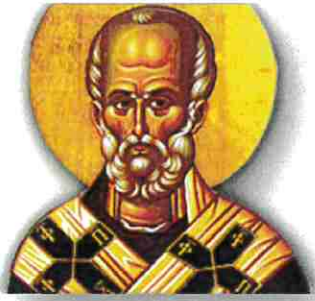


**JULY 19, 2020 – the 630 Holy Fathers of the Fourth Ecumenical Synod in Chalcedon;
Macrina (sister of St. Basil) and Abbot Dios of Antioch**

Tone 5 Orthros Gospel 6



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Konstantinos Fekos

CHANTERS: Steve Andrews, & Michael Rodites

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

ALTAR BOY CAPTAINS: Dimitri Gary, Christos Mavrogeorgis,
Steven Kefalos & Chris Kefalos

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

CHURCH SERVICE SCHEDULE: June 21 – August 31 Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m.

TO OUR VISITORS & GUESTS: We welcome you to worship today. Whether you are an Orthodox Christian or this is your first visit to an Orthodox Church, we are happy to see you! Although Holy Communion and other Sacraments are offered only to baptized and chrismated (confirmed) Orthodox Christians in good standing with the church, all are invited to receive the Antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. After services, please join us in the Church hall for fellowship and refreshments. **Please sign our visitor's book at the back of the church before you leave today, and leave an email address if you want to receive news & announcements from St. Nicholas.**

TODAYS MEMORIAL SERVICE is being chanted for the soul of the servant of God, **Lillian Paras (40 days)** and **Mary Bender (5 yrs)**. May God grant them eternal rest and comfort to her family.

COFFEE HOUR: PLEASE plan to stay for coffee and fellowship following services sponsored by the Bender family in the Small Hall. Physical (Social) Distancing will be practiced.

TODAY: GOYA Senior Recognition - Today, the St. Nicholas GOYA will be honoring our graduating high school seniors. After Liturgy, there will be a luncheon celebration with our GOYA families in the large hall. Congratulations to PJ Copetas, Dimitri Gary, Chris Kefalos, Steven Kefalos, Christos Mavrogeorgis, Christiana Paljug, and George Panousis. Wishing you great success in your future.

THIS WEEK AT ST. NICHOLAS:

- Monday, July 20: **St Elias (Elijah) the Prophet Orthros 9 am. / Divine Liturgy 10 am.**
- Tuesday, July 21: Bible Study@ St Nicks 11:00 am.
- Saturday, July 25: St Nicks Take-Out Fundraiser 3 – 6 pm
- Sunday, July 26: Memorial Service for Mary Sockos (40 days).

Watch Sunday services streaming live from St Nicholas Cathedral at www.stnickspgh.org/
and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

**JULY 19, 2020 – the 630 Holy Fathers of the Fourth Ecumenical Synod in Chalcedon;
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Tone 5 Orthros Gospel 6

SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

The first hymn chanted at the Small Entrance is the Resurrection hymn for the Tone of the week (Tone 5).

*At the procession with the Gospel the usual **Eisodikon (Entrance Hymn)** in Tone 2 is chanted:*

Δεῦτε προσκυνήσωμεν καὶ προσπέσωμεν Χριστῷ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα. “Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead. We sing to you, Alleluia.”

After the Entrance Hymn the Clergy enter into the Sanctuary, and the Resurrection hymn is repeated, we hear the hymn for the Holy Fathers: Ὑπερδεδοξασμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὀδηγήσας: πολυεύσπλαγγνε, δόξα σοι.

You are greatly glorified, O Christ our God, who established our Fathers as luminaries upon the earth, and through them led us all to the true Faith. O Most compassionate, glory to You.

