

JULY 12, 2015 – Fifth Sunday of Matthew

Martyrs Proclos and Hilarion of Ancyra; Our Venerable Fathers Michael Malaeinos, Gerasimos of Byzantium, and Akakios the new Ascetic; Veronica, the woman with the issue of blood who was healed by Jesus; our Righteous Father Paisios the New of the Holy Mountain Athos.

Tone 4 Orthros Gospel 5



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Konstantinos Fekos

CHANTERS: Steve Andrews, & Michael Rodites

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

ALTAR BOY CAPTAINS: Dimitri Gary, Christos Mavrogeorgis,
Steven Kefalos & Chris Kefalos

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

CHURCH SERVICE SCHEDULE: June 21 – August 31 Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m.

TO OUR VISITORS & GUESTS: *We welcome you to worship today. Whether you are an Orthodox Christian or this is your first visit to an Orthodox Church, we are happy to see you! Although Holy Communion and other Sacraments are offered only to baptized and chrismated (confirmed) Orthodox Christians in good standing with the church, all are invited to receive the Antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. After services, please join us in the Church hall for fellowship and refreshments. Please sign our visitor's book at the back of the church before you leave today, and leave an email address if you want to receive news & announcements from St. Nicholas.*

TODAYS MEMORIAL SERVICE is being chanted for the soul of the servant of God, **Angela Skentzos (40 days)**. May God grant her eternal rest and comfort to her family.

COFFEE HOUR: PLEASE plan to stay for coffee and fellowship following services sponsored by the Fekos family in the Small Hall. Physical (Social) Distancing will be practiced.

THIS WEEK AT ST. NICHOLAS:

- Tuesday, July 14: Bible Study@ St Nicks 11:00; **Paraklesis Service 7:30 pm @ St Nicks**
- Sunday, July 19: Memorial Service for Lillian Paras (40 days) and Mary Bender (5 yrs)
GOYA Senior Recognition Day

Watch Sunday services streaming live from St Nicholas Cathedral at www.stnickspgh.org/
and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

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SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

The first hymn chanted at the Small Entrance is the Resurrection hymn for the Tone of the week (Tone 4): When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

*At the procession with the Gospel the usual **Eisodikon (Entrance Hymn)** in Tone 2 is chanted:* “Come let us worship and fall down before Christ. Save us O Son of God, who arose from the dead. We sing to you, Alleluia.”

After the Entrance Hymn the Clergy enter into the Sanctuary, while we hear the Resurrection hymn again.

Following this, we chant the Hymn for our Church's Patron Saint, St. Nicholas (Tone 4):

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν. The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

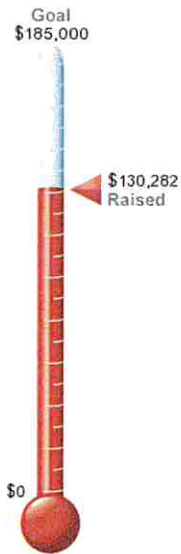
Finally, we hear the Kontakion (Tone 2):

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδῃς ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦδσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε. A protection of Christians unashamable, intercessor to our Holy Maker, unwavering, please reject not the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: hasten to intercede; and speed now to supplicate, as a protection for all time, Theotokos, for those who honor you.

EPISTLE: Romans 12: 6-14. Brethren, my heart's desire and prayer to God for them is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved. [RSV]

GOSPEL: Matthew 8:28-34, 9:1 At that time, when Jesus came to the other side, to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city. [RSV]

2020 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)



If you have already submitted your 2020 Stewardship Commitment, **THANK YOU!** If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable **OUR Community** to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!

***"A Time for Every
Purpose Under Heaven"***

The Stewardship of Time
Ecclesiastes 3

<u>2020</u>	<u>STEWARDSHIP</u>
Total Stewards	260 (GOAL 300)
Total Pledged	\$130,282.00 (GOAL \$185,000.00)
Avg. Pledge	\$501.08

PHILOPTOCHOS UPDATES

Food Bank – The Food Bank continues to need your support! You can donate by making a check payable to the “St. Nicholas Philoptochos Food Bank” or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

Neighborhood Resilience Project Food Drive – At this time, we are unable to collect food drive donations for Neighborhood Resilience Project (formerly known as FOCUS Pittsburgh). There is a great need for support during this difficult time for many. We encourage parishioners to take non-perishable food donations or send monetary donations directly to Neighborhood Resilience Project located at 2038 Bedford Avenue, Pittsburgh, PA 15219. They appreciate your support!

