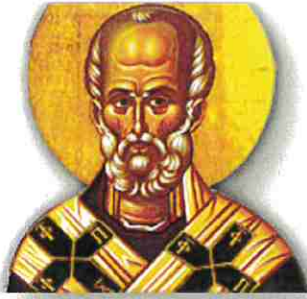


July 26, 2020 –Seventh Sunday of Matthew

Hermolaos & his companions; Righteous martyr Paraskevi of Rome

Tone 6 Orthros Gospel 7



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Konstantinos Fekos

CHANTERS: Steve Andrews, & Michael Rodites

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

ALTAR BOY CAPTAINS: Dimitri Gary, Christos Mavrogeorgis,
Steven Kefalos & Chris Kefalos

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

CHURCH SERVICE SCHEDULE: June 21 – August 31 Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m.

TO OUR VISITORS & GUESTS: *We welcome you to worship today. Whether you are an Orthodox Christian or this is your first visit to an Orthodox Church, we are happy to see you! Although Holy Communion and other Sacraments are offered only to baptized and chrismated (confirmed) Orthodox Christians in good standing with the church, all are invited to receive the Antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. After services, please join us in the Church hall for fellowship and refreshments. Please sign our visitor's book at the back of the church before you leave today, and leave an email address if you want to receive news & announcements from St. Nicholas.*

TODAYS MEMORIAL SERVICE is being chanted for the soul of the servant of God, **Mary Sockos (40 days)**. May God grant her eternal rest and comfort to her family.

COFFEE HOUR: PLEASE plan to stay for coffee and fellowship following services sponsored by the Sockos & Gidas families in the Small Hall. Physical (Social) Distancing will be practiced.

THIS WEEK AT ST. NICHOLAS:

- Monday, July 27: **St Panteleimon the Great Martyr Orthros 9 am. / Divine Liturgy 10 am. Memorial Service for Conrad Mitchell (40 days).**
- Tuesday, July 28: Bible Study@ St Nicks 11:00 am.
- Sunday, August 2: Trisagion Service for Jim Gary (2 yrs) & Virginia Gary (33 yrs).

A heart-felt THANK YOU is extended to all those who help with the ongoing St. Nicholas Take Out Dinners. The support from our parishioners has been strong. The dinners are important to the financial health of the parish, given the delay of our Food Festival and the restrictions it will have to operate under. During the month of June, the income from the dinners, plus your generous stewardship donations, kept the church's budget out of the red.

July 26, 2020 –Seventh Sunday of Matthew

Hermolaos & his companions; Righteous martyr Paraskevi of Rome

Tone 6 Orthros Gospel 7

SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

The first hymn we hear is the Resurrection hymn for the Tone of the week (Tone 7):

Κατέλυσας τῷ Σταυρῷ σου τὸ Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνημῆμά σου, καὶ οἱ φυλάσσοντες πενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄϊδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι. When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You. [SD]

*At the procession with the Gospel the usual **Eisodikon (Entrance Hymn)** in Tone 2 is chanted:*

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι Ἀλληλούϊα.

“Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead. We sing to you, Alleluia.”

After the Entrance Hymn the Clergy enter into the Sanctuary, while we hear the Resurrection hymn again.

Following this, the apolytikion for St. Paraskevi is chanted:

Τὴν σπουδὴν σου τῇ κλήσει κατάλληλον, ἐργασαμένη φερώνυμε, τὴν ὁμώνυμόν σου πίστιν, εἰς κατοικίαν κεκλήρωσαι, Παράσκευη ἀθληφόρε· ὅθεν προχέεις ἰάματα, καὶ πρεσβεύεις ὑπὲρ τῶν ψυχῶν ἡμῶν.

Your diligence corresponded to your name, Paraskevi, which denotes preparedness. Through faith you inherited the promised dwelling that was prepared for you, O prize-winning Martyr. Therefore you pour out cures and healings, and you intercede on behalf of our souls.