Following this, we chant the Hymn for our Church's Patron Saint, St. Nicholas (Tone 4):

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἢ τῶν πραγμάτων ἀλήθεια: διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε: πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν. The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

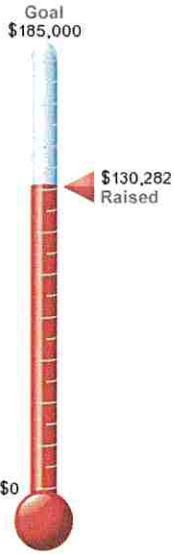
Finally, we hear the Kontakion (Tone 2):

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἄμαρ-τωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι: Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμώντων σε. O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

EPISTLE: Titus 3: 8-15. Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen. [RSV]

GOSPEL: Matthew 5: 14-19. The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven." [RSV]

2020 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)



If you have already submitted your 2020 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!

"A Time for Every Purpose Under Heaven"

The Stewardship of Time
Ecclesiastes 3

<u>2020</u>	<u>STEWARDSHIP</u>
Total Stewards	262 (GOAL 300)
Total Pledged	\$130,282.00 (GOAL \$185,000.00)
Avg. Pledge	\$497.26

PHILOPTOCHOS UPDATES

Food Bank – The Food Bank continues to need your support! You can donate by making a check payable to the “St. Nicholas Philoptochos Food Bank”, or by designating the St. Nicholas Food Bank (#3288) to your employer as a beneficiary through the United Way’s paycheck donation system. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

Neighborhood Resilience Project Food Drive – At this time, we are unable to collect food drive donations for Neighborhood Resilience Project (formerly known as FOCUS Pittsburgh). There is a great need for support during this difficult time for many. We encourage parishioners to take non-perishable food donations or send monetary donations directly to Neighborhood Resilience Project located at 2038 Bedford Avenue, Pittsburgh, PA 15219. They appreciate your support!

SAVE THE DATE



ST. NICHOLAS
TAKE-OUT DINNER
FUNDRAISER

Saturday, July 25, 2020

Pick-up from 3:00 p.m. – 6:00 P.M.

(must be received by Thursday 6:00 P.M. July 23rd)

Order online at stnicksfoodfestival.org



Oasis Intergenerational Tutoring Program

411 Seventh Avenue, Suite 525
Pittsburgh, PA 15219

412-393-7648
e-mail jdspehar@oasisnet.org

July 1, 2020

To Whom It May Concern:

Oasis is a non-profit organization. We recruit and train older adults (50+) to tutor children in grades K-4 in reading and writing in the Duquesne City, McKeesport Area, Pittsburgh Public, Wilkinsburg, and Woodland Hills School Districts. This year, we are excited to announce that Oasis is partnering with the Environmental Charter School District. We have tutors in over 37 schools, serving over 230 students yearly.

The Oasis Intergenerational Tutoring Program is recruiting volunteers to tutor for the 2020-2021 school year. We need the help of your Church to make this happen. When surveying our new tutors we have found that the largest number of tutors became aware of Oasis through their churches.

You can help make a difference in the lives of children and older adults by hanging the attached flyer and/or placing an announcement in your weekly bulletin with the upcoming tutor training dates. Below is a suggested announcement that you can tailor to fit your space requirements for your church bulletin:

OASIS INTERGENERATIONAL TUTORING: An Hour a Week Can Change a Child's Life. Become an Oasis tutor. Volunteers tutor students in the Duquesne City, McKeesport Area, Pittsburgh Public, Wilkinsburg, Woodland Hills and Environmental Charter School in grades K-4 in reading and writing. Free training will be given to mature adults 50 and over. All materials and clearances are provided by Oasis. Oasis will conduct training sessions the weeks of August 17th and August 24th. Oasis will follow all State and local regulations and guidance on social distancing in setting up and conducting the training. For more information on how to become an Oasis tutor, specific training sites and/or other training dates, please call John D. Spehar, Director, Pittsburgh Oasis Intergenerational Tutoring Program at (412) 393-7648 or by e-mail at jdspehar@oasisnet.org. Oasis Tutoring is a Program of Literacy Pittsburgh.

