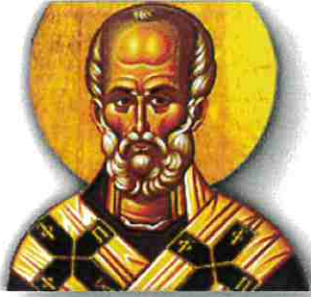


JULY 5, 2020 – Fourth Sunday of Matthew

The Righteous Fathers Athanasios of Athos and Lampados the Wonderworker. Kyprianos the New Martyr of Koutloumousiou Monastery; Uncovering of the Relics of our Righteous Father Sergius of Radonzh; Holy Newmartyrs Elizabeth the Grand Duchess and the Novice Barbara

Tone 3

Orthros Gospel 4



WELCOME TO ST. NICHOLAS CATHEDRAL!

VISIT www.stnickspgh.org TODAY for news and updates about our parish!

CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

PROTOPSALTIS: Konstantinos Fekos

CHANTERS: Steve Andrews, & Michael Rodites

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

ALTAR BOY CAPTAINS: Dimitri Gary, Christos Mavrogeorgis,
Steven Kefalos & Chris Kefalos

Questions about our Parish? Email church@stnickspgh.org or call 412-682-3866

CHURCH SERVICE SCHEDULE: June 21 – August 31
Orthros 8:15 a.m. & Divine Liturgy 9:30 a.m.

TO OUR VISITORS & GUESTS: *We welcome you to worship today. Whether you are an Orthodox Christian or this is your first visit to an Orthodox Church, we are happy to see you! Although Holy Communion and other Sacraments are offered only to baptized and chrismated (confirmed) Orthodox Christians in good standing with the church, all are invited to receive the Antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. After services, please join us in the Church hall for fellowship and refreshments. Please sign our visitor's book at the back of the church before you leave today, and leave an email address if you want to receive news & announcements from St. Nicholas.*

COFFEE HOUR: PLEASE plan to stay for coffee and fellowship following services in the Small Hall. Physical (Social) Distancing will be practiced.

THIS WEEK AT ST. NICHOLAS:

- Tuesday, July 7: Bible Study@ St Nicks 11:00 am & Online (Zoom) Bible Study 8:30 pm
- Saturday, July 11: St Nicholas Take-Out Fundraiser Pick-up between 3:00-6:00 pm
- Sunday, July 12: 40 day Memorial Service for Angela Skentzos (John Fekos' sister)

Watch Sunday services streaming live from St Nicholas Cathedral at www.stnickspgh.org/

and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using <https://abundant.co/stnickspgh/give>

**** SUMMER HOURS FOR CHURCH SERVICES WILL BEGIN AT 8:15 am (not 8:00 am as previously noted) ****

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SPECIAL HYMNS OF THE DAY (SMALL ENTRANCE):

The first hymn chanted at the Small Entrance is the Resurrection hymn for this week's Tone (Tone 3):
Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιásthω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος. Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy. [SD]

At the procession with the Gospel the usual Eisodikon (Entrance Hymn) in Tone 2 is chanted.

The Clergy reenter into the Sanctuary, while we hear the Resurrection hymn again.

Then, we hear the hymn for Saint Athanasios of Athos, whose memory we celebrate today:

Τὴν ἐν σαρκὶ ζώην, σοῦ κατεπλάγησαν, Ἀγγέλων τάγματα, πῶς μετὰ σώματος, πρὸς ἀοράτους συμπλοκάς, ἐχώρησας πανεύφημε, καὶ κατετραυμάτισας, τῶν δαιμόνων, τὰς φάλαγγας· ὄθεν Ἀθανάσιε, ὁ Χριστὸς σε ἠμείψατο, πλουσίαις δωρεαῖς· Διὸ Πάτερ, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Angelic hosts on high were filled with wonderment, seeing your life in the flesh: how with your body you courageously went out to wrestle with invisible foes; and to the demonic hordes you inflicted serious wounds. Therefore, Athanasios, you received from the Master Christ, a wealth of gifts. Holy Father, intercede on our behalf with Christ our God, to save our souls.

Following this, we chant the Hymn for our Church's Patron Saint, St. Nicholas (Tone 4):

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῇ ποιμνῇ σου, ἢ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτίσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν. The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

Finally, we hear the Kontakion (Tone 2):

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρ-τωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

EPISTLE: Gal. 5:22-26; 6:1-2. Brethren, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another. Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ. [RSV]

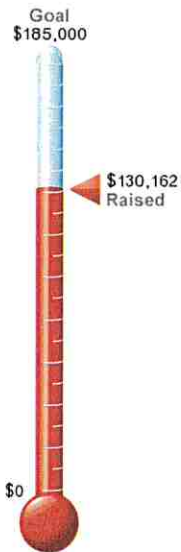
GOSPEL: Matthew 8: 5-13. At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And he said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who followed him,

"Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment. [RSV]

2020 Stewardship Pledge Cards are in the Narthex
(Just ask a member of Parish Council)

If you have already submitted your 2020 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



"A Time for Every Purpose Under Heaven"

The Stewardship of Time
Ecclesiastes 3

<u>2020</u>	<u>STEWARDSHIP</u>
Total Stewards	259 (GOAL 300)
Total Pledged	\$130,162.00 (GOAL \$185,000.00)
Avg. Pledge	\$502.56

PHILOPTOCHOS UPDATES

Food Bank – The Food Bank continues to need your support! You can donate by making a check payable to the “St. Nicholas Philoptochos Food Bank” or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

Neighborhood Resilience Project Food Drive – At this time, we are unable to collect food drive donations for Neighborhood Resilience Project (formerly knowns as FOCUS Pittsburgh). There is a great need for support during this difficult time for many. We encourage parishioners to take non-perishable food donations or send monetary donations directly to Neighborhood Resilience Project located at 2038 Bedford Avenue, Pittsburgh, PA 15219. They appreciate your support!