IMPORTANT NOTICE: IN-PERSON BIBLE STUDY PROGRAM RESUMES

In-person Bible Study at St Nicholas Cathedral has resumed. Please join us on any Tuesday at 11:00 a.m. Father Christopher will also “simulcast” the presentation on Zoom, for those who prefer to participate from their homes. An email with detailed information about how to access the event live on Zoom will be sent to the entire parish listserv each time. If the presentation has to be cancelled for some reason, that also will be announced. In addition, each session will be recorded for easy access on Zoom or on the Church’s Facebook page at any time.

Please note: Because of this change in program, the online Zoom presentations by Fr. Christopher on Tuesday and Saturday evenings will be discontinued. If circumstances change and live meetings must be cancelled once again for a time, alternative arrangements will be made.

SAVE THE DATE



ST. NICHOLAS
TAKE-OUT DINNER
FUNDRAISER

Saturday, July 25, 2020

Pick-up from 3:00 p.m. – 6:00 P.M.

(must be received by Thursday 6:00 P.M. July 23rd)

Order online at stnicksfoodfestival.org



Oasis Intergenerational Tutoring Program

411 Seventh Avenue, Suite 525
Pittsburgh, PA 15219

412-393-7648
e-mail jdspehar@oasisnet.org

July 1, 2020

To Whom It May Concern:

Oasis is a non-profit organization. We recruit and train older adults (50+) to tutor children in grades K-4 in reading and writing in the Duquesne City, McKeesport Area, Pittsburgh Public, Wilkinsburg, and Woodland Hills School Districts. This year, we are excited to announce that Oasis is partnering with the Environmental Charter School District. We have tutors in over 37 schools, serving over 230 students yearly.

The Oasis Intergenerational Tutoring Program is recruiting volunteers to tutor for the 2020-2021 school year. We need the help of your Church to make this happen. When surveying our new tutors we have found that the largest number of tutors became aware of Oasis through their churches.

You can help make a difference in the lives of children and older adults by hanging the attached flyer and/or placing an announcement in your weekly bulletin with the upcoming tutor training dates. Below is a suggested announcement that you can tailor to fit your space requirements for your church bulletin:

OASIS INTERGENERATIONAL TUTORING: *An Hour a Week Can Change a Child's Life. Become an Oasis tutor.* Volunteers tutor students in the Duquesne City, McKeesport Area, Pittsburgh Public, Wilkinsburg, Woodland Hills and Environmental Charter School in grades K-4 in reading and writing. Free training will be given to mature adults 50 and over. All materials and clearances are provided by Oasis. Oasis will conduct training sessions the weeks of August 17th and August 24th. Oasis will follow all State and local regulations and guidance on social distancing in setting up and conducting the training. For more information on how to become an Oasis tutor, specific training sites and/or other training dates, please call John D. Spehar, Director, Pittsburgh Oasis Intergenerational Tutoring Program at (412) 393-7648 or by e-mail at jdspehar@oasisnet.org. Oasis Tutoring is a Program of Literacy Pittsburgh.

We understand these are times of uncertainty and we appreciate any support you can give us! If you have any questions, please feel free contact me at any time.

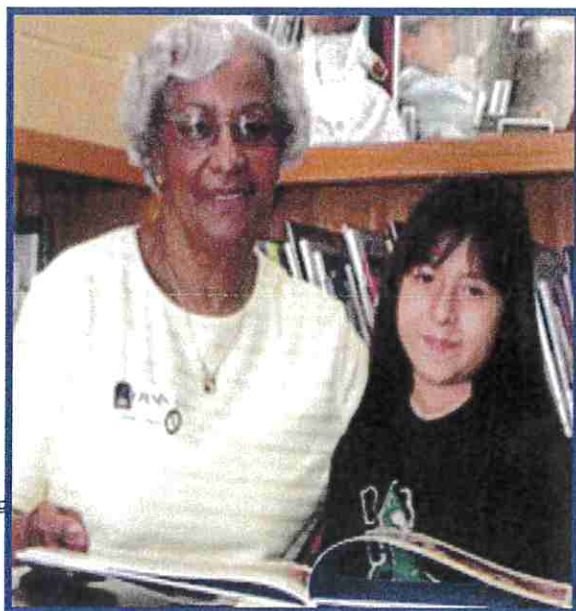
Thank you

John D. Spehar, M.Ed.
Pittsburgh Oasis Program Director

Oasis Tutoring is a Program of Literacy Pittsburgh

Just one hour each
week can make a
difference!

Help a Child Learn to Read!