Next, we chant the Hymn for our Church's Patron Saint, St. Nicholas (Tone 4):

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we hear the Kontakion (Tone 2):

Επὶ τοῦ ὄρους μετεμορφώθης, καί ως ἐχώρουν οἱ Μαθηταὶ σου τὴν δόξαν σου, Χριστέ ο Θεός εθεάσαντο, ἵνα ὅταν σε ἴδωσι σταυρούμενον, τό μέν πάθος νοήσωσιν ἐκούσιον, τῷ δέ κόσμῳ κηρύξωσιν, ὅτι σύ ὑπάρχεις ἀληθῶς, τοῦ Πατρὸς τό ἀπαύγασμα.

You were transfigured upon the mount, O Christ our God, and Your disciples, in so far as they could bear, beheld Your glory. Thus, when they see You crucified, they may understand Your voluntary passion, and proclaim to the world that You are truly the effulgence of the Father.

SCRIPTURE READINGS – see next page

Epistle: Galatians 3: 23-29; 4: 1-5. Brethren, before faith came, we were confined under the law, kept under restraint Brethren, before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's off-spring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth his Son, born of a woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons. [RSV]

Gospel: Matthew 14: 14-22. At that time, as Jesus passed on from there, two blind men followed him, crying aloud, "Have mercy on us, Son of David." When he entered the house, the blind men came to him; and Jesus said to them, "Do you believe that I am able to do this?" They said to him, "Yes, Lord." Then he touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread his fame through all that district. As they were going away, behold, a dumb demoniac was brought to him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons." And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity among the people. [RSV]

Watch Sunday services streaming live from St Nicholas Cathedral at

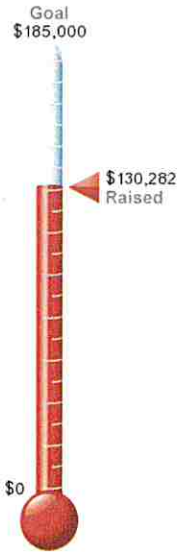
www.stnickspgh.org/

and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page

www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

2020 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)



If you have already submitted your 2020 Stewardship Commitment, **THANK YOU!** If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable **OUR Community** to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!

***"A Time for Every
Purpose Under Heaven"***

The Stewardship of Time
Ecclesiastes 3

<u>2020</u>	<u>STEWARDSHIP</u>
Total Stewards	262 (GOAL 300)
Total Pledged	\$130,282.00 (GOAL \$185,000.00)
Avg. Pledge	\$497.26

PHILOPTOCHOS UPDATES

Food Bank – The Food Bank continues to need your support! You can donate by making a check payable to the "St. Nicholas Philoptochos Food Bank" or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

Neighborhood Resilience Project Food Drive – At this time, we are unable to collect food drive donations for Neighborhood Resilience Project (formerly knowns as FOCUS Pittsburgh). There is a great need for support during this difficult time for many. We encourage parishioners to take non-perishable food donations or send monetary donations directly to Neighborhood Resilience Project located at 2038 Bedford Avenue, Pittsburgh, PA 15219. They appreciate your support!



Oasis Intergenerational Tutoring Program

411 Seventh Avenue, Suite 525
Pittsburgh, PA 15219

412-393-7648
e-mail jdspehar@oasisnet.org

July 1, 2020

To Whom It May Concern:

Oasis is a non-profit organization. We recruit and train older adults (50+) to tutor children in grades K-4 in reading and writing in the Duquesne City, McKeesport Area, Pittsburgh Public, Wilkinsburg, and Woodland Hills School Districts. This year, we are excited to announce that Oasis is partnering with the Environmental Charter School District. We have tutors in over 37 schools, serving over 230 students yearly.

The Oasis Intergenerational Tutoring Program is recruiting volunteers to tutor for the 2020-2021 school year. We need the help of your Church to make this happen. When surveying our new tutors we have found that the largest number of tutors became aware of Oasis through their churches.

