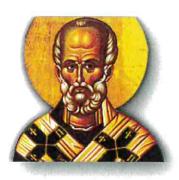
Tone 3

Orthros Gospel 5



WELCOME TO ST. NICHOLAS CATHEDRAL!

<u>VISIT www.stnickspgh.org TODAY for news and updates about our parish!</u> CLERGY: Rev. Fr. Christopher Bender and Rev. Dn. Robert Lykos

Father's Cell & Email: 724-630-3483; frchbender@verizon.net

CHANTERS: Steve Andrews, & Michael Rodites

CHOIR DIRECTOR: Steve Andrews

ORGANIST: Haley Cobb

ALTAR BOY CAPTAINS: Dimitri Gary, Christos Mavrogeorgis,

Steven Kefalos & Chris Kefalos

Questions about our Parish? Email church@stnickspgh.org

CHURCH SERVICE SCHEDULE: Sept 15 - June 15, Orthros 8:30 a.m. & Divine Liturgy 10:00 a.m.

TO OUR VISITORS & GUESTS: We welcome you to worship today. Whether you are an Orthodox Christian or this is your first visit to an Orthodox Church, we are happy to see you! Although Holy Communion and other Sacraments are offered only to baptized and chrismated (confirmed) Orthodox Christians in good standing with the church, all are invited to receive the Antidoron (blessed bread) from the priest at the conclusion of the Divine Liturgy. After services, please join us in the Church hall for fellowship and refreshments. Please sign our visitor's book at the back of the church before you leave today, and leave an email address if you want to receive news & announcements from St. Nicholas.

$XPI\Sigma TO\Sigma ANE\Sigma TI!$ CHRIST IS RISEN!

Watch Sunday services streaming live from St Nicholas Cathedral at www.stnickspgh.org/ and click on "Live Streaming Click Here."

On-Line Giving donations are up and running on our web page www.stnickspgh.org by clicking please donate button - or you may access the donation page by using https://abundant.co/stnickspgh/give

Father Christopher will be online and over the phone, using the ZOOM platform as well as Facebook, every TUESDAY, EVENING at 8:30 pm with a BIBLE STUDY that will focus on a variety of texts from the Old and New Testament that are appropriate to the paschal season, as well as to our current situation. You do not have to be an existing member of our "Living Orthodoxy" program in order to join in. Nor do you need to follow the program every week – just when you are able to.

In addition, Father also offers a presentation focusing on some element from that Sunday's readings or commemoration, on SATURDAY EVENINGS AT 8:30 PM ON ZOOM and the church's and his own FACEBOOK pages.

An email with detailed information about how to access the event live on Zoom will be sent to the entire parish listserv earlier in the day each time there is an event (because it will always change, for security reasons). It will also be uploaded afterwards to the Church's Facebook page and Father's Facebook page. (If the presentation had to be cancelled for some reason, that also will be announced.)

MAY 10, 2020 – 4th SUNDAY OF PASCHA (The Paralytic) Holy Apostle Simon the Zealot

Tone 3

Orthros Gospel 5

SPECIAL HYMNS OF THE DAY:

The first hymn chanted at the Small Entrance is the Paschal Anthem in Tone 5: Χριστός ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καί τοῖς ἐν τοῖς μνήμασι ζωήν χαρισάμενος Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

At the procession with the Gospel, the special Eisodikon (Entrance Hymn) for Pascha is chanted: Έν Ἐκκλησίαις εὐλογεῖτε τόν Θεόν, Κύριον ἐκ πηγῶν Ἰσραήλ. Σῶσον ἡμᾶς, Υἰέ Θεοῦ, ὁ ἀναστάς ἐκ νεκρῶν, ψάλλοντάς σοι, Ἀλληλούϊα. In the congregations bless God, the Lord from the springs of Israel. Save us O Son of God, who did rise from the dead, we sing to you Alleluia.

After chanting Christos Anesti once again and then the Resurrection Apolytikion (Tone 3), we hear the hymn for St. Nicholas:

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας Διδάσκαλον, ἀνέδειξέ σε τῆ ποίμνη σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῆ ταπεινώσει τὰ ὑψηλά, τῆ πτωχεία τὰ πλούσια, Πάτερ Ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν. The truth of things have revealed you to your flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause you have achieved the heights by humility, riches by poverty. O Father and Hierarch Nicholas, intercede with Christ God that our souls be saved.