Oasis Intergenerational Tutoring is a program in which volunteers 50 and older work with children K-4 in the **Pittsburgh Public, Duquesne City, Wilkinsburg, Woodland Hills, and McKeesport Area School Districts** and **Announcing the addition of the Environmental Charter School District**

*Choose from over 37 local schools!
No experience necessary!*

**Training the Weeks of:
August 17 and August 24, 2020**

Several Training Sites & Additional Training Dates are Available

For information on how to become an Oasis tutor, specific training sites and/or other training dates please call John D. Spehar at 412-393-7648 or email

jdspehar@oasisnet.org

Oasis is a Program of Literacy Pittsburgh

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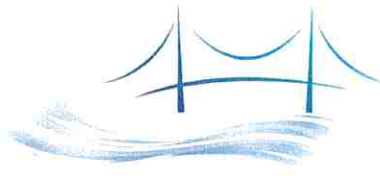
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“Bridges of White and Blue”

A Celebration of Western Pennsylvania's
Greek-American roots in the Greek Revolution of 1821

**March 2021 marks a milestone in the history of Greece and its Diaspora.
Together, we will celebrate the 200th Anniversary of the beginning of the Greek Struggle
for Independence.**

Every town and village in Greece, small or large, is known to have participated in some fashion, on land and sea, in the Liberation in the years immediately preceding the Revolutionary period as well as during the decade-long struggle, that resulted in the founding of the Greek nation. Many individuals and families offered sacrifices of every kind – including their lives – to win their freedom. These “unknown” heroes are only now beginning to be discovered.

With the objective of unearthing the undiscovered facets of the Greek Revolution, leveraging a synergy between organizations in Greece and our region, we have begun a unique and novel legacy project that informs our region's contribution to the “*Greece 2021*” Initiative as part of our celebration of the 200th Anniversary milestone.

The first handful of immigrants who settled in Western Pennsylvania as early as 1850 eventually grew to a large and diverse community that, at its peak, is estimated to have consisted of approximately 37,000 individuals. Today, descendants of these pioneers can count at least one ancestor, if not more, from areas in Greece where the Revolution was launched and from where it progressed and grew. We have discovered descendants of “unknown” heroes of the Greek Revolution who immigrated to the greater Western PA region, eventually planting the seeds of what, today, constitutes a Greek base of radiant colors on the regional immigrant American canvas.

This legacy project is slated to be completed in time for March 2021. It will be the basis of a historic celebration of those ancestors, their descendants and their families here in Western Pennsylvania.

The celebration will unveil a historic exhibit (that will travel to Greece, especially to those towns and villages) as well as an audiovisual memorial to be on permanent display, freely accessible by the public, as an attestation to the Greek struggle for independence. As a reminder and challenge to future generations of Americans to embrace the universalizing ideals of Hellenism in making America a more perfect country.

We have begun collecting data from public and private resources here and in Greece (e. g. at the University of Pittsburgh, and in the records of the “League of the Descendants of the Revolutionary Families of 1821 and Historic Families of Greece”) assisted by our colleagues at the European Art Center of Greece. However, in order to obtain and present as complete a record as possible, we are asking all individuals in Western Pennsylvania who can claim Greek ancestry to send us as much information as feasible in terms of the following:

- | |
|---|
| -Surnames, names, and any “nicknames” of your Greek-origin grandparents, great-grandparents, and village/town/city/region of origin in Greece;
-Year in which grandparents, great-grandparents left Greece and/or arrived to the USA (and port of entry if known);
-Any information (anecdotal or documented) or stories that you remember, passed down from your parents/grand-parents, that link your ancestors to facets of the Greek Revolution;
-A picture of your grandparents and/or great-grandparents (scanned at a minimum resolution of 300 dpi). |
|---|

Please submit the information requested above and picture(s) to the American Hellenic Foundation of Western Pennsylvania (contact@pahellenicfoundation.org) with your contact details (name, email, telephone #) no later than the 30 th of October, 2020.

“Through our ancestors, their lives and dreams, all of us have – inside of us – a part of the Struggle for Greek Independence, 200 Years ago”

“A celebration of our common roots, to remember where we started from, to realize where we stand, and to decide where we want to go”

A project by:
The Greek Room Committee of the Nationality Rooms Program at the University of Pittsburgh,
The American Hellenic Foundation of Western
Pennsylvania &
The European Art Center of Greece (Peania, Attica, Greece)

JULY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 5th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	13	14 Bible Study at Church <u>11 am</u> Paraklesis Service 7:30 pm @ St Nicks	15	16	17	18
19 Fathers of 4th Ecumenical Council Orthros 8:15 am Divine Liturgy 9:30 am GOYA Senior recognition and luncheon after services	20 St Elias (Elijah) the Prophet Orthros 9 am Divine Liturgy <u>10 am</u> Parish Council 7 pm	21 Bible Study at Church 11 am	22	23	24	25 St Nicholas Take-Out Fundraiser Pick-up 3-6 pm
26 7th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	27 St. Panteleimon the Great <u>Martyr</u> Orthros 9 am Divine Liturgy 10 am	28 Bible Study at Church 11 am	29	30	31	