We understand these are times of uncertainty and we appreciate any support you can give us! If you have any questions, please feel free contact me at any time.

Thank you

A handwritten signature in black ink that reads "John D. Spehar".

John D. Spehar, M.Ed.
Pittsburgh Oasis Program Director

Oasis Tutoring is a Program of Literacy Pittsburgh

Just one hour each week can make a difference!

Help a Child Learn to Read!



Oasis Intergenerational Tutoring is a program in which volunteers 50 and older work with children K-4 in the Pittsburgh Public, Duquesne City, Wilkesburg, Woodland Hills, and McKeesport Area School Districts and Announcing the addition of the Environmental Charter School District

Choose from over 37 local schools!
No experience necessary!

**Training the Weeks of:
August 17 and August 24, 2020**

Several Training Sites & Additional Training Dates are Available

For information on how to become an Oasis tutor, specific training sites and/or other training dates please call John D. Spehar at 412-393-7648 or email

jdspehar@oasisnet.org

Oasis is a Program of Literacy Pittsburgh

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IMPORTANT NOTICE: IN-PERSON BIBLE STUDY PROGRAM RESUMES

In-person Bible Study at St Nicholas Cathedral has resumed. Please join us on any Tuesday at 11:00 a.m. Father Christopher will also “simulcast” the presentation on Zoom, for those who prefer to participate from their homes. An email with detailed information about how to access the event live on Zoom will be sent to the entire parish listserv each time. If the presentation has to be cancelled for some reason, that also will be announced. In addition, each session will be recorded for easy access on Zoom or on the Church’s Facebook page at any time.

Please note: Because of this change in program, the online Zoom presentations by Fr. Christopher on Tuesday and Saturday evenings will be discontinued. If circumstances change and live meetings must be cancelled once again for a time, alternative arrangements will be made.

JULY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19 Fathers of 4th Ecumenical Council Orthros 8:15 am Divine Liturgy 9:30 am</p> <p>GOYA Senior recognition and luncheon after services</p>	<p>20 St Elias (Elijah) the Prophet Orthros 9 am Divine Liturgy 10 am</p> <p>Parish Council 7 pm</p>	<p>21</p> <p>Bible Study at Church 11 am</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p> <p>St Nicholas Take-Out Fundraiser Pick-up 3-6 pm</p>
<p>26 7th Sunday of Matthew</p> <p>Orthros 8:15 am Divine Liturgy 9:30 am</p>	<p>27 St. Panteleimon the Great Martyr</p> <p>Orthros 9 am Divine Liturgy 10 am</p>	<p>28</p> <p>Bible Study at Church 11 am</p>	<p>29</p>	<p>30</p>	<p>31</p>	

AUGUST 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Dormition Fast begins
2 8th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	3 Small Paraklesis 7 pm	4 Bible Study at Church 11 am	5	6 Holy Transfigura- tion Orthros 9 am Divine Liturgy 10 am	7 Small Paraklesis 7 pm	8
9 9th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	10	11 Bible Study at Church 11 am Great Paraklesis -	12	13 Great Paraklesis 7 pm	14 Great Vespers at Kimisis Churches in Aliquippa and Oakmont, 7 pm (Last day of Fast)	15 Falling- Asleep of the Theotokos Orthros 8:30 am Divine Liturgy 9:30 am <i>Fr. Chris leaves after services</i>
16 10th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am <i>Fr. Christopher returns in the evening.</i>	17 Parish Council 7 pm	18 Bible Study at Church 11 am	19	20	21 <div style="border: 1px solid black; padding: 5px; text-align: center; width: fit-content; margin: auto;">Fr. Chris away</div>	22
23 11th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am <div style="border: 1px solid black; padding: 2px; width: fit-content;">Fr. Chris away</div>	24	25 Bible Study at Church 11 am	26	27	28	29 Beheading of John the Baptist Orthros 9 am Divine Liturgy 10 am
30 12th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	31					