After this, the Festal Kontakion is heard: Εἰ καὶ ἐν τάφῷ κατῆλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν. Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

After the consecration of the gifts, we hear the following Megalynarion: Ὁ Ἀγγελος ἐβόα τὴ κεχαριτωμένη, Ἁγνὴ Παρθένε, χαῖρε, καὶ πάλιν ἐρῶ, χαῖρε, ὁ σὸς Υἱὸς ἀνέστη τριήμερος ἐκ τάφου. Συμφώνως Παρθένε, σὲ μακαρίζομεν πιστοί. Χαῖρε πύλη Κυρίου, χαῖρε πόλις ἔμψυχε, χαῖρε, δι' ἦς ἡμῖν ἔλαμψε, σήμερον φῶς τοῦ ἐκ σοῦ τεχθέντος, τῆς ἐκ νεκρῶν ἀναστάσεως. The Angel cried aloud to the Lady full of grace: Rejoice, O pure Virgin; and again I say Rejoice. Your Son has resurrected from the grave on the third day. With one voice, O Virgin, we the faithful call you blessed. O rejoice, You the Lord's gate; City animate, rejoice. Lady, rejoice, for today the light of the resurrection from the dead of the Son whom You have borne, has shone on us.

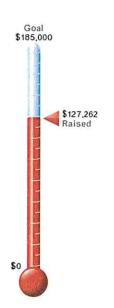
Apostolic Reading: Acts 9:32-42. In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord. [RSV]

Gospel Reading: John 5:1-15. At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting or the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' " They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him. [RSV

2020 Stewardship Pledge Cards are in the Narthex (Just ask a member of Parish Council)

If you have already submitted your 2020 Stewardship Commitment, THANK YOU! If not, please take the time to make your financial Stewardship Commitment today and complete the talent portion of the card to enable OUR Community to grow and carry on the mission of our faith.

HELP US REACH/ EXCEED OUR GOAL!!



"A Time for Every Purpose Under Heaven"

The Stewardship of Time Ecclesiastes 3

2020	STEWARDSHIP			
Total Stewards	243(GOAL 300)			
Total Pledged	\$127,262.00 (GOAL \$185,000.00)			
Avg. Pledge	\$523.71			

PHILOPTOCHOS UPDATES

Happy Mother's Day – Happy Mother's Day to all of the wonderful women of our parish! We miss you all and look forward to being together again soon. Also, thank you to everyone who supported our Mother's Day fundraiser. We appreciate your continued support of Philoptochos!

Father's Day Fundraiser – While many of our fundraisers, programs and activities have been put on hold, Philoptochos is happy to be able to help you honor the special men in your life for Father's Day! Please consider this opportunity to make a donation to Philoptochos! The Father's Day form is included in the bulletin. Please submit names for Father's Day by Sunday, June 14th. Thank you!

Food Bank – The Food Bank continues to need your support! You can donate by making a check payable to the "St. Nicholas Philoptochos Food Bank" or through United Way by designating the St. Nicholas Food Bank (#3288) through your employers United Way contribution. Questions: contact Elaine Andrianos (412-731-4334) or Denise Daugherty (412-508-1326).

Neighborhood Resilience Project Food Drive – At this time, we are unable to collect food drive donations for Neighborhood Resilience Project (formerly knowns as FOCUS Pittsburgh). There is a great need for support during this difficult time for many. We encourage parishioners to take non-perishable food donations or send monetary donations directly to Neighborhood Resilience Project located at 2038 Bedford Avenue, Pittsburgh, PA 15219. They appreciate your support!

Celebrating FATHER'S DAY

St. Nicholas Philoptochos believes in honoring the men in our lives. Honor your husband, father, grandfather, godfather, brother, uncle or a special friend with a gift to Philoptochos. Your donation will enable us to continue our work of charitable giving to individuals and families in need, area food banks, shelters for the homeless, social service agencies and countless research efforts in the battle against cancer and other catastrophic diseases.

Join us this Father's Day by honoring someone you love with a gift to Philoptochos.

Make checks payable and send to: St. Nicholas Philoptochos, 419 S. Dithridge St. Pittsburgh, PA 15213, Memo: Father's Day DEADLINE TO SUBMIT NAMES FOR INCLUSION IN BULLETIN - SUNDAY, JUNE 24, 2020 Enclosed is my gift of \$____ (minimum gift of \$5.00 per name please — all donations are tax deductible) Your Name: _____ Honorees will receive a special Father's Day acknowledgement card. The amount of your gift will not be disclosed. □ Please accept this gift in **honor** of: Name:_____ Name:_____ Address:_____ Address: _____ Name:_____ Name:_____ Address:_____ Address: ______ □ Please accept this gift in **memory** of:

List any additional names and addresses on the back of this flyer and indicate whether donation is in Honor or in Memory.

