our events coordinator Stacie de la Parra, at
412-901-3181 for more information and availability.

Metropolis 412-621-5529 www.pittsburgh.goarch.org
Archdiocese 212-570-3500 www.goarch.org

CHECK US OUT ON THE WEB

www.stnickspgh.org

www.stnickscathedralroom.com

And look for us on our Facebook page:

<https://www.facebook.com/Saint-Nicholas-Greek-Orthodox-Cathedral-Pittsburgh-PA>

FATHER'S MESSAGE

June 1, 2020

Beloved Brothers and Sisters in Christ,

This month, I would like to offer a few thoughts about our current situation on various levels in light of the COVID-19 pandemic, beginning with our own parish community. First of all, I am grateful to all for your patience and understanding in this difficult time. Our beloved bishop, His Eminence Metropolitan Savas, realized from the beginning (as did I) that closing our churches to all but a tiny few for such a long period of time was a painful and unprecedented step to take. Such decisions are not taken lightly, and reflect much prayer and consultation, as well as conformity with state emergency regulations. The sole purpose of such a policy is to keep us safe – that is, to save lives. It is inspired by the life-affirming ministry of our Lord and Savior Jesus Christ, who said, “I came that they may have life, and have it abundantly” (John 10:10). Please note that some of the worst mass outbreaks of the virus both here in our country and around the world have occurred in houses of worship. Among these, tragically, are numerous churches and monasteries in Orthodox Russia, which, in defiance of their government and highest church authorities, chose to remain open to all during Holy Week and Pascha. The end result was mass infection and many deaths – including among the clergy and monastics.

For now, we are experiencing a gradual reopening – no more than twenty-five to a room. I look forward to welcoming back everyone – including our elders (parishioners who are 65 or older), once we are given the go-ahead by our hierarch and our governor. Let’s hope it is sooner, rather than later!

Similarly, I hope that our population will be able to return safely to work in the near future. Our economy is so complicated, made up of systems within systems and supply chains that stretch to every corner of the earth. When so many countries around the world shut down to protect their residents, the economy collapsed as well. But how can we responsibly resume “business as usual,” when, at so many places along the way, workers must expose themselves, potentially, to others who might have the virus? Food production and transport over long distances is a notable example of this. We are all dependent on thousands of others for our very survival – especially when it comes to food. A dilemma arises, however, when we realize that places such as meat-packing plants, for example, were not designed with the protection of the workers as a priority. Rather, they were designed for speed and efficiency. The workers on the line must stand close to one another, in order to carry out whatever they are responsible for. Understandably, this is a perfect situation for the spread of deadly pathogens such as the new coronavirus – and sure enough, that is exactly what has happened. Many have gotten ill, and an unacceptable percentage have died. Does this mean that those persons died so that the rest of us could eat our bacon cheeseburgers? Is there no better and safer way to accomplish the same tasks?

The pandemic has challenged us in other ways, as well. With so many businesses closed, the number of unemployed has skyrocketed. Many more families are facing food insecurity than ever before. Others are having a hard time paying their bills. Some have taken ill. Thank God that the U.S. government has intervened to help both individuals and businesses through this difficult time in a variety of ways. At the same time, many churches and charitable organizations have also stepped up to help fill the breach. Our own Archdiocese established a COVID-19 Relief Program to assist those with the greatest need, which can offer one-time grants of up to \$2500 per household (see <https://www.goarch.org>). The selfless outpouring of love and concern for total strangers exhibited by all these institutions is a model that all of us can follow. After all, there is always more need, and as St. Paul wrote to the Corinthians, “God loves a cheerful giver” (2 Corinthians 9:7).

If you are aware of anyone who is facing difficult situation financially, please let me know. In our own community, the Church has an Agape Fund for just such circumstances. The Philoptochos also stands ready to help. This aid is available to anyone who needs it – not just to our own parishioners. At the same time, I would humbly also ask those who are in a comfortable position financially, to give some consideration to making a donation to the St. Nicholas Agape Fund or to the Philoptochos, so that we will be better able to assist others when the need arises.

FATHER'S MESSAGE, Con't

I think it will take us many years as a society to fully understand and come to terms with what has and will happen to us because of this watershed event. At the very least, let us hope that we will emerge from this crisis as better Christians and human beings than we were before. As for our rulers, and for politicians around the world, I think that this excerpt Divine Liturgy of St. Basil the Great expresses the best way for us to pray for them on a daily basis:

Remember, Lord, this country and all those in public service whom you have allowed to govern on earth. Grant them profound and lasting peace. Speak to their hearts good things concerning your Church and all your people that through the faithful conduct of their duties we may live peaceful and serene lives in all piety and holiness. Sustain the good in their goodness; make the wicked good through Your goodness.

(Divine Liturgy of St. Basil the Great, Fr. N. Michael Vaporis, ed.)

May our loving Lord help us and grant us the resolve not to forget our humanity in our fear, but rather, to become beacons of hope in the darkness, trusting in the Lord for guidance in this time of uncertainty.

With love in Christ,

Rev. Father Christoph H. Bender

Father Christopher H. Bender

SACRAMENTAL LIFE

CONGRATULATIONS TO

Proud Parents Peter & Emily Yannopoulos – Their son Leo Peter Yannopoulos was born on Saturday, May 16th 2020. May God bless him and Keep him in his care.

IN MEMORIAL

Our deepest condolences to the family of **Mary Constance Papantonio** who fell asleep in the Lord on May 18, 2020 . Her funeral, which took place on Friday, May 22, was private.
May her memory be eternal.

Unavoidable Illness and Death, Our Saving Road

By Lea Pozovhaev

"O Lord, save Your people and bless Your inheritance." ¹

My three-year-old was impressed with the paradox that God died. We attended Liturgy for the Exaltation of the Precious and Life-giving Cross, and afterwards she continued to ask: "God died?" I would begin a too-theological response, to which she straightforwardly commented, "He loves us so much. He's here with us. He saves me."

In his homily during the service, our priest mentioned that there are two colors for priests' vestments in Divine Liturgy for the feast of the Life-giving Cross: red and green. On the one hand, the cross marks death, and blood is appropriate. On the other hand, the cross is a symbol of new life. Christ tramples death by death, and upon those in the tomb, He bestows life. There is no greater mystery than our salvation. Fr. Steven Kostoff writes: "How can suffering and death be the path to glorification and life with God?" ² He answers this question with the fact that the cross is always linked to the Resurrection of Christ, and so it is both an instrument of suffering and death and a symbol of our glory in Christ's holy resurrection. Fr. Kostoff borrows St. Paul's response: "'For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God.'" ³

The cross was not merely a political symbol, as it stood for life and triumph of the Giver of Life, the Lord, in the fourth century. The cross had been in the dark, literally, awaiting Emperor Constantine. When he brought the Cross to light, he allowed honor and witness of the Christians who had been persecuted beforehand. The Christian people sang: "O Lord, save Thy people and bless Thine inheritance. Grant victory to the Orthodox kings over the barbarians!" This, at the time, Byzantine

"national anthem" rightfully attributed to the Cross the spiritual and physical protection of those willing to have faith in God. Fr. Lawrence Farley ⁴ tells of the history of Christ's cross, how it was buried during the persecution of Christians, unearthed by Constantine, and how it has been again "forced into the cultural catacombs." Nonetheless, the power of the Cross comes from the Holy Spirit, Farley reminds us, and is upon those who suffer for their Master. The Cross is not simply a wooden relic, which can be lost to history. It is disciple's determination to serve the Lord even at the cost of suffering, blood, and death. When reproached for bearing the name 'Christian,' Christ's disciples rejoice and count themselves blessed, for the Spirit of glory and of God rests upon them. ⁵

In a correspondence with my spiritual father, he said that Orthodoxy teaches that in this world we will suffer. In today's culture, it is difficult to unbraid the ills that harm wholeness and holiness in our lives, but if we do not try, then we will continue to be harmed. It is better to realize the truth of our bodies and spirits and what helps us to be well. Yes, we will suffer and die, and a Christian bears the cross, but life is a gift that we fight to preserve, nurturing well-being of the body and spirit as we are able, and as we are called by God to do.

Concerning spiritual health, Isaac the Syrian says, “The sick one who is acquainted with his sickness is easily to be cured; and he who confesses his pain is near to health. Many are the pains of the hard heart; and when the sick one resists the physician, his torments will be augmented.”⁶

According to Matt. 12:31, blasphemy of the Holy Spirit is the only unpardonable sin. In the Orthodox Christian Symbol of Faith (creed), we state, “I believe in the Holy Spirit, the Lord, and Giver of Life, Who proceeds from the Father, Who with the Father and the Son together is worshipped and glorified, Who spoke by the Prophets.” The Holy Spirit is the Lord Who gives life. It is unpardonable when we “blaspheme,” which is to speak evil of God. When we intentionally harm our bodies or others’, we blaspheme the Giver of Life. I believe many of our sins in the “collective” body of our nation follow from ignorance, but it is time to become aware of life and death, preserving that which gives life and turning from that which does not. Life and death is for God to give, according to His will, and for Christians to preserve.