IMPORTANT NOTICE: IN-PERSON BIBLE STUDY PROGRAM RESUMES

In-person Bible Study at St Nicholas Cathedral will begin again on Tuesday, July 7, 2020 at 11:00 a.m. Father Christopher will also “simulcast” the presentation on Zoom, for those who prefer to participate from their homes. An email with detailed information about how to access the event live on Zoom will be sent to the entire parish listserv each time. If the presentation has to be cancelled for some reason, that also will be announced. In addition, each session will be recorded for easy access on Zoom or on the Church’s Facebook page at any time.

Please note: Because of this change in program, the online Zoom presentations by Fr. Christopher on Tuesday and Saturday evenings will be discontinued. If circumstances change and live meetings must be cancelled once again for a time, alternative arrangements will be made.

SAVE THE DATE



ST. NICHOLAS TAKE-OUT DINNER FUNDRAISER

Saturday, July 11, 2020

Pick-up from 3:00 p.m. – 6:00 P.M.
(must be received by Thursday 7:00 P.M. July 9th)

Order online at stnicksfoodfestival.org



“Bridges of White and Blue”

A Celebration of Western Pennsylvania's
Greek-American roots in the Greek Revolution of 1821

**March 2021 marks a milestone in the history of Greece and its Diaspora.
Together, we will celebrate the 200th Anniversary of the beginning of the Greek Struggle
for Independence.**

Every town and village in Greece, small or large, is known to have participated in some fashion, on land and sea, in the Liberation in the years immediately preceding the Revolutionary period as well as during the decade-long struggle, that resulted in the founding of the Greek nation. Many individuals and families offered sacrifices of every kind – including their lives – to win their freedom. These “unknown” heroes are only now beginning to be discovered.

With the objective of unearthing the undiscovered facets of the Greek Revolution, leveraging a synergy between organizations in Greece and our region, we have begun a unique and novel legacy project that informs our region's contribution to the “Greece 2021” Initiative as part of our celebration of the 200th Anniversary milestone.

The first handful of immigrants who settled in Western Pennsylvania as early as 1850 eventually grew to a large and diverse community that, at its peak, is estimated to have consisted of approximately 37,000 individuals. Today, descendants of these pioneers can count at least one ancestor, if not more, from areas in Greece where the Revolution was launched and from where it progressed and grew. We have discovered descendants of “unknown” heroes of the Greek Revolution who immigrated to the greater Western PA region, eventually planting the seeds of what, today, constitutes a Greek base of radiant colors on the regional immigrant American canvas.

This legacy project is slated to be completed in time for March 2021. It will be the basis of a historic celebration of those ancestors, their descendants and their families here in Western Pennsylvania.

The celebration will unveil a historic exhibit (that will travel to Greece, especially to those towns and villages) as well as an audiovisual memorial to be on permanent display, freely accessible by the public, as an attestation to the Greek struggle for independence. As a reminder and challenge to future generations of Americans to embrace the universalizing ideals of Hellenism in making America a more perfect country.

We have begun collecting data from public and private resources here and in Greece (e. g. at the University of Pittsburgh, and in the records of the “League of the Descendants of the Revolutionary Families of 1821 and Historic Families of Greece”) assisted by our colleagues at the European Art Center of Greece. However, in order to obtain and present as complete a record as possible, we are asking all individuals in Western Pennsylvania who can claim Greek ancestry to send us as much information as feasible in terms of the following:

- Surnames, names, and any “nicknames” of your Greek-origin grandparents, great-grandparents, and village/town/city/region of origin in Greece;
- Year in which grandparents, great-grandparents left Greece and/or arrived to the USA (and port of entry if known);
- Any information (anecdotal or documented) or stories that you remember, passed down from your parents/grand-parents, that link your ancestors to facets of the Greek Revolution;
- A picture of your grandparents and/or great-grandparents (scanned at a minimum resolution of 300 dpi).

Please submit the information requested above and picture(s) to the American Hellenic Foundation of Western Pennsylvania (contact@pahellenicfoundation.org) with your contact details (name, email, telephone #) no later than the 30th of October, 2020.

“Through our ancestors, their lives and dreams, all of us have – inside of us – a part of the Struggle for Greek Independence, 200 Years ago”

“A celebration of our common roots, to remember where we started from, to realize where we stand, and to decide where we want to go”

A project by:
The Greek Room Committee of the Nationality Rooms Program at the University of Pittsburgh,
The American Hellenic Foundation of Western
Pennsylvania &
The European Art Center of Greece (Peania, Attica, Greece)

JULY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 4th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	6	7 Bible Study at Church 11 am	8	9	10	11 St Nicholas Take-Out Fundraiser Pick-up 3-6 pm
12 5th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	13	14 Bible Study at Church <u>11 am</u> Paraklesis Service 7:30 pm @ St Nicks	15	16	17	18
19 Fathers of 4th Ecumenical Council Orthros 8:15 am Divine Liturgy 9:30 am GOYA Senior recognition and luncheon after services	20 St Elias (Elijah) the Prophet Orthros 9 am Divine Liturgy 10 am Parish Council 7 pm	21 Bible Study at Church 11 am	22	23	24	25
26 7th Sunday of Matthew Orthros 8:15 am Divine Liturgy 9:30 am	27 St. Panteleimon the Great Martyr Orthros 9 am Divine Liturgy 10 am	28 Bible Study at Church 11 am	29	30	31	