Please print clearly.

1._____

THE MEMORIAL DAY TRISAGION SERVICES - May 25, 2020

SCHEDULE OF SERVICE:

Divine Liturgy & Trisagion for the names of our loved ones from both cemeteries will take place at St Nicholas Cathedral at 10:00 am.

First Names Only- Please Print Clearly! "May their memory be eternal!"

FIRST NAME ONLY						

ST. NICHOLAS WOULD LIKE TO ACKNOWLEDGE ALL OF OUR GRADUATES!

Please fill out this short questionnaire and submit to church office via email (church@stnickspgh.org), fax (412-683-4960) or mail (419 S. Dithridge Street, Pittsburgh, PA 15213). Thank you!

Name
Phone:
Month of Graduation
High School:
Or Control of the Con
University/ Graduate School:
Degree Earned:
***Please email a recent photo to church@stnickspgh.org so that we can include in the next issue of the Newsletter.
Awards and Honors:
Activities:
Future Plans:

Philoptochos Mother's Day Honorees

Elpi Adamantidis Sophia Panagis

Nancy Allison
Dimitrios & Alea Mavrogeorgis Family

Aphrodite Amorgianos Denise & Bridgette Daugherty

Kathy Amurgis Michelle Kotsagrelos

Elaine Andriaos Theo, Emilee, Lilly & Olivia Andrianos

Emilee Andrianos Elaine Andrianos Theo, Lilly & Olivia Andrianos

Joyce Athanasiou Corey Gregory

Presbytera Filitsa Bender Sophia & Maria Bender

Melissa Bennett Katherine, James & William Bennett

Mary Chester Thomas J. Plakidas

Dee Chronis Elaine Vitsas

Margaret Cochran Peter & Carol Tsudis

Anne Cominos Dina & Talia Cominos

Lenna Cominos Houston & Evina Frentzos Lisa Kristian

Vickie Conaboy Katie Andrews

Eleni Contis Yoanna & Stamatia Lykos Tulla Velisaris Melissa Contis Stamatia Lykos