Each one is ill and in need of the Physician of Souls. To be made well, a person has to feel the pains of a broken life—to acknowledge the disappointments, hurts, and wrongs that haven’t been made right, whether because of one’s own actions or the actions of others, and forgive one’s self and all others. Healing is a process through repentance and confession, and God’s forgiveness of sins saves our souls. The words of the priest’s prayer before confession tenderize my broken heart:

O God our Savior who granted David the King pardon of his sin when he repented before the prophet Nathan; in your overwhelming love for all humans, accept the repentance of these your servants who seek forgiveness for the sins they have committed. Overlook all they have done wrong pardoning their offenses and absolving their iniquities, since you once said Lord: ‘I do not want a sinner to die, but rather that he turn from his sin and live:’ and ‘even to seventy times seven sins should be forgiven!’ For your majesty is beyond compare and your mercy is without limit and if you held our sins against us who would stand? But you are the God of those who repent and to you we ascribe glory, to the Father, and to the Son, and to the Holy Spirit now and ever and unto ages of ages. Amen.

When our lives are becoming prayer, even illness and death are opportunities to express the Holy Spirit and Giver of Life. St. Ignaty Brianchaninov⁷ says that the mind of mankind has been so darkened by the fall that we forget death. He says that the Jesus Prayer and remembrance of death merge as one activity, “From the prayer comes vivid remembrance of death, as if it were a foretaste of it: and from this foretaste of death, the prayer itself flares up more vigorously.” No matter how many organic apples I eat, or how many afternoon jumping jacks I do, suffering in this world is promised, and mortality is assured.

Just as the cross is an instrument of death and suffering as well as a symbol of resurrection and new life, each of our lives is a saving road to salvation. The sanctity of life is felt on quiet walks to the lake, prayerful drives to work, and heart-giving prayers in the night. When the new day dawns, Truth rises like the sun in the east and spreads its glorious light. God, the Giver of Life, is everywhere and fills all things. No matter what illness and suffering might accompany the day at hand.

When a person prays throughout life and seeks meaning and purpose in God's plan for her days, perhaps death becomes a fierce prayer of sorts, asking God for mercy and forgiveness and loving Him and all others with each breath. My spiritual Father told a story of an elderly priest who was widowed and lived in a small apartment. They met and shared coffee and cake after Liturgy, and when the elderly man was asked if he was lonely living alone, he simply said that he was not living alone at all. With him always was the Father, Son, and Holy Spirit.

The body may or may not be healed, but even in dying the soul can become more well. We pray each Liturgy for a peaceful death and a good defense before the dread judgment seat of Christ. Fr. Stanley Harakas says "euthanasia" in Greek means a good death where one's moral and spiritual purity provides a sense of hope and trust in God. In this way, "True humanity may be achieved even on a deathbed." A friend was diagnosed with stomach cancer years ago, and her tiny body withered to less than seventy pounds. She couldn't ingest more than a small pea at a time. Once, I brought her some blessed bread and sat at the edge of her bed. The whites of her eyes were yellow and her teeth appeared so vibrant and white. She sipped water and spoke softly. In her feeble beauty, she recounted that she didn't need to eat; she only wanted to live. She had dreamed that if she continued collecting coins, she could remain alive. She stared into my eyes without flinching, and I couldn't look away. She said that she wanted to plant flowers in the spring. With waning energy, she gathered some clothes for me to take, both of us knowing that there wouldn't be another spring for my friend. I held her hands and we wept to the Mother of God. Please help my friend let go, I prayed. "Look with loving-kindness, O all hymned Theotokos, upon my cruel bodily suffering, and heal the sickness of my soul" ⁸.

Those who perceive the Body of Christ are great encouragements to humanity, in life and in death. And somehow, mystically, we simple human creatures even inspire the Lord Himself as we note in the General Moleben hymn: "Precious in the sight of the Lord is the death of His saints."

1 Psalm 28:9

2 Kostoff, Fr. Steven, "Before Your Cross We Bow Down in Worship," St. Nicholas Church, Mentor, OH, parish bulletin, 13 Sept. 2015.

3 1 Corinthians 1:18

4 Farley, Fr. Lawrence, "Byzantium and the Glory of the Cross," St. Nicholas Church, Mentor, OH, parish bulletin, 20 Sept. 2015.

5 1 Peter 4: 14

6 "From Homily Two," Saint Isaac the Syrian, Quotes from Homilies, <http://andreaskoutsoudis3.com/orthodox-christian-quotes/saint-isaac-the-syrian-quotes-from-homilies/>, WordPress blog, 2015, web, 17 Oct. 2015.

7 189 Brianchaninov, St. Ignaty, "On the Remembrance of Death," www.orthodoxinfo.com/death/stignaty-death.aspx, Orthodox Christian Information Center, 2015, web, 01 Oct. 2015.

8 From the General Moleben, a service of intercession or supplication.

Archpastoral Reflection Offered at the Prayer Service for Those Suffering from COVID-19, May 19, 2020

Beloved, Christ is Risen!

I greet you from the Chapel of St. Photios the Great, Patriarch of Constantinople, Patron of the Holy the Metropolis of Pittsburgh, within the center of the Metropolis of Pittsburgh, to lead you in prayer for those who are enduring the burden of this illness, and also for those of us who are sharing in this burden - their immediate families, their loved ones, their friends, and the Church at large, because we bear one another's burdens and thus we fulfil the law of Christ.(cf. Gal 6:2)

We are in a transitional period - we are moving from the strictest period of lockdown to a more relaxed and expansive engagement with the world. And different regulations will apply to different places, depending on the discernment of the local bishop in consultation with local authorities and experts in healthcare. And I ask you to be patient during this period - I ask you to accept the guidance of those who have been entrusted with the ministry of oversight, and I remind you of what a great virtue patience is.

On the day of his return to the Father, the first thing we hear about in the book of Acts, the first directive we hear Christ give to His disciples is this: "He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father" (Acts 1:4)

Modern technology has been marvelous during this period of our separation because it has provided a means for us to interact with one another, in a way, face-to-face. But it is more than just a window to activity - it also can provide a means for us to go inside, if we use it properly. And I advise you, in the hours remaining to us this day, to open your internet search engine and type in the words "Wait on the Lord in Scripture" and see what resources it brings to you. It will take you to pages and pages of passages from throughout the Scriptures that will help you to understand the importance of patience, of waiting in hope for the Lord to act.

More often than not the answer to our prayer to God is "Wait, in *my* good time I will do this for you. Wait." But like little children - which we always are, regardless of how far along we imagine ourselves to be in the path of spiritual maturity we all remain on the level of children - we push back, "Why wait? Why not now? I want it now!" But the Lord knows, just as those who are parents know that it is often in the best interests of our children that they wait for some good thing, because if we give it to them too early they will abuse it, or it will be to their harm - so too, the Lord asks us to wait. So let's wait. Waiting on the Lord is a good thing.

Let me read to you a few verses from St. Paul's letter to the Romans (and with this I conclude) (Rom 8:18-25; 5:3-5). Pay attention, please, to what the Holy Apostle says about waiting in times of suffering with eager longing, patient endurance, and especially hope.

I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. For the creation waits with eager longing for the revealing of the sons of God; for the creation was subjected to futility, not of its own will but by the will of him who subjected it in hope; because the creation itself will be set free from its bondage to decay and obtain the glorious liberty of the children of God. We know that the whole creation has been groaning in travail together until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly as we wait for adoption as sons, the redemption of our bodies. For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? But if we hope for what we do not see, we wait for it with patience.

More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us.

Christ is Risen! Christos Anesti!

Metropolitan SAVAS of Pittsburgh

A video of the prayer service and the reflection are available on the Metropolis's YouTube channel and via our Facebook page. The above text is also available on the Metropolis website: <https://pittsburgh.goarch.org/>

HOLY COMMUNION PRAYERS

PRAYERS OF HOLY COMMUNION

I believe and confess, Lord, that You are truly the Christ, the Son of the living God, Who came into the world to save sinners, of whom I am the first. I also believe that this is truly Your pure Body and that this is truly Your precious Blood. Therefore, I pray to You, have mercy upon me, and forgive my transgressions, voluntary and involuntary, in word and deed, in knowledge or in ignorance. And make me worthy, without condemnation, to partake of Your pure Mysteries for the remission of sins and for eternal life. Amen.