You can help make a difference in the lives of children and older adults by hanging the attached flyer and/or placing an announcement in your weekly bulletin with the upcoming tutor training dates. Below is a suggested announcement that you can tailor to fit your space requirements for your church bulletin:

OASIS INTERGENERATIONAL TUTORING: *An Hour a Week Can Change a Child's Life. Become an Oasis tutor.* Volunteers tutor students in the Duquesne City, McKeesport Area, Pittsburgh Public, Wilkinsburg, Woodland Hills and Environmental Charter School in grades K-4 in reading and writing. Free training will be given to mature adults 50 and over. All materials and clearances are provided by Oasis. Oasis will conduct training sessions the weeks of August 17th and August 24th. Oasis will follow all State and local regulations and guidance on social distancing in setting up and conducting the training. For more information on how to become an Oasis tutor, specific training sites and/or other training dates, please call John D. Spehar, Director, Pittsburgh Oasis Intergenerational Tutoring Program at (412) 393-7648 or by e-mail at jdspehar@oasisnet.org. Oasis Tutoring is a Program of Literacy Pittsburgh.

We understand these are times of uncertainty and we appreciate any support you can give us! If you have any questions, please feel free contact me at any time.

Thank you

John D. Spehar, M.Ed.
Pittsburgh Oasis Program Director

Oasis Tutoring is a Program of Literacy Pittsburgh

Just one hour each
week can make a
difference!

Help a Child Learn to Read!



Oasis Intergenerational Tutoring is a program in which volunteers 50 and older work with children K-4 in the **Pittsburgh Public, Duquesne City, Wilkinsburg, Woodland Hills, and McKeesport Area School Districts** and **Announcing the addition of the Environmental Charter School District**

*Choose from over 37 local schools!
No experience necessary!*

**Training the Weeks of:
August 17 and August 24, 2020**

Several Training Sites & Additional Training Dates are Available

For information on how to become an Oasis tutor, specific training sites and/or other training dates please call John D. Spehar at 412-393-7648 or email

jdspehar@oasisnet.org

Oasis is a Program of Literacy Pittsburgh

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

John Spehar, Director, Pittsburgh
OASIS Tutoring Program
412-393-7648 jdspehar@oasisnet.org

IMPORTANT NOTICE: IN-PERSON BIBLE STUDY PROGRAM RESUMES

In-person Bible Study at St Nicholas Cathedral has resumed. Please join us on any Tuesday at 11:00 a.m. Father Christopher will also “simulcast” the presentation on Zoom, for those who prefer to participate from their homes. An email with detailed information about how to access the event live on Zoom will be sent to the entire parish listserv each time. If the presentation has to be cancelled for some reason, that also will be announced. In addition, each session will be recorded for easy access on Zoom or on the Church’s Facebook page at any time.

JULY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 7 th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	27 St. Panteleimon the Great <u>Martyr</u> Orthros 9 am Divine Liturgy 10 am	28 Bible Study at Church 11 am	29	30	31	

AUGUST 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Dormition Fast begins
2 8th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	3 Small Paraklesis 7 pm	4 Bible Study at Church 11 am	5	6 Holy Transfigura- tion Orthros 9 am Divine Liturgy 10 am	7 Small Paraklesis 7 pm	8
9 9th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	10	11 Bible Study at Church 11 am Great Paraklesis 7 pm	12	13 Great Paraklesis 7 pm	14 Great Vespers at Kimis Churches in Aliquippa and Oakmont, 7 pm (Last day of Fast)	15 Falling- Asleep of the Theotokos Orthros 8:30 am Divine Liturgy 9:30 am <i>Fr. Chris leaves after services</i>
16 10th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am <i>Fr. Christopher returns in the evening.</i>	17 Parish Council 7 pm	18 Bible Study at Church 11 am	19	20	21	22
23 11th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	24	25 Bible Study at Church 11 am	26	27	28	29 Beheading of John the Baptist Orthros 9 am Divine Liturgy 10 am
30 12th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	31					