Maria Coutris Tulla Velisaris

Alexandra Davides Tulla Velisaris

Sandi Demas Harry, Genia, Katie & Alex Andrews

Virginia Fekaris Elaine Andrianos Denise & Bridgette Daugherty

Keli Frentzos Dina & Talia Cominos Tommy, Kalliope & Antoni Kristian

Popie Frentzos Houston & Evina Frentzos Tommy, Kalliope & Antoni Kristian

Dr. Dina Paul Friedel Dee T. Chronis

Barbara Garbinski Melissa Bennett

Alice Lardas Gary Elaine Andrianos Bill, Kelly & Dimitri Gary

Kelly Gary Bill & Dimitri Gary

Becky Geronimos Ted Hages

Linda Hages Ted & Nicholas Hages

Frances Hanna Kim & Dean Hanna Family Tara Pallas-Sheetz

Kimberly Hanna Frances Hanna

Philoptochos Mother's Day Honorees

Maria Hnarakis

Nikki & Maddi Kazas

Maria Kappas

Frances Hanna

Theodora Kartsonas

Alice Lardas Gary

Martha Kartsotis

Patti McKee

Elaine Keim

Talia Cominos

Amy Kleissas

Nicholas Kleissas

Mary Kleissas

Nicholas Kleissas

Angela Kolocouris

Evina Frentzos

Estair Kotsagrelos

Michelle Kotsagrelos

Georgette Nelson

Aimee Walker

Stacey Whipple

Tyson, Tyrann & Tyra Nelson

Brooke & Drew Walker

Tasso & Faith Whipple

Michelle Kotsagrelos

Faith Whipple

Tina Koutoufaris

Dimitrios & Alea Mavrogeorgis Family

Lisa Kristian

Houston & Evina Frentzos

Zoe Lardas

Nicholas D. Lardas

Stephanie Levine

Lisa Kristina

Christie Loizos

Dimitrios & Alea Mavrogeorgis Family

Janet Lykos

Yoanna & Stamatia Lykos

Nikki Lykos

Yoanna & Stamatia Lykos

Tulla Velisaris

Dae Machin

Nicholas Hages

Magda Mamatas

Dimitrios & Alea Mavrogeorgis Family

Valerie Mastandrea

Penelope Levine

Alea Mavrogeorgis

Joanne Melacrinos

Joanne Melacrinos

Dimitrios & Alea Mavrogeorgis Family

Veronica Mellis

Alex Andrews

Beulah Mougiannis

Lisa Kristian

Georgette Nelson

Tyson, Tyrann & Tyra Nelson

Brooke Walker

Sue Neuendorf

Maria Bender

Florence L. Pallas

Tara Pallas-Sheetz

Maria Panagis

Sophia Panagis

Stella Panagis

Sophia Panagis

Lillian B. Panagulias

Dean Panagulias

Cathy Pandeladis

Dimitrios & Alea Mavrogeorgis Family

Georgia Pandeladis

Cathy Pandeladis

Elizabeth Peterson

Patti McKee

Philoptochos Mother's Day Honorees

Mary Peterson

Jamie Contis Toula Peterson

Toula Peterson

Jamie Contis

John, Mary & Jasmine Peterson

Tulla Rakoczy

The Darakos Family

Electra Roman

Michelle Kotsagrelos

Anastasia Sarioglou

Nikolaos Šarioglou

Angela Sfamenos

Denise & Bridgette Daugherty

Maria Sfanos

Kallipe Kristian

Betty H. Sheetz

Tara Pallas-Sheetz

Maria Stamoolis

Aimee Walker

Kay Thimoleas

Denise & Bridgette Daugherty

Popie Tousimis

Elaine Andrianos

Trudy Trifanoff

John, Mary & Jasmine Peterson

Maria Tsourekis

Harry, Genia, Katie & Alex Andrews

Carol Tsudis

Peter Tsudis

Semie Tsudis

Peter & Carol Tsudis

Mary Vasilakis

Denise & Bridgette Daugherty

Carrie Velisaris

Tulla Velisaris

Tulla Velisaris

Yoanna & Stamatia Lykos

Elaine Vitsas

Dee T. Chronis

Aimee Walker

Brooke & Drew Walker Tasso Whipple

Mary Walker

Brooke & Drew Walker

Lorraine K. Watts

Tara Pallas-Sheetz

Stacey Whipple

Tasso & Faith Whipple

Emily Yannopoulos

Drew Walker

Paulette Yannopoulos

Peter & Emily Yannopoulos

Sophia Zozos

Nikki Lykos

Names listed were received as of May 6, 2020. We apologize for any misspellings or omissions.

Philoptochos Mother's Day Memorials

Bertha Andrews

Harry, Genia, Katie & Alex Andrews

Bessie Andrews

Steve Andrews

Delores Andrews

Harry, Genia, Katie & Alex Andrews

Joan Andrews

Harry, Genia, Katie & Alex Andrews

Artemis Aspromigos

Nicholas Kleissas

Pauline Geanopulos Barry

Michelle Kotsagrelos Georgette Nelson Aimee Walker Stacey Whipple

Mary Bender

Fr. Christopher & Pres. Filitsa Bender Sophia & Maria Bender

Elaine Christ

Demetra Craig Martha Kartsotis

Deaconess Mary Christulides

Denise & Bridgette Daugherty Sophia Panagis

Stella Chronis

Elaine Vitsas

Katherine Clark

Kay Thimoleas

Toula Peterson

Mary Cominos

Dee T. Chronis Dina & Talia Cominos Elaine Vitsas

Catherine Contis

Harry, Genia, Katie & Alex Andrews Jamie Contis John, Mary & Jasmine Peterson Eugenia Dakis

Alexandra Gregory

Angeliki Daskalakis

The Darakos Family

Petroula Delivorias

Petros & Marlene Delivorias

Ksenia Dordas

Demetra Craig

Dina Edgos

Dina & Talia Cominos Houston & Evina Frentzos

Martha Flocos

Martha Kartsotis Patti McKee

Virginia Gary

Bill, Kelly & Dimitri Gary

Estelle Gould

Harry, Genia, Katie & Alex Andrews

Esther Costas Greco

The Bedel Family

Mary Gregory

Alexandra Gregory

Catherine Gust

Thomas J. Plakidas

Jennie Hages

Jim & Linda Hages

Sophia Hatzivasiliou

Fr. Christopher & Pres. Filitsa Bender Sophia & Maria Bender

Sophie James

John, Mary & Jasmine Peterson

Maria P. Kappa

Frances Hanna

Philoptochos Mother's Day Memorials

Mary Karvel Marcie McGuire

Emorfia Kotsagrelos Michelle Kotsagrelos Georgette Nelson Aimee Walker Stacey Whipple