Behold, I approach for Divine Communion. O Maker, burn me not as I partake, For You are fire consuming the unworthy. But cleanse me from every stain.

O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.

Tremble, O man, as you behold the divine Blood. It is a burning coal that sears the unworthy. The Body of God both deifies and nourishes me: It deifies the Spirit and wondrously nourishes the mind.

You have smitten me with yearning, O Christ, and by Your divine eros You have changed me. But burn up with spiritual fire my sins, and grant me to be filled with delight in You, so that, leaping for joy, I may magnify, O Good One, Your two comings.

How shall I, who am unworthy, enter into the splendor of Your saints? If I should dare to enter into the bridal chamber, my vesture will condemn me, since it is not a wedding garment; and being bound up, I shall be cast out by the angels. Cleanse, O Lord, the filth of my soul, and save me, as You are the one Who loves mankind. In Your love, Lord, cleanse my soul, and save me.

Master Who loves mankind, Lord Jesus Christ, my God, let not these Holy Gifts be to my judgment because I am unworthy, but rather for the purification and sanctification of both soul and body and the pledge of the life and Kingdom to come. It is good for me to cleave unto God and to place in Him the hope of my salvation.

O Son of God, receive me today as a partaker of Your mystical supper. For I will not speak of the mystery to Your enemies, nor will I give You a kiss, as did Judas. But like the thief, I confess to You: Remember me, Lord, in Your Kingdom.

ΑΙ ΠΡΟΣΕΥΧΑΙ ΤΗΣ ΘΕΙΑΣ ΚΟΙΝΩΝΙΑΣ

Πιστεύω, Κύριε, καὶ ὁμολογῶ ὅτι σὺ εἶ ἀληθῶς ὁ Χριστός, ὁ Υἱὸς τοῦ Θεοῦ τοῦ ζώντος, ὁ ἐλθὼν εἰς τὸν κόσμον ἁμαρτωλοὺς σῶσαι, ὃν πρῶτός εἰμι ἐγώ. Ἐτι πιστεύω ὅτι τοῦτο αὐτό ἐστὶ τὸ ἄχραντον σῶμά σου καὶ τοῦτο αὐτό ἐστὶ τὸ τίμιον αἷμά σου. Δέομαι οὖν σου· ἐλέησόν με καὶ συγχώρησόν μοι τὰ παραπτώματά μου, τὰ ἐκούσια καὶ τὰ ἀκούσια, τὰ ἐν λόγῳ, τὰ ἐν ἔργῳ, τὰ ἐν γνῶσει καὶ ἀγνοίᾳ· καὶ ἀξίωσόν με ἀκατακρίτως μετασχεῖν τῶν ἀχράντων σου μυστηρίων, εἰς ἄφεςιν ἁμαρτιῶν καὶ εἰς ζωὴν αἰώνιον. Ἀμήν.

Ἰδοὺ βαδίζω πρὸς θεῖαν κοινωνίαν. Πλαστοῦργέ, μὴ φλέξης με τῇ μετουσίᾳ. Πῦρ γὰρ ὑπάρχεις τοὺς ἀναξίους φλέγον. Ἄλλ' οὖν κάθαρὸν ἐκ πάσης με κηλίδος.

Τοῦ δείπνου σου τοῦ μυστικοῦ σήμερον, Υἱέ Θεοῦ, κοινωνόν με παράλαβε· οὐ μὴ γὰρ τοῖς ἐχθροῖς σου τὸ μυστήριον εἶπω· οὐ φίλημά σοι δώσω, καθάπερ ὁ Ἰούδας· ἀλλ' ὡς ὁ ληστής ὁμολογῶ σοι· Μνήσθητί μου, Κύριε, ἐν τῇ βασιλείᾳ σου.

Θεουργὸν αἷμα φρίξον, ἄνθρωπε, βλέπων· Ἀνθραξ γὰρ ἐστὶ τοὺς ἀναξίους φλέγων· Θεοῦ τὸ σῶμα καὶ θεοὶ με καὶ τρέφει· Θεοὶ τὸ πνεῦμα, τὸν δὲ νοῦν τρέφει ξένως.

Ἦθελξας πόθῳ με, Χριστέ, καὶ ἡλλοίωσας τῷ ἡθείῳ σου ἔρωτι· ἀλλὰ κατάφλεξον πυρὶ αὐλῶ τὰς ἁμαρτίας μου, καὶ ἐμπλησθῆναι τῆς ἐν σοὶ τρυφῆς καταξίωσον, ἵνα τὰς δύο σκιρτῶν μεγαλύνω, Ἀγαθέ, παρουσίας σου.

Ἐν ταῖς λαμπρότησι τῶν Ἁγίων σου πῶς εἰσελεύσομαι ὁ ἀνάξιος; Ἐὰν γὰρ τολμήσω συνεισελθεῖν εἰς τὸν νυμφῶνα, ὁ χιτῶν με ἐλέγχει ὅτι οὐκ ἔστι τοῦ γάμου, καὶ δέσμιος ἐκβαλοῦμαι ὑπὸ τῶν ἀγγέλων. Καθάρισον, Κύριε, τὸν ρύπον τῆς ψυχῆς μου καὶ σῶσόν με ὡς φιλόανθρωπος.

Δέσποτα φιλόανθρωπε, Κύριε Ἰησοῦ Χριστέ, ὁ Θεός μου, μὴ εἰς κρίμά μοι γένοιτο τὰ Ἁγία ταῦτα, διὰ τὸ ἀνάξιον εἶναι με, ἀλλ' εἰς κάθαρσιν καὶ ἁγιασμὸν ψυχῆς τε καὶ σώματος, καὶ εἰς ἀρραβῶνα τῆς μελλούσης ζωῆς καὶ βασιλείας. Ἐμοὶ δὲ τὸ προσκολληᾶσθαι τῷ Θεῷ ἀγαθόν ἐστὶ, τίθεσθαι ἐν τῷ Κυρίῳ τὴν ἐλπίδα τῆς σωτηρίας μου.

Τοῦ δείπνου σου τοῦ μυστικοῦ σήμερον, Υἱέ Θεοῦ, κοινωνόν με παράλαβε· οὐ μὴ γὰρ τοῖς ἐχθροῖς σου τὸ μυστήριον εἶπω· οὐ φίλημά σοι δώσω, καθάπερ ὁ Ἰούδας· ἀλλ' ὡς ὁ ληστής ὁμολογῶ σοι· Μνήσθητί μου, Κύριε, ἐν τῇ βασιλείᾳ σου.

AMERICAN LEGION HELLENIC POST 595

DECEASED MEMBERS

AS OF MAY 19 2020

KILLED IN ACTION

1	James	Annis	II
2	Nicholas E.	Aspromigos	K
3	Eleftherios S.	Bukes	II
4	James S.	Bukes	II
5	John N.	Coumountzis	II
6	James N.	Dristas	II
7	James N.	Elenis	II
8	Xenophon	Evgenides	II
9	Elias N.	Gianaris	II
10	Charles F.	Kiragis	II
11	George	Kiragis	II
12	George A.	Kontogiannis	I
13	Paraskevas P.	Mandros	II
14	James J.	Maniatis	II
15	Michael C.	Manos	II
16	Nicholas M.	Manos	II
17	Zacherias L.	Mavronicolas	I
18	Anthony G.	Morrison	K
19	George C.	Mugianis	I
20	Othon A.	Tremis	II
21	Dean P.	Trigonides	II

I = WWI
II = WWII
K = KOREA
P = PANAMA
V = VIETNAM

27	David E.	Calhoun	
28	Peter A.	Caloyer	
29	Anargyros E.	Camarinos	
30	Louis	Captain George	
31	Theodore	Captain George	
32	Peter H.	Cardiges	
33	John N.	Chirigos	II
34	Nicholas J.	Chirigos	
35	Gregorios	Christodoulou	
36	Peter M.	Chronis	
37	John N.	Clothakis	
38	William	Contis	
39	Alex C.	Copetas	K P
40	Charles L.	Copetas	
41	James	Cosmides	
42	Anthony	Coutsoumbis	II
43	George N.	Dakis	K
44	Gus	Dakis	
45	Paul	Davliakos	II
46	James P.	Demas	
47	John N.	Demas	
48	Nicholas P.	Demas	II
49	George J.	Dermaris	
50	John	Dermaris	
51	Sotirios N.	Diacoyanis	
52	George Lakos	Diakos	
53	Andrew A.	Dordas	
54	George D.	Dragonas	
55	Rocco A.	Duranti	
56	Peter G.	Ellis	II
57	George	Fafalis	
58	George	Fekaris	
59	Steve J.	Fekaris	
60	Frank	Filis	
61	George N.	Flocos	I
62	Nicholas Ted	Flocos	
63	Nicholas P.	Flocos	
64	Peter N.	Flocos	II
65	James N.	Fotis	
66	Nicholas W.	Frangis	
67	John	Frentzos	
68	Thomas J.	Frentzos	
69	William J.	Futules	
70	Nick C.	Ganas	
71	George	Gannis	
72	Roy A.	Gartaganis	
73	James	Gary	K
74	Thomas	Gatakis	

DECEASED MEMBERS

1	George J.	Alevizos	
2	Arthur	Ananias	
3	George M.	Andrews	
4	Harry N.	Andrews	
5	Louis N.	Andrews	
6	Mike	Andrews	K
7	Chris	Andrianos	
8	Anastasios	Andromalos	
9	Mennel G.	Anthon	
10	Anthony P.	Antonopoulos	
11	Paul	Apostolos	
12	Peter A.	Arvanitas	
13	Angelos	Aspromigas	
14	George L.	Banes	
15	Gust	Bardakos	
16	George	Bekas	K
17	Frank	Beldecos	
18	Nicholas	Beldecos	
19	Harry R.	Bender	
20	Leo P.	Birris	
21	James	Bistolas	
22	Emmanuel	Bolarakis	
23	James A.	Boumbouras	
24	Peter A.	Boumbouras	
25	Sophocles	Boumbouras	
26	William M.	Buck	

AMERICAN LEGION HELLENIC POST 595

DECEASED MEMBERS

AS OF MAY 20 2020

75	George	Gavaletas	
76	Clifford T.	Geanopulos	
77	Pasquale	Gennaro	
78	Demetrios	Georgalas	
79	Harry	Georges	
80	James	Georgetson	
81	George D.	Gianakos	
82	Gust	Gianopulos	
83	John G.	Gianos	
84	Sam P.	Gidas	
85	Nicholas P.	Gobos	
86	Emanuel	Gregory	
87	Nick	Hadgis	
88	Eleutherios	Hages	
89	Clarence R.	Halleran	
90	Ann P.	Halkias	
91	Nicholas	Halkias	
92	Peter	Haritos	
93	Walter J.	Hartig	
94	Steve	Hilas	
95	Rev. Timothy	Houstras	
96	Nicholas	Kalmer	
97	Peter	Kapernaros	
98	George	Kappas	
99	James A.	Karabetsos	
100	Stanley	Kastanis	
101	Basil P.	Katsafanas	
102	Dinos W.	Katsafanas	
103	Nicholas P. (Perry)	Katsafanas	
104	Peter W.	Katsafanas	
105	Steve P.	Kavalis	
106	George	Kokinakis	
107	Louis P.	Kontos	
108	Anest G.	Kotsagrelos	V
109	Samuel G.	Kotsenas	
110	James P.	Kourakos	
111	Nicholas O.	Kratsas	
112	Thomas V.	Kricos	
113	Aristoclis	Kristakis	
114	Donald P.	Ladakos	
115	Christ S.	Lardas	
116	James C.	Lardas	V
117	Konstantinos N.	Lardas	
118	Clarence	Lazaros	II P
119	Christ D.	Lebesis	
120	John S.	Levendos	
121	George D.	Lickas	
122	Constantine	Lihas	
123	William C.	Limberiou	

124	Jack N.	Loizes	
125	Theodore N.	Loomis	
126	A. James	Lozos	
127	Peter G.	Machedon	
128	George	Mageras	
129	Michael G.	Manesiotis	
130	Christ D.	Manner	
131	James C.	Manos	
132	Theos E.	Manos	
133	Thomas E	Marcinko	II
134	Jack P.	Margaros	
135	Nicholas J.	Mastros	
136	Marinos G.	Matgouranis	
137	Apostolos	Mellas	
138	Nicholas	Michopoulos	
139	George	Migias	
140	George	Mitchell	
141	James	Mitchell	
142	Peter	Mitchell	
143	Nicholas	Mustakis	
144	John W.	Nassikas	
145	George P.	Nichols	
146	John	Nickolas	
147	Michael	Nicoloudis	
148	Andrew	Nodaras	
149	Michael	Orfanopoulos	II
150	C.J.	Panagulias	
151	Paul C.	Panagulias	
152	Nicholas	Papadakos	II
153	George	Papapetrou	
154	Mike J.	Papas	
155	George	Papazis	
156	Pete G.	Pappas	
157	Nick L.	Pastikos	
158	Antonios	Paterakis	
159	Theodore	Peters	
160	John N.	Patikas	
161	George H.	Petousis	
162	Harry G.	Petropoulos	
163	Nicholas	Petrou	
164	William P.	Phaturos	
165	George	Pigounakis	
166	James J.	Plakidas	
167	Gregory	Plemenos	
168	Michael M	Polimus	
169	Gust M	Politis	II
170	Spiros G.	Raftis	II
171	George	Retetagos	
172	Christ	Rigos	

AMERICAN LEGION HELLENIC POST 595

DECEASED MEMBERS

AS OF MAY 20 2020

173	Bill N.	Roomeliotis	K
174	William S.	Rukutis	
175	Kim N.	Sappas	
176	William	Sarhosis	
177	James	Savouras	
178	Robert P.	Skarlis	
179	Michael J.	Scoulos	
180	Robert S.	Sefer	
181	Paul M.	Sergakis	
182	George	Shorall	
183	Eleftherios	Silvestros	
184	Anthony	Sotereanos	II
185	George	Sourlas	
186	Evangelos P.	Stamoolis	
187	Peter	Stathopoulos	
188	Nicholas L.	Stefanelis	
189	Demetri	Stephanou	
190	Gregory E.	Stratakis	
191	Mike	Supertzi	
192	James C.	Tangalos	
193	William	Tangalos	K
194	Dan	Thimoleas	K
195	George	Thimoleas	
196	George N.	Thomas	
197	William L.	Torlidas	K
198	Spiro G.	Trahanis	
199	Xenophone	Trikalitis	
200	Peter J.	Tsakonas	
201	George D.	Tsounos	II
202	Angelo	Tsourekis	
203	Emanuel	Tsouris	
204	Peter T.	Tsuris	
205	Elias G.	Tzotzos	
206	Antonios	Vasillas	
207	Stelios	Vassilaros	
208	John	Vassos	
209	Alex L.	Vellis	
210	Paul P.	Verghies	
211	George	Vlahakis	
212	Harry J.	Vlahos	
213	David A.	Walthour	
214	Anthony A.	Zachos	
215	Louis E.	Zambelas	
216	James	Zanos	II
217	Simon	Zaferson	
218	James N.	Zafris	
219	Evangelos	Zanicopoulos	
220	Peter J.	Zikos	
221	George	Zorbas	

222	Nicholas	Zorbas	
223	Steven	Zorbas	K
224	Theo G.	Zorbas	
225	Gus L.	Zozos	K



Pittsburgh Hellenic Post No. 595

THE AMERICAN LEGION

DEPARTMENT OF PENNSYLVANIA

419 SOUTH DITHRIDGE STREET

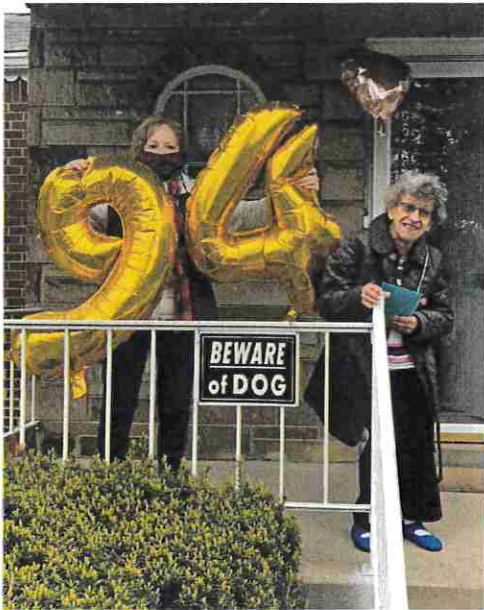
PITTSBURGH 13, PA.



The American Legion was chartered and incorporated by Congress in 1919 as patriotic veterans organization devoted to mutual helpfulness. It is the nation's largest Veteran's service organization, committed to mentoring youth and sponsorship of wholesome programs in our communities, advocating patriotism and honor, promoting strong national security, and continued devotion to our fellow service members and veterans.

The Pittsburgh Hellenic Post No. 595 of the American Legion is dedicated to those Americans of Hellenic descent who served our country and to those who made the supreme sacrifice in order that this land of ours shall remain free.