Presvytera Catina Kouklis Chris Kouklis

Eugenia Lagonikos Eugenia & Emanuel Vergis

Mary Lakerdas
Dimitrios & Alea Mavrogeorgis Family
Joanne Melacrinos

Evangeline Lardas Nicholas D. Lardas

Lola Lykos The Lykos Family

Catina Macris
Harry, Genia, Katie & Alex Andrews

Hermione Malachias Nicholas D. Lardas

Dolly Malanos Nicholas Kleissas

Helen Markas Thomas J. Plakidas

Kiki Markopoulos Greg & Electra Markopoulos

Alithini Melachrinos
Dimitrios & Alea Mavrogeorgis Family

Georgette Morrison Helen Mastros

Krina Moses Paul Moses

Julia Ann Pallas Tara A. Pallas-Sheetz Pauline Panagis Sophia Panagis

Caroline Panos Denise & Bridgette Daugherty

Mary D. Papandreas Elaine Andrianos

Marika Petinos Alice Lardas Gary

Sophia Petritis Eugenia & Emanuel Vergis

Elizabeth Plakidas Thomas J. Plakidas

Marina Plakidas Thomas J. Plakidas

Mary Plakidas Thomas J. Plakidas

Suzanne Plakidas Thomas J. Plakidas

Marjorie Raftis Alexandra Gregory

Cleopatra Spathis Demetri & Irene Ellis

Mary Stefanowicz Petros & Marlene Delivorias

Garifalia Stoyias
The Lykos Family

Helen Telakis Dee T.Chronis Elaine Vitsas

Angeliki Thimoleas Kay Thimoleas

Georgia Trahanas Frances Hanna

Angeliki Tsourekis Harry, Genia, Katie & Alex Andrews

Philoptochos Mother's Day Memorials

Eleni Velisaris

The Lykos Family

Catherine Vergis

Eugenia & Emanuel Vergis

Sophia Vergis

Eugenia & Emanuel Vergis

Barbara Vitsas

Martha Kartsotis Patti McKee

Catherine Vitsas Martha Kartsotis Patti McKee

Mary Catherine Wessel Thomas J. Plakidas Anastasia Wimmer Demetri & Irene Ellis

Martha Xidis

Jamie Contis Toula Peterson

Demetra Xidis

Jamie Contis

Demetra Xyftis

Cathy Pandeladis

Catherine Zantal

Marcie McGuire

Loretta Zantal

Marcie McGuire

Names listed were received as of May 6, 2020. We apologize for any misspellings or omissions.

Sunday	Monday		Tuesday	Wednesday	Thursday	Friday	Saturday		
				MAY 2020					
10 The	11		12	13	14	15	16		
Paralytic Orthros 8:30 am Divine Liturgy 10 am HAPPY MOTHERS DAY	PLEASE NOTE: LIMITATIONS ON THE NUMBER OF WORSHIPPERS AT SERVICES DUE TO THE ONGOING HEALTH CRISIS CONTINUE AND NO IN-PERSON EVENTS OR MEETINGS CAN TAKE PLACE. FOR YOUR SAFETY, PLEASE DO NOT COME TO A SERVICE UNLESS OTHERWISE INSTRUCTED. We will make every effort to <i>keep</i> you informed of any changes, and will reopen as soon as allowed. The church office will always have the most up-to-date information.								
17 Samaritan Woman Orthros 8:30 am Divine Liturgy 10 am	18 "Virtual" Parish Council Meeting 7 p.m.		19	20 EVENING VIGIL SERVICE AND DIVINE LITURGY FOR SS. CON- STANTINE AND HELEN, 6 PM	21	22	23		
24 The Man Born Blind Orthros 8:30 am Divine Liturgy 10 am	25 Memorial Day OFFICE CLOSED Divine Liturgy & Trisagion AT THE CHURCH 10 am		26	EVENING VIGIL SERVICE AND DIVINE LITURGY FOR THE ASCENSION, 6 PM	28	29	30		
Fathers of 1st Ecumenical Council Orthros 8:30 am Divine Liturgy 10 am									