Virginia just celebrated her 94th birthday Momday, Msy 11. She was humbled, honored and overjoyed by all the people who came to wish her a Happy Birthday! Despite the unseasonal weather, 25+ strong of us, all masked, spread out on her sidestreet and sidewalk, to surprise her! She was definitely surprised! Thank you Fran Hanna for organizing this uplifting event! It was just what we all needed!



Beulah Mougianis too celebrated her 94th on Friday, May 15th with an entourage of friends celebrating in the rain and driving their vehicles around honking their horns in her honor.



Mr Tom Contis also celebrated his 90th on May 10th.

PLEASE WELCOME OUR NEW PROTOPSALTIS (HEAD CHANTER), KONSTANTINOS FEKOS

Konstantinos has been student of Byzantine music since 2002 when he began chanting with the Byzantine Choir of Pittsburgh, with which he has remained active for the past decade. He has served at the chanter's stand in churches across Pennsylvania, as well as Maryland, Ohio, West Virginia, Maine, and Florida. Prior to working at the Cathedral, Konstantinos was the Protopsaltis for St. Nicholas Greek Orthodox Church in Baltimore, MD. His mother, Debbie, has been a member of our Cathedral choir for many years, while his father, John, is a well-known veteran chanter in the Tri-state region, who has joined us at St. Nick's on many occasions. Konstantinos lives in the Pittsburgh area with his wife and son.

THANK YOU TO DR. NICKOLAS GIANNOUKAKIS for his years of service to St. Nicholas Cathedral as our Protopsaltis. We wish him Godspeed with his future endeavors.

THANK YOU to ARGYRO DARAKOS and FRANCESKA XHAKAJ for their faithful and generous service to our parish over the last several years as our prosphora (holy bread) bakers. These are round loaves of bread stamped with a seal on the top which are used in preparing the Holy Gifts for use during the Divine Liturgy (see below for an illustration of the seal). Our best wishes to Franceska, who must step down from being a regular provider. May God bless her in all her future endeavors.

If you enjoy baking, or would like to learn how to become a seasoned baker while also offering a real and important service to St. Nicholas Cathedral, **please consider becoming part of this beautiful ministry**, which combines prayer, labor, skill, and creativity. Argy Darakos is ready and eager to provide lessons and coaching to any volunteers who step forward. Fr. Christopher has several wooden prosphora seals which have been donated over the years specifically for this purpose, one of which can be yours for the asking. If interested, please contact by Fr. Chris by text or phone (724-630-3483) to discuss the details.

PHILOPTOCHOS UPDATES

Father's Day – While many of our fundraisers, programs and activities have been put on hold due to the pandemic, Philoptochos is happy to be able to help you honor the special men in your life for Father's Day! Please consider this opportunity to make a donation to Philoptochos! The form is included in this newsletter. All names must be received by June 14th in order to be included in the Father's Day bulletin! Thank you!

Food Bank – The Food Bank continues to need your support! You can donate by making a check payable to the "St. Nicholas Philoptochos Food Bank" or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

Neighborhood Resilience Project Food Drive – At this time, we are unable to collect food drive donations for Neighborhood Resilience Project (formerly known as FOCUS Pittsburgh). There is a great need for support during this difficult time for many. We encourage parishioners to take non-perishable food donations directly to Neighborhood Resilience Project located at 2038 Bedford Avenue, Pittsburgh, PA 15219. They appreciate your support!

Celebrating FATHER'S DAY

St. Nicholas Philoptochos believes in honoring the men in our lives. Honor your husband, father, grandfather, godfather, brother, uncle or a special friend with a gift to Philoptochos. Your donation will enable us to continue our work of charitable giving to individuals and families in need, area food banks, shelters for the homeless, social service agencies and countless research efforts in the battle against cancer and other catastrophic diseases.

Join us this Father's Day by honoring someone you love with a gift to Philoptochos.

Make checks payable and send to: St. Nicholas Philoptochos, 419 S. Dithridge St. Pittsburgh, PA 15213, Memo: Father's Day

DEADLINE TO SUBMIT NAMES FOR INCLUSION IN BULLETIN – SUNDAY, JUNE 24, 2020

Enclosed is my gift of \$ _____

(minimum gift of \$5.00 per name please — all donations are tax deductible)

Your Name: _____

Honorees will receive a special Father's Day acknowledgement card.

The amount of your gift will not be disclosed.

☐ Please accept this gift in **honor** of:

Name: _____

Address: _____

Name: _____

Address: _____

Name: _____

Address: _____

Name: _____

Address: _____

☐ Please accept this gift in **memory** of:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

List any additional names and addresses on the back of this flyer and indicate whether donation is in Honor or in Memory.

Please print clearly.

Philoptochos Mother's Day Honorees

Elpi Adamantidis

Sophia Panagis

Nancy Allison

Dimitrios & Alea Mavrogeorgis Family

Aphrodite Amorgianos

Denise & Bridgette Daugherty

Kathy Amurgis

Michelle Kotsagrellos

Elaine Andrianos

Theo, Emilee, Lilly & Olivia Andrianos

Emilee Andrianos

Elaine Andrianos
Theo, Lilly & Olivia Andrianos

Joyce Athanasiou

Corey Gregory

Presbytera Filitsa Bender

Sophia & Maria Bender

Melissa Bennett

Katherine, James & William Bennett

Mary Chester

Thomas J. Plakidas

Dee Chronis

Elaine Vitsas

Margaret Cochran

Peter & Carol Tsudis

Anne Cominos

Dina & Talia Cominos

Lenna Cominos

Houston & Evina Frentzos
Lisa Kristian

Vickie Conaboy

Katie Andrews

Eleni Contis

Yoanna & Stamatia Lykos
Tulla Velisaris

Melissa Contis

Stamatia Lykos

Maria Coutris

Tulla Velisaris

Alexandra Davides

Tulla Velisaris

Sandi Demas

Harry, Genia, Katie & Alex Andrews

Virginia Fekaris

Elaine Andrianos
Denise & Bridgette Daugherty

Keli Frentzos

Dina & Talia Cominos
Tommy, Kalliope & Antoni Kristian

Popie Frentzos

Houston & Evina Frentzos
Tommy, Kalliope & Antoni Kristian

Dr. Dina Paul Friedel

Dee T. Chronis

Barbara Garbinski

Melissa Bennett

Alice Lardas Gary

Elaine Andrianos
Bill, Kelly & Dimitri Gary

Kelly Gary

Bill & Dimitri Gary

Becky Geronimos

Ted Hages

Linda Hages

Ted & Nicholas Hages

Frances Hanna

Kim & Dean Hanna Family
Tara Pallas-Sheetz

Kimberly Hanna

Frances Hanna

Maria Hnarakis

Nikki & Maddi Kazas

Maria Kappas

Frances Hanna

Theodora Kartsonas

Alice Lardas Gary

Martha Kartsotis

Patti McKee

Elaine Keim

Talia Cominos

Amy Kleissas

Nicholas Kleissas

Mary Kleissas

Nicholas Kleissas

Philoptochos Mother's Day Honorees

Angela Kolocouris

Evina Frentzos

Estair Kotsagrellos

Michelle Kotsagrellos
Georgette Nelson
Aimee Walker
Stacey Whipple
Tyson, Tyrann & Tyra Nelson
Brooke & Drew Walker
Tasso & Faith Whipple

Michelle Kotsagrellos

Faith Whipple

Tina Koutoufaris

Dimitrios & Alea Mavrogeorgis Family

Lisa Kristian

Houston & Evina Frentzos

Zoe Lardas

Nicholas D. Lardas

Stephanie Levine

Lisa Kristina

Christie Loizos

Dimitrios & Alea Mavrogeorgis Family

Janet Lykos

Yoanna & Stamatia Lykos

Nikki Lykos

Yoanna & Stamatia Lykos
Tulla Velisaris

Dae Machin

Nicholas Hages

Magda Mamatas

Dimitrios & Alea Mavrogeorgis Family

Valerie Mastandrea

Penelope Levine

Alea Mavrogeorgis

Joanne Melacrinos

Joanne Melacrinos

Dimitrios & Alea Mavrogeorgis Family

Veronica Mellis

Alex Andrews

Beulah Mougiannis

Lisa Kristian

Georgette Nelson

Tyson, Tyrann & Tyra Nelson
Brooke Walker

Sue Neuendorf

Maria Bender

Florence L. Pallas

Tara Pallas-Sheetz

Maria Panagis

Sophia Panagis

Stella Panagis

Sophia Panagis

Lillian B. Panagulias

Dean Panagulias

Cathy Pandeladis

Dimitrios & Alea Mavrogeorgis Family

Georgia Pandeladis

Cathy Pandeladis

Elizabeth Peterson

Patti McKee

Mary Peterson

Jamie Contis
Toula Peterson

Toula Peterson

Jamie Contis
John, Mary & Jasmine Peterson

Tulla Rakoczy

The Darakos Family

Electra Roman

Michelle Kotsagrellos

Anastasia Sarioglou

Nikolaos Sarioglou

Angela Sfamenos

Denise & Bridgette Daugherty

Maria Sfanos

Kallipe Kristian

Betty H. Sheetz

Tara Pallas-Sheetz

Maria Stamoolis

Aimee Walker

Kay Thimoleas

Denise & Bridgette Daugherty

Philoptochos Mother's Day Honorees

Popie Tousimis
Elaine Andrianos

Trudy Trifanoff
John, Mary & Jasmine Peterson

Maria Tsourekis
Harry, Genia, Katie & Alex Andrews

Carol Tsudis
Peter Tsudis

Semie Tsudis
Peter & Carol Tsudis

Mary Vasilakis
Denise & Bridgette Daugherty

Carrie Velisaris
Tulla Velisaris

Tulla Velisaris
Yoanna & Stamatia Lykos

Elaine Vitsas
Dee T. Chronis

Aimee Walker
Brooke & Drew Walker
Tasso Whipple

Mary Walker
Brooke & Drew Walker

Lorraine K. Watts
Tara Pallas-Sheetz

Stacey Whipple
Tasso & Faith Whipple

Emily Yannopoulos
Drew Walker

Paulette Yannopoulos
Peter & Emily Yannopoulos

Sophia Zozos
Nikki Lykos

Philoptochos Mother's Day Memorials

Bertha Andrews
Harry, Genia, Katie & Alex Andrews

Bessie Andrews
Steve Andrews

Delores Andrews
Harry, Genia, Katie & Alex Andrews

Joan Andrews
Harry, Genia, Katie & Alex Andrews

Artemis Aspromigos
Nicholas Kleissas

Pauline Geanopulos Barry
Michelle Kotsagrelas
Georgette Nelson

Mary Bender
Fr. Christopher & Pres. Filitsa Bender
Sophia & Maria Bender

Elaine Christ
Demetra Craig
Martha Kartsotis

Deaconess Mary Christulides
Denise & Bridgette Daugherty
Sophia Panagis

Stella Chronis
Elaine Vitsas

Katherine Clark
Kay Thimoleas

Mary Cominos
Dee T. Chronis
Dina & Talia Cominos
Elaine Vitsas

Philoptochos Mother's Day Memorials

Catherine Contis

Harry, Genia, Katie & Alex Andrews
Jamie Contis
John, Mary & Jasmine Peterson
Toula Peterson

Eugenia Dakis

Alexandra Gregory

Angeliki Daskalakis

The Darakos Family

Petroula Delivorias

Petros & Marlene Delivorias

Ksenia Dordas

Demetra Craig

Dina Edgos

Dina & Talia Cominos
Houston & Evina Frentzos

Martha Flocos

Martha Kartsotis
Patti McKee

Virginia Gary

Bill, Kelly & Dimitri Gary

Estelle Gould

Harry, Genia, Katie & Alex Andrews

Esther Costas Greco

The Bedel Family

Mary Gregory

Alexandra Gregory

Catherine Gust

Thomas J. Plakidas

Jennie Hages

Jim & Linda Hages

Sophia Hatzivasiliou

Fr. Christopher & Pres. Filitsa Bender
Sophia & Maria Bender

Sophie James

John, Mary & Jasmine Peterson

Maria P. Kappa

Frances Hanna

Mary Karvel

Marcie McGuire

Emorfia Kotsagrelas

Michelle Kotsagrelas
Georgette Nelson
Aimee Walker
Stacey Whipple

Presvytera Catina Kouklis

Chris Kouklis

Eugenia Lagonikos

Eugenia & Emanuel Vergis

Mary Lakerdas

Dimitrios & Alea Mavrogeorgis Family
Joanne Melacrinis

Evangeline Lardas

Nicholas D. Lardas

Lola Lykos

The Lykos Family

Catina Macris

Harry, Genia, Katie & Alex Andrews

Hermione Malachias

Nicholas D. Lardas

Dolly Malanos

Nicholas Kleissas

Helen Markas

Thomas J. Plakidas

Kiki Markopoulos

Greg & Electra Markopoulos

Alithini Melachrinis

Dimitrios & Alea Mavrogeorgis Family

Philoptochos Mother's Day Memorials

Georgette Morrison
Helen Mastro

Krina Moses
Paul Moses

Julia Ann Pallas
Tara A. Pallas-Sheetz

Pauline Panagis
Sophia Panagis

Caroline Panos
Denise & Bridgette Daugherty

Mary D. Papandreas
Elaine Andrianos

Marika Petinos
Alice Lardas Gary

Sophia Petritis
Eugenia & Emanuel Vergis

Elizabeth Plakidas
Thomas J. Plakidas

Marina Plakidas
Thomas J. Plakidas

Mary Plakidas
Thomas J. Plakidas

Suzanne Plakidas
Thomas J. Plakidas

Marjorie Raftis
Alexandra Gregory

Cleopatra Spathis
Demetri & Irene Ellis

Mary Stefanowicz
Petros & Marlene Delivorias

Garifalia Stoyias
The Lykos Family

Helen Telakis
Dee T. Chronis
Elaine Vitsas

Angeliki Thimoleas
Kay Thimoleas

Georgia Trahanas
Frances Hanna

Angeliki Tsourekis
Harry, Genia, Katie & Alex Andrews

Eleni Velisaris
The Lykos Family

Catherine Vergis
Eugenia & Emanuel Vergis

Sophia Vergis
Eugenia & Emanuel Vergis

Barbara Vitsas
Martha Kartsotis
Patti McKee

Catherine Vitsas
Martha Kartsotis
Patti McKee

Mary Catherine Wessel
Thomas J. Plakidas

Anastasia Wimmer
Demetri & Irene Ellis

Martha Xidis
Jamie Contis
Toula Peterson

Demetra Xidis
Jamie Contis

Demetra Xyftis
Cathy Pandeladis

Catherine Zantal
Marcie McGuire

Loretta Zantal
Marcie McGuire

STEWARDSHIP

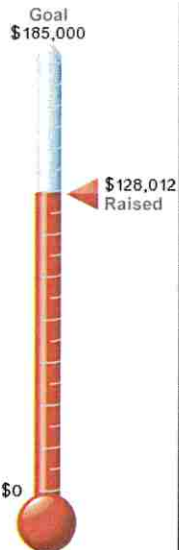
"A Time for Every Purpose Under Heaven"

The Stewardship of Time

Ecclesiastes 3

Re-dedicate yourself to God by participating in the Divine Liturgy each Sunday and offer your TIME, Talent and treasure.

HELP US REACH/EXCEED OUR GOAL



2020 STEWARDSHIP		05/26/2020
Total Stewards		248
Total Amount Pledged		\$128,012.00
Average Pledge		\$ 516.18
% Parish Participation to Date		83%
2020 Stewards (GOAL)		300
% of Total Budget to Date		69%
2020 Budget (GOAL)		\$ 185,000.00
Total Giving to Date		\$ 89,528.91
As of:		04/30/2020
Income: Pledges & Basket Collection and Food Festival	\$ 144,704.00	
Expenses: Salaries, Utilities, Maintenance, Commitments, etc.	\$ 142,442.00	
	\$ 2.262.00	

STEWARDSHIP

2020 St. Nicholas Greek Orthodox Cathedral Stewards 05/26/20

Mr. & Mrs. Michael Aber
 Mr. & Mrs. James Agras
 Dr. & Mrs. Konstantinos Alfaras-Melainis
 Mr. & Mrs. Emanuel Amorgianos
 Ms. Anna Andrews
 Mr. Anthony N. Andrews
 Mr. & Mrs. Glen Andrews
 Mr. Steven Andrews
 Mrs. Elaine Andrianos
 Mr. & Mrs. Theodore Andrianos
 Mr. & Mrs. Eugene Andriotis
 Mr. George Anthon
 Mrs. Virginia Anthon
 Mr. & Mrs. Yianni Antoniadis
 Mr. & Mrs. Spiliotis Argiropoulos
 Mrs. Lamona M. Athens
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 Ms. Maria Bardakos
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 Dr. & Mrs. George Bellios
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 Dr. & Mrs. Antonios Christou
 Deacon E. P. Christulides
 Mr. & Mrs. George Chronis
 Mr. Panos Chrysanthis
 Mr. John Ciko
 Mr. & Mrs. Spencer Cominos
 Mrs. Afrodite Condos
 Mrs. Marion Constantinides-Bennett
 Mr. Philip Contacos
 Mrs. Eleni Contis
 Ms. Jamie Contis
 Mr. & Mrs. John J. Contis
 Mr. Charles G. Copetas
 Mr. & Mrs. Dino Copetas
 Mrs. Helen G. Copetas
 Mrs. Helen M. Copetas
 Mrs. Maria Copetas
 Mr. & Mrs. Peter Copetas
 Mrs. Theodora Copetas
 Mr. & Mrs. William Copetas
 Mr. & Mrs. Louis Countouris

Mr. & Mrs. Nevin Craig
 Mr. John Dakis
 Mr. & Mrs. George Darakos
 Mr. & Mrs. Taki Darakos
 Ms. Bridgette Daugherty
 Mrs. Denise Daugherty
 Dr. & Mrs. K.C. Davides
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 Mr. & Mrs. Petros Delivorias
 Mrs. Christine DeMatteo
 Mrs. Christine Dickos
 Mr. Arthur J. Dordas
 Mr. & Mrs. Sotirios Doris
 Mr. & Mrs. Theodore Drapas
 Mr. & Mrs. Speros G. Drelles
 Mr. & Mrs. Randy Eberhardt
 Mr. John H. Edgos
 Mrs. Sophia Edgos
 Dr. & Mrs. Demetrius Ellis
 Mrs. Elaine Ellis
 Mr. & Mrs. James Elsen
 Dr. & Mrs. Mike Epitropoulos
 Ms. Alexandra Fatandas
 Mrs. Virginia Fekaris
 Mrs. Alice K. Flocos
 Mr. & Mrs. Karl Florence
 Mr. & Mrs. Ronald Frank
 Mr. & Mrs. John Frentzos
 Mrs. Kalliope Frentzos
 Mrs. Alice Gary
 Dr. & Mrs. Anthony J. Gialamas
 Mr. & Mrs. Kyle Glaser (Karras)
 Mr. & Mrs. Nick Goranitis
 Mrs. Alexandra Gregory
 Mr. & Mrs. Michael Gregory
 Mr. & Mrs. James P. Hages
 Mr. & Mrs. Van Beck Hall
 Ms. Aphrodite Halleran
 Mrs. Antigone Hanna
 Mrs. Frances Hanna
 Ms. Maria Hnarakis
 Mr. & Mrs. Nick Kakavis
 Ms. Christine Kanakis
 Mr. Nicholas Karabetsos
 Dr. Diane Karnavas & Mr. Bart Bodkin
 Mr. & Mrs. Foster Kartsothis
 Mrs. Georgia Katsafanas
 Mr. Lee Katsafanas
 Mr. Andron Kavouras
 Mr. & Mrs. Christopher Kefalos
 Mr. George Kefalos
 Mr. & Mrs. Steven Kefalos
 Dr. & Mrs. Georgios Kitsios
 Mrs. Mary Kleissas
 Mr. & Mrs. Nicholas Kleissas
 Ms. Nicole Klidas

Mr. Peter Kolios
 Mr. Konstantinos Koromvokis
 Mrs. Estair Kotsagrellos
 Ms. Michelle Marie Kotsagrellos
 Mr. Chris Kouklis
 Mr. & Mrs. William Kozy
 Ms. Christine Krelis
 Ms. Georgia Krelis
 Mr. Peter Krelis
 Mr. & Mrs. John Kristian
 Mr. James S. Kukunas
 Mr. & Mrs. James T. Kukunas
 Dr. Paul Kukunas
 Dr. & Mrs. Steve Kukunas
 Dr. & Mrs. James Kyros
 Mr. Dean Langan
 Mr. & Mrs. Louis Langan
 Ms. Maria Langan
 Ms. Constantina Lardas
 Mr. & Mrs. Emmanuel Lardas
 Mr. & Mrs. Kemon Lardas
 Mr. & Mrs. Kleanthis Lardas
 Mr. & Mrs. Nicholas D. Lardas
 Mr. & Mrs. Michael Leombruno
 Mr. Richard Lepidi
 Mrs. Lucia Leventis
 Mr. & Mrs. Peter Leventopoulos
 Mr. & Mrs. David Levine
 Mr. & Mrs. Michael Lewis
 Mr. & Mrs. Stephen Lipecky
 Dn. & Mrs. Robert Lykos
 Mr. & Mrs. James D. Machin
 Mr. James L. Machin
 Mr. & Mrs. Spero Maginas
 Ms. Karen Malobicky
 Mrs. Kay Mandalakas
 Mr. & Mrs. George Mandros
 Mrs. Eugenia Manganas
 Ms. Electra Markopoulos
 Mr. Gregory Markopoulos
 Ms. Valerie Mastandrea
 Mrs. Helen Mastros
 Mr. Kostas J. Mastros
 Ms. Alisa Mathews
 Mr. & Mrs. Dimitrios Mavrogeorgis
 Mr. & Mrs. John McCann
 Drs. Thomas & Dana McClure
 Mr. and Mrs. Tom McGuire
 Mrs. Patricia McKee
 Mr. & Mrs. Christos S. Melacrinis
 Mrs. Antigone Mellas
 Mr. & Mrs. William Michaels
 Dr. & Mrs. George Michalopoulos
 Mr. & Mrs. Chad Miller
 Mr. & Mrs. Eric Mitchell
 Mr. & Mrs. Milton Moratis

STEWARDSHIP, Con't

2020 St. Nicholas Greek Orthodox Cathedral Stewards 05/26/2020

Dr. & Mrs. Jose Moreno
 M. Paul Moses
 Mrs. Beulah Mougianis
 Mr. & Mrs. Peter Nychis
 Mr. & Mrs. Eric Paljug
 Mrs. Tara Pallas-Sheetz
 Mr. Dean Panagulias
 Mr. & Mrs. Robert Panagulias
 Ms. Catherine Pandeladis
 Mrs. Georgia Pandeladis
 Mr. & Mrs. John N. Panos
 Mr. & Mrs. Constantinos Panousis
 Mr. & Mrs. Dean Pantages
 Dr. & Mrs. Spiro Papas
 Mr. John C. Paras
 Mrs. Lillian Grace Paras
 Mr. Van Paras
 Mr. Kenneth Parks
 Mr. & Mrs. Dean Paul
 Mr. & Mrs. Robert Pease
 Ms. Anna Pedos
 Mrs. Astrid Peponidis
 Mr. & Mrs. Jake Persinger
 Mrs. Stamatia Peters
 Mr. & Mrs. John Peterson
 Mrs. Toulia Peterson
 Ms. Constance Petros

Dr. & Dr. Emanuel Petroulakis
 Mr. Thomas Plakidas
 Mrs. Vera Poland
 Mrs. Barbara Polimus
 Mr. & Mrs. D. John Powers
 Mrs. Esther Rafaloski
 Mr. & Mrs. Eugene Rakoczy
 Mr. & Mrs. Michael Rodites
 Mr. & Mrs. Nikolaos Sahinidis
 Mr. & Mrs. Nikolaos Sarioglou
 Mrs. Angela Sfamenos
 Mrs. Christina Silva
 Mr. & Mrs. George Sockos
 Mr. & Mrs. James Stamatelos
 Mr. & Mrs. Constantine Stamoolis
 Mr. & Mrs. James Stathopoulos
 Mr. & Mrs. James Stratigos
 Mr. & Mrs. Pat Stauch
 Mrs. Argie Stuart
 Mr. & Mrs. Robert Swisher
 Ms. Evangeline Theodoridis
 Mrs. Kay Thimoleas
 Mr. & Mrs. Stephen A. Thomas
 Dr. & Mrs. Anastasios Tousimis
 Mr. & Mrs. Andreas Tsourekis
 Mr. Sotirios Tsourekis
 Mr. & Mrs. Peter Tsudis

Mrs. Joanna Tzortzis
 Ms Mary Vasilakis
 Mrs. Panagiota Vasilakis
 Mrs. Stella Vassilaros
 Mr. & Mrs. John Velisaris
 Mr. & Mrs. Orestis Velisaris
 Mr. & Mrs. Perry Velisaris
 Mrs. Angela Vergos
 Ms. Elaine Vitsas
 Mr. John Vitsas
 Mrs. Frances Vlahos
 Mrs. Tsambika Vlahoulis
 Mr. & Mrs. Harry Vrahas
 Mrs. Helen Waskoskie
 Mr. & Mrs. Jason Welch
 Mr. & Mrs. Scott Whipple
 Dr. & Mrs. Karl Smyrnes-Williams
 Mr. & Mrs. Gus Xilas
 Dr. & Mrs. Leo Yannopoulos
 Mr. & Mrs. Peter Yannopoulos
 Mr. & Mrs. Anthony Zaras
 Dr. Katerina Zavaras
 Mr. Joseph Konzier & Ms. Renee Zavitsanos
 Mr. & Mrs. Demetri Zervoudis
 Mrs. Dorothea Zikos⁺
 Mrs. Sophia Zozos

If you don't see your name, we do not have a

STEWARDSHIP CARD recorded for you.

Many of you have been contributing,

but **PLEASE** complete a

Stewardship Card or call the church office (412-682-3866) to rectify.





St. Nicholas Church School

Christ is Risen! Truly He is Risen!

The St. Nicholas Church School Teachers and Staff misses everyone!

Finishing up my 13th year as Church School Director, I want to thank Father Christopher, Deacon Robert, my teachers (Pam Bertos & Presbyteria Filitsa, Alisa Mathews & Aimee Walker, Linda Hages & Nicholas Hages, Sophia Bender, Alaina Graziano & Denise Daugherty, Vasie-Leigh Andriotis & Maria Bender and Lee Katsafanas & Dina Persinger), the students and **YOU** (the St. Nicholas parishioners) for helping to make this year a memorable one. We all came together to enrich the lives of **our** children. St. Nicholas is our spiritual family and we all took part in educating our **youth** (the **you** of tomorrow). As a community, we showed our children our love and devotion to our Orthodox faith. Thank you for sharing your children with us every Sunday!

Church School did a lot this year and here is a recap:

An **Agiasmo Service** was done on Sunday, September 15, 2019, to start off the Church School year!

Sunday, November 3, 2019, was **Godparent/Special Friend Sunday**. Godparents/Special Friends worshiped during the Divine Liturgy, received Holy Communion together and attended Church School to see what their Godchild/Special Friend learns there (and made cards to send to children at Children's Hospital for Make a Difference Day). Afterwards many attended the Coffee Hour hosted by Philoptochos. It was the start of a wonderful day together!

Church School, organized by Anna Kukunas, had a successful Bake Sale and sponsored a Balloon artist at the **St. Nicholas Day Bazaar**. Thank you, Anna, for your efforts!

The Church School children presented their **Christmas Pageant** under the direction of Jenny DeMatteo, Kelly Gary and Aimee Walker on Sunday, December 22, 2019. It was a beautiful program enjoyed by the whole congregation. Thank you, Jenny Kelly and Aimee!

Many hats, mittens, scarves, gloves, etc. that decorated our Christmas Tree were delivered to FOCUS for their **Project Bundle-up**. We collected 15 Hats, 15 pairs of Gloves/Mittens and 6 Scarves! Thanks to all who contributed to this worthwhile cause.

The St. Nicholas Church School teachers, staff and students supported our GOYANs (and Church School students) at the Sts. Constantine & Helen (Cleveland Heights, OH), Holy Trinity (Canton, OH) and Holy Cross (Pittsburgh, PA) **GOYA Basketball Tournaments** they attended (1/17-19/20, 01/31-2/2/20 and 2/21-23/20). Both the boys and the girls' teams did well. They also supported them at the **GOYA Volleyball Tournament** at St. Nicholas (we hosted) on 03/07/20.

Sunday, March 8, 2020, the Church School students participated in the **Sunday of Orthodoxy Icon Procession** with their favorite icon!

Due to the COVID-19 pandemic the St. Nicholas Greek Orthodox Cathedral's Church School Open House, St. Lazarus Communion Breakfast & Palm Making, Agape Service Easter Egg Hunt & Coffee Hour, St. John Chrysostom Oratorical Festival and Graduation had to be cancelled.

Have a wonderful summer and see you in September!

Yours in Christ,
Miss Michelle

GREEK SCHOOL

St. Nicholas Greek School teachers have been working through the pandemic at home. Grades 2 thru 7th have been using zoom or skype to continue their classes. All students are also to be using “Rebooting Greek” from Simon Fraser University in Vancouver Canada. That program has been renamed “StaEllinika” and now is in partnership with the Greek government and will be in partnership with the Archdiocese and piloted by many more Greek Schools from the Archdiocese in the fall.

During these past weeks, all Greek School teachers in the United States are given the opportunity to participate in various teaching seminars coordinated by the Department of Greek Education of the Archdiocese. Many of our teachers have been actively participating. These seminars are conducted by professors who are located in Greece, Cyprus, or various cities in the United States. Some are teacher training seminars in methodology, use of various technological platforms, examining curriculum, or learning more about Ellinomatheas and the programs offered from Center of Greek Language in Thessaloniki.

St. Nicholas Greek School is scheduled to hold graduation for their graduates on Sunday, June 14, 2020. The five graduates are Ella and Steffi Bounos, Yanna Mavrogeorgis, Molli Sider-Rose, and Perry Velisaris.

This summer students have the opportunity to participate in the Greek Village Immersion Camp from California. For the past 10 years they have held this creative and fun program. This year it will be done in a different format. Attached is information for all interested families.

We kindly ask everyone to please continue keeping Elias Kazas and his family in your prayers.



Ionian Islands

June 8 - July 3 | 2020

June 1, 2020
Student Placement Via Zoom
3-5pm PST

June 4, 2020
Parent Orientation Via Zoom
3-4pm PST

June 8 - July 3, 2020
4 Week Online Program

Online Registration:
May 18-29th 2020

Fees
Ages 4-5 - \$100 for 4 Weeks
Ages 6-18 \$130 for 4 weeks

for more information call
KATERINA IKONOMOU
503.997.5459
ourgreekvillage@gmail.com
ourgreekvillage.org

Corfu, Kefalonia, Lefkada, Ithaki, Zakynthos, Kithira



Ionian Islands

June 8 - July 3 | 2020

Online Registration
May 18-29th 2020

Fees
Ages 4-5 - \$100 for 4 Weeks
Ages 6-18 \$130 for 4 weeks

Online Registration
May 18-29th 2020

Fees
Ages 4-5 - \$100 for 4 Weeks
Ages 6-18 \$130 for 4 weeks

ST. NICHOLAS WOULD LIKE TO ACKNOWLEDGE ALL OF OUR GRADUATES!

Please fill out this short questionnaire and submit to church office via email (church@stnickspgh.org), fax (412-683-4960) or mail (419 S. Dithridge Street, Pittsburgh, PA 15213). Thank you!

Name _____

Phone: _____

Month of Graduation _____

High School: _____

Or _____

University/ Graduate School: _____

Degree Earned: _____

***Please email a recent photo to church@stnickspgh.org so that we can include in the next issue of the Newsletter.

Awards and Honors:

Activities:

Future Plans:

JUNE 2020

PLEASE NOTE: CANCELLATIONS AND LIMITATIONS ON THE NUMBER OF WORSHIPERS AT SERVICES DUE TO THE CONTINUING HEALTH CRISIS ARE STILL POSSIBLE. We will make every effort to keep you informed. The church office will always have the most up-to-date information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Online (Zoom) Bible Study with Fr. Chris Cancelled	3	4	5	6 Saturday of Souls Orthros, 8:30 am, Divine Liturgy, 10 am Online (Zoom) Gospel Reflections – Fr. Chris 8:30 pm
7 HOLY PENTECOST Orthros 8:30 am Divine Liturgy 10 am	8	9 Online (Zoom) Bible Study with Fr. Chris 8:30 pm	10	11	12	13 Online (Zoom) Gospel Reflections – Fr. Chris 8:30 pm
NO FASTING ALL WEEK						
14 All Saints Orthros 8:30 am Divine Liturgy 10 am	15 Parish Council Meeting 7 pm	16 Online (Zoom) Bible Study with Fr. Chris 8:30 pm	17	18	19	20 Online (Zoom) Gospel Reflections – Fr. Chris 8:30 pm
APOSTLES FAST JUNE 15-28						
21 2nd Sunday of Matthew PLEASE NOTE – SUMMER HOURS BEGIN: Orthros 8:00 am Divine Liturgy 9:30 am	22	23 Online (Zoom) Bible Study with Fr. Chris 8:30 pm	24	25	26	27 Online (Zoom) Gospel Reflections – Fr. Chris 8:30 pm
28 3rd Sunday of Matthew Orthros 8:00 am Divine Liturgy 9:30 am	29 Apostles Peter and Paul Orthros, 9 am Divine Liturgy 10 am	30 Online (Zoom) Bible Study with Fr. Chris 8:30 pm				

St. Nicholas Greek
Orthodox Cathedral
419 S. Dithridge Street
Pittsburgh, PA 15213
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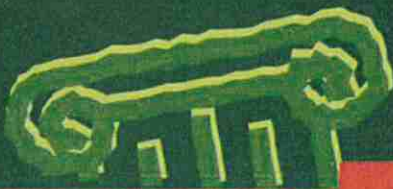
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STORE HOURS:

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